# BOLINAS HEARSAY NEWS

Bolinas Hearsay News

Wednesday, November 14, 2018

50 cents (tax incl)



Last night's reading at the Library

# Thanksgiving at the Community Center

We need a few more turkey cooks for our town Thanksgiving. Call Ilka at -0419



Susie Stewart is having a five hour operation for the removal of a non-cancerous growth on her esophagus.

Think good thoughts

More news Friday

Please no phone calls

Bill Ouist

### HAPPY HAPPY BIRTHDAY!!

November 14: Siena Woods

November 15: Mason Elric Healy-Patterson

Terry Harris Lincoln Smith Kristopher Dierks

November 16: Randy Rush

> Mollie Klein Jack McClellan

Susan Tacherra November 17:

Graham Degen James Lord

Albert DeFuentez November 18: Tom Williard

# WHAT'S HAPPENING???

Wednesday, November 14

FLAGSHIP LIBRARY BUS

visits Bolinas w/ bilingual activities for kids under 5,

1:15-2:30pm

Thursday, November 15

BOLINAS-STINSON WHITE-CAPS

Regular monthly seniors' luncheon/meeting @ Rod & Boat Club, 11:30am

EVAN & THE LIVE OAKS

Project Amplifi Artist Residency begins @ Smiley's, 8pm, no cover.

Friday, November 16

EVAN & THE LIVE OAKS

More vintage-inspired rock @ Smiley's, 9pm, \$5 cover

Saturday, November 17

EVAN & THE LIVE OAKS

Artists' residency continues @ Smiley's, 9pm, \$10

Sunday, November 18

EVAN & THE LIVE OAKS

Concludes artists' residency @ Smiley's, 8pm

Thursday, November 22

COMMUNITY THANKSGIVING

potluck, doors at 5pm

Friday, November 23

CREATE

Local Film Festival, Community Center, time tha



See let Love and Touth, Peace and Light, Health and Harmony Prevail

GCEANINGS Mary Barror

Relaxation



Relaxation Is total peace.

When you relax completely, there is total silence. No thought enters the mind, no problems arise from the body, no memories grip the spirit. This overwhelming sense of tranquility is really all meditation is about. The neutral stillness of the mind renews the tired soul, and this is regeneration.

Even if you don't follow a formal meditation program, it is good to sit quietly for a little while every day. This form of rest should be as regular as sleeping each day. If you can sit still and just relax completely, you are actually meditating. All the various forms of complicated techniques and visualization exist because people can't bring themselves to this very simple state of relaxation. Their minds are constantly racing, their bodies are out of balance and the worries of the day weigh heavily upon them. They cannot let go, so they need a formal routine to follow. But if you can simply sit down and empty yourself, you will experience a wonderful silence and a deep, satisfying sense of peace.

One should try to return to a relaxed state on a regular and periodic basis. The simple reason for relaxation is that it renews us, purifies us, and leaves us with a profound feeling of serenity. It is not a ritual, It is not a religious obligation. It is a wonderful state away from problems. In it, we are poised in our natural state.

- DENG MONT DAO -

Are you not ashamed of heaping up the greatest amount of money and honor and reputation, and caring so little about wisdom and truth and the greatest improvement of the soul?

-Socrates-

It is very wrong for people to feel deeply sad when they lose some money, yet when they waste the precious moments of their lives they do not have the slightest feeling of repentance.

- The Dali Lama-

This is What Was Bequeathed Us

This is what was bequeathed us: This earth, the beloved left and, leaving, Left to us.

No other world But this one: Willows and the river And the factory With its black smokestacks.

No other shore, only this bank On which the living gather.

No meaning but what we find here. No purpose but what we make.

That, and the beloved's clear instructions: Turn me into song; sing me awake.

Gregory Orr

#### To Come Home To Yourself

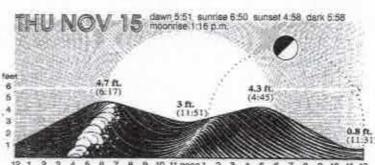
May all that is unforgiven in you Be released.

May your fears yield Their deepest tranquilities.

May all that is unloved in you Blossom into a future Graced with love.

