# BOLINAS HEARSAY NEWS



Bolinas Hearsay News

Wednesday, October 24, 2018

50 cents (tax incl)

#### WHAT'S HAPPENING???

Wednesday, October 24

BRIONES LIONS CLUB

Regular monthly meeting @ Rod & Boat Club, 7pm

Thursday, October 25

BILINGUAL STORYTIME

With Camilla Ford @ Library 4:30-5:30pm. Stories, songs, crafts for kids

Live rock @ Smiley's, 8pm, no cover.

Friday, October 26

NO PLACE LIKE HOME

Free brunch for everyone @ Community Center, noon.

MOVIE IN THE PARK

Hot-dog BBQ, 5:30pm, screening of 'Coco,' 6:30pm @ Mesa Park ball diamond. Bring jackets, blankets & camp-chairs.

MAGIC IN THE OTHER

Live band @ Smiley's. 9pm

Saturday, October 27

FREE TOXICS AWAY DAY

Bring your household hazardous waste to Mesa Park from 9am-1pm. Free but RSVP: 1-800-207-8222

FREE FLU SHOT CLINIC

@Stinson Beach Firehouse, 11am-2:30pm

CARNY HALLOWEEN BASH

Los Padres, DJ Bones, Pirate Pizza Bolinas Community Center 7PM \$20 Adults \$10 Kids

THE CROOKED STUFF

Electro-haunted soul/funk house party @ Smiley's, 9pm

Sunday, October 28

FLY BY TRAIN

to the deep South & back @ Smiley's, 5pm

Wednesday, October 31

HALLOWEEN

Open house @ Community Center, 5-8pm. Potluck, and spooky dance music from Coastal Scrubbers, free

#### HAPPY HAPPY BIRTHDAY!!

October 24:

Susan Braun

Ned Riley

Larry Ponder

Phil Buchanan (remembered)

October 25:

Gene Marchi

Taro Tuomi Smithson

October 26:

Sadia Greenwood Diana Alstad Lia Sabbatini Ahren Tiller

Waz Thomas

October 27:

Rowen Damio Cooper-Caroselli

Emmeline Craig

October 28:

Butch (H D Lueker)

William Matthew Henry

Yoey Kahn

I can be hurt by nothing but my thoughts.

-From A Course In Miracles (Workbook, pg. 428)

WISDOM OF THE SAGES

+++++++++++++++++++++++++++++++++



There is a reason why wisdom is associated with age. Traditionally, elders have been the wise men and women of communities. Most spiritual leaders apprenticed for the majority of their lives before beginning their practice. In many parts of the world, elders are honored and respected for the wisdom they have gained through life experience. They are considered to be a valuable source of knowledge and have an important role to fulfill in passing on traditions and customs.

In many corners of the globe, nursing homes for the elderly are rare. Caring for one's aging parents is considered an honor and a blessing. In other cultures it is not uncommon for three or four generations to live together under one roof. Immediate families consist of children, parents, grandparents, great-grandparents, and sometimes great-aunts and great-uncles. Such intergenerational coexistence is beneficial to all. There are caregivers for both young children and the elderly, and older relatives can pass down the family history to, and act as role models for, younger family members.

In Native American culture, elders are appreciated for their close connection to nature and the spiritual world. They are known as "wisdomkeepers," acting as caretakers of the planet. Respected for their life experience and wisdom, African elders serve as mediators between deceased ancestors and living family members.

Honoring and respecting our elders is a way of building community and strengthening society. It helps us appreciate every stage of life and view aging in a positive light. After all, hopefully we ourselves will have the opportunity to become sages in our later years.

-Madisyn Taylor "Daily OM"

The person who says it cannot be done should not interrupt the person who is doing it.

-Chinese proverb



AH

I want to love as deeply As love allows I want to fall into the center Of a rose and see And smell as much as I can See and smell I want to be trusted My life at stake Should I break loyalty I want to dance As high and rhythmically as My body allows I want to embrace I want to sing I want to find joy In each moment Something good to say About the smallest thing Gracias por la vida Thank you for life And breath And the smile on my face



- Corlene Van Sluizer



There ain't nothing but one thing wrong with every one of us, and that's selfishness.

-Will Rodgers



A man wrapped up in himself make a very small bundle.

