WHAT'S HAPPENING?

Wednesday, February 5
YOUTH BASKETBALL PROGRAM
Kathy Tyson speaks at regular breakfast meeting of Rotary Club of West Marin from 8-9 am in Toby’s Gallery. Guests welcome. Breakfast is $10. RSVP Anne (415) 868-1618.

Thursday, February 6
AFTER-SCHOOL CRAFT EVENINGS
Arts and Crafts open to all families @Bolinas Library 3:30pm. Supplies and snacks provided.

LAND TRUST (BCLT)
Meeting of Board @ 22 Brighton Ave, closed session 6pm, open session 7pm. Agenda inside.

WHAT IS COMMUNITY?
Building Bridges Through Collective Conversations, Bolinas-Stinson School Quesada Building 5:30pm

Friday, February 7
KALI BLUES
A film by Bl Gan. Book Exchange, doors at 7:30pm, film at 8 sharp, free, donations welcomed, note: not for the impatient

Today's Hearsay brought to you by:
Stuart Chapman, editor
Kathleen O'Neill, factotum
Alex Bleeker, press

Saturday, February 8

KINDA SKETCHY
Pose (2 min. max.) to be included in a group sketch at the Book Exchange, 11am-noon

LOVE DOGS FOR LIFE BAZAAR
Lots of good stuff at Bolinas Gallery, 12-5pm

FULL HUNGER MOON
Full at 11:33pm; moonrise at 5:12pm

FULL MOON FIRE CIRCLE
At Commonweal garden, 6:45pm. RSVP naturainstitute.org

GRATEFUL DEAD APPRECIATION SOCIETY
Plays 'The Old Western Saloon, 9pm, $10

SWEETHEARTS OF THE RADIO
Annual concert for KWMR at Dance Palace, 8pm, $25 adv/30 door

ROBERT HASS
Reads poems from his new book 'Summer Snow' Pt. Reyes Books, 4pm

Sunday, February 9th

"STEP INTO THE MOMENT"
A day of exploring improvisation taught by Claire Peaslee, @ Dance Palace from 10 AM to 3 PM. $75. For info, email coastlivecoak@gmail.com.

LOVE DOGS FOR LIFE BAZAAR
Lots of good stuff at Bolinas Gallery, 12-5pm
Celebration of Life
Remembering Ram Dass
MONDAY FEBRUARY 10
3pm - 5pm
Maui Arts & Cultural Center
CASTLE THEATER

Join us as we Honor and Celebrate the remarkable life of RAM DASS (Richard Alpert) at this Celebration of Life Gathering in the Maui Arts & Cultural Center's Castle Theater.

Seating is General Admission and there is no charge to attend.
Doors will open at 2:30pm with the program beginning promptly at 3:00pm.
Seating is on a 1st come / 1st available basis. Should the Castle Theater reach its maximum capacity, no others will be allowed in after that time.

Out of respect for all, Seating is for those who are physically in attendance – no saving of seats for anyone not in the Castle Theater or on the MACC property.

Complementary Desserts, Chai Tea, Lavender Lemonade and Mint Lemon Water will be made available by MAUI KOMBUCHA beginning at 2:00pm

This Celebration of Life: Remembering RAM DASS Gathering will feature some of his long time collaborators, teaching colleagues and close friends to include:

Krishna Das, Lei'ohu Ryder & Maydeen Iiao, Raghu Markus, Roshi Joan Halifax, Frank Ostaseski, Jack Kornfield, Trudy Goodman, Wavy Gravy, Lama Surya Das and more.

Join us in this Celebration of a Life well lived with music, meditation, reflections, contemplations, words of wisdom, laughter and tears of appreciation.

www.RamDass.org

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Find out what happens when we listen with our bones, laugh with our ligaments, frolic with our fascia... free from our thinking minds! "Step Into The Moment" is an introduction to physical improvisation led by Claire Peaslee at The Dance Palace this coming Sunday, February 9th, from 10 AM to 3 PM. For more information email Claire: coastliveoak@gmail.com.
You are invited to a Collage Card Making Workshop

Where: Molly Brown's Studio: Corner of Poplar & Evergreen Road
When: Sunday, Feb. 9, from 1-4 pm
Who: Anyone who would like to spend an afternoon creating very cool, snazzy cards to give to family and friends. Think birthday, thank-you, holidays, and Valentine's! No artistic talent required!
What: We will supply cardstock and envelopes and collage materials (glue sticks, scissors, bits of ribbon, wrapping paper, colored tapes, baubles).
Bring: Your wild imagination and any supplies you'd like to share.