-John O'Donohue-





# Spiritual outlaws

Overcast outlaws on the loose again
The Sheriff can't catch 'em, nobody can
Slippery like ice and half as cold
They can run and hide and never be sold.

They'll rob and cheat and steal the whole day Then turn it around and give it away. Gold and diamonds or campfires and beer It's hard to figure, no matter what you hear.

Beater cars and mobile homes High rise penthouses with big golden domes Rising and falling like winter leaves Disappearing, disappearing icicles under the eaves.

Heretic candles are lit in the night Never enough to win the big fight Religions are gone and blow in the wind Time clocks are broken, stopping all sin.

Spiritual outlaws don't fit the mold Don't try to buy one–they can't ever be sold They'll take all your stuff and give it away Pay you back some other day.

They've burned up the robes And closed down the roads They've cleaned up the restrooms With big, burly brooms.

They dance in daylight and under the stars Laugh inside churches and behind cold, steel bars The rule book's in ashes, the Popes on the run The Outlaws are here, the end has begun.

- Steve Ouirt



#### Bolinas Home Birth Announcement

Chime Day Serra and Holly Hsu Serra are proud to announce the birth of our daughter, Plumeria Cove Serra. Plumeria was born at the Serra House on Alder Road on Tuesday, Nov. 13th, around 2:30 pm.

Holly was magnificent in birthing and it was so fast that Chime delivered her. She is the 7th Serra born at home in Bolinas.

Granddaughter to Mary Edna Dinneen and Tony Serra of Bolinas and Hong and Linh Hsu of Los Angeles.

Thanks for the good vibes Bolinas



# THANKSGIVING COMMUNITY DINNER

Thursday November 22nd, 5pm Doors Open - Dinner at 6pm

Join us for our annual Thanksgiving Dinner Celebration and Potluck. Please bring a dish to share for 8 people.





We are looking for volunteers to help set-up, breakdown, cook turkeys and help with other small tasks. Please call Ilka at (415) 868-0419 FREE ENTRY

# STAR ROUTE FARMSTAND

# **Cool Coastal Greens** and then some!

Friday 12 - 5 PM · Roadside In Our Field



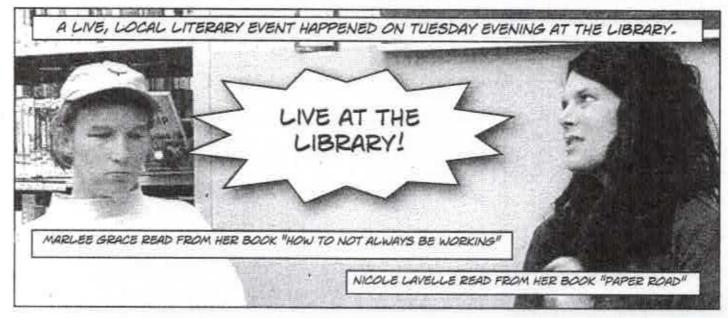
& HOTEL

LIVE MUSIC THIS WEEK

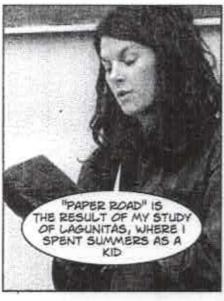
Thursday (FREE) Friday (\$5) Saturday (\$10) Sunday (FREE)

Project Amplifi Artist Residency: Evan Lanam Rock & Roll, Americana

We make advance tickets available online and for popular shows, at the bar, so please join our email newsletter for ticket sale alerts, www.smileyssaloon.com/music











Dear Hearsay Readers,

We can help those affected by Paradise Fire (Camp Fire) by donating \$ to:

Paradisestrong.org (a GoFundMe campaign connected with Rotary of Paradise).

Animal rescue: https://www.nvadg.org/donate/

Thank you! Anne Sands

# November Healing Sessions

Craniosacral Healing Touch offered weekly in Bolinas every Wednesday through November.

Craniosacral is a gentle and calming healing modality for stress, physical and trauma related imbalances supporting the body's natural innate healing capacities.

