

MARDI GRAS BOLINASTYLE

BOLINAS HEARSAY NEWS



Bolinas Hearsay News

Wednesday, March 8, 2017

page 1 - 50¢ tax incl.

WHAT'S HAPPENING?

Wednesday, March 8

INTERNATIONAL WOMEN'S DAY

THE FLAGSHIP BUS

visits the Bolinas Library from 11:15 am to 2:30 pm with bilingual story, time, songs, games, art projects and more for children up to age 5

DIASPORA DANCE

An ongoing class with Amber Hines 6:30 – 8 pm by donation at the Bolinas Community Center

KARIOKE

9 pm at smiley's

Thursday, March 9

FOOD BANK

at the community center at noon

Friday, March 10

MOZART AND HAYDEN

with Bill Quist at Mary Magdalene church 7-8 pm

Saturday, March 11

SOUP SATURDAY

noon at St. Aidan's – everyone welcome -- free and fun

JAZZ DANCE AND AEROBICS FOR BOYS & GIRLS

aged 7 to nine 11 am to noon at the Community Center - \$15

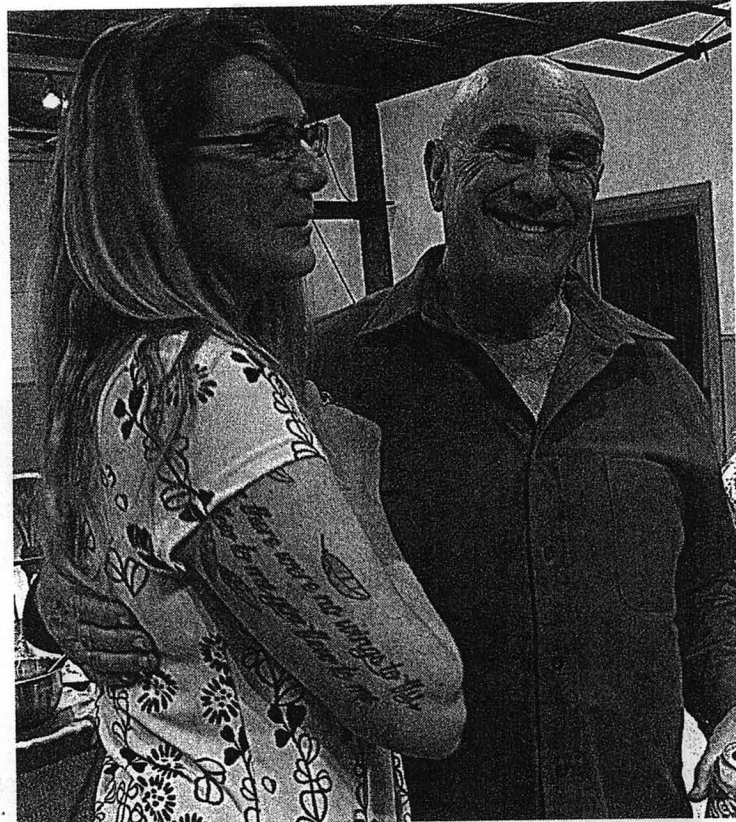
THE HEARTY TARDY MARDI GRAS PARTY

Parade at 5 pm, food and music by Bobo Tempo at the Community Center 6 to 8 pm - \$10 for adults, \$5 for teens and seniors, free for kids. Bowl of gumbo, rice & beans - \$5

