

The Bolinas Hearsay News

Wednesday, November 13, 2013

**46c** (50c wth tax)

### <u>WHAT'S HAPPENING</u>

Thursday, November 14

#### THE PINK TRIO

Diana Lerwick, Adrienne Pfeiffer & Sharron Drake @ Coast Café, 6-8pm

#### MOLLY MAGUIRE & BOLINAS CHOIR

Live music @ Smiley's Saloon, 8:30pm

#### Friday, November 15

#### LLOYD KAHN

'The Half-Acre Homestead' talk @ Commonweal 2-4pm

#### YOUTH NIGHT

Music, games, ping pong & snacks, learn about local,  ${\tt non-profit\ Marin\ Organic,\ Community\ Center,\ 7-10} pm$ FREE PEOPLES

Live newgrass music @ Smiley's, 9pm, cover.

#### Saturday, November 16

#### **COMMUNITY CENTER**

Board of Directors meeting, St. Aidan's, 10am BLACKWATER GOLD

Live afro-funk music @ Smiley's, 9pm, cover.

#### Sunday, November 17

#### A PURGING OF BOLINAS

Full moon town smudging, gather together at the downtown park at sunset/moonrise. Smudge stucks available at Bobolicious

#### DALE POLISSAR TRIO

Eclectic jazz, w/ Bart Hopkin, guitar, & Piro Patton. bass, @ Station House Café, Pt Reyes, 5-8pm

#### Thursday, November 28

#### THANKSGIVING/HANUKKAH HOLIDAY COMMUNITY CENTER THANKSGIVING

Call -0419 to assist in this great community event



# "War Is a Stupid Game"

Veterans Day having just been observed, I wanted to tell a war story from my time in the U.S. Army. I was drafted on February 24, 1969 and sent to Fort Benning, Georgia for basic training. After basic I was sent to Fort Gordon, Georgia for Military Police training. As a draftee I did not get to choose my MOS (Military Occupation Specialty) so I was picked to be an MP, the "soldier's soldier."

After I got to Fort Gordon I met a guy named David Biancini who was from Massachusetts. David was a real character and had an amazing amount of self esteem. He insisted on being called "Mr. Biancini." He had a marvelous sense of humor and we became fast friends.

A week after we met he told me he was going to send home for some pot, and asked me if I wanted to go in on some. I answered of course and gave him some money. We would sneak off into the woods surrounding the barracks and get high together. Once on a weekend pass we even dropped acid and went to the lake. We became inseparable buddies.

Towards the end of Military Police training we went on bivouac, which was like a big camping trip. The Army had constructed an exact replica of a Vietnamese village in the wild outback of Fort Gordon. We were separated into two teams, the red team and the blue team, and spent a week undergoing training similar to what we might expect in Vietnam.

They put David and me on different teams and we didn't get to see each other for a couple of days while we played war games - the red team against the blue team. He was on the red team and I was on the blue team.

Late one night I was in a foxhole guarding the perimeter of the Vietnamese village. It must have been around 2am when I heard a "psst" and David slipped into my foxhole.

He had come for a friendly visit. I was overjoyed to see him. We lit up a couple of cigarettes (tobacco not pot) and in low voices laughed about what bullshit the Army

Suddenly I froze. There I was consorting with the enemy. What if they caught me chatting amicably with the other side? David kept guffawing about the Army while I tried to figure out a strategy.

continued on page 2

#### The Half Acre Homestead and More

I've put together a slide show of key tools on building, gardening, maintenance, cooking and crafts. Not so much the obvious ones that most people know about, but ones that seem unique and not too well known. I've done presentations on the subject so far at the Maker Faire in San Mateo and The Mother Earth News Fair in Puyallup, Washington.

In thinking about doing it here in Bolinas, I thought it might interest people who were not here in the '70s – what was going on here at that time. Maybe 15-20 of us were building houses. A bunch of us had dairy animals, bees, and grew a lot of food on the mesa. We had a food club where we'd buy in bulk monthly -- before the BPS. We had a farmers' market on Saturdays in front of the BPUD. Niman and Schell hadn't started the meat business, but had a farm called The Cash is King Ranch. Warren was plowing with horses. We did 3 pamphlets during those years on gardening and small scale farming in Bolinas.