Please contact amelia.heron@gmail.com for more info-



COLLIVERIL CENTER

dance palace

For more information, to volunteer, or to join Call 415 663-1075 Save \$ by buying tickets in advance at: www.dancepalace.org

Community Meeting on Early Childcare and Education 11/14/2018 - 4:30pm

Join us for a public hearing on the state of childcare, early education, and after school programs in Marin and our County Subsidized Child Care Pilot Plan. Get updates about the state of our county in this field and hear from our elected officials on related policies. Light dinner and childcare provided. For more information and to

RSVP: www.marinchildcare.org or (415) 499-5827

Point Reyes Community Lunch EVERY THURSDAY -12:00pm BY WEST MARIN SENIOR SERVICES

Break bread with friends at the community lunch every Thursday. Plus live music the first Thursday of each month. The organic food is prepared by Good Earth Natural Foods. Make reservations by 11 AM on the prior Monday. Contact the Nutrition Program Manager at West Marin Senior Services, 415-663-8148, x.104.

Thursday, November 15.

Whitecaps. The main course is our traditional baked spiral-cut ham and potato salad.

Bring salads, snacks and desserts. Bring drinks and breads.

Bring yourself to the Bolinas Rod and Boat Club @12 noon.



FRI "Reveal" "Case Closed" 11 AM SAT "Saturday Night Function" 10 PM

SUN Nov. '83 Fab Four's 2nd releasel 4PM

MON Get your Thanksgiving onl 12 PM TUE Dr Decibel "70s After Dark" 10 PM

WED Best blues in the Bay Ares 8:30 PM

Window Cleaning
415.663.9669
West Marin's Best



MIGUEL BUSTAMANTE DENTAL CORPORATION



24 WHARF RD. BOLINAS 415 868 0911

Today's Hearsay by:

StuArt Chapman, editor

June McAdams, ads

printed by Bleeker



**Bolinas Winter Fair 2018** 

Friday December 7th 2018, 5pm-10pm

Saturday December 8th, 2018 11am-6pm

Sunday December 9th 2018, 11am-6pm

\*\*\*\*\*\*\*\* UPDATE \*\*\*\*\*\*\*

The Bolinas Winter Faire is full inside the hall. We do have outside booth spaces available for Saturday and Sunday only.

Please fill out the form and submit it to the Bolinas Community Center office with payment for your space. We look forward to seeing you all there.

Kate Ryan-Ross, General Manager

### Dominican retreat leader blurs line between life and afterlife

November 15, 2018 Christina Gray

Anyone interested in cultivating a "sense of living in eternity now" should open themselves up more intentionally to the communion of saints and souls, said the leader of an All Souls weekend contemplative retreat at St. Mary Magdalene Church in Bolinas Nov. 3.

"If you don't already have the custom of intimate prayer with the saints or the souls, I want to give you a few tips," said Dominican Father Nathan G. Castle, a priest and author with a unique ministry to what he calls "stuck souls" struggling in afterlife after harrowing deaths.

If you want to create a relationship with anyone who has died you can just ask, said Father Castle who joined the Dominican order in 1979 and has led the Catholic communities at Stanford University and Arizona State University. "You don't have to "project yourself out" or "telepathically send a message," he said. "You just have to say I want you to be with me right now."

"St. Dominic was very helpful to me in the years when I needed a lot of help," he said. If you ask one of the saints or souls to be with you, they will be with you just as you are now. Father Castle's presentation called, "Living in Eternity Now: Friendship with Jesus, the Saints and the Souls," shared insights derived from his experiences as a priest who has helped hundreds of people who died suddenly and often traumatically, adjust to the afterlife.

"Nobody drags you down that road or into that light," he said. "You have to go willingly into the afterlife and participate as you are able." There's a certain portion of the population that struggle and it's not a statement of morality or being "sentenced" to it.

In his self-published book "Afterlife, Interrupted: A Catholic Priest Explores the Interrupted Death Experience" (Fluid Creations, 2018), Father Castle shares the stories of 13 such people who over the course of 20 years have come to him in his dreams seeking help in resolving their afterlife experience. Father Nathan and a prayer partner were able to help come to terms with their fate.

