

# Bolinas Hearsay News

Box 327 Bolinas,  
California  
94924

October 4, 2013  
(50¢ with tax)  
46¢



**WARNING: WEST MARIN VIRUS INSIDE!**

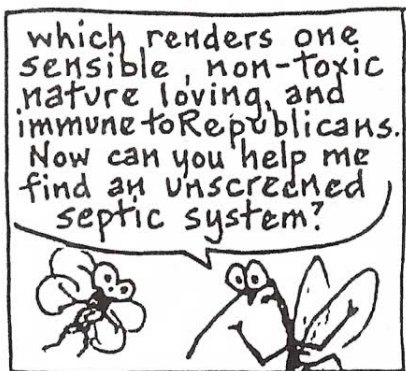
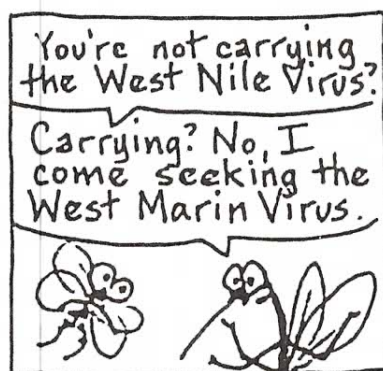
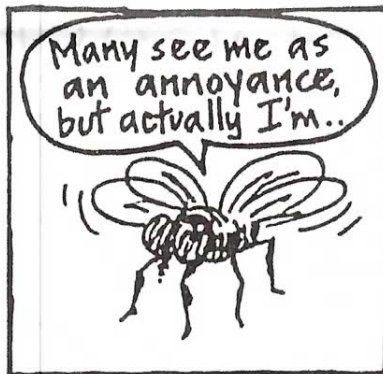
## The Coastal Pest and the West Marin Virus

by StuArt

In 2006 Tom Chestnut spoke to me about the *Coastal Post*, a free weekly newspaper that was published by Don Deane. He was concerned about readership of the paper and asked me to draw a cartoon to liven it up. I agreed to make an attempt at doing a weekly comic strip for the *Coastal Post*.

I came up with a comic starring insects called the *Coastal Pest*, a pun on the paper's name. The West Nile Virus was in the news at that time and I used that as inspiration for the West Marin Virus, a nature-loving flu. Here is the complete comic, including the last panel which was never published.

Wouldn't it be great if there really was a feel-good, nature-loving flu like the West Marin Virus.





Coastal Pest continued from cover

the Coastal Pest by Stu Art

Gadfly helps the mosquito find a new home.

Perfect! an un-screened roof vent.

Marin County quality septic.

Did you know that the annual biomass of the mosquito in Alaska equals 25,000 barrels of oil!

What about flies?

the Coastal Pest stu art '05

The mosquito has a new home in West Marin

Gadfly! check it out!

UNSCREENED ROOF VENT!

INSIDE THE SEPTIC TANK

What a place! all organic too and no spray

No spray? That's music to my ears.

Yeah, but wait til you hear about B.T.\*

\*BACTERIUM TERRIBILIS

the Coastal Pest stu art '05

... and the pupae never generate

Gadfly tells the mosquito about B.T. (Bacterium Terribilis)

I can't believe it. It's monstrously inhumane to kill babies like that

Crazy paranooids will do anything

I need to catch that West Marin virus, that nature-lovin' feel good flu!

Maybe I can help.

the Coastal Pest stu art '05

See that jar over there

Gadfly helps the mosquito catch the West Marin virus.

That jar has been in this septic tank for years. It's filled with magic mushrooms... someone flushed it during a bust.

It's been there for years mingling with the effluvia... it's gotta be what you're looking for.. effluvia flu. Now.. go on inoculate it!

Think it'll work?

Coastal Pest stu art '06

Effluvia Flu

Do it!

The mosquito inoculates the jar of magic mushrooms.

I don't feel a thing. No.. wait, I feel something - a growing love for all sentient beings.

That's it! You're catching it!

Wow! I can see how ontogeny recapitulates phylogeny, how my role as a mosquito vector fits within the grand scheme.

Go girl! You got it the West Marin Virus!