We will supply tea, coffee and nibbles.

First 10 sign-ups! (Free, but asking for $10 donation to cover cost of supplies.) Interested? RSVP to Laurie Riley (415 250-9961) or laurieriley@boglobal.net and/or Molly Brown (415 298-1762) or mollybrown???@gmail.com

SWEETHEARTS OF THE RADIO SATURDAY, FEBRUARY 8

KWMR App: for iOS or Android at app stores!

WED FEB 5

“French Touch,” 4 PM
“Morning Glory” w/Anneke 7 AM
“Radio Loco” 6 PM
Organic Ag Movement 12 PM
“Sounds Of Life” Youth DJ 4 PM
Census updates and more! 8 AM

THU FEB 6

6:12 sunrise, 7:11 sunset, 5:38, dark 6:37
moonset 4:07 a.m.; moonrise 2:20 p.m.

1 knots ebb — 1.5 flood —— 3.4 knots ebb —— 2.2 knots flood —— 1.2 ebb —— 2.6 knots flood —— 1.9 knots ford

1.7 knots ebb — 1.7 flood —— 3.8 knots ebb —— 2.6 knots flood —— 1.3 ebb —— 2.7 knots flood —— 3 knots ebb —— 2 knots

• SKETCHING AT THE BOOK EXCHANGE ON SUPER BOWL SUNDAY WORKED OUT WELL.
• ELEVEN FACES IN ALL — NICE TO HAVE TWICE THAT
• TWO FACES HAD TO BE PAINTED OUT ONE LOOKED LIKE SID VICIOUS AND THE OTHER LIKE JOHNNY ROTTEN.
• DIDN'T WANT TO CHANNEL THE SEX PISTOLS BUT THEN IT WAS SUPER BOWL SUNDAY — THE GLORIFICATION OF SEX AND VIOLENCE.
• COUPLE COATS OF PAINT AND THE PUNKS WERE HISTORY.
• BUT THE SKETCH IS NOT HISTORY, IT'S HERSTORY IT'S ABOUT COMMUNITY.

YOU CAN BE IN IT — BOOK EXCHANGE THIS SATURDAY 11-NOON

THANK YOU, STUART
THIS VALENTINES DAY
AT THE BOLINAS COMMUNITY CENTER
COME BREAK (OPEN) YOUR HEART WITH

Coastal Scrubbers
HEARTBREAK
HAPPY HOUR

$10
BENEFIT FOR OUR COMMUNITY CENTER

EXPANSIVE LOVE
DANCE W.

ENJOY
NATURAL & CLEAN
MUSIC AT 7
JAMAICAN/CALI CUISINE AT 6

Ken & Sam Levin
Window Cleaning
415.663.9669
West Marin's Best

Cool Coastal Greens
and then some!
Friday 12 - 5 PM • Roadside In Our Field
BOLINAS

Oversize vehicles banned from overnight parking

By Richard Halstead
rhalstead@marinij.com
@HalsteadRichard on Twitter

Marin County has banned overnight parking of any vehicle except cars, motorcycles and pickup trucks on certain streets in Bolinas.

Marin supervisors voted unanimously Tuesday to approve a two-year trial of the new parking restrictions. The ban will be effective from 11 p.m. to 6 a.m. on portions of Brighton Avenue, Park Avenue and Wharf Road, which provide access to Bolinas Beach and local businesses including a grocery store and post office.

The new restrictions include 20-minute time limits in front of the grocery store at 40 Wharf Road and the post office at 20 Brighton Ave.

Bolinas resident Michelle Sullivan told supervisors Tuesday that the Bolinas Community Coastal Alliance supports the move, “despite its imperfections.” She said it is critical that the county begin to address the squeeze on parking situation in Bolinas.

“On weekends and holidays, our town faces a tidal wave of visitors,” Sullivan said. “As an internet-driven destination, this wave surges through the downtown area, especially in the warm weather months.”

For example, she said during the July 4 weekend, 2,000 people visited Bolinas, including 36 recreational vehicles, buses and “house cars” that stayed for as long as 10 days, all parked on two downtown blocks along Brighton Avenue and adjacent streets.

