WHAT'S HAPPENING

Thursday, November 14

THE PINK TRIO
Diana Lerwick, Adrienne Pfeiffer & Sharron Drake @ Coast Café, 6-8pm

MOLLY MAGUIRE & BOLINAS CHOIR
Live music @ Smiley’s Saloon, 8:30pm

Friday, November 15

LLOYD KAHN
‘The Half-Acre Homestead’ talk @ Commonweal 2-4pm

YOUTH NIGHT
Music, games, ping pong & snacks; learn about local, non-profit Marin Organic, Community Center, 7-10pm

FREE PEOPLES
Live newgrass music @ Smiley’s, 9pm, cover.

Saturday, November 16

COMMUNITY CENTER
Board of Directors meeting, St. Aidan’s, 10am

BLACKWATER GOLD
Live afro-funk music @ Smiley’s, 9pm, cover.

Sunday, November 17

A PURGING OF BOLINAS
Full moon town smudging, gather together at the downtown park at sunset/moonrise. Smudge sticks available at Bobolicious

DALE POLISSAR TRIO
Eclectic jazz, w/ Bart Hopkin, guitar, & Piro Patton, bass, @ Station House Café, Pt Reyes, 5-8pm

Thursday, November 28

THANKSGIVING/HANUKKAH HOLIDAY
COMMUNITY CENTER THANKSGIVING
Call -0419 to assist in this great community event

“War Is a Stupid Game”

by Jared

Veterans Day having just been observed, I wanted to tell a war story from my time in the U.S. Army. I was drafted on February 24, 1969 and sent to Fort Benning, Georgia for basic training. After basic I was sent to Fort Gordon, Georgia for Military Police training. As a draftee I did not get to choose my MOS (Military Occupation Specialty) so I was picked to be an MP, the “soldier’s soldier.”

After I got to Fort Gordon I met a guy named David Biancini who was from Massachusetts. David was a real character and had an amazing amount of self esteem. He insisted on being called “Mr. Biancini.” He had a marvelous sense of humor and we became fast friends.

A week after we met he told me he was going to send home for some pot, and asked me if I wanted to go in on some. I answered of course and gave him some money. We would sneak off into the woods surrounding the barracks and get high together. Once on a weekend pass we even dropped acid and went to the lake. We became inseparable buddies.

Towards the end of Military Police training we went on bivous, which was like a big camping trip. The Army had constructed an exact replica of a Vietnamese village in the wild outback of Fort Gordon. We were separated into two teams, the red team and the blue team, and spent a week undergoing training similar to what we might expect in Vietnam.

They put David and me on different teams and we didn’t get to see each other for a couple of days while we played war games - the red team against the blue team. He was on the red team and I was on the blue team.

Late one night I was in a foxhole guarding the perimeter of the Vietnamese village. It must have been around 2am when I heard a “pres” and David slipped into my foxhole.

He had come for a friendly visit. I was overjoyed to see him. We lit up a couple of cigarettes (tobacco not pot) and in low voices laughed about what bullshit the Army was.

Suddenly I froze. There I was consorting with the enemy. What if they caught me chatting amiably with the other side? David kept guaffawing about the Army while I tried to figure out a strategy.

continued on page 2
"War is a Stupid Game" continued from cover

I decided to take David prisoner. Unfortunately my rifle was on the other side of the foxhole.

My rifle was an M-14 loaded with blanks. The rifle was what's called a semi-automatic and normally the pressure from a bullet would recock the rifle. But because the rifle was loaded with blanks it had a flash suppressor over the muzzle, a piece of metal that kept enough pressure in the barrel to chamber another round.

I kept making small talk with David while my mind spun wildly. Suddenly I dove for my rifle intending to point it at David and take him prisoner. Unfortunately the rifle went off when I grabbed it. Sparks shot out of the muzzle.

"FUCK YOU BLIND LED ME!" David cried and holding his hands over his face fell into the bottom of the foxhole.

He grabbed the rifle on the ground and I burst into tears. I had just shot and blinded the only person I loved in the world because of a stupid war game.

The whole concept of war and killing whirled through my mind as I stood there holding the rifle in my hands and looking at my buddy in the bottom of the foxhole.

How had I been so deceived? What kind of mad, hateful propaganda made me shoot my best friend. I was full of guilt and remorse. I knew that was the reality of the war in Vietnam, they'd trick you into shooting your best friend.

