

Bolinas Hearsay News

Monday, February 16, 2015

50 cents



Unattributable drawing found on an envelope sent in to the Hearsay News

HAPPY HAPPY BIRTHDAY

- February 16: Pat Tassa
Christine Borg
- February 17: Larry Freeman
Zorro Drux
- February 18: Sergio Brady
Mark Seligson
Joan Hammermann-Robbins
- February 19: Silas Weston
Jack Straton
Orion Tiller
Sandra Wikholm
Jennie Pfeiffer
- February 20: Abigail Bruce
Zim Caroselli
Stephanie Hammerman
- February 21: Meg Simonds
- February 22: Linda Samuels
Andrew Walmisley
Elizabeth Setten

WHAT'S HAPPENING?

Tuesday, February 17

COMMUNITY CENTER BOARD

Regular monthly meeting at the Library, 5pm

Wednesday, February 18

"THE MOST HATED MAN IN SURFING?"

Lewis Samuels interviewed by Steve Heilig @
Commonweal, 3-4:30pm

BCPUD (UTILITY DISTRICT)

Regular monthly meeting of the Board @ 270 Elm
Rd, 7:30pm

Thursday February 19

BOLINAS/STINSON WHITECAPS

Regular monthly luncheon meeting for Over-55
seniors @ Rod and Boat Club, 11:30am. All welcome.

RACHEL LARK

Singer/songwriter @ Smiley's, 8:30pm, cover \$5

Friday, February 20

NESHAMA FRANKLIN

Telling stories in Berkeley. Silk Road House 1944
Univ. Ave. 7-9pm free -0636 for carpool info

WAYHIGHS

Live rock jam @ Smiley's, 9pm. cover \$5

pasteup
books/ads
press

Ned Riley
June McAdams
Jennie Pfeiffer

Saturday, February 21

SHELTER OPERATIONS TRAINING

Half-day Red Cross training at Stinson Beach
Community Center, 8:30am-12:30pm. How to operate
a shelter in a disaster. Signup: S Atherton 868-1127

FREE BOX FOLLIES

Fashion Music Lights Art Bolinas Community Center
6pm Food in the Plaza @5, by Juliette in the Murch
Life Boat \$10-15 Sliding scale, Kids \$5

COSMIC MERCY

Live rock band @ Smiley's, 9pm. cover \$10

Saturday February 28

HEARTY TARDY MARDI GRAS PARTY

@ Community Center. Parade, food, music, drinks.



COMMUNITY &
CULTURAL CENTER
OF BOLINAS

dance palace

Call 415-663-1075 for more information
or visit us online at www.dancepalace.org
503 B Street, Point Reyes Station

Just a reminder to check your yards and dump out any standing water from that last rain. I found a surprising number of containers in my yard this weekend that required dumping. Otherwise, they would soon be hatching adult mosquitoes.

Stacey Henderson

Saturday February 7

Bolinas 12:32 p.m. Reporting party stated that another person had pushed them and now was outside their residence. Alleged 'pusher' was cited for battery.

Bolinas 7:13 p.m. Renter stated that there was a discrepancy between what they had paid landlord for deposit and last month's rent and wanted advice on how to address issue.

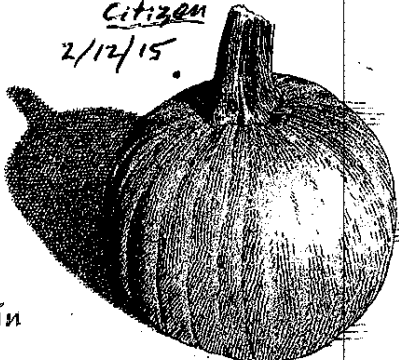
Tuesday February 3

Bolinas 9:28 a.m. Man called to report his concerns regarding a friend of his. Man believes she was drinking last night and possibly again this morning. Woman is reportedly now driving around town.