I'm going to precede the slide show by (briefly) explaining (and showing) food production here 30+ years ago. Michael Lerner and I will discuss all this.

One last thing: for a lot of these tools, you needn't have a half acre or even a plot of land. Many of them are useful to anyone with a do-it-yourself approach, including city dwellers. I'll pass out a card with a link to our web page giving URLs to all the manufacturers of these tools.

It will be at 2PM this Friday at Commonweal.
-Lloyd Kahn

"War Is a Stupid Game" continued from cover

I decided to take David prisoner. Unfortunately my rifle was on the other side of the foxhole.

My rifle was an M-14 loaded with blanks. The rifle was what's called a semi-automatic and normally the pressure from a bullet would re cock the rifle. But because the rifle was loaded with blanks it had a flash arrestor over the muzzle, a piece of metal that kept enough pressure in the barrel to chamber another round.

I kept making small talk with David while my mind spun wildly. Suddenly I dove for my rifle intending to point it at David and take him prisoner. Unfortunately the rifle went off when I grabbed it. Sparks shot out of the muzzle.

"Fuck you blinded me!" David cried and holding his hands over his face fell into the bottom of the foxhole.

I was standing there with the rifle in my hands and I burst into tears. I had just shot and blinded the only person I loved in the world because of a stupid war game. The whole concept of war and killing whirled through my mind as I stood there holding the rifle in my hands and looking at my buddy in the bottom of the foxhole.

How had I been so deceived? What kind of mad, hateful propaganda made me shoot my best friend. I was full of guilt and remorse. I knew that was the reality of the war in Vietnam, they'd trick you into shooting your best friend

David jumped up from the bottom of the foxhole and saw me crying. "I'm OK." he said. "You scared me pulling a stunt like that. I gotta get out of here before they come and investigate."

He clambered out of the foxhole. Before he left he turned to me. "Never do that again" he said.

"War is a stupid game."

### PARABLE OF IMMORTALITY.

I am standing upon the seashore. A ship at my side spreads her white sails to the morning breeze and starts for the blue ocean. She is an object of beauty and strength and I stand and watch until at length she hangs like a speck of white cloud just where the sea and sky comes down to mingle with each other. Then someone at my side says, "There she goes":

Gone where? Gone from my sight..

that is all. She is just as large in

mast and hull and spar as she was when

she left my side and just as able to bear

her load of living freight to the place

of destination. Her diminished size is

in me, not in her. And just at the moment

when someone at my side says, "There she goes!"

there are other eyes watching her coming and

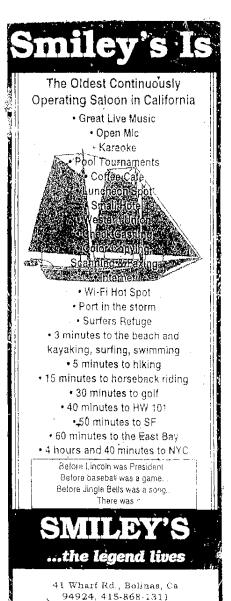
other voices ready to take up the glad shout,

"There she comes"!

--HENRY VAN DYKE"

BIRTHDAY TREATS ARE BACK! on your birthday, you can take the Hearsay News with your birthday listing, in to Bobolicious to get your Birthday Sweet Treat, courtesy of the Bolinas Hearsay News and Bobolicious Smoothie Lounge.

Find your birthday treat coupon in the Classified Section of today's Hearsay.



