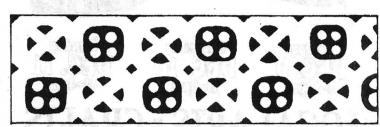
B@LINAS HEARSAY * NEWS



RELEASE PARTY THIS SATURDAY AT THE BETH CARUSILLO OF LA LIBERTAD, CD



WHAT'S HAPPENING??

Friday, December 2 MMMM!

Women's crafts and music featuring Bolinas' Gospel Flatters interpreting the music of Jean Richie at Ink.Paper.Plate in Point Reyes 6-9pm

STYMIE AND THE PJLO Funk, Smiley's 9PM, civer

Saturday, December 3

ART AUCTION BENEFIT FOR STANDING ROCK Opening weekend. Bolinas Gallery. Sat-Sun. 1-5pm

LOVE PARTY Prezident Brown, Lee Tafari, Tuff Lion, more; clean Jamaican cuisine, BCC, 5-10PM, \$15/\$18

SAN GERONIMO Americana @ Smileys, 9PM, cover

DANCE PALACE CRAFTS FAIRE, PRS, 10am-5PM

LA LIBERTAD CD release party, Yoga Toes, PRS, \$20

Please Momen



Sunday, December 4

BOLINAS STANDS WITH STANDING ROCK

10am at the Community Center: Sacred Pipe Ceremony with Mimi Calpestri, bring a cushion or blanket to sit on

1-3pm at the Downtown Park: Make a Prayer Flag in Sacred Space to hold your prayer.

MICROBES: KEYS TO HEALTH

With Sadja Greenwood, Ted Schettler, Dennis Dierks, John Hedlund, and Steve Heilig, Commonweal 2 PM

Monday, December 5

FIRE PROTECTION DIST.

Meeting of the board of directors. 7pm Firehouse Community Meeting Room

Friday December 9

BOLINAS WINTER FAIRE

Local arts & Crafts, food music and more Opening night, 5-10pm BCC

HAPPY, HAPPY BIRTHDAY!!!

December 3: Loretta Hooper

Chris Besenty Marina Wiley

Carey Leigh Smith-Marchi

Bobby Parrs

Amber Rose Funk December 5:

Yehudit Platt/Shemesh December 6:

> **Audie Reid Billy Spangler Greg Hewlett**

Peter Warshall (remembered)

TODAY'S HEARSAY BROUGHT TO YOU BY:

(((JEFF MANSON: PASTE-UP and PRINTING)))

(((KATHLEEN O'NEILL: ADS)))

(((MICHAEL RAFFERTY: FOUNDER & PUBLISHER)))

(((& YOU: EVERYONE IS A REPORTER!)))





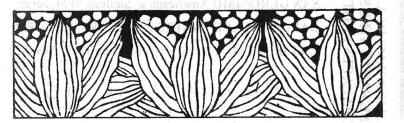






LOCAL ARTS & CRAFTS





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Children 's Center Cook

Book: PieMaking 2016

Roxana's Black Pie

Ingredients:

Seeds Plants Oranges Apples Stars

Stickers

Instructions:

Cook it in fire for 1 minute. Eat it.

Ondine's Elsa Pie

Ingredients:

Snowflakes Stars Frosting Candle shaped like Elsa

Instructions:

Put in oven that is really hot for 3 minutes. Take it out and eat it.

Lilly's Strawberry Pie

Ingredients:

Strawberries Raspberry Frosting Flowers (to go around)

Instructions: Delication of the same

Put in the oven that is only a little tiny bit hot.

That is enough! Add Elsa candle in the middle and put flowers around, but don't eat the flowers.

Ezra's Turkey Pie

Ingredients:

Turkey
Sugar
Chocolate
Wood Chips
Leaves
Rabbit and a little bit)
Dump Truck

Instructions:

The dump truck dumps everything in the mix.

Mix it up for 1 hour. Put in oven for 100 minutes.

Cook hot, then medium, then cold. Put wood inside. Put plants in. Eat it.

Submitted by Mark Butler

MEETING AGENDA . BOLINAS FIRE PROTECTION DISTRICT **BOARD OF DIRECTORS**

MONDAY December 5, 2016 at 7:00PM Location: Bolinas Fire Department Meeting Room 100 Mesa Road The site is open to the public and is wheelchair accessible. (This agenda is posted in accordance with the Ralph M. Brown Act, California Government Code Section 54950,

- Call to Order and Roll Call
- Approval of Agenda
- General Business
 - Action Item #1: Consider Issuance of 2016 Special Tax Refunding Bonds Mark Pressman, Wulff, Hansen & Co. and Paul Thimmig, Esq., Quint & Thimmig will be in attendance.
 - Action Item #2: Consider Resolution 178-2016: A Resolution of the Board of Directors of the Bolinas Fire Protection District Authorizing the Issuance of Community Facilities District No. 2003-1 (Fire Station Project) 2016 Special Tax Refunding Bonds, and Approving Related Bonds, and Approving Related Documents and Actions
- Public Expression (The public may address the Board regarding matters not on the agenda.)
- Board Member Report
- Committee Reports
- 7. Personnel Matters (Board may go into a Closed Session.)
- Announcement Re: Closed Session (if any)
- Good of the Order
- 10. Adjournment

QUESTING: WHERE IS THE PATH?

