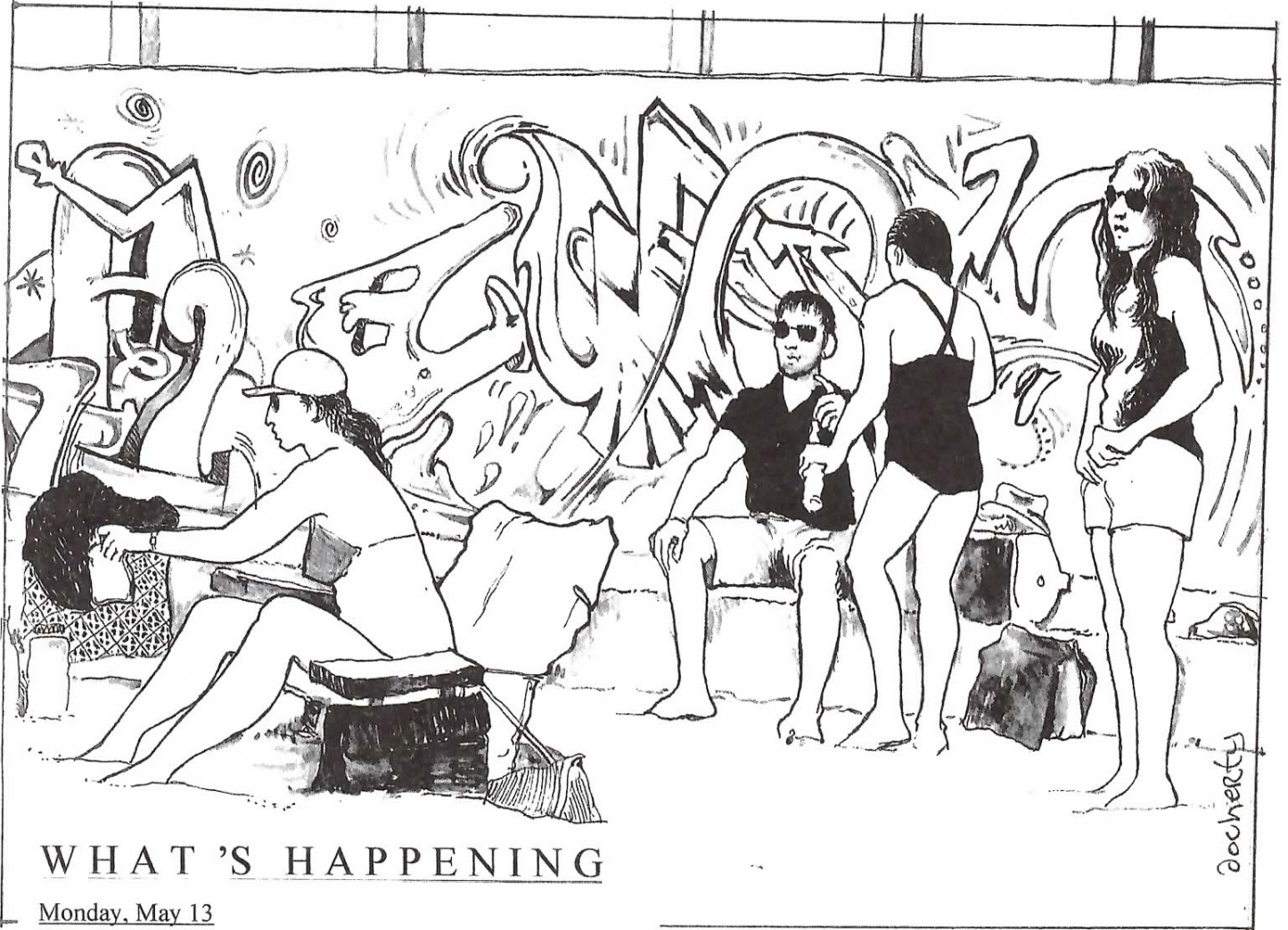


Bolinas Hearsay News

46 ¢ + tax

Monday, May 13, 2013



WHAT'S HAPPENING

Monday, May 13

MESA PARK BOARD MEETING
7pm in Firehouse Community Room.