Father Castle was invited to lead the part silent, part interactive retreat at the historic rural parish by Dominican Father Bruno Gibson who travels each week from Tiburon where he lives to celebrate Sunday Mass at St. Mary Magdalene, a mission of Sacred Heart Parish in Olema. He and a small group of dedicated friends have created an extension of his longtime "View from a Ridge" retreats in Marin County in the metaphorically-named "View from the Shore" retreat series in Bolinas.

Although such contact with the "other side" was not something he sought out, Father Castle said that he has come to believe that providing such help is something the Holy Spirit has given him to do.

"Inside the body of Christ, I believe that you and I can talk to anybody because we are connected physically," he said. It's not just wishful thinking, he said. "Aren't there people you love who live in different states? It's the same thing with death and the afterlife."

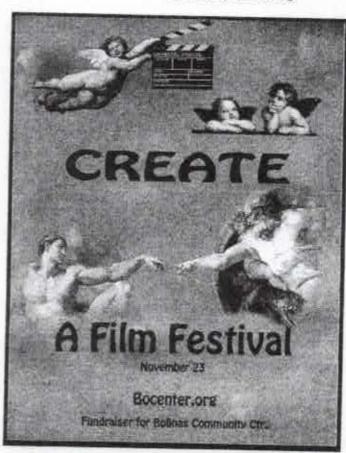
About 20 participants began the day with morning prayers and contemplation of question: "How would my life be different if I lived my entire life conscious of the eternal companionship of Christ, the saints and the souls?

Lunch was taken silently in the serene coastal graveyard followed by a contemplative walk led by sprightly 87-year-old Father Bruno, who took retreat-goers down the dirt driveway of the historic church, past a rural farm stand and through a densely-vined coastal trail to the sweeping shore of the Bolinas Lagoon. The day concluded with evening Mass concelebrated by both Dominican priests.

Father Castle spoke in a hush to Catholic San Francisco in the graveyard that the topic was "especially fitting here."

"What I try to do is help people understand that to be human, to have a human nature is to be both temporary and permanent, mortal and immortal, in different ways at the same time," he said.

submitted by Steve Heilig



The Bolinas Community Center Presents

# CREATE

Please join us the day after Thanksgiving to be with your community and watch locally made short films and one full length movie

Akeelah and the Bee

CREATE is a Film Festival Fundraiser for the Bolinas Community Center. We are raising money to purchase a new Projector and Screen.

We hope that you can join us for popcorn and snacks, beer and wine bar and more food to be announced soon.

Some of the short films we will be showing:

WMD - By Bob Hunter
A Children's Song - By Sid Ganis
How I Came to Bolinas - By Marc Sanchez and StuArt
All About Bolinas - By Curly and George
A Short film - By Ole Schell

868hearsay@gmail.com • P.O.Box 327 Bolinas 94924 Sold at: The Bo General Market, Bo People's Store & Don's Ligours Published for over 30 years!

# **HEARSAY MEARSAY MEAR**

#### WANTED

WANTED!!! ARTISTS, CRAFTSPEOPLE, IMPORTERS to participate in the 26th annual BOLINAS WORLD CRAFTS FAIRE, December 15 & 16. Contact flower sierra (831-747-4540) riverflower@sbcglobal.net

FS 11/16

# Read the Hearsay Online

OR 33¢ per day, more or less. Give yourself, a friend, or an expatriate member of your of your extended family the gift of local news three times per week, delivered electronically. Stay home. Save trees, Isolate. Subscribe anonymously by contacting Michael Rafferty, Publisher and Online Editor, 868hearsay@gmail.com

The Bolinas Hearsay News is a community newspaper representing you, the populace of the community. The Bolinas Hearsay News is not a scandal sheet, nor does it seek to advocate any single political or philosophical stance. The Bolinas Hearsay News is not a vehicle for selfaggrandizement or commercial hoaxes. It is, rather, an expression of the citizens of Bolinas. In light of that, every citizen of Bolinas, who is a reader of the Hearsay News is hereby deputized as a Hearsay News Reporter.



#### AND FOUND LOST

LOST: TOTE BAG PAINTED BY TERRY GUITAR. abstracted landscape in golds, dark green and blue. zig zag stitching in handles. sentimental value, please call K.O at 2283

LOST: PRIUS CAR KEY IN BLACK PLASTIC BOX. CALL 415 868-2409 IF FOUND.