David jumped up from the bottom of the foxhole and saw me crying. "I'M OK," he said. "You scared me pulling a stunt like that. I gotta get out of here before they come and investigate."

He climbed out of the foxhole. Before he left he turned to me. "Never do that again" he said.

"War is a stupid game."

PARABLE OF IMMortality.

I am standing upon the seashore. A ship at my side spreads her white sails to the morning breeze and starts for the blue ocean. She is an object of beauty and strength and I stand and watch until at length she hangs like a speck of white cloud just where the sea and sky comes down to mingle with each other. Then someone at my side says, "There she goes!"

Gone where? Gone from my sight... that is all. She is just as large in mast and hull and spar as she was when she left my side and just as able to bear her load of living freight to the place of destination. Her diminished size is in me, not in her. And just at the moment when someone at my side says, "There she goes!" there are other eyes watching her coming and other voices ready to take up the glad shout, "There she comes!"

---HENRY VAN DIKE---

BIRTHDAY TREATS ARE BACK! On your birthday, you can take the Hearsay News with your birthday listing in to Bobolicious to get your Birthday Sweet Treat, courtesy of the Bolinas Hearsay News and Bobolicious Smoothie Lounge.

Find your birthday treat coupon in the Classified Section of today's Hearsay.
LOCAL-AUTHOR BOOK REVIEW
Transition to Peace
by Russ Faure-Brac

This short and lucid book packs in a wealth of information, starting with the eye-popping size and cost of the US military, but then turning quickly to the hope offered by the vast number of initiatives worldwide that are working to resolve international conflict in other ways that focus instead on building understanding and relationships. Drawing on work from eminent authorities in a wide array of disciplines including history, psychology, agriculture, economics, and martial arts, Faure-Brac thoughtfully and convincingly makes the compelling points that: 1) the present level of consumption of the world’s limited resources by militarily driven US foreign policy is unsustainable; 2) humans can change their behavior rapidly and profoundly when pressed sufficiently by circumstances; and 3) there are many examples out there of successful conflict resolution by nonviolent means.

Although I was deeply skeptical of the possibility for significant change as I began the book, I was won over by its objective, realistic look at the world’s situation and by the fundamental common sense of the positive ideas it carefully lays out. You’d never know it from TV news, but I learned here that attitudes are already shifting towards peaceful problem-solving. This is happening in many small ways all over the globe, and almost always from grass-roots efforts by young people. I was left feeling much more hopeful about the future my grandkids might see and about the power of countless tiny individual contributions combining to change a culture, such work meanwhile making all those individual lives more fulfilling. It’s a quick read whose message will keep coming back to you long after you finish it – and just might transform your life.

- Don Smith

FIBERSHED’S ANNUAL WOOL SYMPOSIUM
This year’s symposium moves forward on the ‘Cool Clothes Campaign’ through detailing the best soil-to-skin practices for reversing climate change; starting with a report from our rangeland scientists on the results of four years of soil carbon analysis on grazed lands. Following upward through the supply chain we will hear the voices of two young emerging sheep ranchers, we will share our research on the California Wool Mill Project, and provide our findings of the six month long wool inventory project. We will have a host of amazing local artisans and farmers selling their freshly farmed clothes.

For more information and to register: http://www.fibershed.com/event/wool-symposium-2013/
Saturday, November 16, 10 AM-4 PM

YOUTH NIGHT
Bolinas Community Center
Friday November 15th
7pm-10pm

Free Hangout for Midschoolers
Music, Games, Ping-Pong & Snacks
Learn about local Non-Profit Marin Organic
Garden of Eden
Open House for the new Herb Collective

Please come on Sunday November 17th from 4 to 5:30 pm to meet the new collective members, Eden Clearbrook, Courtney Fischer, and Alison Wood.

Bring your own cup for hot tea and a comfy cushion/small seat.

Garden of Eden Apothecary
65 3rd St. Point Reyes Station

www.gardenofedenapothecary.com
415-663-1747

MIGUEL
BUSTAMANTE
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CORPORATION

24 Wharf Rd, Bolinas
415 868 0911

Turkey Cooks for Town Thanksgiving Needed

Anyone who would like to bake a turkey for our celebration at the Community Center please call Ilka Hartmann at 0419.

