

Bolinas Hearsay News

Monday, March 5, 2012

46 ¢ + tax



“Bolinas Ridge to Pt Montara” (2004) woodcut print by Tom Killion

WHAT'S HAPPENING?

Monday, March 5

MESA PARK

Board of Directors meeting, BCPUD meeting room, 270 Elm Rd., 7pm. (Please note change of place.)

HOME GROWN: JAMES FOX

Founder of Prison Yoga Project; discussion & DVD @ Firehouse, 7:30pm

Tuesday, March 6

BOLINAS-STINSON SCHOOL DISTRICT

Regular monthly meeting of the Board of Trustees. Bolinas Campus Library. Open session @ 6:30pm

Wednesday, March 7

DALE POLISSAR TRIO

With Si Perkoff, keyboard, & Piro Patton, bass. Panama Hotel, #4 Bayview, San Rafael, 7-10pm

Thursday, March 8

FULL MOON

2:41 am

PHIL RICHARDSON

Strumming wonder @ Coast Café, 6-8pm. Food & drinks specials.

AKRON ENGINE

New band showcase @ Smiley's, 8:30pm

Friday, March 9

TOM FINCH GROUP

Live reggae, Latin, rock music @ Smiley's, 9pm. Cover

Saturday, March 10

LUNATIQUE FANTASTIQUE

Learn to animate anything smaller than the kitchen sink, a free workshop at the Stinson Beach Library, 10am-noon, also March 24, call 868-0252 to register.

SOUP SATURDAY

Free community meal @ St Aidan's, noon-2pm. All welcome. To volunteer: cmontgomery299@gmail.com

MONOPHONICS

Live big-band funk @ Smiley's, 9pm. Cover.

Sunday, March 11

DAYLIGHT SAVINGS TIME BEGINS

Turn your clock forward one hour.

AUDUBON CANYON RANCH

Third annual West Marin Community Day @ Martin Griffin Preserve, 10am-2pm

IRENE BORGER

Ten Thousand Joys and Ten Thousand Sorrows: a conversation & a little time to write 2-4pm @ Commonweal 451 Mesa Rd. RSVP to TheNewSchool@commonweal.org

Saturday, March 17

ST PATRICK'S DAY

Tuesday, March 20

VERNAL EQUINOX

1:14am

Sunday, March 25

CLOSING RECEPTION

Christine De Camp residency @ Bolinas Gallery, 2-5pm

HAPPY HAPPY BIRTHDAY!!!

March 5: Amy Lewis (remembered)