Tuesday, May 14

COMMUNITY NIGHT

Kids' animation movie "Madagascar" @ Community Center, 5pm. Free

Wednesday, May 15

BCPUD (UTILITY DISTRICT)

Regular monthly meeting of the Board of Directors, 270 Elm Rd, 7:30pm. Agenda inside.

Thursday, May 16

CHARLIE D, MOLLY M, JEROME B

Live acoustic music @ Coast Café, 6-8pm

JAUNTING MARTYRS

Live raucous fun music @ Smiley's, 8:30pm

Friday, May 17

ETHNO-HISTORIAN DAVID CONRADA

Stinson Beach Historical Society event, Stinson Beach Community Center 7PM dessert, wine & raffle \$5-10

SAVANNAH BLUE

Live country/bluegrass music @ Smiley's, 9pm. Cover.

Saturday, May 18

REBELS WITH A CAUSE

Documentary narrated by Frances McDormand about events leading to Golden Gate Park & Pt Reyes National Seashore @ Community Center, 7pm, \$15. Incl. discussion w/ filmmakers

BESO NEGRO

Live gypsy rock @ Smiley's, 9:30pm. Cover.

Sunday, May 26

35th ANNUAL HORSE SHOW & GYMKHANA

@ Vanishing Point Ranch, 9am-5pm, Free. BBQ, fun for kids; please leave dogs home.

HAPPY HAPPY BIRTHDAY!!!

May 13: Zoe Carolyn Scott
Harmony Maia
Jack Siedman
Ned Hoke

May 14: Isabel Fine
Paul Fradelizio

May 15: Weston Robinson
Judy Dugan

May 16: Jesse Hooper

May 17: Amber DiStasi
Nick Krieger
Amy Harmon

May 18: Nancy Blanchard

May 19: Richie Spindell
Kanoa

May 20: Nina Phillips

pasteup
books/ads
press

Ned Riley
June McAdams
David Cattell

Smiley's

POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

8 2nd Prize \$25 6

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311



COMMUNITY & CULTURAL CENTER

dance palace

The Dance Palace, 5th & B Streets
Point Reyes Station

Tickets at www.dancepalace.org

KIDS MUSICAL THEATRE PRESENTS "SUESSICAL, THE MUSICAL"

The Dance Palace Kids' Musical Theatre production of the musical Suessical will be a special treat for our community. In this fantastical, magical, musical extravaganza, our favorite Dr. Seuss characters are lovingly brought to life. The colorful characters transport us from the Jungle of Nool to the Circus McGurkus to the invisible world of the Whos. This musical romp through the joys and sorrows of being a child is hilarious. **Friday & Saturday, May 17 & 18, 7:30 PM, Sunday, May 19, 3 PM / \$9 general, \$7 seniors, \$5 youth**

38TH ANNUAL DANCE PALACE SILENT AUCTION AND MEMORIAL WEEKEND CONCERT - SPONSORED BY LAGUNITAS BREWERY

All proceeds will benefit ongoing programs of the Dance Palace Community Center. Outdoors on the front lawn there will be a concert on Saturday with Quinn Deveaux and the Blues Beat Band. Sunday will feature the musical group Soul Delights. Lagunitas Brewery beer, oysters and delicious food will be available both days. The auction will include gift certificates to fine restaurants, local inns and B & Bs, one-of-a-kind vacation packages, sporting & theatrical events, jewelry, massage gift certificates, local baked treats, fine wine, musical instruments, lessons, a kayak trip, handy-man work for a day, fine art, Dance Palace classes, and so much more.

Saturday, May 25, 11 AM - 5 PM / Admission \$20 general / \$18 seniors, \$10 youth

Sunday, May 26, 11 AM - 5 PM / Free / optional donation \$5 to \$10

from Dakar

Dance party on the next Monday 5:00pm

on the next Monday

for Carlos, Peter Lee, Rick Klaus, Bill Spessard, Garry Cullen

and each of the dancing teachers

and each person that does not make it worse

in situation of trafficking right-a-way

that it is called your right to any experiences and not steal.

Sandwiches will be served at 5:00 p.m. Raisin bread

with french mustard and cheese. ~~and drinks~~. and drinks.

Somehow there will be music.



