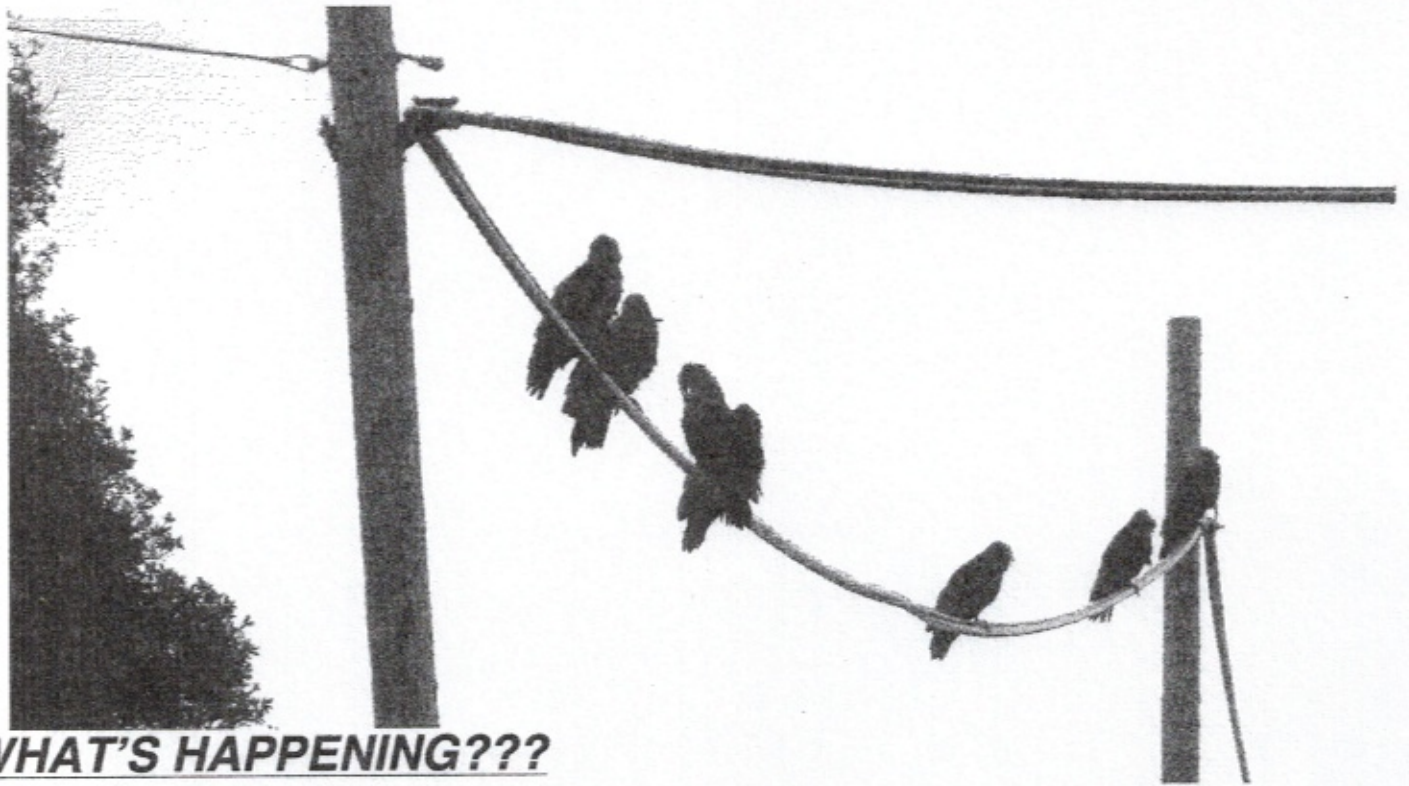


Bolinas Hearsay News

Monday, March 4, 2019

50 Cents



WHAT'S HAPPENING???

Tuesday, March 5

BCPUD FINANCE COMMITTEE

Committee meeting, 270 Elm Rd, 11am

MARDI GRAS BOLINASTYLE

parade from Community Center to dock, 4:20pm

ROBERT BLY MOVIE

"A Thousand Years of Joy" Stinson Beach Library, 6:30pm
(rescheduled from 2/26)

Wednesday, March 6

ASH WEDNESDAY

enter Lent, fast, repent, give it up, surrender

FLAGSHIP LIBRARY BUS

Visits Bolinas w/ bilingual kids activities, 1:15-2:30pm

Thursday, March 7

BCLT BOARD

Meets @ private home due to injury, 6pm. For location: 868-8880

DANNY MONTANA

Live country/blues/folk @ Coast Café, 6-8pm

Friday, March 8

SLACK TIDE CURRENTS

Acoustic coastside rock @ Smiley's, 9pm, \$5

THE HEALING KITTY CAT ANGELS

Children's play by Jerry BoJeste @ Community Center,
5:30pm doors, 6pm show, \$10-20 sliding scale

Saturday, March 9

WEED & WAVES

Learn about the health benefits of cannabis: food, art, music
& good vibes @ Bolinas Commons, 10am - dusk

BEACH CLEANUP

Hosted by Bolinas Commons & Marin Gardens Dispensary,
10am @ Brighton Beach entrance

SOUP SATURDAY

Free brunch open to all @ St Aiden's, noon

JOYCE ERTEL HULBERT

Artist-led walk through 'The Common Wheel Project,'
Commonweal, 1-2:30pm

THE HEALING KITTY CAT ANGELS

Children's play by Jerry BoJeste @ Community Center,
5:30pm doors, 6pm show, \$10-20 sliding scale

RYAN TENNIS TRIO

Soul & Afro-caribbean music @ Smiley's, 9pm, \$10

RAVENS, RAVENS ON THE WIRE
YOU KNOW THE STORM IS GONNA BE
DIRE. Photo: Curly Rigg

HAPPY HAPPY BIRTHDAY!

