**BOLINAS HEARSAY NEWS**

**WHAT'S HAPPENING?**

**Saturday, August 2**

**MONTHLY ZEN MEDIATION**
9-3pm, St. Aiden's Dharma talk at 10:30 by Rev. Rick Sloan. Come for all or part. Bag lunch

**LUGHNASA** Celtic celebration first day of autumn, marking the midpoint between solstice and equinox.

**CAROL HAKE** 35 years picturing Bolinas, Art reception 1-3:30pm Farm Stand Art Space

**ASTEROID #4**
Live psychedelic folk rock @ Smiley’s, 9pm. Cover

**Sunday, August 3**

**OPENING RECEPTION** 16th Annual Box Show @ Gallery Rte One, Pt Reyes, 3-5pm

**Tuesday, August 5**

**ART GRAFFITI TOWN MEETING**
Community Center 5-7pm

**MY 100 DRESSES AND WHAT'S UNDERNEATH THEM** Storytelling by Neshama Franklin @ Bolinas Library 7pm Free.

**Saturday, August 9**

**MARK STUART** Nashville singer/songwriter; acoustic guitar at Gospel Flat Farmstand. 6:00 pm

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**DAVID CHASE FRANKLIN**

12/31/61 — 7/29/14

photo by Steve Hill

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**Wednesday, August 13**

**10 YEARS ON THE HIPPIE TRAIL & BEYOND.**
Ananda Brady with Steve Heilig, Commonweal, 3PM

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**HAPPY HAPPY BIRTHDAY!!**

**August 1:** Emmy Rhine Ava Geulp

**August 2:** Eric Festin Phil Hoffman

**August 3:** Miranda (Young) Joseph Mikel Jay Janet Mattingly Amelia Neffati

**August 4:** Bob Grenier Bob Bates Sam Blake

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**TODAY'S HEARSAY MADE BY:**

JEFF MANSON: ED AND PRESS
KATHLEEN O'NEILL: ADS AND HELP
VAN WARING: COLLATING
Audubon Canyon Birds
-------------------------------------------------------------
For many years, the Egrets and Blue Herons have built their nests in Audubon Canyon in late March or early April. Last year, Keith Hansen told me, there were only seven nests built there and unfortunately an owl came and ate the eggs, so no fledglings were hatched!

Leslie Melendy, of the Audubon Canyon office, told me that normally there are 57 nests constructed in the early Spring in the Canyon, but NOT ONE NEST was built there this year and they have no idea why?

WHAT a SURPRISE to find that ALL THE BIRDS had MIGRATED to BOLINAS this year and put their nests in the large Pines trees above the Kent property and Smiley’s. Keith, humorously said, "maybe they like the MUSIC coming from Smiley’s!"

A young woman we met on Wharf Road from Audubon had taken a large photograph of the birds’ nests in the Pine trees above and carefully marked WHERE all the 52 nests were. I wondered what happened to the 5 other nests that were part of the 57 count?

These beautiful birds have always been such an integral part of our lives here, that it really is a wonderful mystery of why they have chosen to live here this year! Magi has seen the baby Egrets in the lagoon already. What a gift of sheer delight for all of us!

Mary Barron

Audubon will be open for hikes and the gift store this September, Leslie informed me.

BY THE SEA, BY THE SEA, BY THE BEAUTIFUL SEA

Paintings by Judy Molyneux
The show goes on till the end of August
Bolinas Gallery 52 Wharf
Sat-Sun. 1 to 6

LIVE MUSIC AT THE BEACH
Fri., Sat. & Sun Nights JULY-AUG.
Open Mic Sun. 8-12
DJ Spin Mon. 9-12:30
Pool Tourney Tue. 8-12
Karaoke Wed. 8-12:30
New Bands Thurs. 8-1