How does the human psyche reflect and relate to the natural landscapes of the Earth? Next Tuesday on Questing I'll be continuing recent conversations with writers, artists, and thinkers whose work is deeply rooted in the relationship between people and the environment. Guest will be Mary Reynolds Thompson, poetry facilitator and author of Reclaiming the Wild Soul: How Earth's Landscapes Restore Us to Wholeness. Tune in on KWMR at 11 am, Tuesday Dec. 6.

Submitted by Jane Mickelson





The community center has quite a few photos leftover from the wonderful Day of the Dead celebration. Please if you want your photos back stop by the office before Dec 9th.

Office hours 11-1 M-F. Thank you.

Randi Arnold

BOLINAS STANDS with STANDING ROCK

If you are like me, you realize that what's happening at Standing Rock is currently the global epicenter of the Dream that is moving us all forward towards the Light.

And you probably know that the Army Corps of Engineers has issued an edict that the largest camp - Oceti Sakowin - needs to evacuate on December 5th, based on the ludicrous argument that it is for the safety of the people gathered there, in the face of the fierce North Dakota winter, wherein the actual danger is from the militarized police who have repeatedly assaulted and injured the peaceful Water Protectors.

While the "authorities" seem to have backed down, and are now saying that they will not forcibly remove the camp, there is continuing ad increasing pressure from Energy Transfer Partners, the corporation that is building the pipeline, to move forward. (And, we might note, it is speculated that Trump, himself, has maybe a million dollars invested in the project).

Please join us on Sunday, December 4th, to send our prayers to our brothers and sisters who are on the front lines and saying "Let's end the fossil fuel nightmare, once and for all. And, let's do it TOGETHER. "This includes, now, a number of people from West Marin, including our own Jesse McCollum.

10 AM at the Community Center - A Sacred Pipe Ceremony with Mimi Calpestri. Please bring a cushion or blanket to sit on.

1-3 PM at the Downtown Park - Make a Prayer Flag in Sacred Space to hold your prayer that the Water Protectors stay strong and protected!

Information, donation jars, and tee-shirts also available.

May All of our Hearts Stay Strong, TOGETHER!

With Blessings and Love - Lea Earnheart



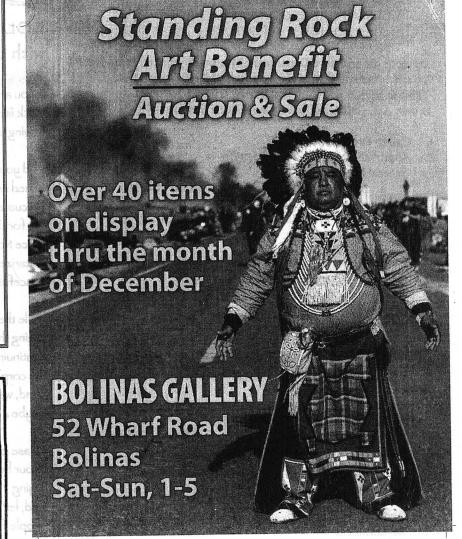
Café Space Available

The Bolinas Community Land Trust's Café space will become available in January 2017. People interested in running a food related business are welcome to apply by December 5th. We are asking people to fill Out a business plan application which will be available in the BCLT office after Nov. 17th. The office is open M, T, W and the most reliable time to find someone there is between 10am-2pm. It is located through the gas station door and office at BO Gas. If you cannot come at one of those times we will happily meet you there another time. Please call Arianne to set this up or for more information (415)713-4519 or email at bolinascommunitylandtrust@gmail.com

Here is a partial list of artists participating in the Art Auction Benefit for Standing Rock

Mardi Wood
Dieter Tremp
Zim Caroselli
Sally Robertson
Emmeline Craig
Dennis Dierks
Elia Haworth
Carol Katz
Vickisa
Ilka Hartman
Kathleen O'Neill
Josh Churchman
Keith Hansen

Joyce Clements
Janice Yerington
Tamae Agnoli
Molly Brown
Sandy Dierks
Terry Guitar
Sha Sha Higby
Michael Knowlton
Vivienne Verdon-Roe
Joey Koppel
Maud Zimmer
Judy Molyneux



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THIS SATURDAY, 12/3 COMMUNITY CENTER

A LOVE Party for the benefit of all, and to raise funds for our beloved Tuff Lion, who recently lost his house, music studio and almost all his belongings, including a vast music library of personal recordings, most of which were unreleased... to fire.