March 6: Megan Gould
John Butler

March 7: Ralph Camiccia
Cynthia Putnam
Stephen McCarthy
Sophia Borg

March 8: Roger Peacock
Dennis Dierks
Pam Fabry

LIVE MUSIC AT THE BEACH

Fri., Sat. & Sun Nite **March**

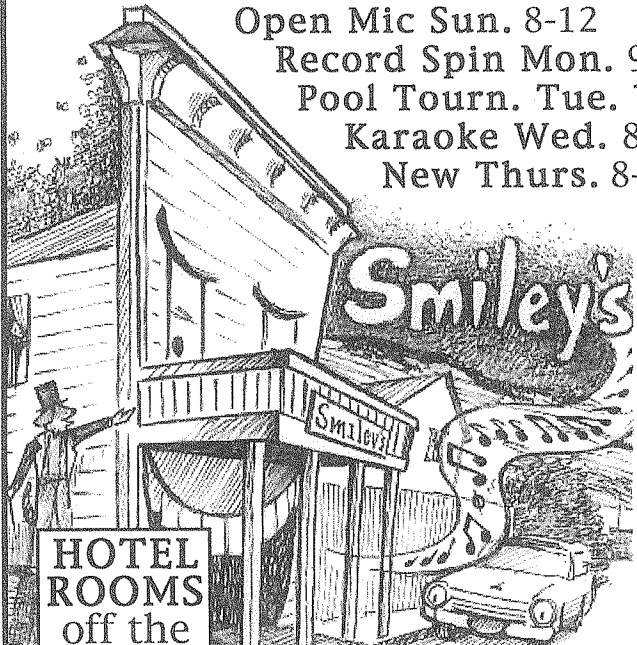
Open Mic Sun. 8-12

Record Spin Mon. 9-12

Pool Tourn. Tue. 7-11

Karaoke Wed. 8-12

New Thurs. 8-12



Thurs. March 1, from Hawaii

singer songwriter **MATT BOLTON**

Fri. March 2, 9-1, psych rock **THIRD THURSDAY**

Sat., Mar. 3, 9-1, roudy folk fusion **MAD MAGGIES**

Sun. March 4, **OPEN MIC w/Diana**

Mon. March 5, 8-12, reggae, spin, **Monday Night Live**

Wed. March 7, 8-12 **LARRY'S KARAOKE**

Thur. March 8, 8-12, **AKRON ENGINE**

Fri. Mar. 9, 9-1, reggae, Latin, rock **TOM FINCH GROUP**

Sat. March 10, 9-1, big band funk **MONOPHONICS**

Sun. March 11, 8-12, **OPEN MIC w/Cheyenne**

Mon. Mar. 12, 8-12, reggae, spin, **Monday Night Live**

Wed. March 14, 8-12 **LARRY'S KARAOKE**

Thurs. March 15, 8-12, **SOFI ROX PRESENTS**

Fri. March 16, 9-1, mesmerizing rock **VIRGIL SHAW**

Sat. March 17, 9-1, melodic rock, **CHARLIE DOCHERTY**

Sun., March 18, 8-12, **OPEN MIC w/ELI**

Mon. Mar. 19, 8-12, reggae, spin, **Monday Night Live**

Wed. March 21, 8-12, **LARRY'S KARAOKE**

Thurs. Feb. 22, 8-12, TBA

Fri. March 23, 9-1, Jump blues, swing, boogie woogie

ELDON BROWN BAND

Sat. March 24, 9-1 afrobeat, funk **OAKLAND AFRO**

BLUES PROJECT

Sun. March 25, 8-12, **OPEN MIC w Cheyenne**

Mon. March 26, 8-12, reggae, spin, **Monday Night Live**

Weds. Mar. 28, 8-12:30 **MIDNIGHT ON THE WATER &**

Irish folk birthday celebration; PLUS! 9:30-1

LARRY'S KARAOKE

Thurs. Mar. 29, 8-12, Rock **HARPER & The Midwest Kind**

Fri. Mar. 30, 9-1 Hawaiian rock **S A G E**

Sat. Mar. 31, 9-1 **THIS OLD EARTHQUAKE**

SMILEY'S SCHOONER SALOON & HOTEL

41 Wharf Road in Bolinas 415-868-1311

- March 9: Bruce Bowser
Caleb Norton
- March 10: Winston Grant
Terry Guitar
Chandra Sherr
Anna Lee Rhea
- March 11: Dieter Tresp



dance palace

The Dance Palace, 5th & B Streets
Point Reyes Station

Tickets at www.dancepalace.org

WORD FOR WORD—

T.C. BOYLE'S "SORRY FUGU"

Saturday, March 10, 8 PM

Tickets: \$33, \$31 seniors, \$16 teens

The dreaded Willow, critic 'terrible,' is coming to Albert's restaurant. Disaster ensues—until Albert concocts a diabolical plan. T.C. Boyle ("an explosively gifted satirist"— N.Y. Times) writes of food and passion in "Sorry Fugu," his witty, wicked look at restaurants and critics. Boyle's verbal showmanship is the perfect material for Word for Word's latest offering.

Word for Word Performing Arts Company is the professional San Francisco theater ensemble whose mission is to turn great literature into great theater. Word for Word has previously performed at the Dance Palace with "More Stories by Tobias Wolff," "Sonny's Blues" by James Baldwin, and others. "Word for Word—the best friend a short story ever had."—Chad Jones, Theater Dogs

ST. PATRICK'S DAY BBQ

Sunday, March 11, Noon-4 PM

BBQ: \$12 adults, \$7 kids

The annual festival and barbecue is held indoors, rain or shine. The famous barbecued chicken dinner includes a half-chicken for adults, a quarter-chicken for children, plus pasta, salad, roll, ice cream, and milk or coffee. Tickets for the dinner and the famous raffle (first prize \$1,200, second prize \$700, third prize \$500) are available at the door. There will be games, booths, homemade baked goodies, wine, beer, other refreshments, and lots of family fun. Come enjoy a great afternoon of good food and fun. It's a West Marin tradition—don't miss it! Sponsored by Sacred Heart Church.

Smiley's

POOL TOURNAMENT

Every Tues. Night, 7:30 pm

1st Prize \$75-\$100

2nd Prize \$25

3rd Prize Smiley's Cash

\$5 buyin

41 Wharf Rd. 868-1311

MONDAY MEETING REPORT 3/5/12

From Jenniepeiffer

IT WAS A BUSY WEEK OF MEETINGS AND MARDI GRAS, starting Monday with two meetings, in addition to an early morning arrival of Susan and Hanford Woods fifth grandchild, a baby boy born to daughter Georgia and her husband Mark. That's hard to top. Congratulations to the family.