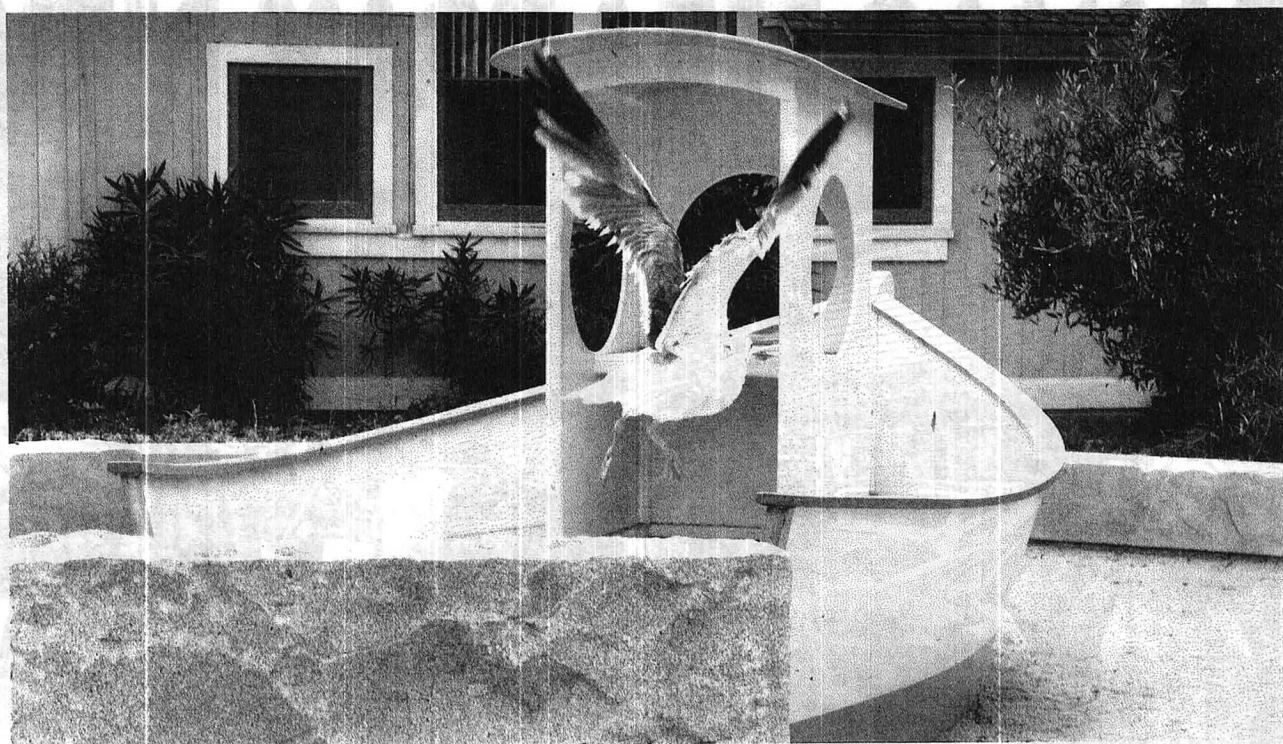
Sunday, March 12

2 FREE EDUCATIONAL SHOWINGS OF "EQUAL MEANS EQUAL"

Documentary film at the Bolinas Community Center. Films run 90 mins, two showings at 2 and 5 pm



Julie & Steve at Birthday Party on Sunday
(note Grateful Dead lyrics tattoo)



" MOVING ON "

(dedicated to Diane Lamontes who died Friday at Sam's House, next door)

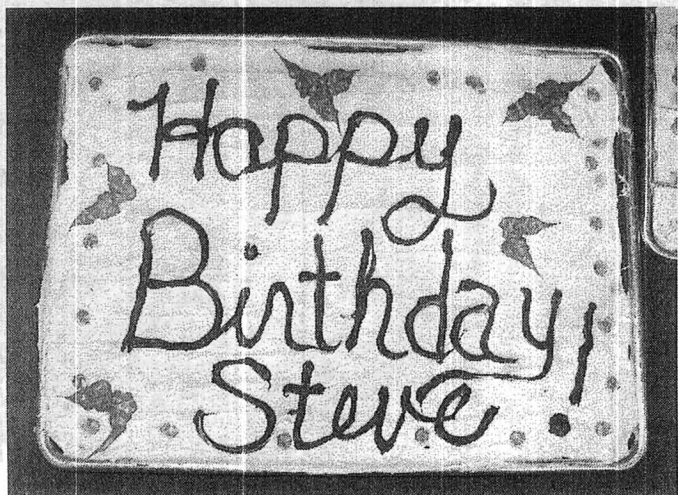
- photo by Curly Rigg

TIME TO CELEBRATE!