- March 4: Jan Tremblay
Diana Palmares
Alison Marks
Ward Young (remembered)
Carol Bennett
Alethea Patton
- March 5: Blair Harris
- March 6: Megan Gould
John Butler
Sage McCollum (remembered)
- March 7: Ralph Camiccia
Steve Wrenn (remembered)
Cynthia Putnam
Stephen McCarthy
Sofia Borg
- March 8: Roger Peacock
Dennis Dierks
Pam Fabry
- March 9: Bruce Bowser
Caleb Norton
- March 10: Winston Grant
Terry Guitar
Chandra Sherr
Anna Lee Rhea

pasteup.....Ned Riley

ads/books....June McAdams

press.....William McGovern

COMMUNITY &
CULTURAL CENTER

dance palace

For more information, to volunteer, or to join Call 415 663-1075 Save \$ by buying tickets in advance at: www.dancepalace.org

Community Awards Banquet 2019,
03/09/2019 - 5:00pm to 9:00pm
THIS EVENT IS SOLD OUT

Drawing Group 03/11/2019 - 1:00pm to 2:30pm
Drawing Group. All levels. Drop ins welcome. \$5-10 dollar donation. Bring your materials. Location: Church

Free your voice and nourish your heart by singing with friends and neighbors. A winter session of West Marin Choir meets on Tuesday nights, 7:00-8:30 pm from February 4 to March 12. Tim Weed skillfully leads this non-denominational community celebration of harmony songs, a cappella songs, folk music and spirituals. All voices are welcome, whether you're a novice seeking the support of other voices, or an experienced singer who's ready to lead others or even sing a solo. Hear the choir and learn more at www.westmarinchoir.org or call 415-663-5018.

Point Reyes Community Lunch EVERY THURSDAY - 12:00pm BY WEST MARIN SENIOR SERVICES
Break bread with friends at the community lunch every Thursday. Plus live music the first Thursday of each month. The organic food is prepared by Good Earth Natural Foods. Make reservations by 11 AM on the prior Monday. Contact the Nutrition Program Manager at West Marin Senior Services, 415-663-8148, x.104.

Sunday, March 10

DAYLIGHT SAVINGS TIME BEGINS
'Spring forward, fall back'

Wednesday, March 13

SUNITA PURI, MD
'That Good Night: On Dignity' @ Commonweal, 3pm

Saturday, March 16

HOWL:
POETRY READING & COMMUNITY OPEN MIC
Bolinas Museum, 2-4pm. Come on down, bring a favorite poem of your own or others

SEE BOTTO ON YOUTUBE!

Thanks to the fantastic Ananda and Leondro Brady the 1994 interview with Ken Botto by photographer Jack Fulton is now available to all on YouTube

www.youtube.com/watch?v=B70cHok8CjU

Linda Samuels, Trustee/Director
Kenneth J. Botto Photography Trust
P.O. Box 830
Bolinas, CA 94924
415 868-0634

kenbottophotography@gmail.com
www.kenbotto.com

Monday March 4
Last day to see Ken Botto: Photographs at the Bolinas Commons. Open 9:30-3:30 with coffee and baked goods from the CC Cafe pop-up.

WHAT HAPPENED

Intermittent Monday Morning Recap
From Jennieffeffer 3-4-19

Wow and wow again. Such a weekend of high energy community productions! Friday was the opening of writer/director/producer Jerry Bojeste's children's play "The Healing Kitty Cat Angels" with music by Roger Crissinger, and super performances by Mila and Mikaela Sabbatini, Beija Flor and Rain Noel Pinkham-Hines, Madelaine and Lucas Alfaro-Hands, and Zahra Gonzales. It was a super enthusiastic amount of flamboyant participation by all involved, and Fairy Lotus Blossom, Madeline Muir did some engaging narration. There were some guest appearances by Jerry, Aurelien Jospin, Leondro Brady, and the school's Master Busdriver-and-general can-do-everything, Ben Lawrence, and the sets were exactly what worked perfectly. Looks like everyone participated in scenery construction along with help from Marc Sanchez-Corea, David Moritz, Camille Resentera, and Zim Caroselli. Garnett Silver and Jeff Manson shared lighting duty.

If you missed it, you have two more opportunities to see it next Friday and Saturday nights. It's a delightful way to support our up-and-coming stage stars.

Unfortunately, if you missed Saturday's *HOME II* Bolinas Land Trust fund-raiser, you will not get another opportunity. Mirta's food was delicious and the narrations of "Bolinas Stories Worth Telling" were perfect, with enjoyable readings by Jon Cozzi, Patrice Daley, Howard Dillon, Anna Gade, Jane Mickelson, and David Strathairn. There was some beautiful music by Molly Maguire, Charlie Docherty and Bill Quist, and everything came together in a magical way. Thanks to Arianne Dar, Evie Wilhelm (got to love a woman who can't speak at a Community gathering without over-flowing with emotion), BCLT staff, along with volunteers and boosters of the Land Trust, there was yet another entertaining evening for a full house at Commonweal. Also, I would like to acknowledge the art work on display there in that great room, some very beautiful "wheel work" by Joyce Ertel Hulbert. Might want to check that out when you're in the neighborhood.