There was a meeting Monday morning of the greater Marin Transportation Consortium in San Rafael, which I was not able to get to, but I did make it to the 3:00pm gathering of our local West Marin TAG (Transportation Action Group), a coalition of communities out here with transportation needs not being met. The STAGE has been excellent in connecting Bolinas, Stinson, and Muir Beach with South County, but with the loss of the Bolinas to Olema to Pt. Reyes route, there is need for a south/north continuation, as well as service for communities up to Dillon Beach that have never been served. There is a van available to the group, but it needs seats and a driver. The more participation there is on this, the more the Transportation Authority will start listening to our needs out here in West Marin.

Monday night there was a Fire Board meeting. The topic of greatest concern for me was the Action Item dealing with approval of the Verizon request to add a microwave dish to the existing Crown Castle tower located by the Firehouse. There was discussion about the need for consistent monitoring of emissions, and a ceiling on what is acceptable. The item was continued until the next meeting, when there is adequate response from Verizon. I have great respect and appreciation for the due diligence the Fire Board has shown in all these matters of public health concern, and the work they do generally along with Chief Anita Tyrelle-Brown, to serve the safety and disaster response needs of our community.

Tuesday, before Brett Docherty's presentation of the unsettling, wake-up call film END:CIV (civilization) at the community center, (so glad to see our young people taking an active leadership role as activists), there was a meeting of the Uniquities collective, as we discussed the upcoming events for spring, including the startup of the 2nd Sunday Sales on Brighton Square, which will be held on the third Sunday this month, the 18th. We also sponsored a mask making workshop this past Saturday, giving an opportunity for revelers to construct masques to wear in the Mardi Gras parade, which happened at 5-ish from the Plaza, down Wharf to the Museum, then back to the Community Center, where an excellent dinner was served by Barbary Coast Bistro, with some fine dancing Tardy Mardi party music served up by BoBo Tempo. A great night.

Earlier in the day, Shehera's opening at Murch's Farm Stand gallery space, brought together a wall full of intricate canvases, each painted in a day - hard to believe.

Wednesday was a nation wide day of protest of Education cuts and a call to action to give higher priority to our children's learning.

So another full week, with a little rain and a lot of beautiful weather, and more to come. jp

P.S. No column next week as Ned and I will be in Hawaii. You're on your own.

Pasteup	Ned Riley
Books/Ads	June McAdams
Press	David Cattell

IMPORTANT CHANGE IN TIME & PLACE

PLEASE NOTE: The meeting of the Mesa Park Board will take place on **March 5th**, at 7 pm in the **BCPUD meeting room**, and NOT in the Firehouse community room.

MESA PARK AGENDA

MONDAY, MARCH 5th, 2012

AT THE BCPUD MEETING ROOM

1. Community Expression
2. Downtown Park
3. Maintenance Report
 - a. Discuss field use policies and after-school baseball class request (April & May)
 - b. Discuss annual costs of maintaining baseball field and league-sponsored team contributions to field maintenance
4. Pool Development
5. Irrigation Project
 - a. Approve license agreement for the irrigation well
 - b. Approve revised budget for Irrigation Project grant agreement
6. Treasurer's Report
7. Other

Approve Minutes of Last Meeting

Approve Warrants

Schedule Next Meeting

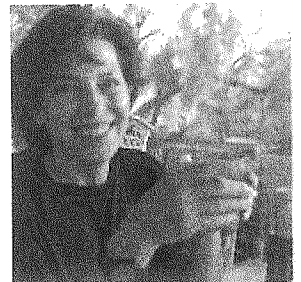
Adjourn

Submitted by Jane Mickelson

Sunday, March 11
2pm - 4pm

Irene Borger:

*Ten Thousand Joys and
Ten Thousand Sorrows:
A Conversation and A
Little Time to Write*



Co-presented with the Institute for Arts and Healing

Irene will talk with Jaune Evans, director of Commonwealth's new Institute of Arts and Healing, about her life as a writer, master teacher, and muse. Those who attend will also have the opportunity to write (briefly) with Irene, working with simple exercises that invite discovery and playfulness. No prior experience or talent is required. Please bring pen and paper.