-Benjamin Frankli



mary



### STAR ROUTE FARMSTAND

# cool coastal Greens and then some!

Friday 12 - 5 PM · Roadside In Our Field

MIGUEL
BUSTAMANTE
DENTAL
CORPORATION



24 WHARF RD. BOLINAS 415 868 0911



Interview with Chloe McCollum
by StuArt

Tell us what you're doing

We're going to Vietnam to build a house for a family- in-need with Habitat for Humanity. I went last year with my dad Jesse and our team leader Paul Mann. We built a house. It took about 2 weeks. We met in Ho Chi Minh City and travelled to Lon Ahn with our team of 9 people. We met the family and others we would be working with. One guy from Habitat spoke English.

We were working in rice paddies building for the last family in Lon Ahn without a real house. Their last house was made out of sticks. The house we built was made out of bricks. Everything is built out of bricks

So you're going back. Why?

One of the most amazing experiences of my life. It's important to me to use my privilege to help. Paul and his group were my age during the Vietnam War and it was inspiring to see them reconnect. There's nothing like working in the mud to actually be "in country."

How can we help?

My commitment to the program is \$1700. Each member raises that amount which pays for the house to be built and feeding the volunteers. The plane ticket is extra. We're having a dinner and a show to raise funds at the Community Center on Saturday, Nov. 10 in the evening. My mom (Emilee) and Ben will be playing. My uncle David (Polo) might come. I'll be cooking.

Any last thoughts for Hearsay readers?

The idea of the global village is really beautiful, and coming from such a strong village connection, I feel called to sharing that.

Thank you, Chloe

(here's the link to donate online: https://share.habitat.org/chloe-dancer



### Halloween





Con el Bolnas Children's Center Miercoles 31 de octubre 12pm @The Park Downtown

lEstán invitados a unirse a nosotros para una corta y dulce celebración de Halloween! Después de un almuerzo de picnic en el centro, haremos un truco trato en los negocios de Wharf y Brighton.

#### Halloween

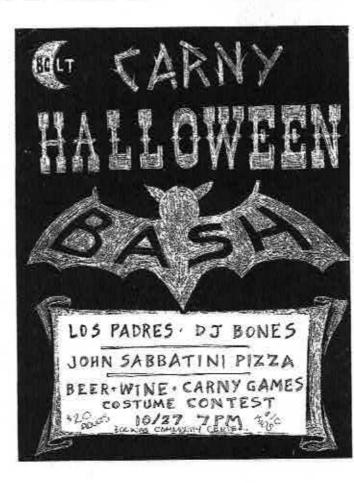
for the

#### Very Young

With the Bolinas Children's Center Wednesday, October 31<sup>st</sup> 12pm @The Park Downtown

Join us for a short, sweet celebration of Halloween! After a picnic lu downtown, we will trick-or-treat at the businesses on Wharf and Brighton.

Window Cleaning
415.663.9669
West Marin's Best



## FREE Toxic Away Day Bolinas

60 Cars Maximum - by Appointment Only

Dispose of your RESIDENTIAL household hazardous waste

# FOR AN APPOINTMENT CALL

1-800-207-8222

and press 204

### **DISPOSAL OF MATERIALS SUCH AS**

· Paints, stain, shellac, solvents, roof patch

 Fertilizers, pesticides, herbicides, rat poison

 Adhesives, caulk, motor oil, antifreeze, bleach, cleaners, pool chemicals

E-waste, batteries, lightbulbs

Maximum deliverable amounts: 15 gallons liquid or 125 pounds dry.





Sponsored by:

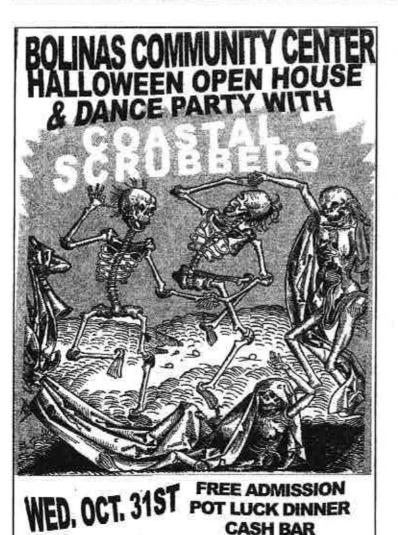
City of San Rafael Fire Department Bolinas Fire Protection District Bolinas Community Public Utility District Zero Waste Marin

# Saturday Oct 27 2018 9am to 1pm

Mesa Park 100 Mesa Road

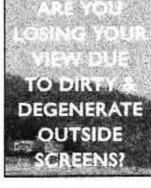
Marin County residents only.