Coastal Pest stu art 2006

Gadfly, I can see clearly now Life is Love!

The mosquito discovers the West Marin Virus in a jar of Magic Mushrooms

The West Marin Virus contains new DNA that can save the planet. I must give the Virus to the world

I could use a taste of that virus

I'm sorry that I can't inoculate you Gadfly. I can only do warm blood!

I'm a fly. Flies are coprophagous.

Of course, Gadfly! you're coprophagous. I can easily give you the virus. Here, try this.

Hey! that's some good shit



# WHAT'S HAPPENING

Wednesday, October 2

## WEST CO. PROWL

Local music & live studio guests on KWMR 89.9 6:30-8:30pm.

## DALE POLISSAR & BART HOPKIN

Lyrical Clarinet/Guitar Jazz. Coast Café 7-9pm

Saturday, October 5

## ZEN MEDITATION

Half-day sitting at St. Aidan's Church. Dharma talk at 10:30 by Rev. Rick Sloan. Come for all or part of the morning. All welcome

Sunday, October 6

## ALCHEMY OF LOSSES

Dance performance & live music at Gospel Flat Farm Stand. Potluck 5pm performance 6pm \$5

Monday, October 7

## RUSS FAURE BRAC

will give a slide show and talk about his 46 day solo motorcycle trip across the U.S. spreading his message of peace. Author of "Transition to Peace: A defense engineer's search for an alternative to war." Bolinas Library, 7pm:

Wednesday, October 9

## CANDIDATE'S NIGHT

Candidates for BCPUD, Firehouse, 7:30pm

Saturday, October 12

## BOLINAS FOOD FESTIVAL

2nd Annual Celebration. Farmer's Market at the Community Center 11am-5pm. Food Extravaganza at the Plaza and the Park noon-5pm. Specialty foods, music, good times. Benefit for the kitchen remodel at the Community Center

Saturday, October 19

## FRIENDS OF SAM'S HOUSE

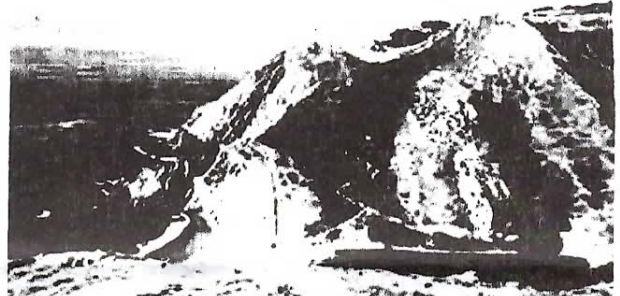
Special benefit & party: art sale, live music, local fine foods & wine, 265 Horseshoe Hill Rd., 4-6pm \$40 donation. Rsvp to [fohmarin@aol.com](mailto:fohmarin@aol.com) or 868-2866

## On Foot From Bo to San Francisco

-Lloyd Kahn

I've wanted to do it for a couple of years. On foot, out the doorway, into San Francisco—or, I should say—on my own power, because the first part of the trip involves swimming. The night before, I was so excited I could hardly sleep. Got up at 5:30, walked down to the beach. My son Evan met me and paddled my daypack and clothes across the channel in a kayak.

Sun just starting to glow in dark eastern sky. 6:45. I'd psyched myself up to do this. Crunch time. Stripped down, waded out into the channel, and it was c-o-l-d. Had been a windy week, chilling the ocean. Mama mia! It's only a short swim across, maybe 50 yards, and it felt like forever. BUT once out of the water I was stylin. Got dry, clothed, walked barefoot along the beach and got to the Parkside Cafe coffee stand at 7:30, got latte and a really good donut and was off along the coast. Got to Slide Ranch by 9, to Muir Beach 9:30. Nice morning, winds had died down, you could see as-they-say for miles. It's maybe only 30 miles to SF, but pretty much all up and down.



View north from Tennessee Beach. I kept along the coast here on the southern side, rather than go on the (prescribed) Coastal Trail, which goes inland for a ways. There were faint animal trails and I eventually made it to the Marin Headlands. What really stokes me about this photo is that in the very distant background to the north (very faint, just to left of dark low peninsula), you can see the tip of Pt. Reyes, which I hiked to (from home) a year ago.