November 15, 2-4pm Lloyd Kahn The Half-Acre Homestead



November 19, 2-4pm Ted Schettler, MD The Ecology of Breast Cancer



#### The New School at Commonweal

451 Mesa Road • Bolinas • 415.868.0970 www.tns.commonweal.org

At Commonweal Free: donations accepted gratefully. More information, and registration, on our website



For more information, to volunteer, or to join call 415-663-1075 Save \$ by buying in advance Tickets at www.dancepalace.org

FIBERSHED'S ANNUAL WOOL SYMPOSIUM

This year's symposium moves forward on the 'Cool Clothes Campaign' through detailing the best soil-to-skin practices for reversing climate change; starting with a report from our rangeland scientists on the results of four years of soil carbon analysis on grazed lands. Following upward through the supply chain we will hear the voices of two young emerging sheep ranchers, we will share our research on the California Wool Mill Project, and provide our findings of the six month long wool inventory project. We will have a host of amazing local artisans and farmers selling their freshly farmed clothes.

For more information and to register: http://www.fibershed.com/event/woolsymposium-2013/

Saturday, November 16, 10 AM-4 PM

Today's Hearsay by: StuArt - editor June - ads Calvin - press

### LOCAL-AUTHOR BOOK REVIEW Transition to Peace

by Russ Faure-Brac

This short and lucid book packs in a wealth of information, starting with the eye-popping size and cost of the US military, but then turning quickly to the hope offered by the vast number of initiatives worldwide that are working to resolve international conflict in other ways that focus instead on building understanding and relationships. Drawing on work from eminent authorities in a wide array of disciplines including history, psychology, agriculture, economics, and martial arts, Faure-Brac thoughtfully and convincingly makes the compelling points that: 1) the present level of consumption of the world's limited resources by militarily driven US foreign policy is unsustainable; 2) humans can change their behavior rapidly and profoundly when pressed sufficiently by circumstances; and 3) there are many examples out there of successful conflict resolution by nonviolent means.

Although I was deeply skeptical of the possibility for significant change as I began the book, I was won over by its objective, realistic look at the world's situation and by the fundamental common sense of the positive ideas it carefully lays out. You'd never know it from TV news, but I learned here that attitudes are already shifting towards peaceful problem-solving. This is happening in many small ways all over the globe, and almost always from grass-roots efforts by young people. I was left feeling much more hopeful about the future my grandkids might see and about the power of countless tiny individual contributions combining to change a culture, such work meanwhile making all those individual lives more fulfilling. It's a quick read whose message will keep coming back to you long after you finish it - and just might transform your life.

- Don Smith

### YOUTH NIGHT

Bolinas Community Center Friday November 15<sup>th</sup> 7pm-10pm

Free Hangout for Midschoolers

Music, Games, Ping-Pong & Snacks

Learn about local Non-Profit Marin Organic



LARGUR (1989) OF PLACE FRANCISCO P

# Garden of Eden Open House for the new Herb Collective

Please come on Sunday November 17<sup>th</sup> from 4 to 5:30 pm to meet the new collective members, Eden Clearbrook, Courtney Fischer, and Alison Wood.

Bring your own cup for hot tea and a comfy cushion/small seat.

Garden of Eden Apothecary 65 3rd St. Point Reyes Station

## www.gardenofedenapothecary.com 415-663-1747

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24 WHARF RD. BOLINAS 415 868 0911

#### Turkey Cooks for Town Thanksgiving Needed

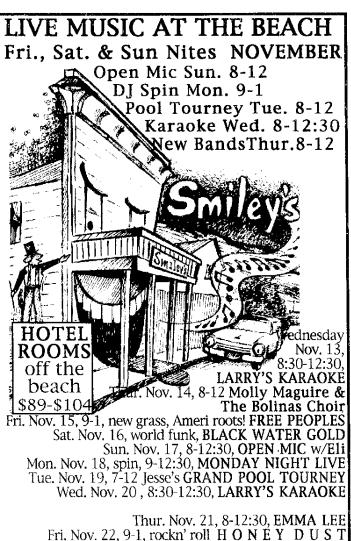
Anyone who would like to bake a turkey for our celebration at the Community Center please call Ilka Hartmann at -0419.

You can pick up a free turkey at the Market, prepare it according to your favorite recipe and share it with everyone on Thanksgiving Day and we'll all thank you.