Safe & Free



DANCING EVERYONES INVITED





Genius Retractable Screens\* mount on the inside of your windows and roll up when not in use, for a clear bug free view.

This innovation allows screening for

- Old fashion push-out awning windows
- · Double hung windows
- Casement windows.
  - \* geniusscreens.com for more info.

Available in 4 wood species and 6 colors at

Pacific Sash & Door

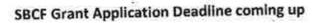
### MOVIE IN THE PARK

Friday, October 26, 2018

D Mesa Park Little League Field



All proceeds benefit snack shack renovations at Mesa Park. All donations welcome SPONSORED BY FRIENDS OF MESA PARK



It's that time of year again! Time for chilly nights, dark mornings, pumpkins, goblins and ghouls... and, it's time to submit your grant application to the Stinson/Bolinas Community Fund! Wednesday, October 31<sup>st</sup> is the deadline for the grant applications. Applications can be emailed to info@sbcfgrants.org, or mailed to S/BCF, P.O. Box 367, Stinson Beach, CA 94970 (postmarked on or before 10/31/18), or you can hand your application to me at my work or in the street any time before next Wednesday.

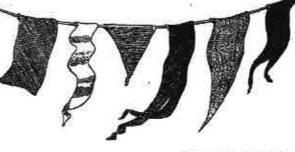
The Stinson/Bolinas Community Fund provides grant funds to individuals and/or organizations that apply for projects or programs that directly benefit the communities of Bolinas or Stinson Beach. The maximum amount of funding awarded is \$3000.00 per grant cycle. There are two grant cycles per year, one in the Spring and one in the Fall.

To find out more about the Stinson/Bolinas
Community Fund, see what types of projects we
have funded in the past, or download an
application please go to our website at
www.sbcfgrants.org.

Thank you!

Belle wood Grants Consultant Stinson/Bolinas Community Fund





# ADVERTISE IN THE Hearsay

PROMOTE YOUR BUSINESS

REACH LOGALS AND VISITORS

SUPPORT YOUR FAVORITE BOLINAS NEWSPAPER

### PRINT IS THE WAY TO GO

We can help you design your ad



FRI "The French Touch" oul oul 4 PM SAT "Morning Glory" Music with Anneke 7 A

SUN Teja Gerken and guitar in studio 6 PM
MON Morning with "Cuppa Jo" 8 AM
THE The Dr.'s Halloween Spooktacular 10

TUE The Dr.'s Halloween Spooktacular 10 Pl WED Gus Conde hosts kids 5-7 PM \*trick or treat



For more information, to volunteer, or to join Cal 415 663-1075 Save \$ by buying tickets in advanc at: www.dancepalace.org

Point Reyes Community Lunch EVERY THURSDAY -12:00pm BY WEST MARIN SENIOR SERVICES

Break bread with friends at the community lunch every Thursday. Plus live music the first Thursday of each month The organic food is prepared by Good Earth Natural Foods Make reservations by 11 AM on the prior Monday. Contact the Nutrition Program Manager at West Marin Senior Services, 415-663-8148; x.104.

Marin Master Gardener Seminar: Fire in Marin! A Free hour Seminar 10/27/2018 - 10:00am Come learn why our communities are at great risk for a catastrophic fire an what you can do about it. Learn how to implement attractilandscaping that complies with your Fire Department's Defensible Space regulations, how to make your home more fresistant and what you need to know to be ready to evacual fineeded. Pre-registration required; email Firein-Marin@comcast.net. List the class date, your name, phone number, email, town and fire station. Location: Church

Today's Hearsay brought to you by: StuArt Chapman, editor June McAdams, ads William McGovern, press





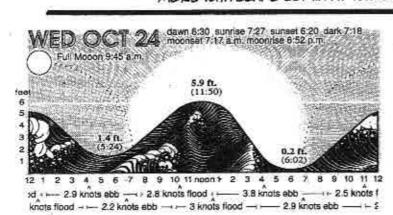








MORE WHITECAPS COMIX AT WWW. WHITECAPSBSB-ORG/PHOTO GALLERY



6 ft. (12:21)

1.7 ft. (5:53)

1.7 ft. (5:53)

1.7 ft. (6:40)

25 dawn 6:31, sunrise 7:28, sunset 6:19, dark 7:17 moonset 8:21 a.m. moonse 7:27 p.m.