In a nutshell, it was hard. Probably mostly so because, dumb ass that I am, I didn't drink enough liquids. I was dehydrated and didn't realize it until I limped home. Plus I can't seem to walk slowly; the old race horse (competitive runner) syndrome.

I got to the San Francisco side of the Golden Gate Bridge at about 3:30, about 8-1/2 hours. Caught buses home, saw two friends downtown; one said, "Did you hurt yourself?" the other said, "You look tired."

Getting enough liquids in me that night got rid of most of the tiredness and soreness. I wouldn't trade the experience for anything. Now when I drive along the coast, I know every inch of the terrain, it's a good feeling.

I kept telling people it was do-able, and it was. There are lots of do-able adventures to be had around here. Ocean, mountain, hills, woods.

OCTOBER 12TH 11AM-5PM  
2013

**BOLINAS FOOD FESTIVAL**

Featuring West Marin Chefs, Farms, Music & Fun  
At the Bolinas Community Center and New Pointeater Park

Free Shuttle from West Park ~ Local Organic Farmers Market  
Chef Demos, Hot & Cold Food & Refreshments ~ Kid's Lane

Live Music with:  
THE OLD BATHHOUSE ~ BLACK WATER GOLD  
BOW & LEE ~ HIGH TIME ELVIS ~ LEE TRAMM  
THE BURNY TREE ~ O ~ SICKIE

All proceeds go to remodel  
the Community Center kitchen

**BCC needs lemons donated to make lemonade for the Food Festival, October 12. Please bring Lemons to the BCC by 11AM, Friday the 11<sup>th</sup>. Thanks, BCC Staff**



**BOLINAS COMMUNITY  
PUBLIC UTILITY DISTRICT**  
BOX 390 270 ELM ROAD BOLINAS CA 94924



**ELECTION UPDATE – CANDIDATES’ NIGHT  
OCTOBER 29, 2013 – 7:30 P.M.**

A “Candidates Night” has been scheduled for October 9, 2013 at 7:30 p.m. at the **FIREHOUSE MEETING ROOM – 100 MESA ROAD**. This is your chance to come and pose questions on matters of local concern to the six candidates running for the three open seats on the BCPUD Board of Directors. The candidates are Grace Godino, Jack Siedman, Remick Hart, Lyndon Comstock, Bill Braasch and Stuart Chapman. The format for the evening will follow historic practice: each candidate will make an opening statement; the audience then will have an opportunity to ask questions of the candidates; the candidates will then have the opportunity to ask each other questions; finally, the evening will conclude with closing statements by each candidate. Please come attend what promises to be an interesting and informative meeting.

Jennifer Blackman, BCPUD

**Today’s Hearsay by:**  
**StuArt - editor**  
**June - ads**  
**Calvin - press**

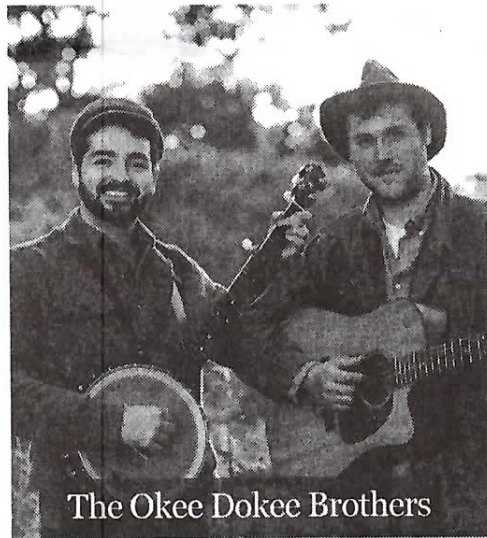


COMMUNITY &  
CULTURAL CENTER  
**dance palace**

For more information, to volunteer,  
or to join call 415-663-1075  
Save \$ by buying in advance  
Tickets at [www.dancepalace.org](http://www.dancepalace.org)