Monday February 2

Bolinas 11:32 p.m. Woman called to report that she had given an eviction notice to her roommate and now was concerned about the vibe at home.

*W. Maria
Citizen
2/12/15*



*Sugar
Pumpkin*

CALLING ALL ARTISTS

THE BOLINAS COMMUNITY IS HAVING
THE ANNUAL ART&GARDEN
FUNDRAISER APRIL 24TH-26TH.
STOP BY THE OFFICE AND PICK UP A
PANEL AND CREATE A PIECE OF ART
FOR OUR SILENT AUCTION.
DUE DATE FOR ART 4/20/15.
CALL 868/2128 OR STOP BY THE OFFICE
M-F 11-1.

Al Anon Weekly Meeting-St. Aidan Church
Wednesday 8:30-9:30 am
Diana - 9249

THREE GREAT THINGS ABOUT THIS PLACE...

- (1) The 'Love Dogs for Life' benefit/silent auction. I'm glad to say Cheryl Ruggiero did well for this excellent cause.
- (2) Sunday's BoBop dinner at the Community Center—a great way to wrap up a busy weekend.
- (3) Watching the new soccer field green up. I'm looking forward so much to playing on it,
--Ned Riley

Low Rates of Bolinas/Stinson Childhood Vaccination: A Badge of Honor or a Badge of Shame?

In a recently posted listing of vaccination rates throughout the state of California, Bolinas/Stinson is listed as having a non-vaccination rate for measles of 46%. What could this mean? If any one of these kids had been in Disneyland anywhere near the kids who were infected even two hours after they were within the same space, say for example on a Haunted House ride, on return to Bolinas/Stinson schools all of the unvaccinated children in the district would have been at risk of infection as would any of their friends in Marin who were also unvaccinated. Does the low vaccination rate in our town represent a badge of honor (we don't trust the establishment..good for us!!) or a badge of shame (we can't be bothered to be informed about the scientific truth) ? I would say neither applies. Instead, it represents the legitimate concerns that parents have had that these vaccines were potentially unsafe. Well, now we know ..they are indeed very,very safe. It is a well-researched fact by people who have no financial interest in the results. The risk of being unvaccinated and becoming seriously ill is 1000 times greater than the risk of a serious side effect of vaccination. I am sure that as the truly caring parents of our community become aware of the truth about childhood vaccination, Bolinas/Stinson will be among those districts where children are among the most well-protected.

Jeff Labovitz
Bolinas

Another Reason to Love Green Vegetables, Nuts and Olive Oil

An amazing dietary study was launched in Spain in 2003, to look at the effects of a Mediterranean diet on the prevention of cardiovascular disease. Researchers also looked at all cause mortality, diabetes, cancer, dementia and other diseases. 7000 asymptomatic participants ages 55 - 80 were selected and followed for 5 years. The subjects were divided into 3 groups - one given extra-virgin olive oil - one liter per week, one given supplemental nuts (walnuts, almonds, and hazelnuts) about 2 tablespoons a day, and one advised to follow a low-fat diet. The first two groups were instructed to follow the Mediterranean diet, high in vegetables and fruits, fish, legumes, grains, and olive oil, and low in meat and dairy products. Wine was permitted, sweets limited. The control group was instructed on a low fat diet. After 5 years, participants following the diets enhanced with olive oil or nuts had a 30% lower risk of dying from cardiovascular disease or having a heart attack or stroke, compared to those on a low fat diet. They also had less cognitive decline. These are impressive results.

Researchers also looked at the Vitamin K intake of participants in this study. People with the highest intake of foods containing Vitamin K were 46% less likely to die of cancer and 36% less likely to die from any cause than those with the lowest intake. Again - impressive results.

Vitamin K - named for the German word for coagulation - helps blood to clot by activating certain proteins made in the liver. It is found in a variety of foods, but mainly in leafy green and cruciferous vegetables. People taking Coumadin to reduce the propensity of blood to form clots are counseled to eat a consistent amount of leafy greens daily to match their dose of Coumadin.