Writer and teacher *Irene Borger* leads workshops in Los Angeles, the Bay Area, and in Washington, D.C. The founder of the Writing Program at AIDS Project Los Angeles, and artist-in-residence there for ten years, Irene is the editor of *From a Burning House: The AIDS Project Los Angeles Writers Workshop Collection*. Irene's writing has appeared in many publications including The Los Angeles Times, Vogue, O, Architectural Digest, and on The Wall Street Journal arts page.

RSVP to TheNewSchool@commonweal.org

No charge for the event; donations accepted

The New School at Commonwealth

451 Mesa Road • Bolinas

868.0960 www.The-New-School.org

Go to Health: Volumetrics

Here's an interesting finding – as long as food is equally palatable, people tend to eat the same weight of food. The March issue of the *Nutrition Action Health Letter* features an interview with Dr. Barbara Rolls, at Penn State University, who has been studying this for years with the aim of helping people lose weight more easily. Her latest book – *The Ultimate Volumetrics Diet* – will be out in April; previous books include *The Volumetrics Eating Plan*. She has looked at ways to change the amount of water in foods, thereby adding weight and volume but no calories. This is done by adding vegetables to each recipe, and making sure the food is tasty. The result, found in careful studies, was that people reduced their calorie intake by about 25%. In a trial of 700 people, she found that when people ate a diet that was less calorie dense (more vegetables included) they were eating significantly more food – about a pound more food a day – yet they were eating fewer calories and losing more weight. In another study, people who successfully lost 10% of their maximum body weight and maintained the weight loss for at least five years were found to eat five servings of vegetables a day. Overweight participants ate three and a half servings. Besides adding more vegetables to recipes, calories are cut by reducing fat and sugar in sauces, using small amounts of olive oil instead of cream, switching to whole grain pasta or brown rice, and removing fat and skin from poultry or meat. Dr. Rolls advises adding vegetables to mixed dishes, soups and stews, and putting cooked vegetables in a blender for sauces. She suggests adding vegetables to breakfast, lunch and dinner for children and adults. She found that baked goods with added vegetables – such as extra carrots in a carrot cake – made the cake even more palatable, so people ate

more. However, at the end of the day they had consumed fewer calories.

Studies done on portion size were also important – Dr. Rolls found that while people tend to eat the same weight of food, when exposed to large portions they get thrown off very easily. Portion control is still important for all eaters, and it starts with visual awareness. Some people use a 10 inch rather than a 12 inch plate at home and automatically eat less. Some divide a restaurant entrée in half, and share the food or take half home for the next day. Some ask for a child's plate, which is easy if you are ordering a takeout. People interested in portion control avoid buffets and all-you-can-eat restaurants, or exercise great care therein.

Mindful eating is another important way to slow down and appreciate food. Become more aware of your hunger before eating and feelings of fullness as the meal goes on. It can take 15-20 minutes for the brain to register that you have had enough, so overeating is easy when you are rushed. Some people set a timer for 20 minutes and make sure they savor their food while making it last until the bell chimes. Eating while reading or watching television can lead to mindless stuffing for some people. Become aware of gratitude for the food you have, for the animals who gave their eggs, milk or life, and for the people who harvested and prepared food for your table. Be aware of your personal triggers for mindless eating, such as anxiety, depression, alcohol, marijuana or certain chips and sweets.

For anyone who wants to keep up on the science of healthy eating, subscribing to *Nutrition Action Health Letter* is a great idea.

www.cspinet.org.

Sadja Greenwood MD

sadjascolumns.blogspot.com

BOLINAS-STINSON UNION SCHOOL DISTRICT

125 Olema-Bolinas Road
 Bolinas, CA 94924
 Phone: 415.868.1603 Fax: 415.868.9406

AGENDA

Regular meeting of the Board of Trustees

Tuesday, March 6, 2012

Closed Session at 5:30 p.m.

Bolinas Campus, 2nd floor Meeting Room

Open Session at 6:30

Bolinas Campus, Library

Item # Topic/ Description

1. Call meeting to Order
 2. Roll Call
 3. Approval of Closed Session Agenda
 4. Public Comments on Closed Session Agenda
 5. Recess to Closed Session
- The Board will consider and may act on any of the following items in closed session. Any action taken in closed session will be reported in open session as required by law.
- 5.1. Negotiations [54957.6]
 - (1) Bolinas-Stinson Teachers Association (BSTA)
 - (2) California School Employees Association, Chapter 590 (CSEA)
 - (3) BSUSD Confidential Employees
 6. Reconvene into Open Session at 6:30
 7. Announcement of Reportable Action taken during Closed Session
 8. Approval of Agenda / Introductions
 9. Public Comments

This is an opportunity for the public to address the Trustees on matters related to school business that is not on this agenda. No discussion, deliberation, or action can be taken by the Trustees unless the matter is placed on a subsequent agenda. Depending on the agenda, the Chair may limit each presenter to a specific time.