**THE OKEE DOKEE BROTHERS**

The Grammy award-winning Okee Dokee Brothers, have put their passion for the outdoors at the heart of their Americana folk music. Joe and Justin record and perform family music with a goal to inspire children and their parents to get outside and experience nature. They believe this can motivate kids to gain a greater respect for the natural world, their communities, and themselves. The two-time Parents’ Choice Award winners have garnered praise from the likes of NPR’s All Things Considered and USA Today, and have been called “two of family music’s best songwriters.” By appealing to the musical needs of the entire family and recognizing that kids deserve quality music, the Okee Dokee Brothers are working full-time to advance the family music genre. Pizza for sale at 6 PM.  
**Friday, October 4, 6:30 PM / \$12 general, \$10 Seniors, \$8 kids**



The Okee Dokee Brothers

**HIGH TIDES COLLECTIVE**

Fresh, Locally Sourced, Free Range  
Music Series in the Church. See separate  
listing. **Friday, October 11, 7:30 PM / \$10  
general, \$8 seniors**

**BRETT WAXDECK, DANCE PALACE PIANO  
CONCERT SERIES**

Brett Waxdeck grew up in Berkeley, where he began private piano lessons at age 6. His studies continued at Princeton, Yale, the Royal Conservatory in Brussels, the Liszt Academy of Music in Budapest, and the New England Conservatory in Boston, where he earned a Master’s Degree in Performance in 1997 and went on to win the International Bartok Piano Competition that year. Mr. Waxdeck has performed throughout the US, in Europe, and at various summer music festivals in the US and abroad. He currently lives in Mountain View, California.  
**Sunday, October 13, 4 PM / \$20 general, \$18 seniors**

Dear Neighbors,

Join us for the **2<sup>nd</sup> Bolinas Food Festival** **October 12, 2013!** Featuring a West Marin Chefs’ Food Court and Farmers’ Market with Café in the Community Center and cooking demos, food crafts, beer, wine & live music in the Plaza.

The Downtown Park will offer a fun Kid Zone and acoustic music. Take the free shuttle from Mesa Park and come party!

Proceeds to benefit the kitchen remodel project for the Bolinas Community Center.


To **VOLUNTEER** or more info, call 868-2128 or email [lia@bocenter.org](mailto:lia@bocenter.org). To **DONATE**, send checks to: **BCC, PO Box 122, Bolinas CA, 94924**. Write “Kitchen” in the memo.

Looking forward to seeing you there!

## Smiley’s Is

The Oldest Continuously  
Operating Saloon in California

- Great Live Music
- Open Mic
- Karaoke
- Pool Tournaments
- Coffee Cafe
- Luncheon Spot
- Small Hotel
- Western Union
- Check Cashing
- Color Copying
- Scanning & Faxing
- Antiques



- Wi-Fi Hot Spot
- Port in the storm
- Suffers Refuge
- 3 minutes to the beach and kayaking, surfing, swimming
- 5 minutes to hiking
- 15 minutes to horseback riding
- 30 minutes to golf
- 40 minutes to HW 101
- 50 minutes to SF
- 60 minutes to the East Bay
- 4 hours and 40 minutes to NYC

Before Lincoln was President...  
Before baseball was a game...  
Before Jingle Bells was a song...  
There was “

## SMILEY’S

...the legend lives

41 Wharf Rd., Bolinas, Ca  
94924, 415-868-1311

B  
A

## Balancing Act

BOOKKEEPING PLUS

**Christine Cunha, Owner**  
**415.868.2700**

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- Payroll
- Year-End Prep
- Mail Service
- Plus More...