-Ilka Hartmann

SPIRIT HOUSE TENDERS
Looking for people willing to
tend the Spirit House for
2014. The space is cleaned
and made beautiful every week.
We recruit seven people and
with the coordinator it amounts to
an every two month obligation of
about two hours each time. It's
a beautiful thing to provide for
the community and something
that is much appreciated. Please
call June McAdams to volunteer-

868-9052



Fri. Nov. 22, 9-1, rockn' roll H O N E Y D U S T
Sat. Nov. 23, 9-1, S O L D O C
Sun. Nov. 24, 8-12:30, OPEN MIC w/Charlie
Mon. Nov. 25, 8-12:30, spin, MONDAY NIGHT LIVE
Tue. Nov. 26, 7-12 Jesse's GRAND POOL TOURNEY
Weds. Nov. 27 7:30 MIDNIGHT ON THE WATER Irish
Birthday Party & 9:30 to 12:30
LARRY'S KARAOKE

Thur. Nov. 28, 9-1, Larissa's Honkeytonk Thanksgiving Fri. Nov. 29, 9-1, gypsy jazz BESO NEGRO Sat. Nov 30, 9-1, melodic THIS OLD EARTHQUAKE SMILEY'S SCHOONER SALOON & HOTEL 41 Wharf Road, Bolinas 415-868-1311

#### HAPPY HAPPY BIRTHDAY!!!

November 11: Ken Gardiner

Cynara Doe

November 12: Jim Marcus

Jim Angel

November 13: LuLu Drux

November 14: Siena Woods

November 15: Mason Elric Healy-Patterson

Terry Harris Lincoln Smith Kristopher Dierks

November 16: Randy Rush

Molly Klein Jack McClellan

November 17: Susan Tacherra Graham Degen

#### **BOOK REVIEW**

"It's All A Kind of Magic: The Young Ken Kesey"
Rick Dodgson

University of Wisconsin; 250 pages; \$26.95/e-book \$16.95

In the mid-1960s, Ken Kesey stormed the public stage like few writers ever have. His first two novels, One Flew Over the Cuckoo's Nest and Sometimes a Great Notion, were immediate American classics and best-sellers, soon to appear on stages and in films featuring very famed actors. Tom Wolfe's Electric Kool-Aid Acid Test detailed Kesey's cross-country adventures with his band of "Merry pranksters" and beat icon Neal Cassady, and made both himself and Kesey even more renowned. And then Kesey, beset by legal and other troubles, basically stepped offstage, spending the rest of his life as a family man and occasional author with a notably lower profile until his death in 2001.

But where had he come from? His youth was akin to that of a real-life Huck Finn, who transformed into a revolutionary counter-cultural figure. That's the story of It's All a Kind of Magic: The Young Ken Kesey, Rick Dodgson's biography of the first thirty years of Kesey's life http://uwpress.wisc.edu/books/5162.htm. It shows that, even in his early years, Kesey lived an exuberant life on center stage, whatever he was up to.

Dodgson is a history professor and his book began as his doctoral dissertation and sometimes reads that way, but overall his tale is well told. He started by befriending Kesey and gaining access to large archives of previously unseen material, and then doing over a decade of research and writing to produce this engrossing tale. Born in Colorado, Kesey's family moved to Oregon when he was seven, and it seems from boyhood he was larger than life. Star athlete, stage actor, school journalist, frat boy, and yes, prankster, he perfectly fit the mold of a Big Man On Campus, in fact named "most talented" overall. The lure of acting brought him to Hollywood in the late 1950s, where he uncharacteristically failed at following his idol Marlon Brando onto the screen. Having published a few stories and written many more, he then gained admittance to Wallace Stegner's elite writing fellowship at Stanford and was nurtured and born as a writer. He simultaneously rubbed people the wrong way and impressed them, including Stegner himself.