Vitamin K has also been studied for its role in bone metabolism. A Japanese study found that people from regions where vitamin K foods were eaten in abundance had fewer hip fractures. Several other studies from Europe have shown similar results. While

Thank You StaArt
and Kathleen and all
who came on Sunday to
the Fundraiser (for new
foundation) at the Bolinas
Calvary Presbyterian Church.
StaArt entertained us with
Bolinas stories as well as
song (accompanied by
Kathleen) and there was
outstanding singing-along.
Many wonderful donations to
start off this series of
Events - March 15, next
one featuring Bill Quist,
Bach & Beyond - and a
full house.

Thank you Bolinas.
(submitted by McCalpenti)



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48 WHARF ROAD, 2ND FLOOR, BOLINAS

bringing order to your financial world

supplementation with vitamin K is not
considered advisable, eating green
vegetables is always a plus.
Sadjia Greenwood, MD past issues
:sadjascolumns.blogspot.com

New Genius on Scene
The Village Elliott: 2/15

G.M. Billy Beane's deadline blunder
Rent "Money Ball," his A's asunder.
Now new genius on scene
Is across the Bay seen;
Brian Sabean stole Beane's thunder.
Read in *Bardball: Revived Dogg'ret Arts*,
Poem I posted when Off-Season starts,
Used "New Genius" as lead
New poem Hot Stove conceived
To revive Jints Fans' "Down-Daubed Hearts."

Wrote "New Genius" in Post-Series wake
Of third flag in five years Giants make;
Year "Money Ball" blundered,
When Baseball World wondered,
"Why did "Genius" Beane make trade mistake?"

Thrice-Crowned Giants Hot Stove Headlines Made:
"Can't Lure Ace, Cuban"; "Morse, Panda Strayed,"
Billy Beane 'cross the Bay
Headlines: "More Deals Today,"
"East Bay G.M.'s Genius Is Displayed".

Also: "Sabean's Sad Serenade:
Can't Lure Free Agents, Shoots Blanks in Trade".
"New-Earned Bragging Rights Might
Fade by Opening Night,"
"G.M. Genius has Jints Fans Dismayed."

Then: "Giant's Deal Once More Upstaged"
"Latest Failure of Champs to Upgrade"
"Sabean's Crown, Fair-Won,
Tarnished," "A's Trade-Wheel Spun,"
"Beane Trumps Jints: Gain Ray's Zobrist in Trade".

Latest headlines suggest, "Though Dues Paid,
New-Crowned Sabean Can't Get Deal Made,"
"Expectations Let Down,
Pricked By Thorn-Covered Crown",
"New-Crowned Genius by Deposed Out-played".

After reading these Headlines, I'd wonder,
Did poem I wrote weeks before blunder?
In "New Genius on Scene",
Claimed Crown won fair from Beane,
But, Off-Season's Billy Beane's Thunder.
Still, despite Jint's fans Hot Stove Derision
Sabean made sound decision,
No more bloated contracts
Like "Most-Courted" attracts;
Mid-levels reload team's revision.

Though fans, big slugger, are itching,
They might as well stop all their bitching,
Sabean rather find,
Hurlers like he past signed,
Bargain Arms to bolster teams' pitching

Giants fans have enough evidence
Of G.M.'s savvy-good baseball sense;
It's not Hot Stove "Play Ball,"
But World Series "Last Call,"
That determines Champs' Title defense.

Now that Super Bowl's played, Pig Skin's done,
In two weeks, new Spring Training's begun;
All teams hope best plans laid
This Off-Season ain't strayed,
Next Post-Season ends crowned "Number One!"

I'm St. Louis born, Cards fan since Stan
Heard Flatbush Burns moan, "here comes dat Man!"
Three-plus decades root hard
For Cards in Jints' Home Yard;
Since Timmy, I'm a Dual-Franchise fan.