Correspondence

10. Incoming:
 - 2/14/2012 Donation from Stinson Beach Volunteer Fire Department- Utah Trip
 - 2/1/2012 Letter from National Association of Federally Impacted Schools re: Membership
- Outgoing:
 - 2/8/2012 Letter of appreciation from the Board to Zim Caroselli

REPORTS

11. Superintendent's Report
 - 11.1 State Budget / Legislative update
Supt. Enos will present updated information on the state budget and any newly adopted legislation
 - 11.2 Enrollment
Enrollment for 2011-12 school year as of 3/2/2012
Projected enrollment for the 2012-13 school year
 - 11.3 Shared Services
12. Principal's Report
 - 12.1 Transitional Kindergarten
 - 12.2 Principal's Report Curriculum Articulation
 - 12.3 Middle School Advisory Program
13. Board Member Reports

The Board President will request reports from the members of the Board pertaining to District/School committees on which they serve. These include:

- Negotiations
- Fiscal Oversight and Advisory Committee
- Technology Committee
- Green Team
- Marin County School Boards Association (MCSBA)
- Joint Legislative Action Committee (JLAC)

The next Regular meeting will be held on
 Tuesday, April 3, 2012

Consent

- Approval of the following Consent agenda items**
14. Warrants dated:
 - 14.1 2/7/2012
 - 14.2 2/16/2012
 - 14.3 3/1/2012
 15. Minutes from the following meetings:
 - 15.1 2/6/2012 Regular
 16. Other
 - 16.1 Contract Services Agreement – School Nurse
 - 16.2 Stinson Beach Pre-school Lease

BOARD CONSIDERATION

- | Item | Topic/Description |
|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 17. | General Obligation Bond – Feasibility study
A broader review of possible facilities needs prior to taking action to move forward with a survey/feasibility study. The intention would be to place an action item on the agenda moving forward with a feasibility study for the placing on the local ballot and general obligation bond measure. |
| 18. | FACILITIES - Instructional Program and Facilities needs for 2012-2013
A continued discussion of current and future facilities needs in light of enrollment projections and potential program changes. The Board will consider authorizing a committee. |
| 19. | Second Interim Financial Report
Review and approve the 2nd Interim Financial Report and Budget Revisions |
| 20. | SCHOOL - School Calendar
Review/Approve 2012-2013 school calendar |
| 21. | Human Resources
Accept letter of resignation from Molly Brown effective 6/14/2012 |
| 22. | Human Resources
Authorization to form a screening and interviewing committee for a position in the Art Department for the 2012-2013 school year. |
| 23. | Public Comments
This is an opportunity for the public to address the Trustees on matters related to school business that is not on this agenda. No discussion, deliberation, or action can be taken by the Trustees unless the matter is placed on a subsequent agenda. Depending on the agenda, the Chair may limit each presenter to a specific time. |
| 24. | Future Agenda Items |
| 24.1 | Action- Approve the Local Education Agency Plan (LEAP) |
| 24.2 | Preliminary Staffing Projections for 2012-2013 |
| 24.3 | Future/ongoing – 2012-2013 Facilities and Instructional program needs |
| 24.4 | Consolidated Application |
| 24.5 | Review - Budget Priorities |
| 24.6 | Report - Principal's Report Curriculum Articulation |
| 25. | Adjournment
Americans with Disabilities: The Bolinas-Stinson Union School District adheres to the Americans with Disabilities Act. Should you require special accommodations or more information about accessibility, please contact the District Office at 415 868 1603. All efforts will be made for reasonable accommodations. |

THREE MORE GREAT THINGS ABOUT THIS PLACE...

- (1) Saturday's Hearty Tardy Mardi Gras Party at the Community Center—great food, great music, great dancing.
- (2) Driving up the Olema Valley to the Irish session at Vladimir's, Irish music on the car radio on a sunny Saturday afternoon.
- (3) The Barbary Coast Bistro folks. They're putting out some great food, especially their creamy chive polenta—try it.