Sherry Hirsh, a longtime Bolinas resident and member of the alliance, said, “There has been a huge influx of surfing people on these two little residential streets, and we just don’t have the capacity to manage it.”

Bolinas residents have been seeking tougher parking regulations for some time now. In November 2018, they approved Measure X, an advisory measure that proposed the same parking restrictions that supervisors approved Tuesday. The measure passed with 52% voter support.

In April 2019, supervisors were poised to adopt an ordinance that would have made it possible for sheriff’s deputies to ticket “automobiles” over 22 feet in length that park overnight on designated Bolinas streets. That ordinance was tabled, however, after many residents objected that it wouldn’t include some types of vans, sports utility vehicles and covered pickups that measure under 22 feet in length.

The establishment of the new parking restrictions were delayed because the county had to receive permission from the California Coastal Commission before proceeding. The county submitted a request to the commission for a permit to make the change on June 27.

On July 15, Sara Pfeifer, a Coastal Commission planner, responded with a letter saying that the parking restrictions appeared to be inconsistent with provisions of the Coastal Act that call for maximizing access to beaches.

PARKING PAGE 4

submitted by Susie Stewart
Independent Journal - Feb 5, 2020
"Your eye on the IJ"

For more information, to volunteer, or to join Call 415 663-1075

Sweethearts of the Radio 2020
February 8 @ 8:00 pm - 10:00 pm
Point Reyes Community Lunch
Every Thursday - 12:00 pm
By West Marin Senior Services 415-663-8148, x.104.
A Beginner's Guide to the End

Saturday's talk by BJ Miller and Shoshana Berger at Commonweal's New School was an introduction to their new book "A Beginner's Guide to the End" an important, necessary book which helps demystify dying.

Shoshana admitted that they jokingly referred to their book "A Beginner's Guide to the End" as "Dying for Dummies" All humor aside, the "Beginner's Guide" details a practical, nuts & bolts approach to the long, involved, complicated, confusing, unnerving process of dying.

BJ Miller is a palliative physician who suffered a horrific accident in his youth, which transformed him. Watch his TED talk on youtube to see for yourself.

Shoshana Berger is a writer and designer. She and BJ met at IDEO, a global design and innovation company in San Francisco. Together they brainstormed a useful manual for dying, a subject which heretofore was too taboo to touch.

Saturday's talk was inspiring and another example of the great minds that the New School at Commonweal brings to our humble town. Support the New School by contributing and attending.

Thank you, StuArt

MIGUEL BUSTAMANTE DENTAL CORPORATION
24 WHARF RD. BOLINAS
415 868 0911

With light streaming down in the Big Room at Commonweal, Shoshana Berger reads the letter she wrote to her daughter. In the book such a letter is recommended as a way of "leaving your story" in the event you are gone and maybe didn't get to tell those who matter most - remembering your essence, what you'd like recalled and to pass onward.

About the book

When it comes to death, we are all beginners. What we could use is a clear-eyed, big-hearted friend to hold our hand and walk us through not just the practical decisions we'll have to make in the coming months and years, but also how to engage with loved ones and face our fears. That is why a veteran hospice & palliative medicine doctor and an experienced caregiver and journalist teamed up to guide you as well as your friends and family through the unfamiliar to-do lists and the emotional and medical choices that often overwhelm us. The guide begins well before a diagnosis and ends well after the memorial.

No subject is too small: Did you know you can buy a casket at Walmart? That you can crawl into bed to cuddle with your loved one at the hospital? That a medical student may be your best ally? That you can create a "When I Die" file to help unburden your family and pass along meaningful keepsakes? There are lessons for caregivers, too, like how to get help at home, shut down social media accounts, clean out the condo, and write a good eulogy.

"There is nothing wrong with you for dying," B.J. Miller and Shoshana Berger write in their introduction to the book. "Our ultimate purpose here isn't so much to help you die as it is to free up as much life as possible until you do."

- from the website "A Beginner's Guide to the End"
HAPPY HAPPY BIRTHDAY!