The Hearty, Tardy Mardi Gras Party, Saturday March 11th

The 12th annual celebration of Mardi Gras will be this Saturday March 11th. It will begin with our own unique Parade at 5:30 from the Plaza at the Community Center, to town then back to the Center. There you can buy a bowl of Gumbo, or Red Beans and Rice for \$5. Jeffrey and Magi doing the cooking. This is a FUN and JOYOUS event where our Community gathers to celebrate Life, Joy and the coming of SPRING!. Dress up! Put on your Beads and dancing shoes! BOBO TEMPO will play from 6:30-8:30. \$10 ADULTS; \$5 TEENS AND SENIORS; KIDS FREE. Come join the parade and leave your troubles behind, and dance away the blues (especially relevant in these times)!!!

Magi and Mary Barror



(above) sign posted beside the Library door reassuring all patrons - composed by Sarah Jones, Marin County Library Director.

(left) cake by Julie Augustyn for Steve's Wrenn's surprise birthday party on Sunday at the Community Center



Tightrope

The thrill of the performance,
the courage to trust and
soar like a shooting
star....balancing between
water and sky.
Every day is an
adventure

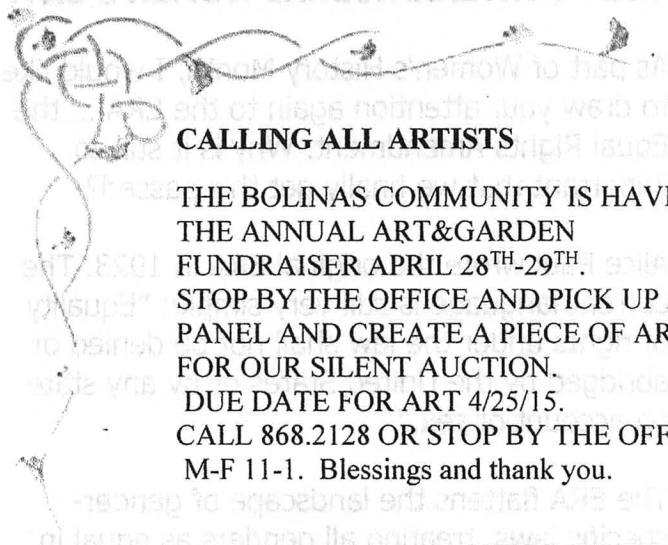
©2011 Christine DeCamp

*Yes, I'm still wanting
a place ... Persis N.*

**MIGUEL
BUSTAMANTE
DENTAL
CORPORATION**



24 WHARF RD. BOLINAS
415 868 0911



CALLING ALL ARTISTS

THE BOLINAS COMMUNITY IS HAVING
THE ANNUAL ART&GARDEN
FUNDRAISER APRIL 28TH-29TH.
STOP BY THE OFFICE AND PICK UP A
PANEL AND CREATE A PIECE OF ART
FOR OUR SILENT AUCTION.
DUE DATE FOR ART 4/25/15.
CALL 868.2128 OR STOP BY THE OFFICE
M-F 11-1. Blessings and thank you.

SAVE THE DATE!

The Bolinas-Stinson Beach School Foundation

presents

A 50's SOCK HOP

featuring

The Right Time

Friday, March 31st

Dinner @ 6pm

Dancing 7pm-10pm

Bolinas Community Center

Dress in 50's costume for free ice cream

More details to come!

Today's Hearsay brought to you by:

StuArt Chapman, editor

June McAdams, ads

Jeff Manson, press



HAPPY INTERNATIONAL WOMEN'S DAY!

As part of Women's History Month, I would like to draw your attention again to the ERA ... the Equal Rights Amendment. Why is it still so important that we finally get this passed?

Alice Paul wrote the original ERA in 1923. The current language is still very simple: "Equality of rights under the law shall not be denied or abridged by the United States or by any state on account of sex."

The ERA flattens the landscape of gender-specific laws, treating all genders as equal in every state. This language includes women and men, plus all other gender definitions and choices. Without the ERA, everyone who is not a heterosexual male is left out of equality once a legal case is appealed to the Federal level.