You can pick up a free turkey at the Market, prepare it according to your favorite recipe and share it with everyone on Thanksgiving Day and we’ll all thank you.

-Ilka Hartmann

LIVE MUSIC AT THE BEACH
Fri., Sat. & Sun Nites NOVEMBER
Open Mic Sun. 8-12
DJ Spin Mon. 9-1
Pool Tourney Tue. 8-12
Karaoke Wed. 8-12:30
New Bands Thurs. 8-12

SMILEY'S SCHOONER SALOON & HOTEL
41 Wharf Road, Bolinas 415-868-1311

HAPPY HAPPY BIRTHDAY!!!

November 11: Ken Gardiner
Cynara Doe

November 12: Jim Marcus
Jim Angel

November 13: LuLu Drux

November 14: Siena Woods

November 15: Mason Eric Healy-Patterson
Terry Harris
Lincoln Smith
Kristopher Dierks

November 16: Randy Rush
Molly Klein
Jack McClellan

November 17: Susan Tacherra
Graham Degen

SPIRIT HOUSE TENDERS
Looking for people willing to tend the Spirit House for 2014. The space is cleaned and made beautiful every week. We recruit seven people and with the coordinator it amounts to an every two month obligation of about two hours each time. It’s a beautiful thing to provide for the community and something that is much appreciated. Please call June McAdams to volunteer 868-9052
BOOK REVIEW

"It's All A Kind of Magic: The Young Ken Kesey"  
Rick Dodgson  
University of Wisconsin; 250 pages; $26.95/e-book $16.95

In the mid-1960s, Ken Kesey stormed the public stage like few writers ever have. His first two novels, One Flew Over the Cuckoo's Nest and Sometimes a Great Notion, were immediate American classics and best-sellers, soon to appear on stages and in films featuring very famed actors. Tom Wolfe's Electric Kool-Aid Acid Test detailed Kesey's cross-country adventures with his band of "Merry pranksters" and beat icon Neal Cassady, and made both himself and Kesey even more renowned. And then Kesey, beset by legal and other troubles, basically stepped off stage, spending the rest of his life as a family man and occasional author with a notably lower profile until his death in 2001.

But where had he come from? His youth was akin to that of a real-life Huck Finn, who transformed into a revolutionary counter-cultural figure. That's the story of It's All A Kind of Magic: The Young Ken Kesey, Rick Dodgson's biography of the first thirty years of Kesey's life http://uwpress.wisc.edu/books/5162.htm. It shows that, even in his early years, Kesey lived an exuberant life on center stage, whatever he was up to.

Dodgson is a history professor and his book began as his doctoral dissertation and sometimes reads that way, but overall his tale is well told. He started by befriending Kesey and gaining access to large archives of previously unseen material, and then doing over a decade of research and writing to produce this engaging tale. Born in Colorado, Kesey's family moved to Oregon when he was seven, and it seems from boyhood his main concern was larger than life. Star athlete, stage actor, school journalist, frat boy, and yes, prankster, he perfectly fit the mold of a Big Man On Campus, in fact named "most talented" overall. The lure of acting brought him to Hollywood in the late 1950s, where he uncharacteristically failed at following his idol Marlon Brando onto the screen. Having published a few stories and written many more, he then gained admittance to Wallace Stegner's elite writing fellowship at Stanford and was nurtured and born as a writer. He simultaneously rubbed people the wrong way and impressed them, including Stegner himself.

Kesey's years on the San Francisco peninsula are the heart of this book - an unpaused Palo Alto street called Perry Lane he became the center of a legendary Bohemian "Intellectual party scene." People lucky enough to have been there recall vividly the wild revels, readings, and sometimes mayhem that regularly occurred, and Dodgson retells their stories in detail. Notably, Kesey had a job at a local hospital to pay the bills, and also underwent legal, official experiments with psychedelics courtesy of Stanford researchers and the CIA - the idea of Cuckoo's Nest was sparked in part by a peyote trip.

Yet despite all these distractions, Kesey was also writing with diligence, and all these experiences, coupled with his rural Oregon upbringing, informed his unique first novels. When Perry Lane was sadly condemned and bulldozed, he moved his family to the little town of La Honda and continued the writing - and partying, in what his friend Hunter S. Thompson called "the world capital of madness." Kesey started but abandoned a novel titled "One Lane" about those days.