We have a lovely lineup of singers n players coming in support of the cause, including Prezident Brown & The I Sound Band, Lee Tafari & The Upliftment, the Tuffest Lion himself, Messenjah Selah, Asheba for the Youth (in all of us) and many Special Guests...

There will also be delicious Natural n Clean JA/Cali Cuisine, Arts n Crafts and more... Its an EARLY SHOW 5ish-10ish - ALL AGES of course! Only \$15 in advance \$18 @ door 15 and under Free (any further donations much appreciloved) tix available at Amanda Ross Skin Care and online at brownpapertickets.com We also will be doing a Raffle with lots great prizes! Please try to come and support, it takes a ton of work to put these gatherings together, a true labor of LOVE, and I believe this just might be the best one yet!

Peace

~ Maitreya Rose / Haile Conscious Works

Natural & Clean Jamaican/Cali Cuisine Menu

Love Sip Soup ~ 2 kinds

Mild Coconut Curry w/ chickpeas, pumpkin, potatoes...

Fried Plantains in Org Coconut oil

Crunch Salad w/ Maitreya's special dressing

Fresh Pineapple, Tamarind, Ginger, Carrot Juice

Beths desserts....

SHAB'S KABOBS at the Bolinas Commons This Sunday, December 4, 3:30-5PM (note new extended time)

This is a fundraiser for the Bolinas Commons. Come celebrate, eat well and help us pay our bills.

Reserve your plate now by

emailing: hello@bolinascommons.org or

calling: 415-816-3645.

Full kabob plate is \$20, free for kids under 12.

Shab will be serving the beef kababs alongside basmati rice, yogurt with mint, pitas and fresh herbs. Hot tea and cookies for dessert.

You are welcome to take the kababs to go for cozy dinner at home or hang out with us for a Persian Doreh, a Farsi word meaning "inner circle", a community gathering to eat homecooked food.

If you plan to join the doreh, please bring your your own plate, utensils, your favorite drink of choice, and a vessel to drink it from.

If you wish to take the food to go instead, please bring your own tupperware.

Come join us in what we hope will be the first of many dorehs at the commons...

love

Melinda Stone

Bolinas Community Public Utility District A Regular Meeting Of The Board Of Directors October 12, 2016 270 Elm Road, Bolinas

1. Call to Order.

7:31 p.m.

2. Roll.

Directors Amoroso, Comstock, Godino, Siedman and Smith present; director Siedman presiding.

Director Siedman expressed congratulations on behalf of the Board to Shift Operator Stew Oakander on the birth of his son earlier in the week.

3. Manager's Report.

-- Update on the Wharf Road Lift Station Pump Replacement Project.

The start-up of the new pumps at the Wharf Road Lift Station is scheduled for Tuesday, October 18th at 11:00 a.m. Piazza Construction, the contractor on this project, will be on-site this Friday, October 14th, to perform the installation of the new contactors for the motors and oiling of the pumps. The district's consulting engineers at Brelje & Race and a Vogelsang representative will attend the start-up.

 Update on the BCPUD Chlorine Disinfection Byproduct Reduction Project: Revised Project Budget.

The installation of the inline coagulation/prefiltration project at the Woodrat Water Treatment Plant is underway. The project is designed to lower the levels of chlorine disinfection byproducts ("DBPs") in the district's treated drinking water, which periodically exceed the maximum contaminant levels ("MCLs") established by federal and state law. The problem presented for the BCPUD is high organics in the district's raw water, both in the Arroyo Hondo Creek surface water and in the emergency reservoir stored water. The organics that remain in the water after it is filtered bond with the chlorine used for disinfection to form the DBPs. As such, the BCPUD is seeking to remove those organics before the water is filtered and disinfected. Coagulant will be injected into the raw water as it enters the plant and the water will then travel through new piping to achieve the necessary "detention time". The organics in the raw water then will bond to the coagulant which will be collected and disposed of via a "sedimentation basin" (the former clarifier which has now been rehabilitated and repurposed). The district will install prefilters at the raw water intake as part of the project; unfortunately, one of the prefilters specified for the project is not available until mid to late November, which will result in a short delay in the completion of the project installation.

Staff noted that the most recent issue of the BCPUD Pipeline newsletter includes an update on this project and recognizes the good work and diligent efforts of Lewie Likover and Jonathan Van Bourg. Lewie and Jonathan have submitted a revised project budget now that the materials and engineering costs are better known. The Board previously approved a budget of \$37,176; the revised budget is \$56,949 plus a 10% contingency, for a total revised budget of \$62,534.