This is because some state and other local laws have granted equal legal status to all. Some states have not. If our only legal rights remain at the state and local levels, any new laws or policies or **court decisions** from the federal government might trump our local or historical legal protections ... and move us backward by decades or even centuries.

No woman or child is safe in this country as long as any law remains on the books anywhere that allows one gender to "legally" rule another. If some women are suffering somewhere in our country, we are all in danger that we will be next. We technically still have no "personhood" under our U.S. Constitution. We are still legally "chattel" ... which means property. Harming women and children is apparently still not against the law, according to current misinterpretations of our U.S. Constitution. We can change this, by passing the ERA.

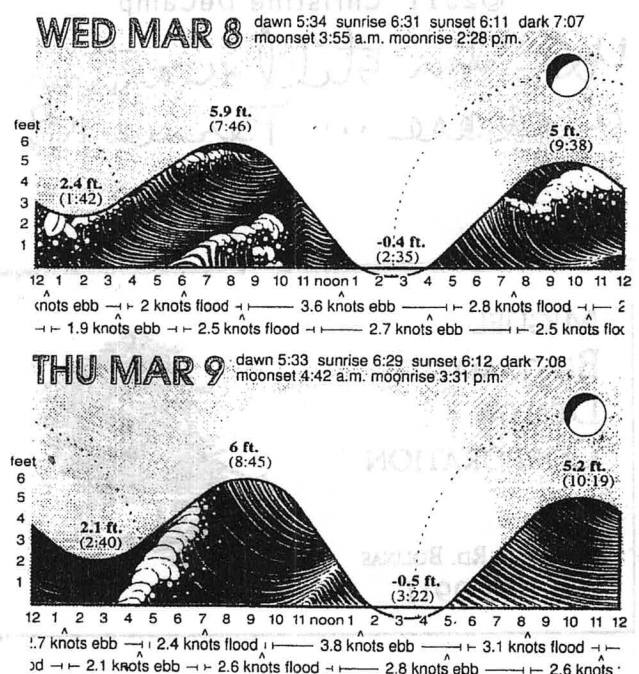
Please come down to the **Bolinas Community Center on Sunday, March 12**

... to see a brilliant new documentary called "Equal Means Equal" by Kamela Lopez. The film runs just over 1-1/2 hours, and we will be showing it at 2 & 5 PM. There will be conversations & potluck snacks before, between, and after.

Or you can download the film and watch it at home. You can read about it at our library ... ask for the special printed materials, including suggestions for action and contact info for the many groups working on this ... or ask for the book "Equal Means Equal: Why the Time for an Equal Rights Amendment is Now" by Jessica Neuwirth.

This is a **FREE** educational event sponsored by the Grand Fraternal Order of Mothers, Inc. I am hoping to enjoy some very inspired conversations and discussions with you this Sunday at the BCC.

Elnora Mae Phillips



Immigration Information meeting in Spanish

Coordinating with West Marin Standing Together, anchored in Pt Reyes, I am trying to organize a bilingual speaker to come to Bolinas to give information about the latest immigration deportations and how to act in response. Point Reyes has already done this and is moving to a phase 2 meeting on March 14 at West Marin School at 6:30 in the small gym to help fill out papers. All Bolinas people are invited.

When I called the Canal Community Alliance, Lucia, the organizer of these meetings, said that there have been so many requests that no speaker could come to Bolinas until April. I signed up on the waiting list. I have asked the Bolinas School Principal if we could use the school. President Trump has changed his orders twice and it is hard to keep up. The following people have attended meetings and have some information: Mark Butler, Meg Simmonds, Martine Angier, and Pam Dake.

You can call me at 868-1882; I will keep you posted about the meeting.