Balancing Act
BOOKKEEPING PLUS

Christine Cunha, Owner
415.868.2700

- Full-Charge Bookkeeping
- Payroll
- Year-End Prep
- Mail Service
- Plus More...

Confidentiality Assured

48 WHARF ROAD, 2ND FLOOR, BOLINAS

bringing order to your financial world

THREE GREAT THINGS ABOUT THIS PLACE...

(1) The blues and BBQ night at the Community Center on Saturday. Dylan Squires, Ethan Okamura, Danny Vitali and Michael Pinkham put on an amazing show.

(2) The Farmstand, and the Star Route produce truck — drive-by vegetables!

(3) Having Skitty back with a new lease on life. Who knew one small dog could wrench your heart so many ways?

--Ned Riley

Remembering Bolinas

You cannot simply explode back into town
in the same way you left it -
hauling around a pile of miraculous stories
in a shopping cart with one missing wheel.
Instead, you slip in through the side door
of a new haircut, ten years passed -
the ludicrous presumption of dark shades -
or toting a child
yet introduced at the Sun Festival.
You pretend perhaps
that the road does not remember your feet,
or how it had carried you
on so many aimless nights
home.
But this peculiar sun
made bold by the community's arms
forever holding it afloat
knows you.
A friendly face recalls.
And only the small whimper
of having left
betrays your belonging.
Remembering Bolinas,
one is reminded of their heart.

- Danielle Vantress Salk

BOLINAS LAGOON BYLAWS

Supervisors approved the governing by-laws of the 12-member Bolinas Lagoon Advisory Council, created in 2012 to replace the technical advisory committee. The simple, four-page document provides for two-year terms of officers, a president and vice-president, with no more than two consecutive terms. There will be a seven-member quorum. An annual meeting "may" be held to update the public on the status of the restoration and other "relevant" information. Two regular meetings are required under the bylaws, in April and October.

Members who have been appointed since the Council was formed are: Ed Ueber (at-large), Ralph Camiccia (Bolinas), Lesly Robinson (Stinson Beach), Kieren Niederberger (Seadrift Homeowners Assoc.), Rudi Ferris (Bolinas Rod and Boat Club), Joe Mueller (College of Marin), Daphne Hatch (Golden Gate National Recreation Area), Maria Brown (Gulf of the Farallones), Gwen Heistand (Audubon Canyon Ranch), Lynne Stenzel (Point Reyes Bird Observatory), Brannon Ketcham (Point Reyes National Seashore), Linda Dahl (Marin Parks and Open Space general manager).

West Marin Citizen 5/19/13

MESA PARK BOARD MEETING
May 13, 2013 7:00 PM
Bolinas Firehouse

Call to Order
Members present
Community Expression:
BCPUD request to store asphalt grindings
on MP lot this summer

WEEKLY WRAP & RECAP 5/13/13

From Jennieffeffer

IT WAS ANOTHER PACKED WEEK. ENDING WITH A LOVELY MOTHER'S DAY SUNDAY when I spent the day enjoying being a mother and grandmother. Hope all the moms out there had a happy day.

The week started at our house Monday with the launch in earnest of a major spring cleanout. The early morning sunrises have been getting me up and out early, so seems the perfect time to rearrange it, throw it out, or recycle it. Took a lot of stuff down to the Saturday Sidewalk Sale and felt righteous.

Tuesday was a full day, with a Green Team meeting at school in the afternoon, where Heather Clapp put together an excellent presentation for staff on the Edible School Yard, and ways to integrate a hands on gardening project into the core subjects of science, math, the social sciences, and language arts. We don't have a full on biology/science program, so this would be a much needed umbrella for getting more science in the classroom.

Later in the day, the Board of Trustees had our regularly scheduled monthly meeting. There will be a report on this at the school's website, and a bit of a recap in the backpack mail. It has become clear that there needs to be a better venue for parent input on school issues, and there was conversation about revisiting the PTO possibility. There are still concerns about the middle school program, as one example, and it would be good to have an opportunity for parents to discuss their thoughts.

Friday night Ned and I played a little music with friends at the San Geronimo Cultural Center, for their annual spring art show. This is always a wonder exhibit, and I would suggest a stop in to see it on one of those trips through Lagunitas on the way to Fairfax and beyond.