"Name is a want," Kesey opined, after he had found it and found it wanting. This book stops abruptly as Kesey's books, name, and charismatic reputation were on the verge of wide renown. The "acid test" events, famous 1963 "Furthur" bus trip, Grateful Dead as house band, pot busts, fugitive episodes and more were coming soon but have already been more than adequately detailed by Kesey himself, Wolfe, and many others. Here is all that came before, when Kesey felt that what he was working on was bigger than him by far - that his visions were those of an entire movement, towards a peaceful revolution.

"We're on the verge of something very fantastic" Kesey predicted in 1963, "and I believe our generation will be the one to pull it off." Dodgson argues that Kesey and his circle were "true pioneers" whose influence still runs through much of our nation's changes of the past few decades. "It was time for a real-life Prometheus to spread the fire to the masses and Kesey was the ideal man for the job." Well, yes, and alas, no, but this fine story of that temporary, partial revolution and the formative years of a key figure who sparked some of it is a very worthy read.

Postscript: I only met Kesey a couple of times, in large group settings. He was friendly, low-key, and an exception to the general warning to avoid meeting one's heroes. One of those evenings, backstage at a 1991 Halloween Grateful Dead concert, featured Kesey joining the band onstage during their signature psychedelic tune "Dark Star" to recite a bit of poetry by e.e. cummings.

-Steve Heilig

Buffalo Bill is Defunct  
by e.e. cummings

Buffalo Bill is  
defunct  
who used to  
ride a watersmooth-silver  
stallion  
and break onewhorefourright pigeonaustlikethat

Jesus  
he was a handsome man  
and what i want to  
know is  
how do you like your blueeyed boy  
Mister Death

note: e.e. cummings composed poetry on a typesewriter. The layout is his own design

MESSAGE FROM ALETHEA- THE THINGS LEFT AFTER EAT DOG'S MEMORIAL AND POTLUCK ARE ON THE TABLE RIGHT OUTSIDE THE GATE TO GILLYFLOWER NURSERY READY TO BE PICKED UP

Submitted by Jane McAdams
Make paella and community, says Regenerative Design Institute chef
By Vicki Larson
Marin Independent Journal

CARIN McKay would like more people to make paella.
Of course, you don't have to make it like she does. McKay, longtime chef at the Regenerative Design Institute in Bolinas, makes it outdoors in a 4-foot pan that can easily feed 100 people — and takes four people to handle — over a fire pit lit without matches.

"To have somebody gather the twigs from right around there and light it through friction fire is inexplicable. Whenever I do the fire that way, I get a perfect outdoor paella that doesn't burn. It's really weird," McKay says of cooking at the nonprofit educational organization whose mission is to connect people to the earth.

Paella is a community food, she says. That's why she devotes three pages to explaining how to make perfect paella in her self-published cookbook, "Culinary Magic at the Regenerative Design Institute" (196 pages, $24.99).

"It's a ritual food. It has an order and a method. People have a real connection to this food. It's more than just making rice out on a fire," says McKay, who also runs a catering business, Culinary Magic. "It cooks really quick. It cooks great indoors, on a smaller pan. If you have a fire pit, it's easy to set up. But if not, working inside works great."

What you need to know: The type of rice matters. So do the saffron and stock. And you absolutely must have the proper pan (they can be found at the Spanish Table in Strawberry Village for about $20). But you don't need onions, which she admits is a controversial subject among paella lovers. The water content in onions makes the rice too mushy for traditional paella, she believes.

McKay started cooking as prep chef in a small cafe in Menlovaro when she was 14 and later as a prep dessert chef at a high-end restaurant. But she was turned off by what she considers restaurants' unhealthy environment.

When she was asked to cook at a retreat for 140 people 14 years ago, she found her calling.

"As a chef there's a lot of disconnect between the food you cook and who you're feeding, even where the food comes from. What I'm about is making connections. The beauty of cooking at these big events is that we're actually in it together. And I love that," she says. "It's not about gourmet food. It's about how we can be together making really good food, how we can be in harmony and in nature, and food is central."

Now McKay cooks for events at RDI and elsewhere.