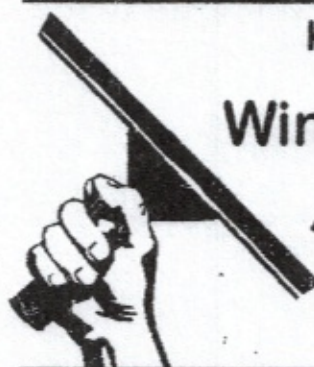
Hope we're able to recover a bit from storms. School was out a day last week due to flooding, but it hasn't seemed to slow us down. I love a town that can press on regardless. jp

New Event: Weekly Meditation Group begins
Friday March 8, 5-6 pm. Sitting period and conversation following, St. Aidan's, 30 Brighton Ave. All welcome. Come 15 minutes early if you've never done meditation before.

Thanks,
Carol

--

The Rev. Carol Luther, Voluntary
St. Aidan's Episcopal Church
Bolinas, CA
"Breathing Life over the Deep"



Ken & Sam Levin

Window Cleaning

415.663.9669

West Marin's Best

Sleep and Heart Disease

A recent study from Massachusetts General Hospital (MGH), published in the journal *Nature*, shows how getting enough sleep protects against heart disease. Insufficient sleep increases the production of inflammatory white blood cells that are known to be major contributors of atherosclerosis – the deposition of plaques of fatty material on the inner walls of arteries. Sleep helps to regulate the production in the bone marrow of these inflammatory cells. Sleep disruption breaks down the control of inflammatory cell production, leading to more inflammation and more heart disease. According to Filip Swirski, Ph.D. of the MGH Center for Systems Biology, there is a brain hormone known to control wakefulness that controls processes in the bone marrow that protects against heart disease.

Mice that had been genetically programmed to develop atherosclerosis were subjected to repeated interruptions of their sleep, similar to the experience of someone constantly waking up because of noise or discomfort. Compared to mice from the same strain that were allowed to sleep normally, those subject to sleep disruption developed larger arterial plaques and had higher levels of inflammatory cells in their blood vessels. They had a nearly two fold increase in the production of in their bone marrow of stem cells that give rise to white blood cells. A hormone called hypocretin, produced in the brain structure known as the hypothalamus, which is known to regulate sleep, was found to have an unexpected role in controlling white blood cell production. While normally produced in high levels when animals, including humans, are awake, hypocretin levels were significantly reduced in the sleep deprived mice. Dr. Swirski, an associate professor of Radiology at Harvard Medical School, plans to explore further mechanisms by which proper sleep maintains vascular health, and further explore this newly identified neuro-immune axis.

The complete article from which this column is based can be found at Science Daily, February 13, 2019.

The take home messages from this study are important. Safeguard your sleep by reducing or eliminating caffeine from coffee, caffeinated teas, caffeine containing soft drinks, kombucha, etc. late in the day. People who are sensitive to caffeine should not drink it after noon. Be careful with alcohol around bedtime as well – it can put you to sleep, but can also disrupt your sleep quality later in the night. If you have sleep apnea, take steps to control it. Sleep apnea is a serious sleep disorder – breathing is interrupted many times each night, resulting in insufficient oxygen for the brain and body. Losing weight may help. Quit smoking! Talk to your doctor about getting a device called CPAP (continuous positive airway pressure) or talk to your dentist about a dental device that may help. Wear blue blocking glasses starting an hour before bedtime, so that bright lights from your home, your TV, computer or cell phone will not reduce your natural

Healing

“The state of the world calls out for poetry to save it” L.Ferlinghetti...I had the pleasure of experiencing “The Healing Kitty Cat Angels” children’s play by Jerry BoJeste and friends on Friday, and it truly was a healing experience. Then I went on Saturday night to “feel the healing” again. A wonderful and fantastic journey through the jungle, forest and city with healing kitty cat angels, wonderful songs and a beautiful tree...a community collaboration of love and generations. Saturday morning, a couple asked me at the Freebox where to find the HKCAngels, which I saw as a metaphysical expression of the healing weaving through the fabric of consciousness. Continuing on Sunday morning, I asked Eleanor Lyman on the way to the Pt.Reyes dance what she thought. “I felt so moved, in so many ways.” When we arrived at the dance, there was a young girl serendipitously dressed in a kitty cat dress. Friday morning at Commonweal, Eric Karpeles beautifully shared thoughts of Jozef Czapski, art, and culture, a profound community affair. I am planning on writing a full article on the event, and it was recorded for the New School, so you can listen at tns.commonweal.org, once it has been posted. The cultural nurturing continues throughout March and beyond...

”Sing Hello!” L.Ferlinghetti

W.McGovern

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT

BOX 390 270 ELM ROAD BOLINAS CALIFORNIA
94924 415 868 1224



A Meeting of the Finance Committee Of The Board Of Directors
March 5, 2019 11:00 a.m.
270 Elm Road, Bolinas

Agenda

1. Call to Order.
2. Roll.
3. Draft Update of the District’s Five-Year Capital Improvement Plan.
4. Draft Fiscal Year 2019-20 Budget and related spreadsheets re: status of debt and status of reserves.
5. Community Expression.
6. Adjournment.

melatonin production as bedtime gets near. If you get up at night to go to the bathroom, wear the blue blocking glasses at that time. All these measures are important, and potentially life saving.