As always, the weekend offered more events than one could possibly fit into the schedule, but I did get to the Blues and Barbecue night Saturday at the Bolinas Community Center, and it was a magical evening with delightful decorations, marvelous music (High Tide Blues Band - be sure to catch them when you can if you missed them), and fantastic food by the Pirate Pizza crew, only this was no casual pizza night, this was slow cooked barbecue for the meat eaters, along with garlic mashed potatoes and scrumptious salad for all. Lia & John Sabbatin put on an excellent dining event with big support from Tanva, Ida, and Susie Stewart on desserts, and Randi herding the Center Board cats and volunteers for support. It was a wonderful evening and there was food for many more mouths. Try not to miss the next opportunity for John's culinary expertise. Press on Regardless with your marvelous Mavhem. Jp

Downtown Park:
Vote to adopt the full county ordinances for both the Downtown Park and the park adjacent to the Firehouse/Clinic

Maintenance Report
Irrigation Report
Treasurer's Report
Approve Warrants
Other

Up-date on election status:
Vote to place MP parcel tax measure on Nov. ballot
Approve Minutes
Next meeting
Meeting adjourned

Submitted by Jane Mickelson

Go to Health: Protect your GI tract!

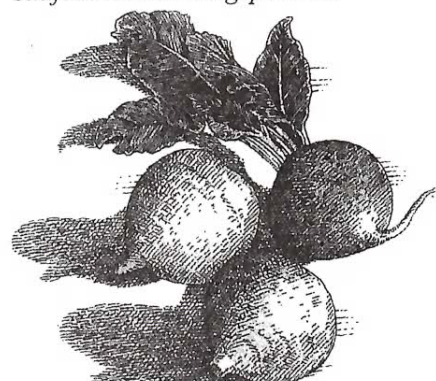
There has been a lot of 'stomach flu' in our community this year – actually it is not flu, and is not caused by the influenza virus, which affects the respiratory system. We can call it gastrointestinal disease (the GIs) indicating that it affects the stomach and intestines. The most common cause of the GIs is the norovirus – a group of viruses that cause inflammation of the stomach and large intestine, leading to nausea, vomiting, diarrhea, stomach cramps, low grade fever, headache, muscle aches and fatigue. There is no specific treatment for this disease, but it is vital not to become dehydrated; if you are affected, drink water, diluted fruit juice, and clear soup with some salt or miso. You should recover in 3-4 days, but some cases have lasted longer. Babies and young children can get dehydrated fast – so contact your doctor immediately if your child has serious vomiting and diarrhea. People who are frail or have weakened immune systems should also see their doctor promptly. Prevention of norovirus infection includes avoiding people with the GIs – this virus is highly contagious from handshakes, air droplets, surfaces and food. Wash raw fruits and vegetables carefully. Although the virus is not always destroyed by heat, you should still cook food carefully and completely, and definitely stay away from raw oysters and ceviche if you are determined to avoid getting sick.

Bacterial contamination of food is another serious source of GIs, with resistance to antibiotics a growing problem. Three quarters of antibiotics used in the U.S. are given to animals, not people. They are given to sick animals, and to prevent healthy animals from becoming sick. Antibiotics are also given routinely, to stimulate growth, since animals given low doses of antibiotics grow more quickly on the same amount of food. However, bacteria in the intestines of these animals become resistant to antibiotics, and are excreted in waste. Entering water and soil, they are found on fish, fruits and vegetables. They colonize the GI tracts and skin of farm workers and food processors. They are found in animal meat. They spread to the human population, who may develop antibiotic-resistant infections.

The FDA, the CDC (Centers for Disease Control), and state public-health labs monitor chicken, ground beef and turkey, and pork chops at retail stores nationwide. The percentage of chicken contaminated with salmonella rose to 12% in 2011. More than a quarter of infected samples were resistant to at least five samples of antibiotics.

Here is what you can do: have thoroughly cooked meat and fish when eating out. Forget about medium rare hamburgers unless you are certain the meat is organic. Wash raw vegetables carefully before eating, and know where they were grown, to avoid contamination from nearby factory farming of animals. Avoid fast food restaurants with the exception of Chipotle Mexican Grill, which says it never sells meat from animals treated with antibiotics. Whole Foods makes the same pledge. Niman Ranch, Marin Sun Farms, Applegate organics, Rocky and Rosie chicken and some other companies are also antibiotic free. Organic poultry and meat is less likely to harbor resistant bacteria as organic standards ban meat and fish given antibiotics.