*Confidentiality Assured*

**48 WHARF ROAD, 2ND FLOOR, BOLINAS**

bringing order to your financial world



# ATTENTION SHOPPERS

**THE BOLINAS COMMUNITY CENTER WILL HAVE A FARMER'S MARKET DURING THE FOOD FESTIVAL, SATURDAY OCTOBER 12<sup>th</sup>, WITH FRESH LOCAL VEGGIES FROM STAR ROUTE, LA TERCERA & FRESH RUN FARMS.**


**BRING YOUR BAGS AND SHOP FOR YOUR VEGGIES. THE FARM STAND OPENS AT 10:00AM AS DOES THE STAGE CAFÉ WITH ESPRESSOS, TEAS AND PASTRIES. ALL VEGGIE SALES MONIES GO TOWARDS THE BCC KITCHEN REMODEL PROJECT**

- ALSO AT THE FARMER'S MARKET:**
- BUCKENMEYER'S CANNED TUNA & SALMON, FOCACCIA BREAD AND WOODEN KITCHEN UTENSILS
  - CAROL SOKER HUNT'S JAMS, JELLIES & CHUTNEYS
  - EMERY'S CHOCOLATE COVERED TOFFEE
  - GILLIFLOWER'S NURSERY GOODS
  - MANN FAMILY FARM EGGS & KALE CHIPS
  - AMANDA ROSS SKIN CARE PRODUCTS
  - MARY PATTERSON'S PRESERVES & SPICE RUBS
  - PARKSIDE FRESH BREAD
  - SCHEHERA'S GLUTEN FREE BAKED GOODS & POTTERY
  - SUSAN MARTENELLI'S JAMES & JELLIES
  - TACHERRA RANCH BEEF

## PIE BAKERS

Seeking folks willing to make a pie or two for the pie and ice cream table at The Food Festival October 12<sup>th</sup>. Also need some people to help run the table in two hour shifts. Please call 9052-June McAdams- to volunteer for this fun event! Thanks so much, June McAdams

**MIGUEL BUSTAMANTE DENTAL CORPORATION**



24 WHARF RD. BOLINAS  
415 868 0911



## RUSS FAURE -BRAC TALK AT LIBRARY

Did you know that October is known as "The Season of Peace" ? How wonderful to have a whole month to celebrate peace.

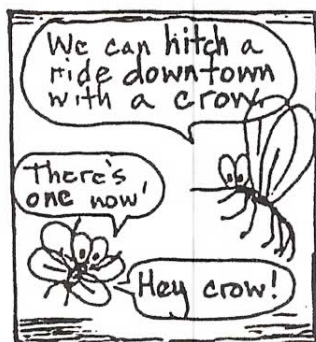
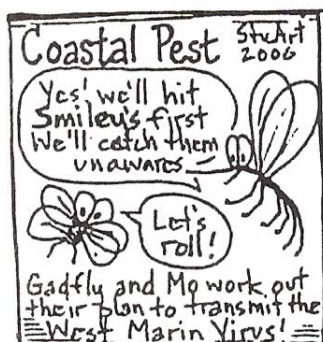
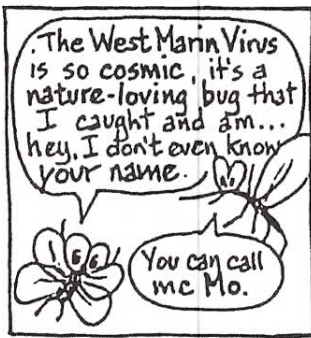
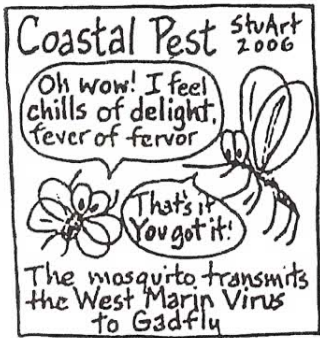
Right here in our community we have an author and peace activist who has recently returned from a 10,00 mile cross country journey for peace on his Triumph motor cycle. In one of his blogs he writes.

"It was encouraging to see how many people are out there, actively working for peace, social justice and environmental protection."

Monday evening at the library Russ will share some of his adventures with us. His book, Transition to Peace will be available. I hope you will come down for this presentation. I bet you will be inspired and entertained. It's all FREE, including the tea and goodies.

