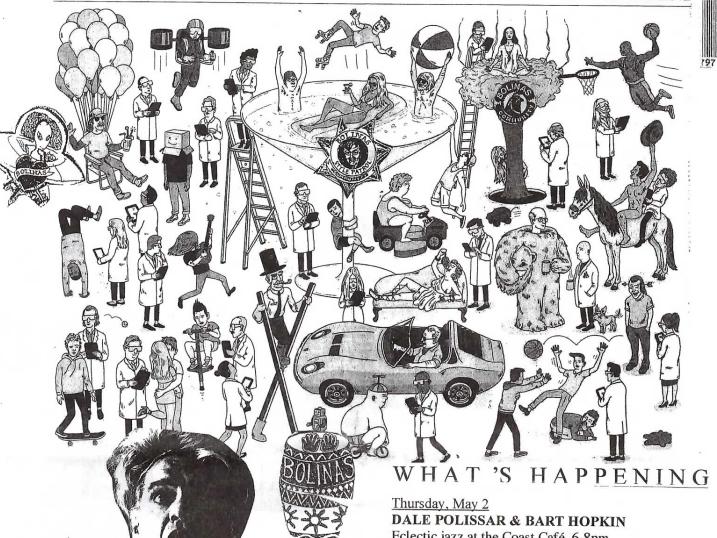
R

"elitist, snobbish, ingrown, unfriendly and not the world's greatest place for food." Herb Caen





Apocalypse

By Reverend Billy Talen* Song from The Church of Earthalujah

When we're wondering what to do Apocalypses come right through

The flames are high, the floods are too From this world I thought I knew

This natural world, that brought me you

Fire flood tsunamis quake What a difference apocalypse makes

When we're wondering where to turn Apocalypses make us learn The sky it burns, the blackbirds cry In this world where I will die This natural world, we all must die

Fire flood tsunamis quake What a difference apocalypse makes

*Formerly of Bolinas. See: www.revbilly.com/ In his new book: "The End of the World"

Eclectic jazz at the Coast Café. 6-8pm

HOOKAH STEW

Live reggae-folk music @ Smiley's. 8:30pm. No cover.

Friday, May 3

MIDNIGHT RAID

Live reggae-rock music @ Smiley's, 9:30pm.

BOLINAS MUSEUM Cocktail Party 5:30-7:30PM, \$15 members/\$20 non-members

Saturday, May 4

TOXICS AWAY DAY

Free disposal of hazardous materials, by appointment @ Pt Reyes Fire Station, 9am-1pm. 1-800-207-8222 for appt.

WALKATHON Benefit for Bolinas Children's Center @ Mesa Park: bounce house, raffle, cake walk, face painting, food, music and more, 10am-1pm.

OPENING RECEPTION

Frederick Smith paintings at the Gospel Flat Farmstand studio artspace 1-4pm

OPENING RECEPTION

Judy Molyneux painting sale @ Bolinas Gallery, 1-5pm

OPENING RECEPTION Bolinas Museum, 3-5PM, Historic Paintings of Marin/Asia Then/Dances with Wools.

A MID-SCHOOLER NIGHT'S DREAM

School talent show at Community Center. Shakespeare, aerial arts, music, dance, silliness, 7pm-9ish

BLACKWATER GOLD

Live big-band Afrojazz @ Smiley's, 9:30pm

Sunday, May 5 / CINCO DE MAYO OPENING RECEPTION Suzanne Parker, Leah Jachimowicz & Mimi Albers, Gallery Rte One, PRS, 3-5pm

WANTED

Cool, smart, witty, fun, musicloving volunteers to help prepare food on Mondays, 11:00 to 4:00 at the Coast Cafe. Food For Families, a Bolinas non-profit, prepares food on Mondays for local new mothers, the sick and elderly. Come on down, enjoy the music, have fun and do a good deed!

> Food For Families 415.299.0293 415.868.2446

JUDY MOLYNEUX PAINTINGS SALE! SALE! SALE!

Rock Bottom Prices!

Why Shop
Anywhere?
Else Buy One
Get One
Free
Delivery
Lay Away
Plan The Ultimate
Deals
Everything Must Go Great
Values And
Savings And
Rock Bottom
Prices!

Bolinas Gallery, 1-5 p.m. Saturdays and Sundays Through June 9

HAPPY HAPPY BIRTHDAY!!!