Elderly people in nursing homes are especially vulnerable to illness from antibiotic resistant bacteria. They can benefit – and people of all ages can benefit – from a daily dose of probiotic bacteria. These are healthy bacteria that will colonize your intestines with good organisms which help to fight off the resistant bacteria. I recommend the Jarrow brand of probiotics being sold locally at the People's store. There are many other reputable supplement companies – but these are right at hand! We have 3 or more pounds of bacteria in our colons, helping us by digesting fiber and creating important vitamins such as vitamin K and B12. They thrive on the residues of vegetables and fruits, with lots of fiber. These bacteria, and those on our skin, are called the microbiome. Take care of your microbiome, people!
Sadja Greenwood, MD back issues at sadjacolumns.blogspot.com



Beet

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT
 BCPUD BOX 390 270 ELM ROAD BOLINAS
 CALIFORNIA 94924 415 868 1224



A Regular Meeting of the Board of Directors
 May 15, 2013 7:30 p.m.

SAN RAFAEL *Marin IJ* 5/9/13

Art Works names top executive

By Megan Hansen
 Marin Independent Journal

Art Works Downtown, a nonprofit art center in San Rafael, has hired its first executive director to take the reins Monday.

San Francisco native Elisabeth Setten, 47, will manage the center's day-to-day operations and work with the center's board of directors in her new role.



Setten

Setten said she's thrilled to be joining the art center.

"It's just very vibrant and the potential is very exciting on a community level," Setten said.

Art Works Downtown includes three galleries, 31 artists' studios, 35 resident artists, 50 associate artists, four retail tenants and 17 affordable housing units.

Setten said the affordable housing aspect of the center intrigues her, as does the art center's mission to be a sustainable nonprofit.

Sandy Greenblat, Art Works Downtown president, said Setten was one

of 31 people who applied from all over the world for the position.

"She was a unanimous choice from a four-person panel," Greenblat said. "We're delighted she's coming."

Setten has worked for the past two years with the University of Georgia's Latin American and Caribbean Studies Institute. She has worked with media communication companies and in the book printing industry. She also spent two years in Mexico working with artists.

Setten holds a bachelor's degree in studio arts from the University of California and a master's degree in mass communications from Boston University.

Greenblat said the organization is looking forward to working with someone who has communications training and can alert the community to all the art shows, events and happenings at the arts center.

"We need a better outreach than we had before," Greenblat said.

Contact Megan Hansen via email at mhansen@marinij.com or via Twitter at <http://twitter.com/hansenmegan>

1. Call to Order.
2. Roll.
3. Manager's Report.
 - Update on the Terrace Avenue Water Main Relocation Project.
 - Update on the Terrace Avenue Bluff Stabilization Project
 - Update on the Wastewater Treatment Plant Pump Station and Electrical Upgrade Project.
 - Drainage Project Manager's Report.
4. Community Expression.
5. Expanded Water Use Permit Application – 23 Rafael Avenue (J. Coen).
6. Shelter Agreement with American Red Cross (to Use the BCPUD Building on a Temporary Basis as an Emergency Shelter During a Disaster).
7. Memorandum of Understanding between the BCPUD and the Bolinas Fire Protection District Regarding Shared Personnel for the Purpose of Emergency Response.
8. Asphalt/Concrete Grindings from Marin County Department of Public Works 2013 Paving Projects in Bolinas.
9. Report on Chlorine Disinfection Byproducts in the BCPUD's Drinking Water; Staff Recommendation for Implementation of Nano-Filtration Pilot Project at Woodrat Water Treatment Plant.
10. Review Expanded Water Use Permit Limits and Historical Actual Water Use.
11. Revised Balance of Proceeds from District's Sale of its Pine Gulch Creek Property to the National Park Service; Staff Recommendations for Allocation of Funds.
12. Update on Water Supply Augmentation Project.
13. Volunteer Committee Reports
 - Alternative Energy:
 - Bolinas Lagoon Advisory Committee:
 - Community Path Update:
 - Downtown Parking & Traffic Committee:
 - Resource Recovery:
 - West Marin Mosquito Control Coordinating Council:
14. Other Business
 - a. Board Committee Reports
 - Finance: Report on Draft Fiscal Year 2013-14 Budget; Minutes of the May 7, 2013 Meeting of the Finance Committee; Fiscal Year 2012-13 Audit Engagement Letter from Doran & Associates.
 - Legal:
 - Mesa Septic, Flood Control and Roads:
 - Operations:
 - Park and Recreation:
 - Personnel:
 - Sewer:
 - b. Minutes of the April 17, 2013 Regular Meeting.
 - c. Warrants
 - d. Scheduling of Next Meeting(s)
15. Adjournment.