Thurs., July 31, 8-12:30, cartoon music, DR. ABACUS
Fri. August 1, 9-1, country surf, SKY COUNTRY
Sat., Aug. 2, 9-1, psychedelic folk rock
ASTEROID #4
Sun. August 3, OPEN MIC w/Diana
Mon. August 4, 8:30-1, spin, MONDAY NIGHT LIVE!
Tue. Aug. 5, 7-12
Jesse’s GRAND POOL TOURNEY
Thurs. Aug. 6, LARRY’S KARAOKE

SMILEY’S SCHOONER SALOON & HOTEL
41 Wharf Road in Bolinas 415-868-1311

PUBLIC NOTICE
FIREHOUSE COMMUNITY PARK AGENCY
MESA PARK BOARD OF DIRECTORS
SEAT OPENINGS

The November 4, 2014 election will include 3 regular 4-year-term seats on the Mesa Park (AKA: Firehouse Community Park Agency) Board of Directors which are up for election in November.

This governing agency oversees the maintenance and supervision of the recreational parks located on Wharf Road in downtown Bolinas and on Mesa Road adjacent to the firehouse and clinic.

The agency is seeking board members who are interested in keeping the recreational areas of Bolinas safe and in good condition to offer recreation and play to all members of the public.

Board meetings take place one evening per month. The positions offer opportunities to set policy for the use of the parks, to participate in local government, and to provide an important community service. No prior experience on elected boards is required.

Candidates shall be registered voters and must subscribe to the Oath of Office in order to serve on the Board.

Registration for nomination takes place at the County of Marin Registrar of Voters division at the Civic Center (telephone: 415-499-6456).

FILING PERIOD
July 14, 2014 to August 8, 2014
If all incumbents do not file, extension to August 13, 2014, for non-incumbents only.
Carol Hake  
35 Years Picturing Bolinas

August 2 – 29, 2014  
Opening Reception Saturday August 2, 1:00 – 3:30 pm  
Farm Stand Art Space, Olema Bolinas Road, Bolinas  
caroldezhu@gmail.com

Sheriff’s calls

Tuesday, July 22
BOLINAS: At 12:29 p.m. a child called from Larch and said, “Who are you?”

Thursday, July 24
BOLINAS: At 11 p.m. Brighton Beach was appearing smoky.

Friday, July 25
BOLINAS: At 10:11 a.m. a contractor reported that construction tools at 28 Crescente had been moved around overnight. He added that he was also having a hard time getting his plumber to show up to work.
BOLINAS: At 12:39 p.m. a woman, returning to her Aspen Road home after a vacation, reported finding the toilet seat up and a man’s shirt hanging in the laundry room.
BOLINAS: At 9:28 p.m. someone reported that eggs and produce had been “destroyed” at the Gospel Flat Farm Stand, possibly by a local “crazy guy.”
Fukushima Yoga* or Solartopia?
THAT is the Question...

Green-Powered or Greed-Powered?
We still have a chance to choose.
But we have to get informed AND we have to get organized.

That's the empowering and galvanizing message investigative journalist, author and long-time green energy advocate Harvey Wasserman will deliver as part of an August 10 event in Pt. Reyes, co-sponsored by _[www.tnaonline.com](http://www.tnaonline.com)_ and _- The Ecological Options Network._

With a respectful bow to California's pioneering Ecotopia author, Ernest Callenbach, Wasserman has coined the term 'solartopia' for his vision of a green-powered earth - based on energy conservation, efficiency and renewables. (For more: _[www.tnaonline.com](http://www.tnaonline.com)_)

A co-founder of the seminal, east-coast anti-nuclear group Clamshell Alliance and Musicians United for Safe Energy (MUSE), Wasserman has been a major voice debunking the fantasy that nuclear power is a viable energy source and, more recently, 'a solution for climate change.'

The Program
Wasserman will keynote an event at the Dance Palace Church Space at 5:30 on the 10th which will also include:

Mary Beth Bragan & Jim Heddle
Co-Directors of EON, will present
A Preview of their forthcoming documentary
SHUTDOWN: The California - Fukushima Connection
ShutdownDoc.tv _[www.shutdowndoc.com](http://www.shutdowndoc.com)_
plus
DNA & Health Protection Post-Fukushima
Science-based tips for increasing your and your loved ones' resistance to the ongoing Fukushima fallout.