Sadja Greenwood sadjascolumns.blogspot.com

Minutes from the January 28th, 2019, Bolinas Fire Protection District Board Meeting

Pres. Kimball called the regular meeting of the Bolinas Fire Protection District to order at 7:00PM. Vice Pres. Chiera, Dir. Martinelli, Dir. Torrey and Dir. Molesworth were present. Also present: Chief Brown, Administrative Assistant Cadance Lynam, Asst. Chief Krakauer, Judith Shaw and Renee Emunah.

MSC Chiera/Molesworth (unan.) to approve the agenda with the modification from Chief Brown to remove item number six under general business as an action item and keep for discussion.

CHIEF'S REPORT

MEETING

Chief Brown attended the January 23rd Governing Board meeting. Topics included continuing work on customer design review of Gen II, and hiring a new Project Administrative Assistant as Alex Anderson has resigned. The Independent Audit of Measure A Funds was accepted and the Next Gen System Project Budget was updated to reflect the approval of recent change orders. This budget reflects a \$4,000,000 contingency. Work continues on the Draft SEIR and its anticipated completion is early this year.

Inspections

Bolinas Clinic - Fire and Life Safety

Planning

Ongoing-

20 Nymph Road - Demolish existing residence, new construction

324 Ocean Parkway - Addition

350 Fern - Studio addition

415 Yucca - Legalize Second Unit

380 Larch Road - New septic system, habitat restoration

210 Laurel - Legalize second unit

120 Horseshoe Hill Rd - Addition, remodel

10 Olema-Bolinas Rd - Second Unit

370 Overlook - Remodel, addition of 2nd unit

12 Olema-Bolinas Road - 2nd Unit

105 Wharf Road - Second Unit

46 Horseshoe Hill Rd - Addition/ Remodel

385 Ocean Parkway - Accessory Dwelling Unit

New

41 Wharf Rd. - Remodel

14 & 16 Canyon - Retaining Wall

Apparatus

The new U219 is here awaiting radio and code 3 equipment installations. Once that is complete, it will go back to the fabrication shop for a small list of items that need to be addressed.

E283 had its Annual Safety Inspection completed. Besides needing four new batteries, no additional problems were found.

Disaster Council

Asst. Chief Marcotte has scheduled a meeting with all of the Disaster Council Area Coordinators for February 7th at 1800. The topics for discussion include reviewing procedures, updating information and talking about evacuation plans. He is also working on plans for a local CERT recertification class and the possibility of holding a local CERT class. The CERT class is a great deal of work as the class would be 20 hours long and would require instructors from other jurisdictions while the reCERT class is much simpler only requiring one or two instructors and four to six hours.

At the request and with the guidance of Marin County OES, we will be holding a Tsunami Drill on Thursday, March 28th. The exercise will focus on alert/notification and area evacuation. It is expected to last approximately two hours. Concern was expressed for limited participation from the public on a Thursday. Staff will contact OES to see if the date could be changed to a weekend morning.

The position of the West Marin Disaster Council Coordinator is currently being advertised. So far there has been a fair amount of interest in this position. Applications/ resumes will be accepted until January 31st.

A large Animal Evacuation planning meeting will be taking place at the firehouse on February 5th proposed by Anne Sands. Asst. Chief Marcotte will organize and lead the meeting.

Training

Training began again on January 3rd. The focus has been on Safety and Storm Response, Team Building, SCBA's and Attack Lines.

District Wide Emergency Alerting Systems

Joyce Clements and Judith Shaw submitted letters expressing their support for an emergency siren system for Bolinas as a method of alerting residents of a disaster.

Asst. Chief Krakauer updated the Board on his discussions with Sentry Siren. Sentry Siren had provided a coverage map utilizing mechanical sirens. Sentry does offer the systems that utilize voice capabilities as well. We have been in contact with LRAD, Long Range Acoustical Device, which specializes in voice capable systems. You will recall Asst. Chief Krakauer attended a demonstration of the LRAD system. He found that the message carried well in some directions but not consistently. Topography and weather can degrade the message considerably. Chief Brown spoke with the Mill Valley Fire Department Chief regarding the upgrade of their siren system to an LRAD system. The system Mill Valley is installing is a different model from the one that Asst. Chief Krakauer saw demonstrated. He contacted LRAD to get information on a similar system for Bolinas. The system Mill Valley is installing has eight multi directional speakers on each pole, which could overcome problems such as topography, tree cover and weather.