Hear Ye, Hear Ye!
 Calling Underwriters across the land...

**Please join KWMR Radio for
 Our Second Annual
 Underwriter Appreciation Event**

**Thursday May 23rd
 5:00-7:00 pm**

**at the Blackbird Café
 12781 Sir Francis Drake Blvd.
 Inverness, California**

**Come enjoy snacks, prizes, and the company
 of your fellow Underwriters!**

Thanks to Blackbird Café for their support of this event.

Please RSVP to Mia by Friday May 17th
mia@kwmr.org / (415) 663-8068 x106

We ♥ UW



90.5 FM + 89.9 FM
WWW.KWMR.ORG

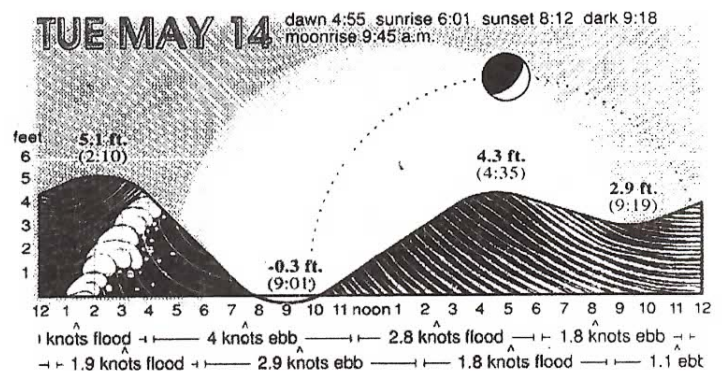
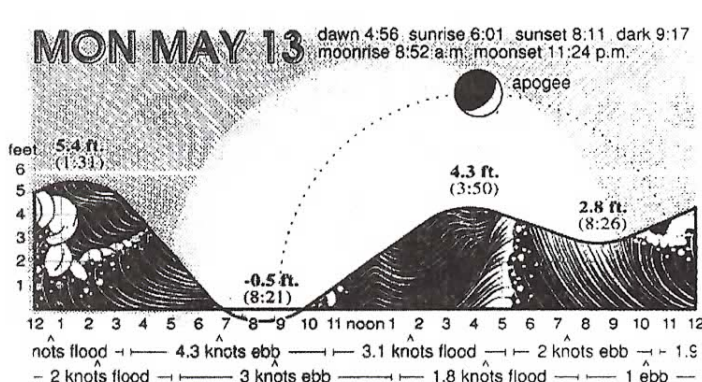