"The vision of the place, around food and community and nature connection, more than any other place I cook for, really aligns with who I am and my values," she says. "My thing is food is health and it's got to be healthy for the cooks, for the people eating it, obviously, but also for nature and ecology."

She met RDI co-founders James Stark and Penny Livingston more than 10 years ago at a retreat. They immediately clicked.

The couple invited her to cook at a two-week permaculture course at their remote Humboldt mountain top ranch. It wasn't until she arrived, exhausted from the 100-degree heat and the long drive from her San Francisco home, that she discovered there wasn't a kitchen.

"OK, you'll have to wing it," she recalls telling herself.

That night, she served a meal for 50 cooked on a double burner stove under the stars.

It changed everything for her.

"I've traveled all over the world, especially in Third World countries, so there's a familiarity with a certain amount of chaos," she says with a laugh. "It really taught me there are so many ways and methods to do it. I learned pit-cooking. I actually had to learn a lot of ways and that, for a chef, is a delight; 'Oh, another method, another way to do this.' It has a different feel, a different quality.

When you cook something in the earth, it's just different than in an oven or on a stove."

In her beautifully photograped cookbook, McKay offers dozens of recipes that will satisfy omnivores, vegetarians, vegans and the gluten-free. Her philosophy is first follow a recipe as is, then, improvise and don't fear making a mistake.

"Following a recipe forces us out of our culinary rut. And yet, it's not until we go off recipe that we begin to create our food in a new way," she writes. "More importantly, please have fun. Try new things out. Make a big mess. Burn some stuff. Invite people over. Learn about what you love to make."

And, make paella.

**Paella with mussels, clams and artichoke hearts**

Makes 4 servings

Paella:
3 tablespoons olive oil
2 tomatoes, chopped
4 cloves garlic, minced
1 red bell pepper, diced
1 cup green beans, chopped into 1-inch segments
1 cup Bomba or Calasparra rice (Arborio will do as well)
4 ounce jar of artichoke hearts, drained and chopped
1 dozen mussels
1 dozen clams
1/4 cup fresh or frozen peas
1 lemon cut into wedges

Broth:
4 cups water
1 teaspoon saffron threads
Vegetarian bouillon (to taste)

Sea salt to taste

To make the broth, bring all ingredients to a simmer. The broth should be flavorful and fairly salty. Keep warm over low heat.

To make the paella: Put your 13-inch paella pan on your stove on medium heat and add oil. Sauté the tomatoes and the garlic until the tomatoes begin to dissolve, about 5 minutes. Add the red bell peppers and green beans, and keep sautéd for another minute. Pour the rice in a cross formation, and stir, coating the rice. Reduce heat. Spread the rice evenly on the bottom of the pan. Gently pour in 3/4 cups of your stock. Do not stir the rice. Bring up the heat gently until you see small bubbles start in the rice water, like soft rain. Add the artichoke hearts. Allow this to continue for about 10 minutes.

Nestle the clams and mussels into the rice so that you will see them when they open. Sprinkle peas on top of the paella. Cook 5 minutes until the clams and mussels begin to open and the water has been absorbed in to the rice. Check the rice for doneness. It should be firm, yet done. Not mushy. Add remaining stock if rice is under done. When done, remove from heat and add your lemon wedges in a pretty formation. Cover with a towel and let rest 5 minutes.

Option: You can add homemade chicken thighs to this recipe and sauté with the tomato.

Vegetarian option: To make this vegetarian, remove the clams and mussels, and add 1 zucchini, chopped.

by Vicki Larson, Marin Independent Journal
submtitted by Steve Heilig
FOR SALE

DRY DRY SEASONED FIREWOOD
Oak, Bay, Eucalyptus - Cut locally
Gospel Flat Farm 868-0921
DMY

No one visits here
in my dark mountain hut
where I live alone.
But for this sweet loneliness,
it would be too bleak to bear.