Asst. Chief Krakauer received pricing information today from Sentry Siren. It is possible that one option is to place one large mechanical siren, which is tone only; on the Fire House as we already have power and emergency power, which the system needs. This could also be supported by several smaller ones in the community for areas that are not within range. The large one at the station is advantageous due to the location and the elevation. A very rough estimate is in the neighborhood of \$80,000. The voice capable system would require possibly twice as many sites due to its limited range. Asst. Chief Krakauer noted that the \$80,000 figure is very preliminary and does not include potential permitting fees, power, or site acquisition. Asst. Chief Krakauer reiterated that an LRAD system would need possibly twice as many sites. Chief Brown noted the system Mill Valley was putting in is five sirens at a cost of \$400,000 and would only cover their Wildland Urban Interface Areas. Asst. Chief Krakauer stated that the mechanical siren is tone only and would require some sort of messaging that residents could access. He noted that the mechanical sirens can penetrate topography and weather much further than the voice systems. Dir. Martinelli inquired about the activation of the system. Staff said that both systems could and should be capable of being activated remotely. This would allow our dispatch center to activate the system at our request. The voice system can have a prerecorded message delivered. Dir. Kimball inquired about the coverage, Asst. Chief Krakauer responded that with one large one at the station we may need another one at Agate Beach as well as downtown and in the Horseshoehill area. While this estimate may not cover one hundred percent of the fire district area, we believe our goal is to alert as many people as possible. The system would be another tool in a multi pronged approach for alerting residents and visitors.

At this point Chief Brown described the Mill Valley system in a bit more detail. They are currently upgrading from mechanical system to LRAD. The Mill Valley Fire Chief noted that this is one tool and is not foolproof. He is talking to his community about the need to take responsibility for their own preparedness and awareness as we are trying to do here and many communities in Marin are doing. Chief Brown expressed serious concern about a voice system as the dynamics of a fire change very rapidly and the information that may need to go out could change very quickly. She believes we need to have a conversation with the community regarding their expectations of a system. It was made clear to us during our conversations with the siren representatives that neither of these systems are intended to be heard inside people's homes. The system may not wake anyone up unless they are very close to the siren and/or their windows are open. As we've stated before if we decide to go with a siren system it is only one tool in a tool box and we still have to encourage people to register at Alert Marin and do their preparation in order to be ready to evacuate. Another concern is that we typically staff with one sometimes two people. If we get dispatched

to a fire we are quickly overwhelmed with immediate operational needs. Evacuation is always our first priority. Chief Brown is very concerned about our ability to craft a message, get it dispatched and keep it updated during an incident. She expressed concern about having an expensive system that we don't initially have the time to use. With a mechanical siren, we could set the tone off and alert residents. Either through Alert Marin or the Disaster Council, residents would receive further information and make a determination on how to proceed. Residents need to be aware of two ways out of their neighborhood, either on foot or by vehicle. We need to make a concerted effort to educate everyone about their options. It may not be a full evacuation out of town, rather, a movement of residents to a Temporary Refuge Area. It was noted that Mill Valley is different from Bolinas in that within minutes Mill Valley could have fifteen mutual aid engines on scene in addition to more employees whereas Bolinas has to wait much longer for engines from other departments.

Chief Brown stated that she believes a siren system could be a very beneficial tool for the town. It is left to be seen whether a voice system is the right choice. Mill Valley is hopeful their new system will be active by spring of this year. We would like to see how their system performs. She also believes several public meetings with the Bolinas community are very important in order to inform the public on the capabilities of a siren system and to hear what the public's expectations are of a siren system. She also strongly noted that with a siren system or not the road situation in Bolinas with the overgrowth of vegetation is a major problem and should be addressed with equal efforts. If there is a fire and residents are alerted they may not be able to get out anyway if the road is blocked by fire.

Vice Pres. Chiera inquired about other jurisdictions and what they are doing with this same issue. Chief Brown said that almost every city and town in Marin as well as the Office of Emergency Services is researching this issue. Many communities are waiting to see how the technology emerges and how the state may address this issue and/or require agencies to address this issue. Dir. Chiera said this is an important topic and he commended Asst. Chief Marcotte for convening a meeting of the Disaster Council because it is critically important for everyone to be personally prepared.

Dir. Torrey inquired as to what the decision point is for putting a system in or not. Pres. Kimball asked Dir. Torrey to hold that question until discussion was done. Pres. Kimball asked if the siren companies spoke at all about the change in technology. Asst. Chief Krakauer responded that while the mechanical sirens have been around a long time the voice systems seem to be changing as they emerge. Pres. Kimball also would like to know where other agencies/ counties are in their research. Chief Brown responded that everyone is in different stages of the process. Pres. Kimball expressed concern about making a large capital investment at a point when all the information isn't in yet. Dir. Molesworth asked whether the companies provide incentives for keeping purchased systems current if the technology changes. Chief Brown responded that she wasn't aware of any.

Discussion was had regarding how the sirens would be used. Chief Brown reiterated that a siren system would only be one option of an alert in addition to the multiple existing options including Nixle, Alert Marin, WEA and reverse 911. Even if a siren system were in place, residents would still need additional information. No one system is fail safe. Pres. Kimball stated that from a health and safety standpoint he agreed that a focus on vegetation clearing is equally as important. He also cautioned people against thinking a siren system is the ultimate solution. He echoed Vice Pres. Chiera's statement about the importance of personally preparedness and responsibility.

Renee Emunah said it makes sense that people would need to understand that a siren would be but one of many methods of alert. When she heard of the idea of a siren it made sense as another tool to be used in case of fire. Anything that could alert people to get out quickly is helpful.