Citizen Monitoring of Fukushima Fallout
As the Fukushima nuclear disaster continues to unfold more than four years on, sending a

A Message from Co-Sponsors
Here's what _[www.tnaonline.com](http://www.tnaonline.com)_ Co-Directors Donna Sheehan and Paul Raffell have to say about the program aimed at raising nuclear consciousness in West Marin:

Hello Everyone!
Here's a very important event for all of us living on the West Coast.

There are multiple nuclear threats to the water, the air, our food and future generations of our children from facilities that are aging, leaking and have built-in design faults. It gives "nuclear family" a whole new meaning!

From Hanford, WA to San Diego, plus Fukushima and the 47,500 drums of nuclear waste that were dumped near the Farallones, a radioactive crisis is threatening the West Coast, and we need to learn and prepare.

Please come to this important event at 5.30pm, August 10th at the Church Space to hear the latest and to discuss with experts and each other the solutions and preparations we need to make. There will be great guest speakers and a sneak preview video!

Please RSVP to Mercede at _[www.tnaonline.com](http://www.tnaonline.com)_ or 415-488-7281, so we know how many hors d'oeuvres we need!

xoxox Donna&Paul

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*Fukushima Yoga: A practice aimed at making one flexible enough to bend over, put your head between your legs, and kiss your butt 'Good-Bye.'

Submitted by Jim Heddle

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**STAR ROUTE FARMSTAND**
This Week Featuring

Lots of Fennel and Basil
 Shallots and Torpedo Onions
And Lettuce Lettuce Lettuce

*Friday 12 - 6 PM • Roadside In Our Field*

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**Commonweal**
Nature • Culture • Consciousness

August 13, 3 pm
Ananda Brady
_The New School at Commonsweal_  
_Odyssey: Ten Years on the Hippie Trail_

August 17, 9:30 am-4:30 pm
Robin Wall Kimmerer
_Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants_  
"Co-sponsored by Pt Reyes Books"

September 14, 9 am-12 pm
Shodo Harada Roshi
_Calligraphy of Emptiness; Zen of Dying_  
451 Mesa Road • Bolinas • 415.868.0970  
_tns.commonweal.org (website)"
Dear Friends,

This Friday afternoon (8/1) Lucian will be performing the part of Troilus in William Shakespeare’s *Troilus & Cressida* as part of the Marin Shakespeare Summer Youth Program. What is *Troilus & Cressida* you ask?

*Troilus and Cressida* is a tragedy by William Shakespeare, believed to have been written in 1602. It has been described as “one of Shakespeare’s problem plays.” The play ends on a very bleak note with the death of the noble Trojan Hector and destruction of the love between Troilus and Cressida. Throughout the play, the tone lurches wildly between bawdy comedy and tragic gloom, and theatre-goers have frequently found it difficult to understand how one is meant to respond to the characters. However, elements of the play (the most notable being its constant questioning of intrinsic values such as hierarchy, honour and love) have often been viewed as distinctly “modern”.

Or the Netflix description:

Shakespeare’s play about love and honor during the Trojan War. When his lover, Cressida, is traded to the Greeks, soldier Troilus tries to rescue her from the enemy. Meanwhile, the Greeks’ only hope lies in the hands of Achilles, who wants out of the war. The tide turns when Achilles’ best friend is killed, and the Greeks stage a brutal ambush on a single Trojan hero (Troilus’ brother).

The performance takes place:

@ 2:30pm
Belfore Theater in San Rafael
On 5th St. between D & E.

The showing is FREE.

Come one, come all.

Wishing you a great rest of summer.