Giants-Cards: I can't lose either way;
Three Jints crown's; six from Card's Series play;
In Five decades since first,
Five more won, five, I cursed,
"Both-Sides-Now-Best-of-All-Worlds-Buffer".

This past Off-Season Giant's wore Crown,
I told Jint's fans, "no reason to frown,
Just relax, Man, like Stan,
Trust Brian Sabean;
Don't let Hum Baby or Dauber down".

TNS The New School at COMMONWEAL

Nature • Culture • Consciousness

February 18, 3-5 pm

Lewis Samuels

Making Waves on Both Sea and Land

February 28, 10 am - 4 pm

Christian McEwen

World Enough and Time: On Creativity and Slowing Down

March 15, 2-4 pm

Walter Murch

Bode's Law Redux: New Evidence Confirms 18th Century Conjecture on Orbital Harmonies

451 Mesa Road • Bolinas • 415.868.0970
tns.commonweal.org

Ticketing in Bolinas

In last week's sheriff's calls was a note about "too many cars to ticket" in Bolinas. In this small coastal beach community, where we are inundated with beachgoers and surfers every weekend, where we have no county required sidewalks and where families are required to walk down the middle of the street, we rely on our sheriff to at least ticket the illegally parked cars for our safety. And the published response is there were too many to ticket? Where are we to go for help?

Kathie Hart
Bolinas

At Reyes Light
2/12/15

Annual Frank Wells Award Nominations Sought

The **Frank Wells Award** (Citizen of the Year) is a yearly honor bestowed by the Briones Lions Club on one or more community members who give freely of themselves and their time (volunteers) to provide significant and positive differences to Bolinas and/or Stinson. We are looking for nominations from our community and would appreciate your ideas on who might be a good candidate for this award.

Please contact Karen Dibblee at Bolinas Hardware – 868-2900, stop by or email me at bolinashardware@gmail.com. A short paragraph describing your candidate's volunteer contribution(s) is very helpful and appreciated.

Thanks for your help –
Karen Dibblee, President – Briones Lions Club

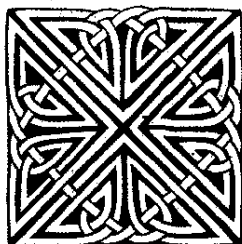
MONDAY MORNING WEEK IN REVIEW 2/16/15 Weekly Wrap and Recap from Jenniepeiffer

It was another beautiful weekend, with lots of people in town, but somehow it seemed more Community spirited, less intrusive – unless you happened to be looking for a parking place Saturday to get to the Memorial Bench installation, honoring Bolinas General Store's, John Nassrah, who passed a year ago, January 5th. Samira and the family provided a generous outdoor repast in the Downtown Park and the many towns-people gathered there had an opportunity to visit, enjoy the sunny day, and appreciate the competence and fine craftsmanship of Chuck Oakander, who sculpted the bench, along with the exquisite artistry of Terry Bell, who carved an amazing likeness of John on the back of the bench. Words of remembrance and appreciation were spoken, tears were shed along with laughter and camaraderie. It was another of those memorable Bolinas events.

Around the corner from the park, at the Bolinas Gallery, Judy Molyneaux opened her gallery space for a fund raising event hosted by Cheryl and Damiano Ruggiero, founders of the non-profit, "Love Dogs for Life, Inc." which is an amazing organization that helps provide food and vet care for dogs whose people have come on rough times. There was a silent auction of interesting items, some dog related, some humorous, some perfect for home décor, all money going to help fund "Love Dogs for Life". It was festive and well attended both Saturday and Sunday, and there was super enthusiasm for this much needed and used endeavor. If you couldn't get there, you can still support this worthy cause by visiting the website, "Love Dogs for Life," where you can make an on-line donation, or get the address if you would rather mail a check. Cheryl's homemade healthy dog treats can be purchased at *Uniquities Variety*, where we promote this excellent enterprise.