Judith Shaw said that in her original discussions with the representative from Sentry Siren they spoke of the layout of Bolinas and what it would take to cover the whole area. She believed that he walked the area with staff and provided a more detailed coverage map. Chief Brown replied that they never walked the area and that the original coverage map provided was an educated guess. Asst. Chief Krakauer explained that

we would essentially have to put in what we think are enough sirens to cover the areas and then sound test it and see where we might have to fill in the gaps. Judith Shaw noted there are multiple companies in the U.S. that provide siren systems. She also noted work being done at UC Berkeley involving satellite technology for alerting neighborhoods. It seems to be a question for the Board to have a list of options that are emerging for alerting. She suggests the Board form a committee to gather the research around the issue.

Dir. Torrey asked about needs assessment for the District. Pres. Kimball feels it is important to know how a siren system fits into the entirety of emergency notification. Also, what is the capital investment needed? In order to make a decision, we need understand how this fits into other capital needs of the District including the possibility of clearing roads. We owe it to the community to keep abreast of what other agencies are learning and implementing. It needs to be a top priority but we need to be careful that we do not go too quickly in a direction while local, state or federal agencies go in a different one. Pres. Kimball also feels it is critical the issue be vetted by the community. Dir. Martinelli agreed that there is a great deal of research going on right now. He feels an investment in the roads is a more immediate need and would have a greater impact. From his experience, he has reservations about the ability of staff to do what they need to in regards to a message while they are initialing working the incident as it can and will be overwhelming with immediate needs.

Judith Shaw would like to see the roads get done and feels the issue has been dragging along.

Chief Brown stated we will continue to track the technology.

General Operations/Administration

Chief Brown attended the Marin County Fire Chiefs meeting on January 17th. Discussion focused on standardized responses to violent incidents, increasing focus on Get Ready training Countywide. (Get ready emphasizes vegetation fire preparedness and prevention.) Countywide, there is a great deal of discussion regarding the potential shift to more aggressive stances on vegetation clearing on roads and private property.

A proposed contract for bookkeeping services from Kaaren Gann's daughter, Shelly Redding, was received. After working with Kaaren for months, she will be taking over the business. The Personnel Committee will meet to review the contract and bring a recommendation to the full Board at the February meeting.

Due to extreme dissatisfaction with Bank of America, Cadance and Chief Brown are working to move the District checking account to Chase Bank. Bank of America has been unresponsive and very unhelpful in our attempts to update the signers on the account. Chief Brown met with a Chase representative to discuss a new account.

The Emergency Generator received its annual inspection with no problems found.

minutes to be continued in later editions



THREE GREAT THINGS ABOUT THIS PLACE...

- A houseful of visiting grandchildren.
- Tracking your family's DNA. Our results are in. We are, indeed, human. (We used Living DNA.com).
- Finally getting a diagnosis after two months of, it turns out, pneumonia. The antibiotics are already clearing it up.