Liz Grace

A DAY WITHOUT A WOMAN

In honor of all the amazing, strong, hardworking, magical women in our small community who make this place run. The mothers who've mother us all, the women who supply our centers of community and provide affordable housing, our fire chief who protects us, our teachers that keep us sharp, our doctors who mend our wounds, our farmers who make us wholesome, our post master who keeps us informed, our women of water, our gardeners that plant beauty bountifully, our healers who understand our souls, our activists that give Bolinas its name, our artists and dancers who give Bolinas its essence, and our many business owners that keep us looking beautiful, who give us the tools to build our homes and provide delicious meals to keep us going, who give us space to dance and drink and howl all the moon. As you know, today is International Woman's Day and there is a worldwide Women's Strike called 'A Day Without A Woman' Take today to imagine Bolinas without our powerful women! Our town is VIBRANT, FUNCTIONAL and BEAUTIFUL because of YOU!!! We honor you, each and everyone one of you.

-Evie and Lynn

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT



BCPUD BOX 390 270 ELM ROAD

BOLINAS CALIFORNIA 94924 415 868

1224

A Meeting of the Internet Access Committee Of The Board Of Directors
 Monday, March 13, 2017 3:00 p.m.
 Bolinas Firehouse, 100 Mesa Road, Bolinas

Please note: the meeting will be at the Bolinas Firehouse and not at the BCPUD office

Agenda

1. Call to order.
2. Roll.
3. Review and approval of minutes of the previous meeting.
4. Report-backs on one-on-one discussions with internet service providers or other key parties since the last committee meeting.
5. Discussion of a potential recommendation to the BCPUD board of directors that the BCPUD issue a Request for Proposals (RFP) for parties interested in participating in a public-private partnership for local internet distribution system for Bolinas. Potential format for such an RFP including the inclusion of a CASF grant proposal to the California Public Utilities Commission as part of the scope of work.
6. Community expression (for items germane to this committee but not on the agenda).
7. Next meeting date.
8. Adjournment.



Ken & Sam Levin
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 West Marin's Best

TERMITES!!!

We are looking for those who need to tent for Termites/Powder post beetles in the next week or so

We can get a better deal on the tenting if we can get 2-4 people to tent on the same day. Charles Whitefied will coordinate the project if you're interested please call us and we'll give him your names and numbers. We are hoping to get this done in the next week or so.....

Call Jan and Mesa Broek
 Mesa's cell:
 415 302-0272

STAR ROUTE FARMSTAND

Cool Coastal Greens and then some!

Friday 12 - 5 PM • Roadside In Our Field

Cell Phones and Health

Breaking: California Public Health Dept. releases its cellphone safety document

After losing a lawsuit to UC Berkeley, the California Dept of Public Health released a document on cell phone safety guidelines it had in its possession since 2010. The document was never released to the public until now.

When Dr. Moskowitz of UC Berkeley's School of Public Health asked to see it in 2014, the CA Dept. of Public Health refused, which prompted Dr. Moskowitz to file a lawsuit alleging violation of the California Public Records Act.

During the trial, the CA Dept. of Public Health argued the document was a draft, and that releasing it would cause panic. See below for more details. (Thank you Dr. Moskowitz for taking action so that everyone can see this important document which should have been released to the public years ago!)

Read the cell phone safety guideline document here <https://drive.google.com/file/d/0B14R6QNkmaXuRmJIZDRWME5IN2M/view>

From the document: "**regular cell phone use increases the risk of developing some kinds of brain cancer. Some studies have also linked exposure to EMFs from cell phones to fertility problems.**

EMFs can pass deeper into a child's brain than an adult's. Also, the brain is still developing through the teen years, which may make children and teens more sensitive to EMF exposures.

For these reasons, parents may want to limit their child's cell phone use to texting, important calls, and emergencies. Cell phone EMFs can affect nearby cells and tissues"

CBS coverage of this story: <http://sanfrancisco.cbslocal.com/2017/03/02/cellphone-radiation-exposure-fact-sheet-draft-released-by-california-health-officials/>

In the UK, 3 times as many children are being admitted to hospitals for sleeping disorders as compared to 10 years ago because of the growing use of technology
<http://www.telegraph.co.uk/news/2017/03/04/surge-children-admitted-hospital-sleeping-disorders-many-kept/>

For more detailed information and resources and free printable downloads explaining why and how to practice safe technology, as well as videos, Public Service Announcements, schools and teachers educational materials, how to develop and pass a Right to Know law like that of Berkeley, currently pending in the State of Massachusetts, and the nation of Argentina see www.ehtrust.org

Electromagnetic Radiation Safety, March 2, 2017 (6:00 PM Update)

Prior to the judge's final ruling in Moskowitz v. CDPH, the California Department of Public Health released its cellphone safety document to the *San Francisco Chronicle* this afternoon.