Last night was a lively and well-attended Bo BOP – Bolinas, Bring your Own Plates – dinner at the Community Center. These dinners have exploded in popularity, expanding from its kitchen table inception to major Community Feeds requiring the use of the BCC Hall to hold all the participants. All that is required beyond bringing your own plate and utensils, is a reservation, so numbers can be planned for shopping amounts. Then the cost of the groceries is divided among and between the number signing up and that is the charge. Last night there was a full house and yummy food. Thanks to Melinda Stone for her "Stone Soup" philosophy, working with an enthusiastic group of planners and cooks to bring it from farm to table.

Such a town we live in – making me very thankful this is the place I call "home". jp



Ballet for the Novice *Class Starts 3/21/15

This special program will run for five consecutive weeks for Adults and Teens, and welcomes children 7 years and older. (No matter what age, ballet begins the same.)

Ballet is the most universal of all dance forms. It provides the foundation and background upon which other forms of dance are built. Through its disciplined concentration on proper body alignment, ballet training will give you a strong graceful body. Your flexibility and balance will improve and most of all it will just make you feel good.

Cost: \$60 for the 5 (five) weeks session

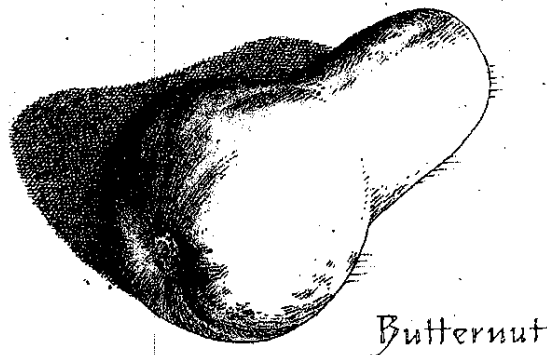
When: Saturdays, March 21 - April 18, 12:15 to 1:15pm

Where: Bolinas Community Center

Attire: Comfortable workout clothes (not baggy) and ballet shoes

Contact Erika to register:
bnetownsend@att.net H:209.523.4305
C:209.985.9852

Erika Townsend has been teaching ballet in Bolinas since the spring of 2012.



MALCOLM PONDER'S WEST MARIN TAX SERVICE

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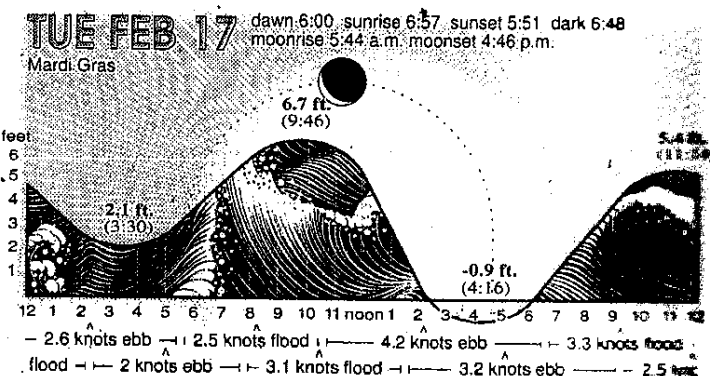
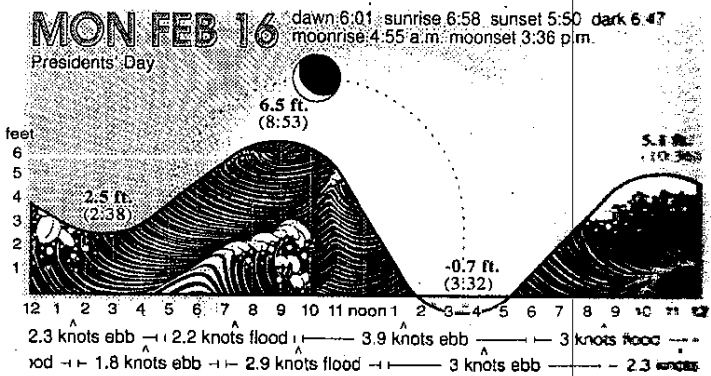
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KWMR RADIO SCHEDULE