—Ned Riley



90.5 FM + 89.9 FM
WWW.KWMR.ORG



	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
6	KWMR Night Music 6:30 am WM Report Day 6 (CBC)	Weekly Feed 12-1 am 6:30 am WM Report As It Happens (CBC)	KWMR Night Music 6:30 am WM Report As It Happens (CBC)	S Sunspots to 1:30 am 6:30 am WM Report As It Happens (CBC)	Grateful Dead 12-1 am 6:30 am WM Report As It Happens (CBC)	5:30 am As It Happens (CBC) 6:30am WMReportWrap	KWMR Night Music 6:30am WMReportWrap	
7	8 am WM Report	8 am WM Report	8 am WM Report	8 am WM Report	8 am WM Report	# Gregory DeMascio # Anneke van der Veen	# Gregory DeMascio # Anneke van der Veen	
8	With Eyes Open! Peter Asmus	Good Morn. West Marin Susan Deixler	Hump Day	Morning Blunder	Swimming Upstream	Barrio Vibes		
9	KT's Kitchen	Park Wave-lengths; Letter from A Broad	Ann Gessert Raul Galiyot	Jimmy G Dave Cook	Howard D Mary S Charlie D	Augusto Conde	Original Minds Elia Haworth	Vicarious Traveler Vicki Leeds (back 1/28)
10	Turning Pages # Janet Robbins # Lyons Filmer	Turning Pages # Neshama Franklin # Joy Maulitz	Turning Pages The Vinyl Café (repeat from Sunday)	Turning Pages COMING Erik Bauersfeld	Turning Pages # Bilingual Storytime # Specials	Krista Tippett On Being	10 am BirdNote	
11	TEMN Environment Specials The Bioneers	#1/3 Love is on the Air McGee & Taylor #2/4/5 Questing Calpestri & Mickelson	Making Contact The Bioneers (repeat from Monday)	An Organic Conversation Helge Hellberg & Mark Mulcahey	Nuestros Niños Marisol Muñoz-Kiehne	Viewpoint Ellen Shehadeh	The Place We Live Marc Matheson	
12	The Farm and Foodshed Report Robin Carpenter	New Dimensions Michael & Justine Toms	Alternative Radio David Barsamian	Attune-ment Anthony Wright	Common-weal Conversations	NEW Voces de Nuestro Mundo TBA	Americana Saturday # Will Minor # Guest Hosts # Specials	Happy Days Marcie Judelson Jazz with Kendrick Rand
1	West Marin Matters #1 Stock #2/4 Gong & Stephan #3/5 Faure-Brac	Spirit & Mind Anthony Wright	NEW SLOT Your Own Health and Fitness Layna Berman	Philosophy Talk Ken Taylor John Perry	Parent Talk Susannah Baldwin PhD	World Playground	Riverwalk Jazz David Holt and Jim Callum Jr.	LAST SUNDAYS Jazz Rhythm Dave Radlauer
2	Cruisin'.....	What's New?	Classical Wednesday	Classical Thursday	Classical Friday	#1/3 Hawai'i Calling Susanna Henderson #2/4 Africa & Diaspora Mark Potts	The Vinyl Café (CBC) Stuart McLean	
3	Rick Clark	#1 Jimo & Tammy # Specials	#1/2/4/5 Specials #3 Susan Deixler	# Susan Santiago # Leland Robins	#1 Susanna Henderson #2/4 N Masonson NEW DAY for Norman			
4	# Aztec Pride Jorge Ramirez # Latin Alternative Lechner & Norek	Art of the Song John Dillon and Vivian Nesbit	NEW SLOT # Krista Tippet On Being #5 Coastal Airwaves Vickisa	TeaTime Books Mimi Calpestri Howard Dillon	#3/5 Specials	Circulo musical	Learnin' Kirven Brian Kirven	To Hell & Bach Beth Underwood
5	COMING Moyers & Company Bill Moyers	Sabrina Artel's Trailer Talk # The Feminine Mystic Wendy McLaughlin	Open House Epicenter: #1 Pt Reyes Dialogues, Needleman # 4/5 Health Topics Anna O'Malley MD	Open House: Tómas de inmigración; Story Shed NEW SLOT # Art's Desire # Hot Tech/Cool Science Julie Motz	Happy Hour	Jesus Martinez	The Celtic Universe	
6	Trash to Treasure Hope & Shulander 6:30 pm WM Report	# ViewPoint (repeat) Ellen Shehadeh 6:30 pm WM Report	6:30 pm WM Report	6:30 pm WM Report 6:30 pm WM Report	Liberacha 7 pm WM Report	The Celtic Universe # Loretta Farley # Lyons Filmer	Ears Akimbo's Elbow Room Paul Flowerman	Between Rock and A Jazz Place Grey Shepard
7	The Hippie from Olema	Musical Varieté	Ridin' the Rails: The Americana Express	Bakersfield & Beyond	Shorty's Bunkhouse	Friday Funk Fest Fairfax Funkateer	Rick's Jazz Café	The Ol' One, Two Aimée Reed
8	Jerry Lunsford	Charlie Morgan	The Roots Gang: Will, Pat, Mike V, Amanda	Amanda & Mike V	Shorty		Rick Clark	The Kitchen Sink Patrick Kleeman
9	Reggae Radio DJ Zoro	Silver Dollar Jukebox Peter Martinelli	Faultline Radio Jaimo Crespo	Coast Highway Blues Larry Rippee	Story Hour Hearing Voices Professor Kosmo Plays....	Magic Radio		
10	Monday Night Mixtape	The Amateur's Guide to Life	The Latin Alternative	Sonic Sunspots Tony Palmer	Stuck in the Psychedelic Era with the Hermit	Chris Breyer	Saturday Night Function # Mark Potts # Marc Matheson	The Weekly Feed Kyle Meredith
11	Jacoba Charles	Christian Anthony	Ernesto Lechner and Josh Norek				Coming: Radio Goethe	Professor Kosmo Plays...
	12 am WM Report	12 am WM Report	12 am WM Report	12 am WM Report	12 am WM Report	12 am WM Report	1.12.12	