868hearsay@gmail.com • P.O.Box 327 Bolinas 94924 Sold at: The Bo General Market, Bo People's Store & Don's Liquurs Published for over 30 years!

# HEARSAY CLASSIFIEDS

#### ANNOUNCEMENTS

#### TENNIS?

1 will be staying in Bolinas Oct 7-14. Would like to play tennis. 3.5-4.0 If interested contact me at: cferrell.varner@gmail.com

FV 10/31

# West Marin Branch Library Hours

#### Stinson Beach:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 1 to 9 p.m.
Fridays • 10 a.m. to 6 p.m.
Saturdays • 10 a.m. to 5 p.m.

#### **Bolinas:**

Mondays • 10 a.m. to 6 p.m. Wednesdays • 10 a.m. to 6 p.m. Thursdays • 1 to 9 p.m. Saturdays • 10 a.m. to 5 p.m.

#### Point Reyes Station:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Thursdays • 2 to 9 p.m.
Fridays • 10 a.m. to 2 p.m.
Saturdays • 10 a.m. to 2 p.m.

#### Inverness:

Mondays • 3 to 9 p.m.
Tuesdays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Fridays • 3 to 6 p.m.
Saturdays • 10 a.m. to 1 p.m.

### Read the Hearsay Online

OR 33¢ per day, more or less. Give yourself, a friend, or an expatriate member of your of your extended family the gift of local news three times per week, delivered electronically. Stay home. Save trees. Isolate. Subscribe anonymously by contacting Michael Rafferty, Publisher and Online Editor, 868hearsay@gmail.com

#### Classified ads that are free

As a public service, the Bolinas Hearsay News will print ads in the categories LOST & FOUND, FREE and RIDE SHARE at no charge. Maximum approx. 20 words, it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com

BOLINAS COMMUNITY CENTER

### Weekly Classes and Events Schedule For October

Somatic Exercise Pilates Mat w/Lisa Townsend 9:30am - 10:45 am 5:30pm - 6:30 pm

#### THESDAY

Elder Diaspora Dance w/Amber Hines 9:00am - 10:15 am Aerial Arts w/ Joanna - Beginner 7yrs 3:45pm - 4:45pm Aerial Arts w/ Joanna - Intermediate Starts 30<sup>th</sup> 4:45pm -

6:00pm
Pirate Pizza: Call (415) 328-1066 to preorder 3:00pm - 7:00 pm
BCC Board of Directors Meeting (3<sup>et</sup> Tues of month in library) 5:00pm
Contemporary Dance w/Lisa (teens & adults) 6:30pm - 7:30pm

#### WEDNESDAY

Pilates Mat w/Lisa Townsend 8:30 am -9:45 am F.L.A.G.ship in front of Library (0-5yrs) 1:15pm - 2:30 pm After School theater Starts 17<sup>th</sup> 2:45pm - 4:30pm

#### THURSDAY

USDA food bank

12 noon

#### FRIDAY

Pilates Mat w/Lisa Townsend 9:00am - 10:00 am Ballet w/Erika Townsend (No class on the 28th) 10:30 - 12:00 pm No Place Like Home (Free Brunch 4<sup>th</sup> Fri of Month) 12:00pm

#### SATURDAY

Diaspora Dance w/Amber Hines

9:00am -10:30 am

#### SUNDAY

Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit <a href="https://www.bocenter.org">www.bocenter.org</a> for more info & special events!



#### FREE

FULL SIZE BEIGE COUCH Prime condition, 415 847-3919 or 415 868-2758

PD 10/19

#### FREE VINTAGE O'KEEFE & MERRIT STOVE Works but needs TLC. In front of my place. You pick-up. Tim 415-602-1869

TW 9/2

#### 1980 TOYOTA TRUCK - DOLPHIN/CAMPER REMOVED

Perfect for someone who can build a tiny house on the flat bed. Currently parked on Fern between Poplar & Larch. No key. Needs new ignition. call: 415 302 8419

MA 9/17

#### WOOD COMPUTER DESK WITH SHELVES

3.5 feet wide, 2 ft, wide. 2 foot tall desk part, 4 ft. tall back. Excellent condition. 868-2277

JM 10/12

868hearsay@gmail.com • P.O.Box 327 Bolinas 94924 Sold at: The Bo General Market, Bo People's Store & Don's Liquurs Published for over 30 years!