Submitted by Martine Algier

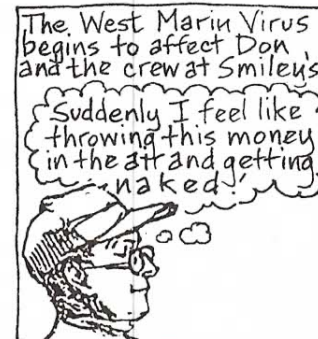
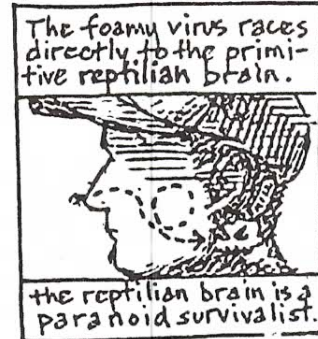
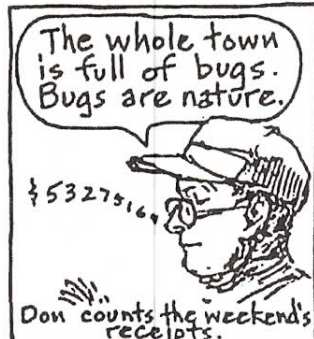
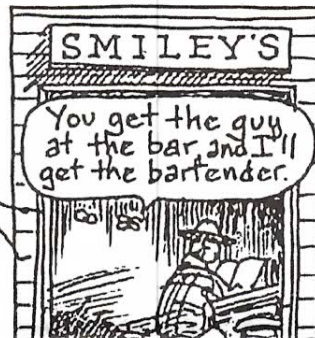
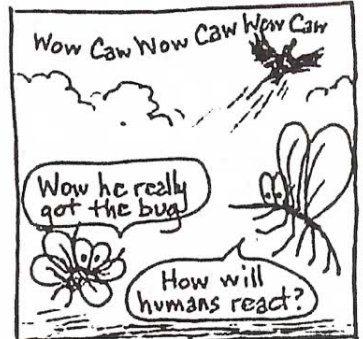
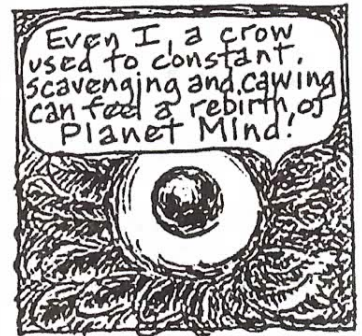
Coastal Pest continued from page 2



Coastal Pest continued on page 6



Coastal Pest continued from page 5





## FOR SALE

**SINGLE MATTRESS, BOX SPRING & FRAME (FREE),**  
Ikea black wood frame chair with orange seat cushion-old but nice, Brown wicker indoor/outdoor chair & small sofa-like new.  
Best Offer-call 868-2488 Diana

DL 10/7

## DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus – Cut locally  
Gospel Flat Farm 868-0921

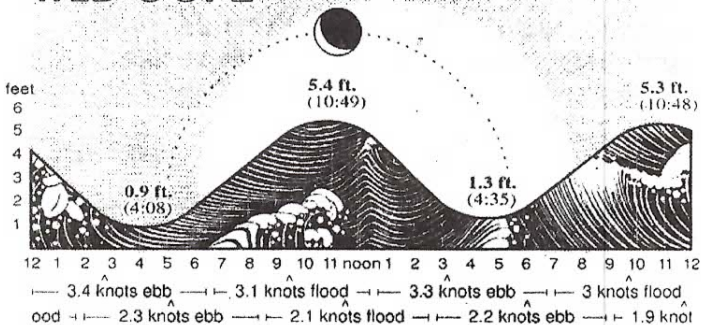
DMx

## 4 USED TIRES FOR SALE

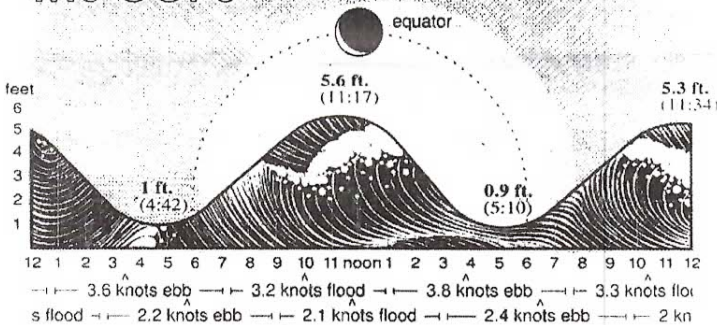
Bridgestone Turanza 205-70-15. Less than 10,000 miles.  
Removed from Subaru Outback 1<sup>st</sup> \$ 80 342-6703