	Mon	Tue	Wed	Thu	FRI	Sat	Sun
6	DeepWaking 12-1 am KWMR Night Music	Weekly Feed 12-1 am KWMR Night Music	KWMR Night Music	S Sunspots to 1:30 am KWMR Night Music	KWMR Night Music	Grateful Dead 12-1 am KWMR Night Music	Radio Goethe 12-1 am KWMR Night Music
7	Day 6 (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	As It Happens (CBC)	6:00 am As It Happens Morning Glory	KWMR Night Music Daybreak
8	With Eyes Open! Peter Asmus Park Wave-lengths L. Farley	Local.org Paul Fenn Charles Schultz	Rise and Shine Mary Siedman Amber Distasi	Swimming Upstream Amanda Eichstaedt	Morning Blunder Howard Dillon Charlie Docherty	Barrio Vibes Solange Echeverria	# Gregory DeMascio # Anneke van der Veen
9	KT's Kitchen	Airwaves Raul Galiyot	Fish Tales David Cook	Specials TBA	Solange Echeverria	Vicarious Traveler Vicki Leeds	Original Minds Elia Haworth
10	Turning Pages # Janet Robbins # Lyons Filmer	Turning Pages # Neshama Franklin # Vinyl Café (repeat)	Turning Pages # Joy Maulitz # ViewPoint (repeat)	Turning Pages - Kerry Livingston - Specials	Turning Pages # Bilingual Storytime # Specials TBA	NEW SERIES Climate One	# Guest Hosts 10 am BirdNote
11	Open House The Bioneers	#1/#3 Specials TBA #2/4/5 Questing Calpestri & Mickelson	The Bioneers (repeat) Making Contact	An Organic Conversation	Nuestros Niños	Viewpoint Ellen Shehadeh	The Place We Live Marc Matheson
12	The Farm and Foodshed Report Robin Carpenter	New Dimensions	Alternative Radio	Attunement Anthony Wright	Commonweal Conversations	Specials TBA # Airwaves (repeat) # Tamas (repeat)	Forms and Feelings Happy Days Marcie Judelson
1	West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Santiago	Spirit & Mind Anthony Wright	Your Own Health & Fitness	Philosophy Talk	NEW Peace Paradigm Stephanie Van Hook NEW DAY Transition to Peace R. Faure-Brac	Jim Bennett	Jazz with Kendrick Rand Jazz Rhythm LAST SUNDAYS
2	Cruisin'..... Rick Clark	What's New? #1 Jimo #2-5 Specials	Classical Wednesday #1/5 Specials #2/4 Chris Breyer #3 Susan Deixler	Classical Thursday # Susan Santiago # Jeffrey Wilkinson	Classical Friday #1 S. Henderson #2/4 N. Masonson	# Hawai'i Calling Susanna Henderson	Riverwalk Jazz
3						# World Music with Professor Kosmo	The Vinyl Café (CBC)
4	# Aztec Pride Jorge Ramirez # Youth DJ Project Anna Kositzin	Art of the Song	Krista Tippet On Being #5 Coastal Airwaves Vickisa	TeaTime Books Mimi Calpestri Howard Dillon	#3/5 Specials	Circulo musical Jesus Martinez	Learnin' Kirven To Hell & Bach Brian Kirven Beth Underwood
5	Moyers & Company	Sabrina Artel's Trailer Talk NEW SERIES Live Wire! Radio	Open House Epicenter: West Marin Issues #1 Pt Reyes Dialogues Last: WM Political Reps	Open House: Tamas de inmigración; Story Shed # Art's Desire # Hot Tech/Cool Science	Happy Hour		
6	Trash to Treasure Madeline Hope	Musical Varieté Charlie Morgan	Foggy Ridge Music West County Prowl	Bakersfield & Beyond Mike Varley & Amanda Eichstaedt	Shorty's Bunkhouse Shorty	The Celtic Universe # Loretta Farley # Lyons Filmer	Ears Akimbo's Elbow Room Between Rock and A Jazz Place Paul Flowerman Grey Shepard
7	Release Me...New music Amanda		Will Minor Jeff Manson			Friday Funk Fest	
8	El Barrio	Faultline Radio Jaimo Crespo	Coast Highway Blues Larry Rippee	L.A. Theatre Works Contemporary and Classic Drama		Fairfax Funkateer	Rick's Jazz Café Greg's Groove Choose Your Own Adventure The Kitchen Sink
9	Gus Conde					Magic Radio Chris Breyer	Rick Clark Gregory DeMascio Fred Smith Patrick Kleeman
10	Monday Night Mixtape	NEW Barbarian Beach Party Katie Eberle	Sonic Sunspots Tony Palmer	NEW Best of British Unsigned New music from the UK Professor Kosmo plays....		Saturday Night Function # Marc Matheson # Jeff Wilkinson	Stuck In the Psychedelic Era with the Hermit
11	Jacoba Charles	Professor Kosmo plays.....					