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6:00	DAWN					WEEKEND DAWN	
	KWMR Music	Art of the Song	KWMR Music	KWMR Music	KWMR Music	As It Happens	5 am Sunday Baroque
7:00	NEWS & KWMR MORNING SHOWS					MORNING MUSIC, TALK & NEWS	
	Day 6 (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happen (CBC) (repeat)	As It Happens (CBC) (repeat)	As It Happens (CBC) (repeat)		
8:00	With Eyes Open!	A Cuppa Jo					
9:00	Park Wave-lengths / KT's Kitchen	Trailer Talk / YDP: Retro Rock Hour	Rise and Shine	Swimming Upstream	Top of the Morning / Pieces of Peace		
10:00	TURNING PAGES						
	At Nature's Pace	Reading to John / Vinyl Café (repeat)	Waves of Joy / Free Book mobile	For Children of All Ages / Readers Delight	New Libro Abierto		
11:00	TALK & CURRENT AFFAIRS						
	The Bloncers	Spirit & Mind / Questing	Alternative Radio	Philosophy Talk	nuevo Cuerpo Corazón Comunidad		
12 pm	Trash to Treasure						
	Farm & Foodshed Report	New Dimensions	new TBA	Attunement / Commonweal Conversations	new time An Organic Conversation		
1:00	Ocean Currents / Post-Carbon	On Being	Climate One	Art's Desire / Hot Tech/Cool Science	Peace Paradigm Radio / new day The Local Organon		
2:00	AFTERNOON MUSIC & TALK					AFTERNOON MUSIC	
3:00	Cruisin'.....	Aztac Pride / Dawn Chorus	Classical Wednesday	Classical Thursday	Classical Friday joining Jan 23 The Scoring Stage		
4:00	Youth DJ Project	Youth DJ Project	Youth DJ Project	TeaTime Books (Coastal Airwaves)			
5:00	NEWS & CURRENT AFFAIRS				Happy Hour		
	Epicenter	Epicenter	Epicenter	Epicenter			
6:00	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)			
	EVENING MUSIC					EVENING MUSIC & DRAMA	
7:00	Release Me	Musical Varieté	Foggy Ridge Music / West County Prowl	Bakersfield & Beyond / Shorty's Junkhouse	Friday Funk Fest		
8:00							
9:00	Barbarian Beach Party / Silver Dollar Jukebox	return Faultline Radio	Coast Highway Blues	new night Off the Cuff / Running With Scissors	Dr. Jazz Radio Programme / Magic Radio		
10:00				The Latin Alternative			
11:00	new night Forms and Feelings (repeat)	new music shows TBA	Sonic Sunspots	Best of British	Grateful Dead Hour		
12 am	LATE NIGHT					LATE NIGHT	
	Weekly Feed 12-1 KWMR Music	KWMR Music	Sunspots to 1:30 KWMR Music	KWMR Music	Radio Goethe 12-1 KWMR Music		

for 01-02-15



FOR SALE

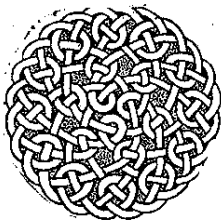
LOCAL ZONE PHONE DIRECTORIES, and LEGOS, LEGOS, LEGOS! A new shipment of Legos has arrived at *Uniquities Variety*, including the new MINECRAFT series. For those who missed the 25% off Lego sale, there are still some sale items available.