SH 10/31

LOST TOOL?

call, text or leave message 250.2445

RF 9/23

FOUND IN BCLT OFFICE: HANDMADE HEART

earrings, kids lime green & grey fleece zip up. If these belong to you, please call (868-8880) or stop by the BCLT office Monday - Thursday. We would love to have these items find their way home!



# Weekly Classes and Events Schedule For November

MONDAY

Somatic Exercise Pilates Mat w/Lisa Townsend 9:30am - 10:45 am 5:30pm - 6:30 pm

\*\*\* No classes Nov. 6th for Polling Place - Time to Vote! \*\*\* Elder Diaspora Dance w/Amber Hines Aerial Arts w/Joanna - Beginners 7yrs + 3:45pm -

4:45pm

Aerial Arts w/ Joanna - Intermediate

4:45pm -

6:00pm

Pirate Pizza: Call (415) 328-1066 to preorder 3:00pm - 7:00 pm BCC Board of Directors Meeting (3rd Tues of month in library) 5:00pm Contemporary Dance w/Lisa (teens & adults) 6:30pm - 7:30pm

WEDNESDAY

Pilates Mat w/Lisa Townsend F.L.A.G.ship in front of Library (0-5yrs) After School Theater w/ Lisa Townsend

8:30 am -9:45 am 1:15pm - 2:30 pm

2:45pm - 4:30pm

USDA food bank

12 noon

FRIDAY

Pilates Mat w/Lisa Townsend 9:00am - 10:00 am Ballet w/Erika Townsend (No class on the 23rd) 10:30 - 12:00 pm No Place Like Home (Free Brunch 4th Fri of Month)

SATURDAY

Diaspora Dance w/Amber Hines

9:00am -10:30 am

SUNDAY

Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit www.bocenter.org for more info & special events!



#### ANNOUNCEMENT

ALANON MEETING WEDNESDAYS 6:30 St Aiden's Church Brighton @ Park Ave

MA/X

FREE

FULL SIZE BEIGE COUCH Prime condition, 415 847-3919 or 415 868-2758

PD 10/19

FREE VINTAGE O'KEEFE & MERRIT STOVE Works but needs TLC. In front of my place. You pick-up, Tim 415-602-1869

TW 9/24

1980 TOYOTA TRUCK - DOLPHIN/CAMPER REMOVED Perfect for someone who can build a tiny house on the flat bed. Currently parked on Fern between Poplar & Larch. No key. Needs new ignition, call: 415 302 8419

# HEARSAY **ECLASSIF**

Office Hours M.W. F. 9ish to 11ish. Call 868-0138 270 Elm at Maple, Left side of BPUD Building Ad forms in smaller mail box, slot in door to submit

#### SERVICES

AIRPORT? HOWARD DILLON HAS A 2010 SUBARU

Outbackfor all Bay Area (& beyond) destinations, Many local refs 868-2144

HD X

WINDOWMAN: REPAIRS SINGLE AND DOUBLE PANE

windows, sliding glass-door rollers, screens. Reasonable. No extra charge for West Marin. Sean 415-699-6204

SB X

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

FIREWOOD · HYDRAULIC LOG-SPLITING · HAULING

Dump Runs, Cow Manure, Recycling, Humane animal removal - Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping Insured #676377 Steve Ryan 868-1584

SRX

HOUNDOG HEAVEN: DOG SITTING

By the day or overnight. Big enclosed yard. Contact Judy 868-0782

JM 11/14

#### HOUSING WANTED

LOOKING FOR HOUSING-CAN PAYUP TO SIK PER MONTH. Transsexual male, 37, meditative, yogic, mother nature oriented, dogwalker daniellelanam1@gmail.com

DL 12//31

#### FOR SALE

#### BOLINAS BAY HARDWARE & MERCANTILE FOR SALE

Always wanted to own a hardware store? Now's the time! Wellestablished, full service hardware store with unique gifts, toys and housewares for sale.

Income producing leasehold situation with lumberyard and landscaping materials, loader, forklift, truck and more. Established client base, excellent reputation providing an essential service to the surrounding communities. Asking price is \$399,000, including \$250,000 in inventory.