Lisa Townsend

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**The BOX SHOW**

Gallery Route One
Aug. 1 – Sept. 14

Opening reception:
Sunday, Aug. 1, 3 – 5 PM
Closing Party:
Sunday, Sept. 14, 2–3 PM
Live Auction starts at 3

11101 Highway One, Point Reyes Station, CA 94956
Hrs: 11 AM–5 PM every day during the Box Show
Ph: 415.663.1347
http://galleryrouteone.org/box-show/

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PLANTS FOR THE COASTAL CLIMATE
AUGUST

DANCE PALACE SUMMER STOCK PLAYERS
Summer Stock Players, a teen theater group directed by Melissa Claire, will present a rollicking comedy for its annual summer production. Rehearsals start June 17 and are held on Tuesdays, Wednesdays, and Thursdays, from 5-7 PM. See class listing for more details. Be on the lookout for more information about these aspiring actors and their inspiring production.

Friday, Saturday & Sunday, August 1, 2 & 3, 7:30 PM / $10 general, $8 seniors, $5 teens & kids

ROBIN WALL KIMMERER, BRAIDING SWEETGRASS
Indigenous Wisdom, Scientific Knowledge, And The Teachings Of Plants
Reading And Book Signing, Presented by Point Reyes Books: Robin Wall Kimmerer is a mother, scientist, decorated professor, and enrolled member of the Citizen Potawatomi Nation. Her first book, Gathering Moss, was awarded the John Burroughs Medal for outstanding nature writing. She lives in Fabius, New York, where she is a SUNY Distinguished Teaching Professor of Environmental Biology, and the founder and director of the Center for Native Peoples and the Environment. As a botanists, Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces indigenous teachings that consider plants and animals to be the oldest teachers. The award-winning writer brings these two lenses of knowledge together in Braiding Sweetgrass.

Saturday, August 16, 7 PM / $15 online at www.ptreyesbooks.com

POINT REYES BOOKS
Barbara Whit, photographer & Michael Whit, poet
Book Release Reception for Observations
Friday, August 8, 5-7 PM, Bookstore

David Goff & Alexandra Hart, authors of The Age of Acclimatization: A Handbook for Growing Elder Culture
Sunday, August 10, 3:00 PM, PR Presbyterian Church

Robin Wall Kimmerer, author of Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants
Reading: August 16, Day-long Retreat: August 17

Film Series: “The Genius of Marian” with filmmaker Banker White
Friday, August 22, 7:30 PM, PR Presbyterian Church

For more information on these and other events visit www.ptreyesbooks.com

BOLINAS FIRE PROTECTION DISTRICT
BOARD OF DIRECTORS
SEAT OPENINGS

This November there will be an election that will be held on the 4th day of November 2014 at which the election issue to present to the voters shall be:

To elect members of the governing body of the Bolinas Fire Protection District.

Two regular 4 year term seats and one short 2 year term seat are up for election in November.

The District is interested in members who are committed to maintaining the safety of the community. Board meetings are one evening per month plus additional committee meetings. The positions offer opportunities to serve District...

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Candidates shall be registered voters.

Before a Board member may enter into the duties of his/her office, he/she must subscribe to the Oath of Office.

If you are interested in becoming a Board member of the Bolinas Fire Protection District, please contact the Fire Department at 415-868-1566 or the County of Marin Register of Voters at 415-499-6456.

FILING PERIOD:

July 14, 2014 to August 8, 2014

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FDA warns against lidocaine for teething infants. USA today, July 3rd 2014

It's hard for parents to stand idly by when their baby has a sore mouth from teething. But using prescription medicines such as viscous lidocaine may harm rather than help, the U.S. Food and Drug Administration says.

The FDA has issued a warning against using the gel-like prescription lidocaine 2% solution to treat infants and children while they're teething. Viscous lidocaine is a local anesthetic in a kind of syrup, commonly prescribed to adults to treat pain from mouth or throat ulcers that can occur during chemotherapy. But it is dangerous and potentially fatal to use on teething children ages 6 months to 3 years, according to FDA’s drug safety communications report.