JP2/18

DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus – Cut locally
Gospel Flat Farm 868-0921

DMx



HOUSING WANTED

SHARED HOUSING OR SMALL BEDROOM

with shared kitchen wanted. I can also fix up raw space –
rent and work exchange. Una-9590

UZ X

WANTED

WANTED: SUNNY PLOT OF LAND TO RENT

where I may temporarily park an airstream. Could go solar.
Tiny home designer , Una Zakas-9590

UZ X

FOR RENT

SUMMER SUBLET JULY 28 – AUG 21

Great 3-bedroom house on Mesa, fenced yard, sunny deck,
skylights, quiet, privacy. For details, call/text 7109952

TA 2/2

LOST AND FOUND

LOST: MIGRATING UMBRELLA

Small green umbrella with wooden duck handle disappeared
downtown on Sunday, 2/8. Please call will at 246-1446
with any info. Deep sentimental value... Thanks.

WM 2/9

FOUND: UNDER COUCH CUSHIONS UPSTAIRS

- 80 Wharf –Toyota key. Call Tina -2523

TA 1/21

LOST: SMALL WOODEN HANDLED KNIFE.

Left stuck in fallen mushroom laden Oak near Steward Horse
Ranch entrance. Tree was loaded with honey mushrooms... got
so elated I spaced on having stuck my knife in the bark.
Represents meaningful aspect of my life. I can retrieve around
PRS or Bo. Email: canyon73@gmail.com

CH 1/12

LOST: SET OF KEYS – REWARD FOR THEIR RETURN!!

Lost on street near garage on Tuesday around 1pm. Big
computerized car keys on ring with many other keys. Some
have colored tops (purple, green, and amber) Please call 868-
1800 or 251-1800. Thank you, Ellen

EH 12/14

CLASSES



Weekly Classes and Events Schedule

MONDAY

Bo Babies & Toddlers Open Play Group (free) 10:00 - Noon
Chiropractic Adjustments w/ Colleen Lindstrom 3:00 - 5:00 p.m.
Pilates w/Lisa Townsend (pre-register 868-0473) 5:30 - 6:30 p.m.
Men's Percussion Ensemble w/ M. Pinkham 7:00 – 8:30 p.m.

TUESDAY

Senior Stretch W/Anna Gottreich 11:00 - 12:00 p.m.
Aerial Arts for Youth w/Joanna Haigood 3:30 – 6:00 p.m.
Pirate Pizza in Kitchen (Pre-order at 328-1066) 4:30 – 7:30 p.m.

WEDNESDAY

Pilates w/Lisa Townsend 8:15 - 9:30 a.m.
After-School Theater w/Lisa 3:30 – 5:30 p.m.
Niniitsu w/ Martin (Starts 1/14/15) 6:00 – 7:30 p.m.
Biblia en Español (Continues February 2015) 8:00 - 9:30 p.m.

THURSDAY

USDA food bank 12 noon
Aerial Arts for Youth w/Joanna Haigood 3:30 – 4:45 p.m.
Congolese Dance w/ Sandor 6:00 - 7:30 p.m.

FRIDAY

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.
No Place Like Home (Free Brunch 4th Fri of Month) 10:30 - 11:30 p.m.

SATURDAY

Diaspora Dance w/ Amber Hines 9:00 – 10:15 a.m.
Ballet w/ Erika Townsend 10:30 – Noon

SUNDAY

Brazilian Dance with Anna Gottreich 11:00 - 12:15 p.m.
CommUnity Night (see website for details) 6:00 – 9:00 p.m.

Call 868-2128, check the Library Marquee, Calendar in BCC
Foyer or visit www.bocenter.org for more info & special events!

RIDE SHARE

FREE RIDE TO LA ON FRIDAY THE 20TH NEXT WEEK.

DO I KNOW YOU? IF SO CALL ME UP AND YOU CAN
JOIN ME AND MY DOG, ROSEBUD DRIVING DOWN TO
LA. I AM NOT SURE WHAT DAY I AM COMING BACK-
MAYBE MONDAY OR TUESDAY. YOU'RE WELCOME
TO RIDE BACK IF IT WORKS OUT. VICKISA 868-0931

VF 2/16

RIDE NEEDED: GOING TO POINT REYES?