February 5:  
Toby Saltz  
Mary Beth Braun  
Barbara Henley  
Jackson Shea Kent  
Duncan McNaughton  
Jonathan Cunha

February 6:  
Jeffrey Coleman  
Stephen Lerner

February 7:  
Ed Fishman  
Cory Briner  
Rachel Gertrude  
Claudia Thompson

February 8:  
Christina Peterson  
Kora McNaughton  
Alex Clark

February 9:  
Catherine Joyce  
Barbara Fitzgerald

868hearsay@gmail.com
Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.
Or get info on how to read online or subscribe online or request a link to the password-protected website.

LOST & FOUND
FOUND: A SMALL GOLDEN/BRASS RING AT THE  
Brighton entrance to the beach, interwoven pattern. Call and describe so it can be returned to you. A kind lady from Berkeley found it and asked a couple of us at the PO how best to get it back to its owner. There are still nice people in this sweet old world! 415-868-2172

Call 868-2128, check the Library Marquee, Calendar in BCC  
Foyer or visit www.bocenter.org for more info & special events!

FIREWOOD:  
Dried and cut stove size  
Corner of Alder and Hawthorne  
Just South of intersection

Classified ads that are free  
As a public service, the Bolinas Hearsay News will print ads in the categories LOST & FOUND, FREE and RIDE SHARE at no charge. Maximum approximate 20 words, it will run at least one week, often longer.
Drop your ad through the slot in the door at our office on the left side of the PBUD building at 370 Elm Street.
Or email to 868hearsay@gmail.com
Regular meetings in West Marin

Stinson Beach Fire District
Lagunitas School Board
SGV Planning Group
Dance Palace Board
Point Reyes-Olema 4-H
Bolinas Community Center
Point Reyes Village Assoc.
Stinson Beach Village Assoc.
West Marin Lions Club
Bolinas Lions Club
West Marin Rotary Club
VWM, Chamber of Commerce
Shawrleton Unified School Board
IWNRB Board
Inverness Public Utility District
Inverness Association
Bolinas Comm. Public Utility Dist.
Marin Municipal Water District
Bo-Stin Union School Board
Stinson Beach Water District
Tomales Village Council, Serv. Dist.
Tomales Town Hall Board
Tomales Water District
Bolinas Fire Protection District
Tomales Bay Youth Center
Talking Race Book Club
Inverness Stamp Collecting Club
French conversation salon
Bolinas-Stinson Youth Group
Mainstreet Moms

Fourth Mondays 6 p.m.
2nd or 3rd Thurs 6 p.m.
3rd Mondays 7:30 p.m.
3rd Tuesdays 6 p.m.
1st Mondays 6:30 p.m.
3rd Tuesdays 5 p.m.
2nd Thursdays 6:30 p.m.
1st Saturdays 10 a.m.
1st/3rd Tuesdays 7 p.m.
4th Thursdays 7 p.m.
Wednesdays 8 a.m.
1st Thursdays 7 p.m.
3rd Thursdays 6 p.m.
3rd Wednesdays 6 p.m.
4th Wednesdays 9 a.m.
4th Wednesdays 7 p.m.
3rd Wednesdays 7:30 p.m.
1st & 3rd Tuesdays 7:30 p.m.
2nd Tuesdays 5 p.m.
3rd Saturdays 9:30 a.m.
1st Wednesdays 8 p.m.
3rd Mondays 5:30 p.m.
1st & 3rd Tuesdays 4 p.m.
4th Thursdays 7 p.m.
Last Tuesdays 6 p.m.
2nd Mondays 7 p.m.
2nd Mondays 9 a.m.
3rd Mondays 4 p.m.
Monday 3:30 p.m.
Mondays 3 p.m.

SILENT MEDITATION EVERY SUNDAY
11:00-11:15 am at Calvary Presbyterian Church, corner of Brighton and Wharf. All Welcome

AL-ANON MEETING - WEDNESDAY 6:30-7:30 PM
@ St Aidsen's. All Welcome

ANNOUNCEMENTS

ALCOHOLICS ANONYMOUS MEETINGS
Bolinas Monday 7pm
30 Brighton St. St Aidens Church
Bolinas Friday 8pm
270 Elm BCPUD

How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind the BCPUD office on Mondays, Wednesdays and Fridays between 9:30 & 10:30 am to have your article appear the same day, and until 11:00 am for classified ads.
Ad forms are also available anytime in the small mailbox next to the Hearsay door. You can fill out the form and have your ad billed to you, or you can enclose payment (please note on your ad if you are paying cash in case they become separated) & drop into door slot.

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