V. Amoroso/L. Comstock all in favor approving a revised budget of \$62,534 for the installation of the inline coagulation/prefiltration project.

-- Update on the East Tank Rehabilitation Project.

Nothing to report.

-- Update on BCPUD/BFPD Survey of Obstructions and Encroachments in the Public Rights-of-Way on the Bolinas Mesa.

The survey has been completed up to the Grove right-of-way, but no progress has been made since the September meeting in light of limited staff availability due to vacations, injuries and illnesses.

With regard to water operations, staff reported that consumption was up considerably in the downtown area as compared to the same time last year (June, July, August); in fact, it is the highest consumption since 2012-13. This is an across-the-board increase in consumption among the customers in this area; there does not appear to be a single reason for the increase, but staff suspects the extended dry weather and lots of seasonal visitors likely are the explanation. Staff will keep a close eye on consumption during October and November; at present, rain is forecast for the weekend.

As reported at the last meeting, staff wrote to Redwood Empire Disposal to inquire about the status of the district's quarterly franchise payments and diversion reports; staff also asked to discuss a communication strategy to ensure that the BCPUD is informed prior to a bulky waste clean-up event so that it can notify the community and provide sufficient time for residents to prepare. Jim Salyers, Vice President, came to the BCPUD offices today and discussed all of these isses. Staff now is confident that a clear line of communication has been reestablished and Mr. Salyers promised to provide the past-due diversion reports and quarterly franchise payments as soon as possible. With regard to the diversion reports, Mr. Salyers commented that as the weight of recyclable materials (certain plastics, cardboard, etc.) declines there is an impression that the quantity of recycling is declining, but that it not the case – people are still recycling the same volume of materials, but the overall weight is less (the waste diverted is reported by weight). Also interesting is the fact that as food waste programs gain in popularity, the weight of garbage is declining – as it turns out, food waste is very heavy.

Staff attended a meeting of the Point Reyes Station Village Association on September 22nd and discussed with participants the topic of "Tourism and Our Community" and other issues of common concern. Director Amoroso and community member Bruce Bowser also attended. Topics included the number of visitors to West Marin (the Point Reyes National Seashore receives 50,000 visitors per week, mostly on weekends, which is understandable given that the park is only a 60 minute drive (or less) from 8 million people; impacts on parking for local residents; impacts on garbage service, the perceived increase in homeless encampments; impact on wastewater systems, the changing nature of "community" (becoming more like little "Disneylands"), etc. The Association is planning to host a community forum on these topics with state senator Mike McGuire in February 2017.

Staff also attended the September 26th Planning Commission on the Local Coastal Plan Amendment process and provided the commissioners with a copy of the district's April 2016 letter to the Board of Supervisors on this topic. The purpose of the September 26th meeting was to update the commissioners on significant developments since the Commission approved its version of the LCP amendments and submitted them to the Board of Supervisors in 2012. Brian Crawford and Jack Liebster (from the County's Community Development Agency) gave a presentation which was followed by comments from many different groups and individuals. Staff reiterated the Bolinas community's concerns about the definition of "coastal redevelopment" and micro-managing of downtown "commercial" districts to be more "visitor-serving" as proposed by Coastal Commission staff. In the end, the commissioners took the matter under advisement and declined to further comment or weigh in at this point in the process. The Coastal Commission is scheduled to consider the County's Local Coastal Plan Amendmdnts at a hearing on November 2, 2016 in Half Moon Bay.

Staff is working to follow-up with customers on the district's cross-connection control survey in an effort to determine if the district is adequately protecting the water system from the risk of "back flow" from customer properties. Staff has reviewed all submitted survey responses and is calling customers for clarification about their responses and/or requesting that customers who have not yet done so to submit a response. Staff also will conduct site visits as necessary to determine if additional back flow prevention devices should be installed, and will evaluate whether any updates are needed to the district's cross-connection control ordinance.

The Bolinas Lagoon Advisory Committee will meet on Friday, October 14th beginning at 9:00 a.m. at the Bolinas Firehouse Public Meeting Room concerning the "North End Restoration Project" at the Wye. An extensive site conditions report has been prepared and is posted on the County's Parks and Open Space website. The October 14th meeting is an opportunity for the public to provide comments on the project components and design elements.

The district will remove two hazardous trees during the last week of October: a large cypress in the lvy rightof-way off of Larch will be removed and secondary growth will be removed from a eucalyptus tree in the Grove right-of-way off of Alder.

Staff submitted a grant application to CalFIRE for \$150,000 in state grant funds to conduct a hazardous fuels reduction project in the eucalyptus grove on the district's Sewer Pond property.