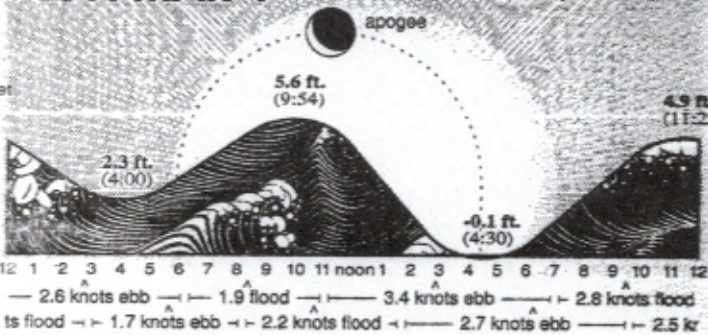
--Ned Riley

KWMR RADIO SCHEDULE

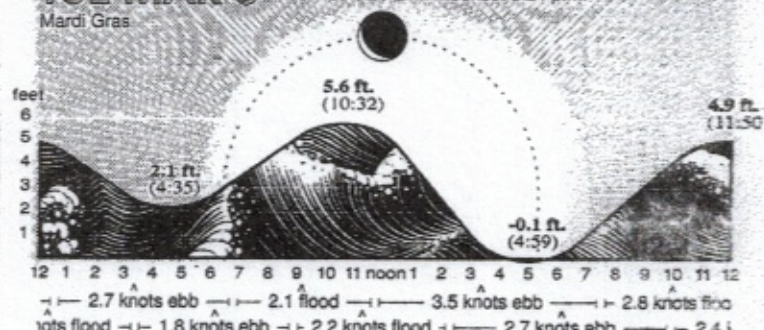
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6:00	DAWN					WEEKEND DAWN	
	Art of the Song	Early Music Now	KWMR Music	KWMR Music	KWMR Music	As It Happens (CBC)	Fiesta!
7:00	NEWS & KWMR MORNING SHOWS					MORNING MUSIC, TALK & NEWS	
	Day 6 (CBC) (repeat)	As It Happens (CBC) (repeat) National Native News	As It Happens (CBC) (repeat) National Native News	As It Happens (CBC) (repeat) National Native News	As It Happens (CBC) (repeat) National Native News	Morning Glory/ Early Music Now	Sunday Baroque
8:00	With Eyes Open! Nature Notebook	Rise and Shine	Swimming Upstream	Pieces of Peace Top of the Morning	Milk Street Radio		
9:00	A Cuppa Jo Heart of the Valley Planetary Radio	Airwaves	Trash to Treasure Fish Tales	Art Scenes / Right Now	Non-violence Radio / Infection Point	Day 6 (CBC)	Sunday Celebration
10:00	TURNING PAGES						
	At Nature's Pace	Reading to John / Specials	Waves of Joy / Magic Lantern	For Children of All Ages / Radio Book Mobile	Reader's Delight	Vida with Saga / Off-Center Sports	
11:00	TALK & CURRENT AFFAIRS						
	Ocean Currents / TrailerTalk / Bioneers	Attunement / Questing	Cuerpo Corazón Comunidad	Let's Talk	Reveal		
12 pm	Farm & Foodshed Report	On Being with Krista Tippett	Planetary Radio Making Contact	Commonweal Conversations	Alternative Radio		
1:00	Milk Street Radio	Infection Point	Climate One	Art's Desire / Hot Tech/Cool Science	On Being	Forms and Feelings	Happy Days Jazz Rhythm
2:00	AFTERNOON MUSIC						
3:00	Cruisin'	Aztec Pride / Tejano Conjunta Festival	Classical Wednesday	Classical Thursday	Classical Friday	Hawai'i Calling / Specials	Foraging with Betsy Nichols / The Kitchen Sink
4:00	Youth DJ Project / Specials	Youth DJ Project / Specials	Youth DJ Project / Specials	TeaTime Books (Coastal Airwaves)	The French Touch		
5:00	NEWS & CURRENT AFFAIRS				Happy Hour		
	Epicenter	Epicenter	Epicenter	Epicenter			
6:00	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)			
	NATIONAL NATIVE NEWS						
7:00	EVENING MUSIC						
	Release Me / Foggy Ridge Music	Musical Varieté	West County Prowl / Running With Scissors	Bakersfield & Beyond / Shorty's Bunk House	Night Flight / Bring It On Home	Celtic Universe	Along For The Ride / Between Rock & A Jazz Place
8:00	Sessions from Chicken Point / Silver Dollar Jukebox	DJ Your Life / new Trance Continental	Coast Highway Blues	Highway of Heartaches / Off The Cuff	Forms and Feelings	The Jazz Groove	Rock of Ages
9:00	Megalomedia Mélange	After Dark	Sonic Sunspots	No Bad Vibes / Prof Kozmo	Cool Jazz Countdown		
10:00							
11:00	LATE NIGHT						
	DeepWaking 12-1 Spirit & Mind 1-2 New Dimensions 2-3	Stuck In the Psychedelic Era 12-2	Sunspots to 1:30 KWMR Music	Under the Needle	Radio Goethe 12-1 KWMR Music	The Latin Alternative	Grateful Dead Hour

1/1/19

MON MAR 4 dawn 5:41 sunrise 6:37 sunset 6:06 dark 7:03
moonrise 5:52 a.m. moonset 4:28 p.m.



TUE MAR 5 dawn 5:39 sunrise 6:36 sunset 6:07 dark 7:04
moonrise 6:25 a.m. moonset 5:24 p.m.



WANTED

LOOKING TO BUY USED MINI FRIDGE,
 electric water kettle. water dispenser/crock (for big bottles)
 small rugs, lamps, string lights, small metal kitchen shelf.
 Would rather buy (cash!) from the community than order from
 online giant! Call or text Nicole (541) 554-7889

NL 2/20

LOST & FOUND

LOST: SET OF KEYS MAYBE DOWNTOWN
 or sewer pond path. Call M'Gee 415-308-6211. THANKS.

MG 1-4-19

FOUND: KEYS-ON WHARF ROAD NEAR BCC
 post box key and house key-turned into post office.

1/4/19

FOUND-KEY FOB WITH BLUE SAPPHIRE STONE "text"
 discription and were lost to JP 707-766-4337

Jeff 3/4

Classified ads that are free

As a public service, the Bolinas Hearsay News will print
 ads in the categories **LOST & FOUND, FREE** and
RIDE SHARE at no charge. Maximum approx. 20 words,
 it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on
 the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com



Regular meetings in West Marin

Lagunitas School Board	3rd Thursday	6:00 p.m.	Campus
SGV Healthy Comm. Collab.	2nd Wednesday	3:30 p.m.	Comm Center
SGV Nutrition Advisory Co.	4th Thursday	3:30 p.m.	Comm Center
Lag. Ed. Foundation (LEAP)	1st Monday	7:00 p.m.	Lag. School
SGV Planning Group	2nd Monday	7:30 p.m.	Comm Center
Dance Palace Board	3rd Tuesday	6 p.m.	Dance Palace
Point Reyes-Olema 4-H	1st Monday	6:30 p.m.	WMS old gym
Bolinas Community Center	3rd Tuesday	5-7 p.m.	Bolinas Library
Point Reyes Village Assoc.	2nd Thursday	6:30-8:00	Dance Palace
Stinson Beach Village Assoc.	1st Saturday	10 a.m.	Comm Center
W.M. Lions Club	1st/3rd Tuesday	7-9:00 p.m.	Sta. House Café
Briones Lions Club	4th Thursday	7 p.m.	Rod & Boat Club
W.M. Rotary Club	Each Wednesday	8:00 a.m.	Toby's Feed Barn
W.M. Chamber of Commerce	1st Thursday	7:00 p.m.	Sta. House Café
Shoreline Unified School Board	3rd Thursday	7:00 p.m.	Rotating
W.M./Inverness School Site Council	TBA	TBA	W.M.S. staff room
KWWR Board	3rd Wednesday	6-7:30 p.m.	Fire Station
Inverness Public Utility District	4th Wednesday	9:00 a.m.	Fire Station
Inverness Association	4th Wednesday	7:00 p.m.	Library
Inverness Park Association	Date, time and location posted at		Perry's Deli
Bolinas Comm. Public Utility Dist.	3rd Wednesday	7:30 p.m.	BCPUD office
Marin Municipal Water District	1st/3rd Tuesdays	7:30 p.m.	MMWD office
Bo-Stin Union School Board	2nd Tuesdays	6 p.m.	Bolinas campus
Stinson Beach Water District	3rd Saturday	9:30 a.m.	SBCWD office
Bodega Bay Public Utility District	3rd Wednesday	9:00 a.m.	BBPUD office
Tomaes Village Comm. Serv. Dist.	2nd Wednesday	7:00 p.m.	Town Hall
Tomaes Town Hall Board	1st Wednesday	7:30 p.m.	Town Hall
Tomaes Design Review Board	3rd Wednesday	7:30 p.m.	Town Hall
Tomaes 4-H Club	3rd Monday	7 p.m.	Town Hall
North Marin Water District	1st/3rd Tuesdays	7:30 p.m.	NMWD office
Bolinas Fire Protection District	4th Mondays	7:00 p.m.	BFPD office
Tomaes Bay Youth Center	Last Tuesdays	6 p.m.	TBYC