SC 10/4

**WED OCT 2** dawn 6:10 sunrise 7:07 sunset 6:51 dark 7:47  
moonrise 4:48 a.m. moonset 5:28 p.m.



**THU OCT 3** dawn 6:11 sunrise 7:08 sunset 6:49 dark 7:46  
moonrise 5:48 a.m. moonset 6:01 p.m.



## LOST & FOUND • FREE • RIDE SHARE •

ARE PUBLIC SERVICE ADS, AND RUN FOR FREE.

Please keeps ads to around 20 words.  
We will run them for at least a week  
or until you ask for removal.

Hearsay Staff

## FREE

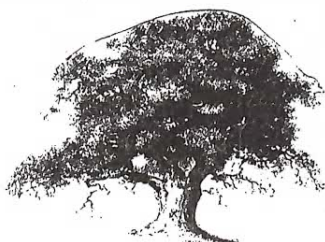
**12' X 25' CONTAINER IN BOLINAS – U HAUL**  
Shed 12' x 12' – no roof. Old bar-b-que – works, needs TLC.  
Paulette 847-3585

PB 9/27

## FREE – COMPOST – FREE

Load yourself • Bring containers  
Bolinas Resource Recovery 25 Olema Bolinas Rd. 9-5  
Closed Sunday

BRR7/28



## CLASSES



### Weekly Schedule

#### Monday

Chi Gung w/ Susie Stewart 10:00 - 11:30 a.m.  
Pilates w/Lisa Townsend (pre-register 868-0473) 5:30 - 6:30 p.m.  
Theater with Patrice Daley 7:00 - 8:30 p.m.

#### Tuesday

Yoga w/Lisa Brendel 8:30 - 10:00 a.m.  
Bo Babies & Toddlers (Free Hangout) 1:00 - 3:00 p.m.  
Pirate Pizza in BCC kitchen (pre-order 328-1066) 4:30 - 7:30 p.m.

#### Wednesday

Pilates w/Lisa Townsend 8:30 - 10:00 a.m.  
Theater with Patrice Daley 5:30 - 7:30 p.m.  
Biblia en Español 8:00 - 9:30 p.m.

#### Thursday

Yoga w/Lisa Brendel (Class Starts 9/5/13) 8:30 - 9:30 a.m.  
USDA food bank 12 noon  
After School Ballet w/Erika Townsend (Starts 9/5) 3:30-5:45 p.m.  
Congolese Dance w/ Sandor 6:00 - 8:30 p.m.

#### Friday

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.  
No Place Like Home (Free Brunch 4<sup>th</sup> Fri of Month) 10:30 - 11:30 p.m.

#### Saturday

Yoga w/ Lisa Brendel 9:00 - 10:30 a.m.  
Kids Movement Class (2-4 yrs) w/ Lisa Townsend 10:45 - 11:15 a.m.  
Kids Movement Class (4-6 yrs) w/ Lisa Townsend 11:15 - 12:00 p.m.  
Ballet w/ Erika Townsend 12:15 - 1:45 p.m.

#### Sunday

Yoga w/ Trishna (Classes start 9/8/13) 9:00 - 11:00 a.m.  
Brazilian Dance with Anna (Classes start 9/8/13) 11:15 - 12:15 p.m.  
Ninjutsu Martial Arts for adults w/ Martin 5:00 - 6:30 p.m.