This "fact sheet" summarizes research on cell phone radiation health risks and provides safety tips on how to reduce cell phone radiation exposure. The document highlights a potentially greater risk to "pregnant women, children, and teens." The safety recommendations are similar to those issued by the Connecticut Department of Public Health in May, 2015.

The document and details about the case are available at <http://bit.ly/CDPHsafer>.

Joel M. Moskowitz, Ph.D., Director Center for Family and Community Health School of Public Health University of California, Berkeley **Electromagnetic Radiation Safety**

Website: <http://www.saferemr.com>

Facebook: <http://www.facebook.com/SaferEMR>

Twitter: @berkeleyprc

Submitted by Mary Beth Brangan

Dear Bolinas,

Do you have a service or talent that you would like to donate to the BCC Art&Garden Silent Auction in the form of a gift certificate? This is a great event and this year will include a food festival. The dates are 4/28 & 4/29. More details to come.

Call us 868.2128 or email me your ideas at randi@bocenter.org

HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door to submit

SERVICES

TAX TIME!

Susan Hewlett Johnson
868-1134 ~ cell 415 497-0877

SHJ 3/27

CONFLICTS? DISPUTES?

WEST MARIN MEDIATION CAN HELP-
confidential, effective, impartial, free. 415 459-4036

SG X

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking /
plowing / post-hole drilling. Don Murch -0921

DMX

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- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping
Insured #676377 Steve Ryan 868-1584

SRX

AIRPORT? HOWARD DILLON HAS

a Súbaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

Happy Birthday to You

March 6

Megan Gould
John Butler
Sage McCollum (remembered)

March 7

Craig Dumont
Ralph Camiccia
Jim Stoops (remembered)
Cynthia Putnam
Stephen McCarthy
Sofia Borg

March 8

Roger Peacock
Dennis Dierks
Pam Fabry

March 9

Bruce Bowser
Caleb Norton

March 10

Wilma Heffelfinger
Winston Grant
Terry Guitar
Chandra Sherr
Anna Lee Rhea

March 11

Dieter Tremp

HEALTH & HEALING

June McAdams, RN
Compassionate and Skilled
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Coastal Marin Only
More than 39 years nursing experience
(415) 868-9052

How to contribute to the Hearsay News in person

Come to the office at 270 Elm at Maple, behind
the BPUD office on Mondays, Wednesdays and
Fridays between 9:30 & 10:30 am to have your
article appear the same day, and until 11:00 am for
classified ads.

Ad forms are also available anytime in the small
mailbox next to the Hearsay door. You can fill out
the form and have your ad billed to you, or you can
enclose payment (please note on your ad if you are
paying cash in case they become separated) & drop
into door slot.

868hearsay@gmail.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication
the next day.

Or get info on how to read online or subscribe online
or request a link to the password-protected website.

FOR SALE

FOR SALE: MASSAGE TABLE-GOOD CONDITION,
blue, 24" wide. \$150 or best offer.-2516

JA 3/20

KWMR Radio Highlights

FRI Ruth Bader Ginsberg Speaks 12 PM

SAT Driving While Black 11:30 AM

SUN Amadeus 12 PM

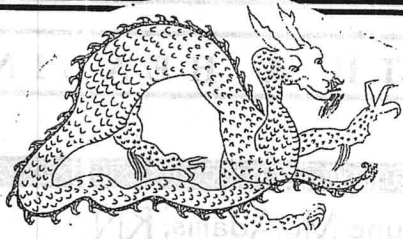
MON Reading *The Klamath Knot* 10 AM

TUE Bay Nature Founder & Publisher 11 AM

WED The Nature Fix 10 AM

-- More information at KWMR.org --

FM 90.5 Point Reyes Station
89.9 Bolinas
92.3 San Geronimo Valley



LOST AND FOUND

WYLIE LOST HIS PHONE ON MONDAY 3/6. IT IS AN LG flip phone with his name written on the back in silver ink. If found, please call 415- 302 7712,

.....WYLIE PERDITO SU TELEPHONO CON SU HOMBRE ESCRITO EN LA PARTE posterior en tinta de plata de plata. Por favor llame al 415-302 7712 si se encuentra.