On the wastewater side of operations district staff is focused on completing the spray season and concluding the Wharf Road Lift Station Pump Replacement Project.

Staff continues to prepare for the audit of the district's FY 2015-16 financial statements. Staff met with the the district's bookkeeper and CPA on September 29th and the field work is scheduled for October 28th. Staff anticipates the district will receive a draft of the audited financial statements by the end of November.

The Board reviewed correspondence sent and received since the last regular meeting, including an email from Anny Owen at the Bolinas-Stinson Union School District thanking the district for the recent maintenance of the pedestrian/bicycle path.

-- Drainage Project Manager's Report.

Nothing to report.

4. Community Expression.

None.

5. Request for a Non-Exclusive Easement on BCPUD Property to Repair/Replace and Maintain an Existing Seawall and for an Exclusive Easement on BCPUD Property (Fenced-In Area) at 100 Brighton Road, Bolinas (AMJT Capital).

Director Siedman reported that he and director Godino met with Ali Pincus and Taylor Robinson and learned that a recent title search indicates the property boundary for the Pincus property extends to the center of Brighton Avenue (unlike on the Bolinas Mesa, where property lines do not extend to the center of the road). Director Amoroso questioned this development because he lives on Brighton Avenue and it is his understanding that he does not own to the middle of the road. Director Siedman said that back-up paperwork has been requested and that the underlying project here will, not change; rather, there may be other ways to approach it (and the requested easements from the BCPUD) depending on the exact location of the property lines. Director Siedman said he believes the property owners are committed to retaining the existing amount of public access area on top of the seawall. Director Amoroso said he wants to ensure that the boat ramp is not compromised (i.e., not narrowed) and that any applicable Offers to Dedicate on the beach are observed.

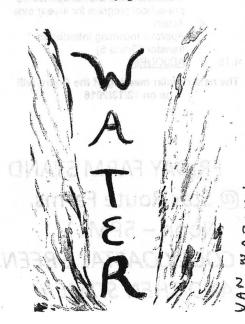
6. Water Supply Update: Update on Installation of the Monitoring Well at 3 Olema-Bolinas Road.

Staff reported that Cascade Drilling successfully installed the monitoring well at 3 Olema-Bolinas Road on September 30th and returned to develop the well on October 5th. The development work required about three hours and approximately 125 gallons were pumped, which is about 25-times the volume of the well, until the well water ran very clear. Today, staff measured the the depth to water level and it was 3.85 feet below the top of the well casing.

On a related note, staff reported that the irrigation well at the Resource Recovery site currently is not operating due to some sort of problem with the pump; Mesa Park Board member Mark Lucanic has advised staff that Norcal will be out soon to evaluate the equipment and recommend how to restore the functionality of the pump.

7. Volunteer Committee Reports.

BCPUD minutes cont. on page 6 Cont. from page 5



Cont. from page 5

- -- Bolinas Lagoon Advisory Committee: Nothing further to report.
- -- Downtown Parking & Traffic Committee: Public Meeting on October 17, 2016 at 7:00 p.m. at the Firehouse Public Meeting Room. Director Siedman said it is a good sign that the meeting is happening and director Amoroso said the committee continues to seek responses to its online parking survey.
- -- Resource Recovery: Staff reported that a "Notice of Non-Applicability of Coverage" will be submitted to the Regional Water Quality Control Board concerning the new statewide composting rule based on the small volume of greenwaste at the site on an annual basis.
- -- West Marin Mosquito Control Coordinating Council:
 Director Godino said there is nothing to report at this
 time. The Board reviwed a request submitted by staff to
 the Marin/Sonoma Mosquito & Vector Control District
 for assistance with improving the perimeter ditch around
 the Sewer Pond property to reduce the potential for
 standing water (i.e., mosquito-breeding habitat). A
 similar project was completed nearly 10 years ago and it
 greatly enhanced the functionality of the ditch.
- -- Land Stewardship Committee: Director Siedman reported that the committee will meet on Friday to discuss a project to improve the "Knoll" by removing invasive nonnatives and planting natives at a budgeted cost of approximately \$3,000.

8. Other Business.

- a. Board Committee Reports.
 - -- Finance: The Board received a memorandum from staff documenting the district's compliance during FY 2015-16 with its Financial Reserve Policy.
 - -- Legal: Nothing to report.
- -- Mesa Septic, Flood Control and Roads: Nothing to report.
 - -- Operations: Nothing to report.
- -- Park and Recreation: Director Amoroso reported that Mesa Park is seeking to hire a part-time manager. In addition, \$40,000 has been proposed to improve the skatepark. Finally, three people are running for the two open seats on the Mesa Park board in the upcoming election.
- -- Personnel: Staff reported that Shift Operator Ryan Fitzgerald has submitted his resignation effective November 4th because he has accepted a job as a mechanic in Sonoma.
 - -- Sewer: Nothing to report.
- Minutes of the September 21, 2016 regular Board meeting.