Kesey's years on the San Francisco peninsula are the heart of this book - on an unpaved Palo Alto street called Perry Lane he became the center of a legendary Bohemian "intellectual party scene." People lucky enough to have been there recall vividly the wild revels, readings, and sometimes mayhem that regularly occurred, and Dodgson retells their stories in detail. Notably, Kesey had a job at a local hospital to pay the bills, and also underwent legal, official experiments with psychedelics courtesy of Stanford researchers and the CIA - the idea of Cuckoo's Nest was sparked in part by a peyote trip.

Yet despite all these distractions, Kesey was also writing with diligence, and all these experiences, coupled with his rural Oregon upbringing, informed his unique

bulldozed, he moved his family to the little town of La Honda and continued the writing - and partying, in what his friend Hunter S. Thompson called "the world capital of madness." Kesey started but abandoned a novel titled "One Lane" about those days.

"Fame is a wart," Kesey opined, after he had found it and found it wanting. This book stops abruptly as

first novels. When Perry Lane was sadly condemned and

"Fame is a wart," Kesey opined, after he had found it and found it wanting. This book stops abruptly as Kesey's books, name, and charismatic reputation were on the verge of wide renown. The "acid test" events, famous 1964 "Furthur" bus trip, Grateful Dead as house band, pot busts, fugitive episodes and more were coming soon but have already been more than adequately detailed by Kesey himself, Wolfe, and many others. Here is all that came before, when Kesey felt that what he was working on was bigger than him by far - that his visions were those of an entire movement, towards a peaceful revolution.

"We're on the verge of something very fantastic" Kesey predicted in 1963, "and I believe our generation will be the one to pull it off." Dodgson argues that Kesey and his circle were "true pioneers" whose influence still runs through much of our nation's changes of the past few decades. "It was time for a real-life Prometheus to spread the fire to the masses and Kesey was the ideal man for the job." Well, yes, and alas, no, but this fine story of that temporary, partial revolution and the formative years of a key figure who sparked some of it is a very worthy read.

Postscript: I only met Kesey a couple of times, in large group settings. He was friendly, low-key, and an exception to the general warning to avoid meeting one's heroes. One of those evenings, backstage at a 1991 Holloween Grateful Dead concert, featured Kesey joining the band onstage during their signature psychedelic tune "Dark Star" to recite a bit of poetry by e.e. cummings.

-Steve Heilig

**Buffalo Bill 's Defunct** 

by e.e. cummings

Buffalo Bill 's defunct

> who used to ride a watersmooth-silver stallion

and break onetwothreefourfive pigeonsjustlikethat

Jesus he was a handsome man

and what i want to

know is

how do you like your blueeyed boy Mister Death

note: e.e. cummings composed poetry on a typewriter. The layout is his own design



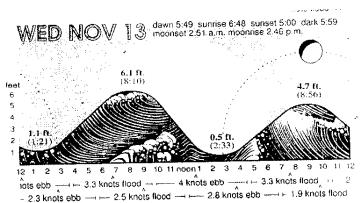
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MESSAGE FROM ALETHEA- THE THINGS LEFT AFTER EAT DOG'S MEMORIAL AND POTLUCK ARE ON THE TABLE RIGHT OUTSIDE THE GATE TO GILLYFLOWER NURSERY READY TO BE PICKED UP!

Submitted by June McAdams

Make paella and community, says Regenerative Design Institute chef By Vicki Larson Marin Independent Journal

CARIN McKAY would like more people to make paella.

Of course, you don't have to make it like she does. McKay, longtime chef at the Regenerative Design Institute in Bolinas, makes it outdoors in a 4-foot pan that can easily feed 100 people — and takes four people to handle — over a fire pit lit without matches.

"To have somebody gather the twigs from right around there and light it through friction fire is inexplicable. Whenever I do the fire that way, I get a perfect outdoor paella that doesn't burn. It's really weird," McKay says of cooking at the nonprofit educational organization whose mission is to connect people to the earth.

Paella is a community food, she says. That's why she devotes three pages to explaining how to make perfect paella in her self-published cookbook, "Culinary Magic at the Regenerative Design Institute" (196 pages, \$24.99).