Check the Library marquee or Calendar in BCC Foyer for special events. For More Info call 868-2128 or visit [www.bocenter.org](http://www.bocenter.org)

## LOST & FOUND

**LOST SUNGLASSES, WOMEN'S FRAME,**  
brown with brown lenses, Dior. They are much missed!  
REWARD! 415-868-0681 917-209-4639

O 9/18

**LOST: LABOR DAY-AMPLIFIER STAND-**  
a pair of cowboy boots with wooden top. StuArt-2769

SC 9/19

**LOST: A PAIR OF VERY COOL RAYBAN SUNGLASSES**  
at farm stand art show opening last weekend, 9/7.  
(559) 288-3401

VW 9/13

**LOST 35MM CAMERA WITH ZOOM LENS. LAST  
SEEN ON THE BACK TWO TABLES OF THE  
COMMUNITY CENTER AT JEFF AND VANESSA'S  
WEDDING ( SENT FROM A PERSON WITHOUT A  
TRUST FUND) CHARLIE CALLAHAN—  
FROZINLAVA@GMAIL.COM**

CC 9/30

## LOST

**Grey cat, very friendly, on little Mesa. 868-0339**

JM 10/2/13

## LOST

**Kaydon's bike helmet(skate style) Call 9036 if found**

10/2 MA

**STOLEN BICYCLE: BLACK SCHWIN 3 SPEED**  
with basket, white wall tires, lg. seat. Last seen on Gospel Flats  
may be downtown. Allan @ PO Box 254

AL 8/28





# HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

## SERVICES

### BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

**HANDYMAN: HOME REPAIR, CARPENTRY,** painting, Hauling too! 27 years experience. Local refs. Steve Hill -2310

SHX

**FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING** Dump Runs, Cow Manure, Recycling, Humane animal removal - Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

### TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping Insured #676377 Steve Ryan 868-1584

SRX

**AIRPORT?** Howard Dillon's fast, comfortable, car for all Bay Area pick-ups, early or late. Many satisfied local refs. Phone 868-2144

HDX

## SMILEY'S

SCHOONER SALOON & HOTEL

- INTERNET ACCESS • CHECK CASHING
  - WESTERN UNION • ATM & CREDIT CARDS
  - COLOR COPIER (B&W too)
- 41 Wharf Rd., Bolinas 415-868-1311

## SERVICES

"I can see again"  
**CLEAR LIGHT WINDOW WASHING**  
Call Dale-0782

[hearsaynews@yahoo.com](mailto:hearsaynews@yahoo.com)

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.

## HEALTH AND HEALING

June McAdams, RN  
Compassionate and Skilled  
Hospice Care Home Care  
Newborn to Elders  
Coastal Marin Only  
More than 39 years nursing experience  
(415) 868-9052

**CAREGIVER AVAILABLE**  
Excellent homecare, cleaner.  
Call 868-1782 Anita & William

CH X

## HOUSING WANTED

**CALLING ON THE BOLINAS TRIBE, PLEASE HELP** for finding affordable, clean living space for mature longtime local lauded woman activist. Creative, responsible with references. Call Camila 868-0426 or e mail: dakini@svn.net

CMx

## HOUSING WANTED

**Fred Wahpepah and wife + 2 dogs are looking for a two bedroom home. Forced from their home in Richmond. Fred is one of the last Native American Elders left in the Bay Area. Call Mark Butler-0245**

MB 10/2

## WANTED

**LOCAL LOOKING FOR A SMALL LITTLE STUDIO** space for the winter months for art/musical recording. Any creative thoughts on this? Please contact Vanessa @ (559)-288-3401 Thanks!

VW 10/11

## HELP WANTED

**ANY ANGELS AROUND? SOMETIMES MICHAEL** can't read. He loves being read to. Anyone willing to come once a week for an hour? Vivienne- 2241

VVR 10/7

**STAR ROUTE FARMS IS LOOKING FOR A DRIVER/** market person 2 day/week, Thursday and 1 weekend day. Early start. Clean drivers license required. Please call 868-1658 and speak with Annabelle or Warren.

A/X



### 1 October

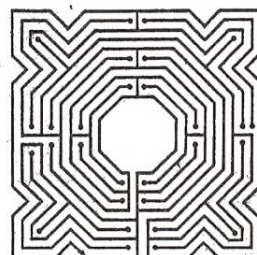
*Kalends of October/Fides*

**K** Fides was the personification of faithfulness, worshipped as a goddess in Rome.



### 2 October

*Goddess month of Mala ends/Holy Guardian Angels*



Whether as guardian angels, sprites, or spirits many believe in something that protects each of us from ill. The four-cornered labyrinth is a sigil of guardianship.