Directors Amoroso, Comstock and Godino offered clarifying revisions to the draft minutes of the September 21, 2016 Board meeting.

- D. Smith/L. Comstock all in favor to approve the minutes of the September 21, 2016 Board meeting, as corrected.
- c. Warrants.
- G. Godino/L. Comstock all in favor approve the warrant list.
- d. Scheduling of Next Meeting(s):

November 16, 2016 at 7:30 p.m.

9. Adjournment.

8:38 p.m.



BOLINAS-STINSON UNION SCHOOL DISTRICT

125 Olema-Bolinas Road Bolinas, CA 94924 Phone: 415.868.1603 Fax: 415.868.9406

AGENDA

Special Meeting between the Board of Trustees and BSUSD Staff

Tuesday, December 6, 2016

3:15-4:15 p.m.

Bolinas Campus, Middle School Classroom

- 3:15 <u>ARRIVAL TIME AND</u> <u>REFRESHMENTS</u>
 - 1. CALL MEETING TO ORDER
 - 2. PUBLIC COMMENTS: This is an opportunity for the public to address the Trustees on matters related to school business that are not on the agenda. No discussion, deliberation, or action can be taken by the Trustees unless the matter is placed on a subsequent agenda. Depending on the agenda, the Chair may limit each presenter to a specific time.
 - Study & Information
 Discussion of a District sponsored pre-school program for 4-year olds
 - Action
 Approve Incoming Interdistrict transfer (Grade 6)
- 4:15 5. <u>ADJOURN</u>

The next regular meeting of the Board will be on 12/13/2016

FRIDAY FARM STAND

@ Star Route Farms

Noon – 5PM

COOL COASTAL GREENS

AND THEN SOME!

HERBALS SALE!



So many great gift ideas for yourself, your friends and the babies in your life! Come check out the herbal remedies, lotions, moisturizers, serums, salves & the newly added products for men!

SATURDAY, 12/3 9AM - Noon 305 OVERLOOK, BOLINAS

POINTREYES BOOKS



Become a Book Angel

Buy a book for one of 400 local deserving young people. Bookstore Holiday Open House & Path of Lights

Friday, December 2, 5:00 p.m. to 8:00 p.m.

Annual Candlelight Winter Solstice Poetry Reading

Wednesday, December 21, 7:00 p.m.

Limited Bookstore seating.

Reservations required.

The Last Words:
A Conversation between
Steve, Kate & Malcolm Margolin,
publisher emeritus of Heyday Books

Wednesday, December 28, 7:00 p.m.
The Dance Palace

Free event. Reservations required.

For more information on these and other events, visit www.ptreyesbooks.com

Bolinas Museum & Commonweal present Great Minds Panel Discussion: MICROBES

Sunday, December 4 at 2 PM, Free Commonweal, 451 Mesa Rd, Bolinas

Why care about microbes? Well, because they make life possible! It is hard for me to write about microbes without using a lot of exclamation points or saying "who knew!?"

An average of three pounds of our body weight is microbes! From our eyelashes to gut, and everything in, on and around us is populated by busy cities of microscopic life with biodiversity similar in complexity of the Amazon rainforest! We share these microbes with our every breath and touch. Diversity is essential to the microbiome, so it turns out that eating dirt is far more healthy for kids (and their future health) than having countertops wiped with anti-microbial /anti-bacterial soap. Scientists are learning that the health of our microbiome impacts our immune systems, digestion, efficacy of medication, mental and physical health and more. This is a frontier of understanding that may help predict, prevent or heal disease!

Microbes were discovered in the 1600s but you can imagine public skepticism about the existence of an invisible world of tiny creatures. Now, we know microbes literally make life possible- like creating CO2 for the planet while floating in the ocean. How does a cow turn grass into milk and meat? The short answer: billions of microbes bloom in the cows five-stomach system, fed by the sugars in the grass that they help breakdown. Then masses of those microbes die. The dead microbes provide protein for the cow!!

So where does the grass come from? Unnoticed by most of us, beneath our feet-- where soil is healthy and not degraded by chemicals--earth it is swarming with microbial life. One ounce of soil can contain trillions of microbes representing tens of thousands of species! The health of the soil's microbiome is transported through plants to everything that eats them. Organic farming and ranching supports sustainability of the microbiome and the benefits expand throughout nature's systems.