"It's a ritual food. It has an order and a method. People have a real connection to this food. It's more than just making rice out on a fire," says McKay, who also runs a catering business, Culinary Magic. "It cooks really quick. It cooks great indoors, on a smaller pan. If you have a fire pit, it's easy to set up. But if not, working inside works great."

What you need to know: The type of rice matters. So do the saffron and stock. And you absolutely must have the proper pan (they can be found at the Spanish Table in Strawberry Village for about \$20). But you don't need onions, which she admits is a controversial subject among paella-lovers. The water content in onions makes the rice too mushy for traditional paella, she believes.

McKay started cooking as prep chef in a small cafe in Mendocino when she was 14 and later as a prep dessert chef at a highend restaurant. But she was turned off by what she considers restaurants' unhealthy environment.

When she was asked to cook at a retreat for 140 people 14 years ago, she found her calling.

"As a chef there's a lot of disconnect between the food you cook and who you're feeding, even where the food comes from. What I'm about is making connections. The beauty of cooking at these big events is that we're actually in it together. And I love that," she says, "It's not about gournet food. It's about how we can be together making really good food, how we can be in harmony and in nature, and food is central."

Now McKay cooks for events at RDI and elsewhere.

"The vision of the place, around food and community and nature connection, more than any other place I cook for, really aligns with who I am and my values," she says. "My thing is food is health and it's got to be healthy for the cooks, for the people eating it, obviously, but also for nature and ecology."

She met RDI co-founders James Stark and Penny Livingston more than 10 years ago at a retreat. They immediately clicked. The couple invited her to cook at a two-week permaculture course at their remote Humboldt mountaintop ranch. It wasn't until she arrived, exhausted from the 100-degree heat and the long drive from her San Francisco home, that she discovered there wasn't a kitchen.

"OK, you'll have to wing it," she recalls telling herself.

That night, she served a meal for 50 cooked on a double-burner stove under the stars.

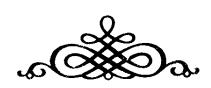
It changed everything for her.

"I've traveled all over the world, especially in Third World countries, so there's a familiarity with a certain amount of chaos," she says with a laugh. "It really taught me there are so many ways and methods to do it. I learned pit-roasting. I actually had to learn a lot of ways and that, for a chef, is a delight; 'Oh, another method, another way to do this!' It has a different feel, a different quality. When you cook something in the earth, it's just different than in an oven or on a stove."

In her beautifully photographed cookbook, McKay offers dozens of recipes that will satisfy omnivores, vegetarians, vegans and the gluten-free. Her philosophy is first follow a recipe as is; then, improvise and don't fear making a mistake.

"Following a recipe forces us out of our culinary ruts. And yet, it isn't until we go 'off recipe' that we begin to create our food in a new way," she writes. "More importantly, please have fun. Try new things out. Make a big mess. Burn some stuff. Invite people over. Learn about what you love to make."

And, make paella.



Broth: 4 cups water

1 teaspoon saffron threads

Vegetarian bouillon (to taste)

Sea salt to taste

#### Paella with mussels, clams and artichoke hearts

Makes 4 servings

Paella:

3 tablespoons olive oil

2 tomatoes, chopped

4 cloves garlie, minced

1 red bell pepper, diced

I cup green beans, chopped into I-inch segments

1 cup Bomba or Calasparra rice (Arborio will do as well)

4 ounce jar of artichoke hearts, drained and chopped

1 dozen mussels

1 dozen clams

¼ cup fresh or frozen peas

1 lemon cut into wedges

To make the broth, bring all ingredients to a simmer. The broth should be flavorful and fairly salty. Keep warm over low heat.

To make the paella: Put your 13-inceh paella pan on your stove on medium heat and add oil. Saute the tomatoes and the garlic until the tomatoes begin to dissolve, about 5 minutes. Add the red bell peppers and green beans, and keep sautéing for another minute. Pour the rice in a cross formation, and stir, coating the rice. Reduce heat. Spread the rice evenly on the bottom of the pan. Gently pour in 3½ cups of your stock. Do not stir the rice. Bring up the heat gently until you see small bubbles start in the rice water, like soft rain. Add the artichoke hearts. Allow this to continue for about 10 minutes.