Weekly Classes and Events Schedule For February

MONDAY

Somatic Exercise 9:30am - 10:45 am
 Pilates Mat w/Lisa Townsend 5:30pm - 6:30 pm

TUESDAY

Elder Diaspora Dance w/Amber Hines 9:00am - 10:15 am
 Pirate Pizza: Call (415) 328-1066 to preorder 3:00pm - 7:00 pm
 BCC Board of Directors Meeting (3rd Tues of month in library) 5:00pm
 Contemporary Dance w/Lisa (teens & adults) 6:30pm - 7:30pm

WEDNESDAY

Pilates Mat w/Lisa Townsend 8:30 am - 9:45 am
 F.L.A.G. ship in front of Library (0-5yrs) 1:15pm - 2:30 pm
 After School Theater w/ Lisa 2:45pm - 4:30pm

THURSDAY

USDA Food Bank 12 noon

FRIDAY

Pilates Mat w/Lisa Townsend 9:00am - 10:00 am
 Ballet w/Erika Townsend (No class on the 22nd) 10:30 - 12:00 pm
 No Place Like Home (Free Brunch 4th Fri of Month) 12:00pm

SATURDAY

Diaspora Dance w/Amber Hines 9:00am - 10:30 am

Call 868-2128, check the Library Marquee, Calendar in BCC
 Foyer or visit www.bocenter.org for more info & special events!



ADVERTISE IN THE *Hearsay*

PROMOTE YOUR BUSINESS

REACH LOCALS AND VISITORS

SUPPORT YOUR FAVORITE
 BOLINAS NEWSPAPER

PRINT IS THE WAY TO GO

We can help you design your ad!

HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door to submit

SERVICES

AIRPORT? HOWARD DILLON HAS A 2010 SUBARU
Outback for all Bay Area (& beyond) destinations.
Many local refs 868-2144

HD X

WINDOWMAN: REPAIRS SINGLE AND DOUBLE PANE
windows, sliding glass-door rollers, screens. Reasonable.
No extra charge for West Marin. Sean 415-699-6204

SB X

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE
Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

LANDSCAPE IRRIGATION
DESIGN - INSTALLATION - REPAIR-
27 years in Bolinas. Carey Cherney
868-0411 cherney7@sbcglobal.net

CC1/30

Read the Hearsay Online

FOR 33¢ per day, more or less. Give yourself, a friend, or an expatriate member of your of your extended family the gift of local news three times per week, delivered electronically. Stay home. Save trees. Isolate. Subscribe anonymously by contacting Michael Rafferty, Publisher and Online Editor, 868hearsay@gmail.com



How to contribute to the Hearsay News in person
Come to the office at 270 Elm at Maple, behind the BPUD office on Mon's, Wed's and Fri's between 9:30 & 10:30 am to have your article appear the same day, and until 11:00 am for classified ads.

Ad forms are also available anytime in the small mail box next to the Hearsay door. You can fill out the form and have your ad billed to you, or you can enclose payment (please note on your ad if you are paying cash in case they become separated) & drop into door slot.

ANNOUNCEMENTS

AL-ANON MEETING - WEDNESDAY 6:30-7:30 PM
@ St Aidens. All Welcome

JAX

868hearsay@gmail.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or get info on how to read online or subscribe online or request a link to the password-protected website.



West Marin Branch Library Hours

Stinson Beach:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 1 to 9 p.m.
Fridays • 10 a.m. to 6 p.m.
Saturdays • 10 a.m. to 5 p.m.

Bolinas:

Mondays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Thursdays • 1 to 9 p.m.
Saturdays • 10 a.m. to 5 p.m.

Point Reyes Station:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Thursdays • 2 to 9 p.m.
Fridays • 10 a.m. to 2 p.m.
Saturdays • 10 a.m. to 2 p.m.

Inverness:

Mondays • 3 to 9 p.m.
Tuesdays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Fridays • 3 to 6 p.m.
Saturdays • 10 a.m. to 1 p.m.