Join us for a lively and informative Great Minds panel discussion on this fascinating subject. The panelists were brought together by Constance Washburn, on behalf of the Bolinas Museum BOUNTY! program and are presented in partnership with Commonweal. Each of the panelists brings decades of diverse experience to inform this discussion. Panelists include Dr. Ted Schettler, Science Director at the Environment Health Network; Dennis Dierks, Paradise Valley farmer who propagates microbes to enrich the biodiversity of his soil; Dr. Sadja Greenwood, physician, writer and consultant; John Hedlund, founder and CEO of Biodinami, an international agronomy and soil science company. Moderated by Steve Heilig, healthcare ethicist, epidemiologist, environmentalist and sometimes editor of the Bolinas Hearsay News. This will be a fascinating conversations! The event is free, with a suggested \$10 donation at the door.

Bolinas Museum will open 1-5 Friday; 12-5 Saturday and Sunday. We invite you to come and see the exhibitions Bounty: Fine Food Production in Coastal Marin from 1834 to the 21st Century; Lexicon of Sustainability: Visionary Principles; Art Rogers: Faces of the Land, and photos by M.B. Boissevain. Entry to the museum exhibitions is always free.

Elia Haworth





For more information, to volunteer, or to join call 415-663-1075 Save \$ by buying in advance Tickets at www.dancepalace.org

DANCE PALACE HOLIDAY CRAFTS FAIR

Ring in the holiday season at our 46th Annual Holiday Crafts Fair! The Dance Palace will be lled all weekend long with the sights, sounds, and scents of the winter holidays. This year promises to be a warm and wonderful event with a special focus on "Made in West Marin" handcrafted items and gifts—ceramics, chocolates, clothing, ber arts, glasswork, herbs, metal & woodwork, jams & jellies, jewelry, oils, ornaments, paintings, soaps, toys, and so much more. Come and celebrate a West Marin holiday tradition! The Holiday Crafts Fair is sponsored by and bene ts the Dance Palace. Friday, December 2 / 4–9 PM; Saturday, December 3 / 10 AM-5PM; Sunday, December 4 / 10 AM-5PM / Free admission

ANNUAL POINT REYES CHRISTMAS BIRD COUNT DINNER

The Point Reyes Christmas Bird Count is an annual tradition that creates a census of the status, trends, and distribution of the more than 200 species wintering in the Point Reyes area. A day in the eld is followed by this compilation dinner where participants tally the species seen and generally enjoy the birding highlight of the season. Those interested should go to forestdata.com/cbc for further information and to sign up. Saturday, December 17 / 5 PM / For bird count participants only

SING-ALONG MESSIAH

Join the Dance Palace for one of our community's most ful lling holiday events at this sing-along of the most glorious and exciting choral masterpiece ever written. Fun for music lovers and listeners of all ages; no experience necessary. Conducted by Molly Maguire, and accompanied by Bill Quist, solos by section. Fun for music lovers and listeners of all ages; no experience necessary. Tickets available in advance or at the door. Sunday, December 18/3 PM/\$22 General/\$20 Seniors/Free for youth under 18

Rehearsals (free to singers who have purchased tickets in advance):

Bolinas Community Center / Wednesday, December 7 / 7 PM; Dance Palace / Wednesday, December 14 / 7 PM





Facials Massage Body Care Salon

10% off for seniors, teachers, and local merchants

Mention the hearsay ad to receive your discount.

Call 415 233 8736 or visit amandarossskincare.com to make an appointment.

Friday-Monday 11-5 or by appointment.7 Wharf Road, in the Sharon Buildine.

HEARSAY ECLASSIFIEDS Office Hours M.W. F. 9ish to 11ish. Call 868-012 270 Elm at Maple, Left side of BPUD Building Ad forms in smaller mail box, slot in door

Office Hours M.W. F. 9ish to 11ish. Call 868-0138

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CONFLICTS? DISPUTES? WEST MARIN MEDIATION CAN HELP-

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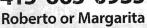
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(1925-2014) Claudia Chapline Gallery, Stinson Beach, Sat-Sun 12-5 and by appointment 415-868-2308

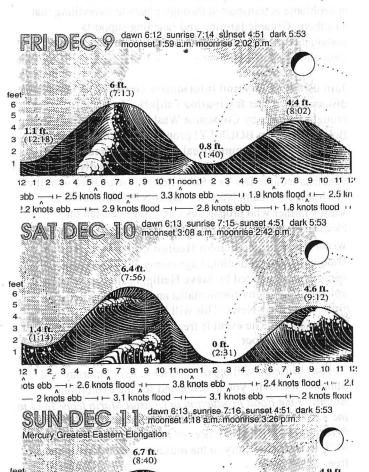
CC 11/30

HELP WANTED

ANTICIPATED POSITION ANNOUNCEMENT:

Maintenance person at Bolinas Stinson School, Full-time, 12 month with benefit package; Application/Description at bolinas-stinson.org. or 415.868.1603

JS 12/16



8 9 10 11 noon 1

- 4.3 knots ebb

3.3 knots ebb –

→ F 2.9 knots flood

4 5 6 7 8 9 1 --- 2.8 knots flood

⊢ 1.8 knots ebb ⊣ ⊢ 3.2 knots flood ⊣ ⊢

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Sold at: The Bolinas Market, People's Store, Don's Liqours & Bobolicious. Published for over 30 years!