Viscous lidocaine is not approved by the FDA to treat teething in infants and young children, and accidental ingestion of the drug has been shown to result in seizures, severe brain injury and heart problems in children.

Symptoms can also include jitteriness, confusion, vision problems, vomiting, falling asleep too easily and shaking. And the symptoms may increase the risk of choking or breathing in food, according to FDA’s consumer health report.

The FDA is requiring a "Boxed Warning," its strongest, to be added to the drug label.

"Topical pain relievers and medications that are rubbed on the gums are not necessary or even useful because they wash out of the baby’s mouth within minutes, and they can be harmful," says pediatrician and FDA pathologist Ethan Hausman.

The FDA found 22 cases of serious adverse reactions to oral viscous lidocaine in children in 2014. Of those, six resulted in death, three were life-threatening, 11 required hospitalization, and two required medical intervention without hospitalization.

The cases were often caused by parents giving additional doses beyond what was prescribed or applying the medicine incorrectly. Other times, the lidocaine was accidentally ingested or there was a prescribing error.

U.S. pharmacies continue to dispense lidocaine to children younger than 2. More than 36,000 children up to age 2 received prescriptions for lidocaine 2% oral viscous products from U.S. outpatient retail pharmacies in 2012, according to data collected from IMS Health, an information and technology services company for the health care industry. That accounted for about 4% of all patients who received dispensed prescriptions for lidocaine.

Two years ago, the FDA also recommended that parents not use benzocaine products to treat teething children without the supervision of a health care professional. Benzocaine is a local anesthetic and can be found in over-the-counter products such as Anbesol, Hurricane, Orajel and Orabase. Benzocaine is potentially fatal to children and can lead to a reduction in oxygen in the bloodstream, according to the FDA's consumer report.

"Teething is a normal phenomenon; all babies teethe," Hausman said in the FDA consumer health report.

THE FDA’S TIPS TO TREAT TEETHING BABIES:

- Gently rub or massage the child’s gum with your finger.
- Chill a teething ring or wet washcloth in the refrigerator for a short time. Make sure it’s cool and not cold like an ice cube. If it’s too cold, it can hurt the child’s gums. The coolness soothes the gums by dulling the nerves.
- Supervise children so they don’t accidentally choke on the teething ring or washcloth.

Submitted by: Dr. Miguel Bustamante

Bolinas & Stinson Beach Residents
MAKE YOUR VOICE HEARD!

BOLINAS STINSON UNION SCHOOL DISTRICT
COMMUNITY SURVEY
www.bolinas-stinson.org/ofopac
Your input is requested by Aug. 4th.
Questions? Contact BSUSD at 415.888.1603.
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DRY DRY DRY SEASONED FIREWOOD
Oak, Bay, Eucalyptus – Cut locally
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WANTED

KNEELING CHAIR (FOR BACK CARE)
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LOST & FOUND

LOST: BIG BUNCH OF KEYS (ABOUT 8)
including Toyota keys. In Bolinas between Bobolicious and Smiley’s. Call 415-686-2677 if found
PC 7/30

FOUND: MISTAKENLY TAKEN FROM THE BEACH
on Tuesday–small child’s blue O’Neill wetsuit w/ booties.
Please call 868-9067 to recover
KB 7/30

DID ANYONE THINK A SMALL ROUND WROUGHT
iron table on Nymph Rd, was up for grabs? I put it there for a
little girl to reach the blackberries. It was my Mom’s, I would
love to have it back. Ika-0419
IH 7/18

FOUND: CAMERA ON THE BEACH.
Call 1478 to describe and claim.
KS 7/16

MISSING BIKE: WHOMEVER “BORROWED” THE
mongoose threshold bicycle on Friday at 6pm from the People’s
store bike rack, please return it to there. I’m my transportation,
thanks… rusty handlebars, taped up seat, plastic fenders.
WM 7/14

LOST: SMALL BABY DOLL ON MESA OR
sewer pond area. About 6-7” with “love” written on her
pink/purple romper. Plastic head, feet and hands, blue eyes.
Please call 9950 if you have seen her!
EM 7/9