NP 3/8

FOUND: SMALL, VERY FRIENDLY YOUNG BLACK cat, tail up, longhaired, arrived at my house about 5 days ago-in heat? Please call FAST, may be pregnant now. Ilka-0419

IH 3/6

ALAN MARGOLIS LOST HIS WALLET on Tues. Feb. 28th. Call Sadja at 868-0493 if found. Thank you!!

SG 3/3

LOST: MY BLACK SWEAT PANTS. I PUT THEM IN the wrong small black car at the soccer field after soccer last Sunday. Soccer players, did you find some black fleece pants in your car you couldn't identify? Please call 868-0144

JP 3/1

FOUND: CELLPHONE OUTSIDE THE LIBRARY Tuesday night, 2/21. Please come to library to claim.

JS 2/22

LOST: ALPACA FUR HAT-SEWER POND TRAIL corner of dogwood and alder. Please return-\$20 reward.-868-2326

MS 2/1

FOUND : SNARE DRUM. PLEASE COME AND GET IT @ HEARSAY OFFICE-monday, wednesday or friday-9am- 12 noon. Thanks

JM 2/1

FOUND: ONE PAIR OF GLASSES FOUND ON TERRACE Ave. on Saturday morning (12/31/16). They are brownish, low prescription, in Ray Ban frames. Call 415-497-6975

BD 1/4

LOST: NEW PAIR OF NIKON MONARCH 3 8x42 binoculars at Agate Beach parking lot on Monday (to my great sorrow). Anyone find them? Thanks. Joy Jamgochian, peterandjoy82@gmail.com.

JJ 12/2

LOST: HAND BEADED EARING; SILVER COLOR glass top, turquoise glass blade shaped ends in strands. Dropped outside Community Center kitchen door, Friday, 12/16... flower sierra 831-747-4540 .

FS 12/21

FOUND ON BEACH A MAN'S WEDDING BAND.CALL to identify and claim-868-2840

WH 12/19

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise (back in March!)	9:30-10:45am
Bo Babies & Toddlers Open Play Group (free)	11:00-1:00 pm
Pilates Mat w/Lisa Townsend	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15 pm

TUESDAY

Diaspora Dance for Elder Women w/Amber Hines	9:00-10:15am
Soul Soup w/Amber Hines (0-3yrs)	10:30-11:15am
Senior Stretch w/Brenda Stein	11:30-12:30 pm
Aerial Arts for Youth w/ Joanna (Starts 2/7/17)	3:30-6:00pm
Contemporary Dance w/ Lisa (teens & adults)	6:30-7:30pm

WEDNESDAY

Pilates Mat w/Lisa Townsend	8:30-9:45am
After School Theater w/Lisa T	3:30-5:30pm
Diaspora Dance w/Amber Hines	6:30-8:00 pm

THURSDAY

Yoga Flow with Brenda Stein	7:30 - 9:00 am
USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00-7:30 pm

FRIDAY

Pilates Mat w/Lisa Townsend	9:00-10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00pm
No Place Like Home (Free Brunch 4 th Fri of Month)	12 noon

SATURDAY

Diaspora Dance w/ Amber Hines	9:00-10:30 am
Ballet & Acrobatics/ KT (ages 7-9)	11:00-12:00 pm
Tumbling & Hula-hoops/ KT (ages 3.5-6)	12:00-12:45 pm

SUNDAY

CommUnity Night (see website for details)	Noon-6:00 pm
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Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit www.bocenter.org for more info & special events!



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FREE

STURDY WOODEN ROCKING CHAIR
-0636.

NF 2/17