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WANTED!!!

ARTISTS, CRAFTSPEOPLE, IMPORTERS

To participate in the 24th annual BOLINAS WORLD CRAFTS FAIRE ~ December 17 & 18 Contact flower sierra ~ 631-747-4540 riverflower@sbcglobal.net

FS 12/9



868hearsay@gmail.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or get info on how to read online or subscribe online or request a link to the password-protected website.



LOST AND FOUND

LOST: NEW PAIR OF NIKON MONARCH 3

8x42 binoculars at Agate Beach parking lot on Monday (to my great sorrow). Anyone find them? Thanks. Joy Jamgochian, peterandjoy82@gmail.com.

JJ 12/2

LOST: POWER CHORD FOR MY LENOVO IDEAPAD.

Must have fallen downtown or Mesa on 11/16 or 17. Please call if found. Thanks. Jody Angel 415-264-5541

nejtete 2011/18 JA

LOST: AT BOLINAS FOOD GIVE AWAY AT BCC LAST

Thursday, Hawaiian pineapple small thermal bag. Very sentimental value. If found, please contact Mary Barror @ 415-868-0902. Thank you

MB 11/16

LOST: 3 WEEKS AGO, A SMALL BLACK QUILTED

cosmetics bag @ 52 Terrace Ave. Has brushes and cosmetics my precious daughter bought for me, very sentimental!! If found please contact Signy Coleman 415-868-9742, Thank you!

SC 11/16

LOST: A BRIGHT GREEN UMBRELLA WITH

Van Gogh's Irises, possibly at requiem. Please call Kathleen at -2283

KO 11/4

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise w/Cenize Rodriguez Bo Babies & Toddlers Open Play Group (free) Pilates Mat w/Lisa Townsend Yoga w/ Angela Sterpka

8:45-10:00am 10:00-Noon 5:30-6:30 pm 7:00-8:15 pm

TUESDAY

Diaspora Dance for Elder Women w/Amber Hines 9:00-10:15am 11:00-12:00 pm Senior Stretch w/Anna Gottreich

12:00-1:15pm Brazilian Dance w/ Anna Gottreich Contemporary Dance w/ Lisa (teens & adults) 6:30-8:00pm

WEDNESDAY

Pilates Mat w/Lisa Townsend After School Theater w/Lisa T Diaspora w/Amber Hines

3:30-5:30pm 6:30-8:00 pm

8:30-9:45am

12 noon

THURSDAY USDA food bank

Congolese Dance w/ Sandor

6:00-7:30 pm 9:00-10:00 am

FRIDAY

Pilates Mat w/Lisa Townsend Ballet w/Erika Townsend (no class 4th Fridays) No Place Like Home (Free Brunch 4th Fri of Month)

10:30-12:00pm 10:30-11:30 pm

SATURDAY

Diaspora Dance w/ Amber Hines Dance for boys & girls w/Lisa 7-9 year olds

9:00-10:30 am 11:00am-Noon

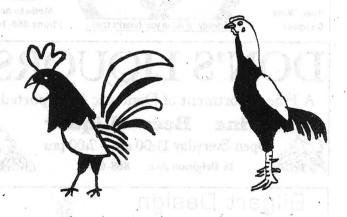
11:00-12:00pm

SUNDAY

Belly Dancing w/ Amalia (no classes in Dec) Iyengar Yoga w/ Jennifer (no classes in Dec) CommUnity Night (see website for details)

5:30-7:00pm Noon-6:00 pm

Call 868-2128, check the Library Marquee, Calendar in BCC Fover or visit www.bocenter.org for more info & special events!



How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BPUD office on Mondays, Wednesdays and Fridays between 9:30 & 10:30 am to have your article appear the same day, and until 11:00 am for classified ads.

Ad forms are also available anytime in the small mailbox next to the Hearsay door. You can fill out the form and have your ad billed to you, or you can enclose payment (please note on your ad if you are paying cash in case they become separated) & drop into door slot.

Local Business Supports the Bolinas Hearsay News

Sam's House

38 Wharf Road, Bolinas CA 94924 SENIOR CARE HOME

Tele/fax 415 868-2866 * www.samshousemarin.com



People wishing to have a shower (Handicap or able, young or old) Call or turn up 10:00 a.m. Monday or by appointment

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Terry Donohue 415 509-1740

Bolinas Real Estate

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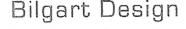
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