# HEARSAY CLASSIFIEDS

#### ANNOUNCEMENTS

#### TENNIS?

I will be staying in Bolinas Oct 7-14. Would like to play tennis, 3.5-4.0 If interested contact me at: cferrell.varner@gmail.com

FV 10/31

# West Marin Branch Library Hours

#### Stinson Beach:

Mondays • 10 a.m. to 6 p.m. Tuesdays • 1 to 9 p.m. Fridays • 10 a.m. to 6 p.m. Saturdays • 10 a.m. to 5 p.m.

#### **Bolinas:**

Mondays • 10 a.m. to 6 p.m. Wednesdays • 10 a.m. to 6 p.m. Thursdays • 1 to 9 p.m. Saturdays • 10 a.m. to 5 p.m.

#### Point Reyes Station:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Thursdays • 2 to 9 p.m.
Fridays • 10 a.m. to 2 p.m.
Saturdays • 10 a.m. to 2 p.m.

#### Inverness:

Mondays • 3 to 9 p.m.
Tuesdays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Fridays • 3 to 6 p.m.
Saturdays • 10 a.m. to 1 p.m.

## Read the Hearsay Online

Give yourself, a friend, or an expatriate member of your of your extended family the gift of local news three times per week, delivered electronically. Stay home. Save trees. Isolate. Subscribe anonymously by contacting Michael Rafferty, Publisher and Online Editor, 868hearsay@gmail.com

#### Classified ads that are free

As a public service, the Bolinas Hearsay News will print ads in the categories LOST & FOUND, FREE and RIDE SHARE at no charge. Maximum approx. 20 words, it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com



#### Weekly Classes and Events Schedule For October

MONDAY

Somatic Exercise Pilates Mat w/Lisa Townsend 9:30am - 10:45 am 5:30pm - 6:30 pm

#### TUESDAY

Elder Diaspora Dance w/Amber Hines 9:00am - 10:15 am Aerial Arts w/ Joanna-Beginner 7yrs 3:45pm - 4:45pm Aerial Arts w/ Joanna - Intermediate Starts 30<sup>th</sup> 4:45pm -

6:00pm
Pirate Pizza: Call (415) 328-1066 to preorder 3:00pm - 7:00 pm
BCC Board of Directors Meeting (3rd Tues of month in library) 5:00pm
Contemporary Dance w/Lisa (teens & adults) 6:30pm - 7:30pm

#### WEDNESDAY

Pilates Mat w/Lisa Townsend 8:30 am -9:45 am F.L.A.G.ship in front of Library (0-5yrs) 1:15pm - 2:30 pm After School theater Starts 17th 2:45pm - 4:30pm

#### THURSDAY

USDA food bank

12 noon

#### FRIDAY

Pilates Mat w/Lisa Townsend 9:00am - 10:00 am Ballet w/Erika Townsend (No class on the 28th) 10:30 - 12:00 pm No Place Like Home (Free Brunch 4th Fri of Month) 12:00 pm

#### SATURDAY

Diaspora Dance w/Amber Hines

9:00am -10:30 am

#### SUNDAY

Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit <a href="www.bocenter.org">www.bocenter.org</a> for more info & special events!



#### FREE

FULL SIZE BEIGE COUCH Prime condition, 415 847-3919 or 415 868-2758

PD 10/19

### FREE VINTAGE O'KEEFE & MERRIT STOVE Works but needs TLC. In front of my place. You pick-up.

Tim 415-602-1869

TW 9/24

# 1980 TOYOTA TRUCK - DOLPHIN/CAMPER REMOVED Perfect for someone who can build a tiny house on the flat bed. Currently parked on Fern between Poplar & Larch. No key.

Needs new ignition, call: 415 302 8419

MA 9/17

#### WOOD COMPUTER DESK WITH SHELVES

3.5 feet wide, 2 ft, wide. 2 foot tall desk part, 4 ft. tall back. Excellent condition. 868-2277

JM 10/12