Nestle the clams and mussels into the rice so that you will see them when they open. Sprinkle peas on top of the paella. Cook 5 minutes until the clams and mussels begin to open and the water has been absorbed in to the rice. Check the rice for doneness. It should be firm, yet done. Not mushy. Add remaining stock if rice is under done. When done, remove from heat and add your lemon wedges in a pretty formation. Cover with a towel or foil and let rest 5 minutes.

Option: You can add boneless chicken thighs to this recipe and sauté with the tomato.

Vegetarian option: To make this vegetarian, remove the clams and mussels, and add 1 zucchini, chopped.

by Vivki Larson, Marin Independent Journal submitted by Steve Heilig

### **HEARSAY & CLASSIFIEDS**

P.O. Box 327, Bolinas CA 94924 - 868-0138 Published every Monday, Wednesday & Friday for over 30 years.

3:30-5:45 p.m.

#### FOR SALE

#### DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus - Cut locally Gospel Flat Farm 868-0921

DMx

No one visits here in my dark mountain hut where I live alone. But for this sweet loneliness, it would be too bleak to bear.

Tou hito mo omoitaetaru yamazato no sabishisa nakuba sumiukaramashi

-Saigyō

#### LOST AND FOUND

#### LOST: PRESCRIPTION SUNGLASSES IN DARK HARD

case. Lost on Tues Oct 22 on Grove or Elm. - Reward 868-0108 or 847-5069

DM1025

#### LOST IN BCC KITCHEN AFTER LABOR DAY:

My 10" chef's knife with blue tape & my name on handle. Susie -1646

SS10/18

#### LOST: KAYDON'S BIKE HELMET (SKATE STYLE)

Call 9036 if found

#### LOST: KIDS KLEAN KANTEEN GREEN WATER

bottle with green sport top, downtown. 415-342-7369

NC 10/16

#### LOST: SPRING GREEN BIG-SHIRT

Call 2283 if found

10/11 KO

#### FOUND

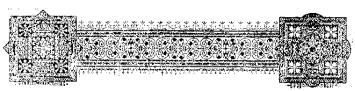
Found a gorilla mask across the street from the laundromat after Halloween. Please describe it and it is yours. Liz 868-1882

LG 11/13

#### FOUND: LARGE RUG FOUND IN THE ROAD

on Monday -11/4 Elm At Juniper. Call 0144 Jennie Pfeiffer to claim

11/6/13



#### CLASSES

BOLÍÑAS ommunity Cent  $-60^{th}\sim 2011$ 

#### <u>Weekly Schedule</u> Monday

Chi Gung w/ Susie Stewart	10:00 - 11:00 a.m.
Pilates w/Lisa Townsend (pre-register 868-0473)	5:30 - 6:30 p.m.
Theater with Patrice Daley	7:00 - 8:30 p.m.
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#### Τι

uesday	
Yoga w/Lisa Brendel	8:30 - 10:00 a.m.
Bo Babies & Toddlers (Free Hangout)	1:00 - 3:00 p.m.
Pirate Pizza in BCC kitchen (pre-order 328-1066)	4:30 - 7:30p.m.
Aerial Arts for Youth w/Joanna	3:30-5:45p.m.
'ednesday	
Pilotee w/Lice Townsond	0.30 10.00

#### W

8:30 -10:00 a.m.
3:30-5:00 p.m.
5:30 - 7:30 p.m.
8:00 - 9:30 p.m.
8:30 - 9:30 a.m.
12 noon

### After School Ballet w/Erika Townsend

Congolese Dance w/ Sandor	6:00 - 8:30 p.m.
Friday	
Pilates Mat Class w/Lisa Townsend	9:00 - 10:00 a.m.
No Place Like Home (Free Brunch 4th Fri of Mor	nth) 10:30 - 11:30 p.m.