LOST ON MY RUN - NOT ME - MY NECKLACE,
delicate silver chain, green stone, s wire closure. 
Possibly Terrace, bike path or sewer ponds path.
Thanks so much-Anita-1566
A 7/9

CLASSIFIEDS

DRUM SET LESSONS
with Michael Pinkham
-9073

Weekly Schedule

Monday
Chiropractic Adjustments (June-August) 3:00 - 5:00 p.m.
Pilates w/Lisa Townsend (pre-register 868-0473) 6:00 - 7:00 p.m.

Tuesday
Senior Stretch W/Anna Gottreich 11:00 - 12:00 p.m.
Bo Babies & Toddlers Open Play Group (free) 1:00 - 3:00 p.m.
Pirate Pizza (Pre-order at 228-1066) 4:30 - 7:30 p.m.

Wednesday
Pilates w/Lisa Townsend 8:30 - 10:00 a.m.
Biblia en Español 8:00 - 9:30 p.m.

Thursday
USDA food bank 12 noon
Congolese Dance w/ Sundor 6:00 - 7:30 p.m.

Friday
Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.
No Place Like Home (Free Brunch 4th Fri of Month) 10:30 - 11:30 p.m.

Saturday
Soul Soup w/ Amber Hines (0-3yrs) 6/14-7/26 11:00 - 11:45 p.m.
Ballet w/ Erika Townsend 12:00 - 12:30 p.m.

Sunday
Brazilian Dance with Anna 11:00 - 12:00 p.m.
Sunday CommUnity Night (www.boccazic.org for details)

Check the Library marquee or Calendar in BCC Foyer for special events. For More Info call 868-2128 or visit www.boccenter.org

FREE

HP PRINTER AND FAX MACHINE
HP Photosmart C5180 printer/copier and a separate HP 1040
fax/printer, both in excellent condition. James -2902

CARBONATORS FOR “TWIST AND SPARKLE”
soda makers. I have about 6 left over if you have a use for them.
Kathleen -2283

HOUSING WANTED

LYNN & ANDREW SEEK HOUSING:
We are a local couple with one dog looking for a new place to
call home by August 1st. Give us a call, 415-847-1396.
With love, Lynn&Andrew*

MARTINE & KAYDON SEEK HOUSING
by mid July. Sublet, house sit or long term. Convert your
extra space to 2nd unit? 868-9016

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WANTED

SMALL OFFICE WANTED DOWNTOWN AREA
For civil engineer – 530-342-2926
PK 8/6

WILLIAM HENRY NEEDS A GOOD VEHICLE
operational with a reasonable price. 868-1782 or 233-1015
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MEDIUM SIZE METAL DOG CRATE
for 30-40 lb. dog. (to borrow or buy)
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AR 7/30

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Excellent homecare, cleaner.
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ANNOUNCEMENTS

AVAILABLE - LOVELY 6 FOOT COUCH WITH
real feather cushions and zipper covers. Also single bed with
frame and round oak table. Please call Martine 9036
MA 7/25

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JULIETTE, PAWEL & ZOE ARE LOOKING
for a house in Bolinas they can call home. 868-1418

FRI MAY 23

SAT MAY 24

SUN MAY 25

Office Hours M.W.F. 9ish to 11ish. Call 868-0138
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Ad forms in smaller mail box, slot in door
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www.11wharfroad.com

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Tele/fax 415 866-2866
www.samschousemam.com

Facility #216 801 549

People wishing to have a shower (Handicap or able, young or old) Call or turn up 10:00 a.m. Monday or by appointment

BOLINAS PEOPLES STORE

Organic, Natural & Local Food

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Fresh Sandwiches Made Daily
Tamale
Open everyday 8:30 am to 6:30 pm 868-1433

Store Open:
7 days a week
9am - 6:30pm
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Ice Cream
Vegetables
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Meat Market Open:
7 days a week,
9am to 6:30pm
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