I'm looking for a ride once a week Wednesday,
Thursday or Friday. Una -9590

UZ 2 11

GOGO AND I ARE IN NEED OF A RIDE

to the vet in Stinson Beach Thursday Feb 19th
appointment at 11 am. – 9590

LZ 2/14

NEED A RIDE TO GOOD EARTH IN FAIRFAX.

Una -9590

Una 2/13



HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door

SERVICES

AIRPORT? HOWARD DILLON HAS
a Subaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

TAX PREPARATION
Susan Hewlett Johnson
868-1134

SJ 3/30

BRUSH TO MEADOW TRANSFORMATION
Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

HANDYMAN: HOME REPAIR, CARPENTRY,
painting,. Hauling too! 27 years experience. Local refs.
Steve Hill -2310

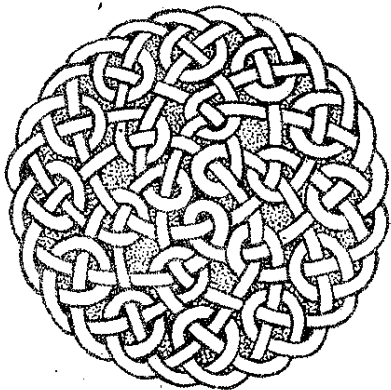
SHX

FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING
Dump Runs, Cow Manure, Recycling, Humane animal removal
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE
Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX



READ THE HEARSAY ONLINE

Tell your friends and families that they can stay connected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com
and request the password and link to the site.
Michael will put you on the list and will send you
reminders as new issues come out.

Keep reading The Hearsay News! \$50⁰⁰ per year

hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication the next
day. Or request a link to the password-protected web-
site to read online and info on how to subscribe.

HEALTH AND HEALING

CAREGIVER AVAILABLE
Excellent homecare, cleaner.
Call 868-1782 Anita & William

CH x



ANNOUNCEMENT

NEEDED- LONGBOARDS AND WETSUITS!

Help girls in SF's Hunter's Point neighborhood develop
their own relationships with the ocean through surfing.
Brown Girl Surf is accepting donations of slightly used or
easily fixable wetsuits and beginner boards for our Ocean Days
afterschool surf and marine ecology program. In partnership
with Wahine Project and Hunter's Point Family.
501c(3) tax deductible donation.

Contact Zack: zackeryfuller3@gmail.com or 909 230 1850

ZF 2/28

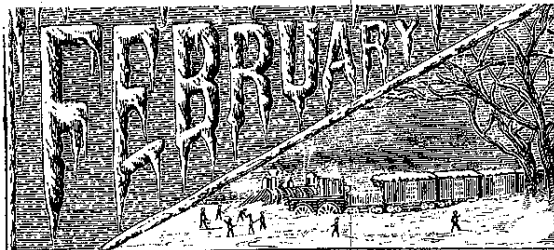
Classified ads that are free

As a public service to help the recycling of things ~ the finding
and returning of things ~ and the need for transportation, the
Bollinas Hearsay news will print for **free** ads in the categories
LOST & FOUND. FREE and RIDE SHARE.

Drop your ad through the slot in the door at our office on
the left side of the PBUD building at 370 Elm Street.

Or email to hearsaynews@yahoo.com

**Maximum approx. 20 words, will run at
least one week, often longer**



16 February

17 February

Fornacalia/Celtic tree month of Luis ends/Egyptian Day

F Roman festival of Fornacalia, festival of bread,
ovens, and the oven goddess. It is also a festival
whose observance helps plants in their coming
growing season. On this day, plants should be tended
with extra loving care.



From the Pagan Book of Days by Nigel Pennick
Submitted by June McAdams