#### Saturday

Yoga w/ Lisa Brendel	9:00 - 10:30 a.m.
Kids Movement Class (2-4 yrs) w/ Lisa Townsend	10:45 a.m.
Kids Movement Class (4-6 yrs) w/ Lisa Townsend	11:30 p.m.
Ballet w/ Erika Townsend	12:15 - 1:45 p.m.
C) I	

#### Sunday

Brazilian Dance with Anna	11:15 - 12:15 p.m.
Theater with Patrice Daley	2:00 - 4:00 p.m.

Check the Library marquee or Calendar in BCC Foyer for special events. For More Info call 868-2128 or visit www hogentar area



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Hearsay Staff

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JR 10/11

#### FREE

#### **ELECTRIC 220 VOLTS COMPRESSOR**

Works Great. Table Saw - old school, new blade. 868-0686 - Jerry

10/25 JB



HEARSAY **ECLASSIFIEDS**To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

#### SERVICES

#### BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

#### HANDYMAN: HOME REPAIR, CARPENTRY,

painting. Hauling too! 27 years experience. Local refs. Steve Hill -2310

SHX

#### FIREWOOD • HYDRAULIC LOG-SPLITING • HAULING

Dump Runs, Cow Manure, Recycling, Humane animal removal Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

#### TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? Howard Dillon's fast, comfortable, car for all Bay Area pick-ups, early or late. Many satisfied local refs. Phone 868-2144 HDX

SCHOONER SALOON & HOTEL

• INTERNET ACCESS • CHECK CASHING WESTERN UNION • ATM & CREDIT CARDS COLOR COPIER (B&W too)

41 Wharf Rd., Bolinas 415-868-1311



#### **READ THE HEARSAY ONLINE**

Tell your friends and families that they can stay connected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com and request the password and link to the site. Michael will put you on the list and will send you reminders as new issues come out.

Keep reading The Hearsay News!

#### HEALTH & HEALING

#### CAREGIVER AVAILABLE

Excellent homecare, cleaner, Call 868-1782 Anita & William

СНх

### NA RICHARIA RICHARIA

June McAdams, RN Compassionate and Skilled

Hospica Care Home Care Newborn to Elders

Coastal Marin Only e than 39 years nursing experie

(415) 868-9052

#### HELP WANTED

#### POSITION ANNOUNCEMENT

The Bolinas-Stinson School seeks a Maintenance II worker/ Bus Driver II. Deadline for applications is 11/15/2013. See the website for information (bolinas-stinson.org) or call 415.868.1603.

IS 11/15

#### STAR ROUTE FARMS IS LOOKING FOR A DRIVER/

market person 2 day/week, Thursday and 1 weekend day. Early start. Clean drivers license required. Please call 868-1658 and speak with Annabelle or Warren.

À/X

#### HOUSING WANTED

#### CALLING ON THE BOLINAS TRIBE, PLEASE HELP

for finding affordable, clean living space for mature longtime local lauded woman activist. Creative, responsible with references. Call Camila 868-0426 or e mail: dakini@svn.net

CMx

### hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.



#### HAVE QUESTIONS OR NEED HELP ENROLLING FOR THE NEW COVERED CA HEALTH PLANS?

The Public Library and Coastal Health Alliance are partnering up to provide information and one on one assistance with enrollment.

- Every Tuesday beginning on 10/29 from
- 5:30-7:00pm @ Point Reyes Library
- Every Saturday beginning on 11/2 from
- 11:30-1:00pm @ Point Reyes Library - 2:00-3:30pm @Stinson Beach Library

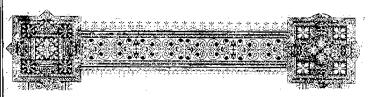
No appointment necessary, just walk in with your questions! If more information needed or to schedule another time contact

Samantha Iglesias @ 415 663 8666 X 406





MARIN COUNTY FREE LIBRARY



free Birthday Treat at Bobolicious Bring this coupon to receive a treat for your Birthday! Compliments of Bobolicious and The bearsay News