Interested? Contact Mike Nova of Santa Rosa Business & Commercial. License #01789190, Business (707 526-1050) or Cell (510 708-6682)

JS

# 868hearsay@gmail.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or get info on how to read online or subscribe online or request a link to the password-protected website.

## Classified ads that are free

As a public service, the Bolinas Hearsay News will print ads in the categories LOST & FOUND, FREE and RIDE SHARE at no charge. Maximum approx. 20 words, it will run at least one week, often longer,

Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com



#### West Marin Branch Library Hours

#### Stinson Beach:

Mondays . 10 a.m. to 6 p.m. Tuesdays + 1 to 9 p.m. -Fridays + 10 a.m. to 6 p.m. Saturdays • 10 a.m. to 5 p.m.

#### Bolinas:

Mondays . 10 a.m. to 6 p.m. Wednesdays . to a.m. to 6 p.m. Thursdays • 1 to 9 p.m. Saturdays • 10 a.m. to 5 p.m.

Point Reyes Station: Mondays . 10 a.m. to 6 p.m. Tuesdays . 2 to 9 p.m. Thursdays • 2 to 9 p.m. Ffidays • 10 a.m. to 2 p.m. Saturdays • 10 s.m. to 2 p.m.

#### Inverness:

Mondays + 3 to 9 p.m. Tuesdays . to a.m. to 6 p.m. Wednesdays • 10 a.m. to 6 p.m. Fridays • 3 to 6 p.m. Saturdays • 10 a.m. to 1 p.m.

# Regular meetings in West Marin

SGV Healthy Comm. Collab. SGY Nutrition Advisory Ca. Lef. Ed. Foundation (LEAP) SGV Planning Group Dance Palace Board Point Reyos-Olema 4-H Balinas Community Center Point Reyes Village Assoc. Stinson Beach Village Assoc. W.M. Lions Club Briones Lions Club W.M. Rotary Club W.M. Chamber of Commerce Shoreline Unified School Board W.M./Inverness School Site Council KWMR Board Inverness Public Utility District. Inverness Association Inverness Park Association Bolinss Comm. Public Utility Dist. Marin Municipal Water District Bo-Stin Union School Board Stinson Beach Water District Bodegs Bay Public Utility District Tomales Village Comm. Serv. Dist. Tomales Town Hall Spard Tomales Design Review Board mules 4-H Club North Marin Water District **Bollnas Fire Protection District** Tomales Bay Youth Center

6:00 p.m. 3rd Thursday 2nd Wednesday 3:30 p.m. 4th Thursday \$30 p.m. 7:00 p.m. 1st Monday 2nd Monday 7:30 p.m. 7-9:00 p.m. 1st Tuesday 6:30 p.m Tit Monday Yrd Tuesday 5-7 p.m. 2nd Thursday 7-8:00 p.m. 1st Saturday 10 a.m. 1st/3rd Tuesday 7-9:00 p.m. 4th Thursday 7 p.m. 8:00 a.m. Each Wednesday 7:00 p.m. 1st Thursday and Thursday 7:00 p.m TBA THA 3rd Wednesday 6-7:30 p.m. 9:00 am. 4th Wednesday +th Wednesday 7:00 p.m. Date, time and location posted at Perrys Deli and Wednesday 7:30 p.m. 1st/3rd Tuesdays 7:30 p.m 2nd Tuesdays épin. 9-30 a.m. 8rd Saturday 3rd Wednesday 9:00 a.m. and Wednesday 6:00 p.m. tst Wednesday 7.30 p.m. Trd Wednesday 7:30 p.m. 3rd Monday 7 p.m.

1st/3ro Toesdays

4th Mondays

Last Tuesdays

7:50 p.m

6 p.m.

Comm Center Comm Center Lag. School Comm Center Dance Palace WMS old gym Bolinas Library Dance Palace Dance Palace Sta. House Celé Red & Boat Club Toby's Feed Barr Sta. House Cafe Rotating W.M.S. staff room Fire Station Fire Station Library BCPUD office MMWD affice SBCWD affice **BBPUD** office Town Hall Town Hali Fown Hall Town Hall NMWD office BFPD office 7:30 p.m.

TBYC