Tou hito me
omotiaitaru
yamachigo no
subakisa nakaba
suruikaramashii

—Saigyō

LOST AND FOUND

LOST: PRESCRIPTION SUNGLASSES IN DARK HARD case. Lost on Tues Oct 22 on Grove or Elm. — Reward 868-0108 or 847-5069
DM11/25

LOST IN BCC KITCHEN AFTER LABOR DAY:
My 10” chef’s knife with blue tape & my name on handle. Sasie -1646
SS10/18

LOST: KAYDON’S BIKE HELMET (SKATE STYLE)
Call 9036 if found
10/2 MA

LOST: KIDS KLEAN KANTEEN GREEN WATER
bottle with green sport top, downtown. 415-342-7369
NC 10/16

LOST: SPRING GREEN BIG-SHIRT
Call 2283 if found
10/11 KO

FOUND
Found a gorilla mask across the street from the laundromat after Halloween. Please describe it and it is yours. Liz 868-1882
LG 11/13

FOUND: LARGE RUG FOUND IN THE ROAD
on Monday - 11/4 Elm At Juniper.
Call 0144 Jennie Pfeiffer to claim
11/6/13

CLASSES

Weekly Schedule

Monday
Chi Gung w/ Sasie Stewart
10:00 - 11:00 a.m.
Pilates w/Lisa Townsend (pre-register 868-0473)
5:30 - 6:30 p.m.
Theater with Patrice Daley
7:00 - 8:30 p.m.

Tuesday
Yoga w/Lisa Brendel
8:30 - 10:00 a.m.
Bo Babies & Toddlers (Free Hangout)
1:00 - 3:00 p.m.
Pilates Barre in BCC kitchen (pre-order 328-1066)
4:30 - 7:30 p.m.
Aeriel Arts for Youth w/ Joanna
3:30 - 5:45 p.m.

Wednesday
Pilates w/Lisa Townsend.
8:30 -10:00 a.m.
After-School Theater w/ Lisa T.
3:30-5:00 p.m.
Theater with Patrice Daley
5:30 - 7:30 p.m.
Biblia en Español
8:00 - 9:30 p.m.

Thursday
Yoga w/Lisa Brendel
8:30 - 9:30 a.m.
USDA food bank
12 noon
After School Ballet w/Erika Townsend
3:30-5:45 p.m.
Congolese Dance w/Samurai
6:00 - 8:30 p.m.

Friday
Pilates Mat Class w/Lisa Townsend
9:00 - 10:00 a.m.
No Place Like Home (Free Branch 4th Fri of Month) 10:30 - 11:30 p.m.

Saturday
Yoga w/Lisa Brendel
9:00 - 10:30 a.m.
Kids Movement Class (3-4 yrs) w/Lisa Townsend
10:45 a.m.
Kids Movement Class (4-6 yrs) w/Lisa Townsend
11:30 p.m.
Ballet w/Erika Townsend
12:15 - 1:45 p.m.

Sunday
Brazilian Dance with Anna
11:15 - 12:15 p.m.
Theater with Patrice Daley
2:00 - 4:00 p.m.

Check the Library marquee or Calendar in BCC foyer for special events. For More Info call 868-2128 or visit www.bcc.org

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Hearsay Staff

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Steve Ryan 688-1584
SRX

HELP WANTED

POSITION ANNOUNCEMENT
The Bolinas-Stinson School seeks a Maintenance II worker/ Bus Driver II. Deadline for applications is 11/15/2013. See the website for information (bolinas-stinson.org) or call:
415 868-1603.
JS 11/15

STAR ROUTE FARMS IS LOOKING FOR A DRIVER/
market person 2 day/week, Thursday and 1 weekend day. Early start. Clean driver's license required. Please call 868-1658 and
speak with Annabelle or Warren.
A/X

HOUSING WANTED

CALLING ON THE BOLINAS TRIBE, PLEASE HELP
for finding affordable, clean living space for mature longtime
local landed woman activist. Creative, responsible with references.
Call Camila 688-0426 or e-mail: dakini@avx.net
CMx

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Michael will put you on the list and will send you reminders as new issues come out.
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Or to request a link to the password-protected website to read online and info on how to subscribe online.

HAVE QUESTIONS OR NEED HELP ENROLLING
FOR THE NEW COVERED CA HEALTH PLANS?
The Public Library and Coastal Health Alliance are partnering up to provide information and one on one assistance with enrollment.
• Every Tuesday beginning on 10/29 from 5:30-7:00pm @ Point Reyes Library
• Every Saturday beginning on 11/2 from 11:30-1:00pm @ Point Reyes Library
• 2:00-3:30pm @ Stinson Beach Library

No appointment necessary, just walk in with your questions!
If more information needed or to schedule another time contact:
Samantha Iglitis @ 415 663 8666 x 416

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