Office 415/663-8068

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BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

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Insured #676377 Steve Ryan 868-1584

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HANDYMAN: HOME REPAIR, CARPENTRY,
painting,. Hauling too! 27 years experience. Local refs.
Steve Hill -2310

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- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

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AIRPORT? Howard Dillon's fast, comfortable, car for all
Bay Area pick-ups, early or late. Many satisfied local refs.
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• WESTERN UNION • ATM & CREDIT CARDS

COLOR COPIER (B&W too)

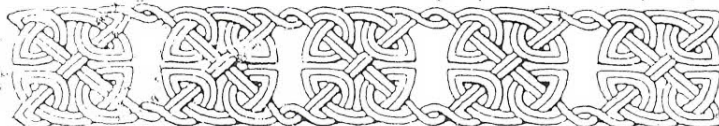
41 Wharf Rd., Bolinas 415-868-1311

"I can see again!"

CLEAR LIGHT WINDOW WASHING

Call Dale - 0782

DP 5/15



HEALTH AND HEALING

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increased flexibility and function too. Through gentle, effective
path of Ortho-Bionomy. Fridays in San Rafael. Sara Sunstein,
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SS 5/31

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Compassionate and Skilled
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Coastal Marin Only
More than 39 years nursing experience
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CAREGIVER AVAILABLE
Excellent homecare, cleaner.
Call 868-1782 Anita & William

CH x

Free Ads are now Free

As a public service to help recycling of things in Bolinas and to promote the Hearsay News we will now print ads for things you are giving away for free. Drop your ad through the slot in the door at the left side of the PBUD building at 370 Elm Street.

Or email to hearsaynews@yahoo.com

Maximum 20 words

FREE

CHICKEN COOP

Old but sweet. You haul it please.
Annabelle 0831

AL 5/17

Bar-B-Que

415-847-3585.

PB 5/15

FREE

Couch-decent shape, denim covered-blue. Help available to move it. Call Gina @ 0428.

GA 5/13

hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.

MAY

13 May

Lemuria/Servatius/Celtic tree month of Huath commences



14 May

St. Bonifatius/Runic half-month of Ing commences



The male consort of the Earth Mother goddess Nerthus, Ing is the god of the hearth and his rune, the symbol of light, the firebrand or beacon that spreads its light far and wide. This time of year expresses the energy-potential of summer and its capacity for abundant growth.



15 May

Maia and Mercury/Vesta/Cold Sophie/Ides of May/Goddess month of Maia ends/Egyptian Day



Today is sacred to the month goddess Maia and her son Mercury, and also to Vesta (right), goddess of the hearth and eternal fires. On the Ides of May, the vestal virgins, the ancient Roman priestesses of Vesta, performed a rite intended to regulate the water supply for the coming summer. In southern Germany this is the day of Cold Sophie, when extra-cold weather is expected and needs to be counteracted by appeals to the goddess of fire and warmth.





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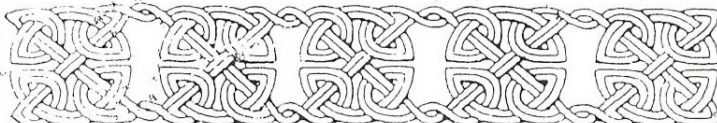
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MAY

13 May

Lemuria/Servatius/Celtic tree month of Huath commences

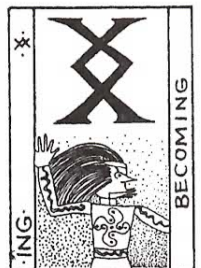


14 May

St. Bonifatius/Runic half-month of Ing commences



The male consort of the Earth Mother goddess Nerthus, Ing is the god of the hearth and his rune, the symbol of light, the firebrand or beacon that spreads its light far and wide. This time of year expresses the energy-potential of summer and its capacity for abundant growth.



15 May

Maia and Mercury/Vesta/Cold Sophie/Ides of May/Goddess month of Maia ends/Egyptian Day



Today is sacred to the month goddess Maia and her son Mercury, and also to Vesta (right), goddess of the hearth and eternal fires. On the Ides of May, the vestal virgins, the ancient Roman priestesses of Vesta, performed a rite intended to regulate the water supply for the coming summer. In southern Germany this is the day of Cold Sophie, when extra-cold weather is expected and needs to be counteracted by appeals to the goddess of fire and warmth.