Office 415/663-8068

STREAMING on KWMR.ORG

Studio 415/663-8492/8317

HOW TO PLACE AN AD IN THE HEARSAY

Come to the office at 270 Elm at Maple behind the BPUD office on a Monday, Wednesday or Friday morning 9-11am. Your ad will appear the same day! Ad forms are also available in the small mailbox next to the Hearsay Door. Fill out the form, enclose payment (please indicate you have enclosed payment in case they become separated) & drop in door slot.

HEARSAY ADS WORK!



SCOTT DUNN
(415) 233-2471
bikeavore@att.net

www.bikeavore.com



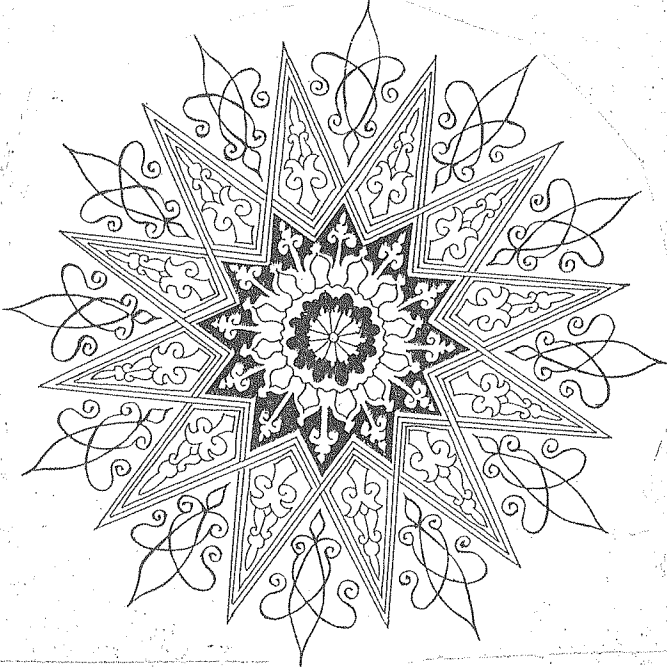
HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

FOR SALE

Uniquities Emporium

Assorted wonderful objects loved and released, art, artifacts, antiques, collectibles, albums of stamps, guitar, mandolin & uke strings. Really good pet food and supplies and beautiful yarn and craft books available. Marc Greco available to do your hair by appointment @ 464-1736 Open daily 12-5PM in the old Videostore behind the Book Exchange. *Jim 3/12*



ANNOUNCEMENTS

Soup Saturday

A Free Community Meal at St. Aidan's Church
(30 Brighton Ave, Bolinas)

Saturday, March 10
Noon-2:00 pm

All are welcome!

Want to volunteer?
Contact Carrie Montgomery at
cmontgomery299@gmail.com

UPDATE ON the SPRING SECOND SUNDAY SALE

The Second Sunday Sale, scheduled to start in March is going to be delayed until the third Sunday due to a conflict. So you have an extra week to get your items together to sell. It will be on St. Patrick's weekend, on the 18th of March. Marcella will be there with her delectable comestibles, and we're aiming to have spring garden starts and seeds and whatever you have to offer. Call Uniquities at 8886, or Jenniepeiffer and 0144 to get more information.

NEW LUCKY DAY COLLECTION

On a shelf next to the local author's section, there are popular books on long hold lists which can be checked out for 7 days if you are lucky enough to find a book you would like to read in this section. Come into Bolinas Library and check it out.

Jane Silvia, Librarian

CLASSES

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!
sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html NSx



Class Schedule

Sunday	Yoga w/Trishna (starts 1/15/12)	9:00 - 11:00 a.m.
	Brazilian Dance w/Anna (once a month call 868-0697)	11:00am-noon
Monday	Pilates w/Lisa (pre-register 868-0473)	5:30 - 6:30 p.m.
Tuesday	Yoga w/Trishna (starts 1/3/12)	9:30 - 11:00 a.m.
	Arial Arts for Youth w/ Joanna (For registration 868-8821)	3:30 - 5:30 p.m.
	Zumba - Latin Dance Fitness w/Diane	6:30 - 3:30 p.m.
Wednesday	Pilates w/Lisa	8:30 -10:00 a.m.
	Yoga Basics w/Trishna	5:00 - 6:15 p.m.
	Biblia en Español	8:00 - 9:30 p.m.
Thursday	USDA food bank	12 noon
	Congolese Dance & song w/Sandor	6:00 - 8:30 p.m.
Friday	Pilates Mat Class w/Lisa	9:00-10:00 a.m.
Saturday	Yoga w/ Lisa Brendel	9:00- 10:30 a.m.
	Creative dance for kids 3 thru 4 w/ Lisa (info 868-0473)	11:00 - 11:45 a.m.

Check the marquè by the Library for special events at the Community Center. For Info. 868-2128 or Bocenter.org

The Bolinas Community Center is planning its annual Member's Dinner for Saturday March 24, 2012. We will be socializing 5:30-6:30 p.m. with hors d'œuvres and libations... enjoying dinner 6:30-7:30 p.m. with donated dishes from local chefs, (Please bring a favorite dish to share)... awarding honors to some of our star volunteers... and most importantly electing your Community Center Board.

You must be a member to attend as this election is legally required but we *really want* you to be a member. We'll be sending invitation by mail shortly and we want you to be on that list. If you are not sure if you are a member, give Randi a call at the office and she will tell you your membership status.

It's always a wonderful evening, with lots more fun than work and a good reminder to join us.

For more information, or to volunteer call 868-2128
- Kathleen O'Neill



SERVICES

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping
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SR/x

HANDYMAN: Carpentry, painting, home repair,
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Steve Hill -2310

SHx

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Heavy duty tractor mowing/backhoe/roto-tiller/post-hole
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Dump Runs-Cow Manure-Recycling-Humane Animal Removal-
Skunks-Raccoons & Yellow Jacket. Carl Henry 868-1782

CH 3/12

FRUIT TREE PRUNING

Director of Apple Tree International back in Bolinas for the
winter/spring and available to prune your fruit trees with expert
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SG 3/21

AIRPORT? Howard Dillon's fast, comfortable,
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Many satisfied local refs. Phone 868-2144

MDx

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Involved in a conflict?
We have trained mediators.
Free, Confidential, Effective

X

TAX PREPARATION!

Susan Hewlett Johnson
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ST 3/31

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CLEAR LIGHT WINDOW WASHING
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DP 3/24

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Submit articles and drawings by midnight
for publication the next day. Request a link
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you.

-- Michael Rafferty, Online Editor

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CH 3/12

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LG 3/5

HOUSING WANTED

Canyon needs a place. Quiet, reliable, locally employed.

302-0426

CG 3/16

HOUSING WANTED

Help: Gelus, Evan And Isaac Need Housing- Shared,
Creative Suggestions? Thank You. (916) 752-1243.

RA 3/26

LOST & FOUND

LOST ON MONDAY (1/16) KIDS WALLET WITH
robots on the front. ID and \$ inside, on a route from the
post office to the top of Terrace to Poplar.

Please call Lucian -0473

LT 1/20

Did anyone find a silver ring with a sparkely pink stone? \$20
reward-1186.

ME 2/13

MISSING: 2 FOLDING TABLES WERE TAKEN
from where they were stored at Mesa Park. The tables are used
for the Sunday Food Program. Please be kind and return in kind.

SA 1/11/12

READ THE HEARSAY ONLINE

Tell your friends and families that they can stay con-
nected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com
and request the password and link to the site.

Michael will put you on the list and will send you
reminders as new issues come out.

Keep reading The Hearsay News!