May 1:

Jack Post Emily Minken Jerry Mander Bo Carper Jamie Tacherra

May 2:

Michael Gaspers Ian Cracknell Delano Jordan Willis Caid De Naples

May 3:

Susie Whaley

May 4:

Gary Fontan David Liebenstein

May 5:

Sandy Dierks







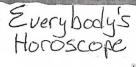


The Bolinas Stinson Beach Middle School
will bring its amazing talents to the
community this Saturday, May 4th.
So, come on down to the Bolinas
Community Center to enjoy the show.
Doors open at 6:30pm, show starts
at 7:00pm. Tickets cost \$15.00 for adults
and \$10.00 for kids 16 and under.

See you there — or when I finally wake up!

--belle wood





strive to be articulate — not because

you want to sound smart, but because you sense that the strong love you feel would best be communicated with beautiful words, artfully ordered.

Love, Love... Bobolicious





Christine Cunha, Owner 415.868.2700

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WEST MARIN all day - peace reigned.

TODAY'S HEARSAY brought to you by Steve Heilig, June McAdams, and David Cattell.



Smiley's Is

The Oldest Continuously Operating Saloon in California

- Great Live Music
 - Open Mic
 - · Karaoke
- Pool Tournaments
- Coffee Care Luncheon Spot Small Hote

Color Copyling

Vestern Uni

- · Wi-Fi Hot Spot
- Port in the storm
- Surfers Refuge
- 3 minutes to the beach and kayaking, surfing, swimming
 - 5 minutes to hiking
- 15 minutes to horseback riding.
 - 30 minutes to golf • 40 minutes to HW 101
 - 50 minutes to SF
 - 60 minutes to the East Bay
- 4 hours and 40 minutes to NYC

Before Lincoln was President...
Before baseball was a game...

Before Jingle Bells was a song.

There was "

SMILEY'S

...the legend lives

41 Wharf Rd., Bolinas, Ca 94924, 415-868-1311

WARNING

MASS CONFUSION AHEAD May 1, 2013

Fellow Staff Members of the Bolinas Hearsay News

Gentlepersons:

The Bolinas Hearsay News is falling apart. Once upon a time the daily circulation was 300. Now, it is around 60 or 70. It costs us way more to print than we get back in newsstand sales. Also, advertising revenue is down. We are spending more money than we are taking in. We are operating out of the goodness of our hearts on other levels as well. I pay personally for the online expenses (admittedly only about \$20 per month), which generates a good profit – about \$200 monthly on average, but that's not enough to make up for our other losses. Paper and ink is expensive, as is the quarterly rent for the printing press. When you throw in office rental, bookkeeping expenses, stipends to editors and assistants, fees to printing press operators, bad advertising debts, and incidental and unexpected other expenses, well

We need to think about going to once a week with a bigger paper, possibly on Wednesday. That is the only way I can think of to save ourselves from certain insolvency, extinction, and doom.

Thank you for your attention.

Sincerely.

Michael Rafferty V

cc: To the Editors of the Bolinas Hearsay News for publication



MAGIC MUSIC

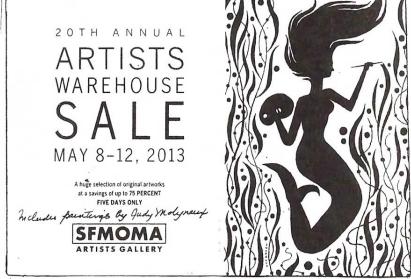
Hi guys,

Nevada City-born/sometimes Bolinas dwelling songwriter Mariee Sioux will be joining me live on the air this evening on KWMR from 6:30-8:30. She'll be chatting & playing songs from her new album "A Gift for the End"

Then tomorrow night (Thursday 5/2) I'll be joining her on stage at the Great American Music Hall, one of San Francisco's oldest & most elegant venues, for her belated album release party.

If you feel like a little adventure to the city, I highly recommend this show but if you want to stay home, you can tune in to KWMR tonight for a bit of Mariee's hypnotic magic music.

Jeff Manson



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How to Live on the Planet Earth, a Celebration of Nanao Sakaki featuring Gary Snyder, Joanne Kyger, Michael McClure, Malcolm Margolin, and Gary Lawless, with guest emcee, Patricia Wakida

Friday MAY 10 7:00 pm @ McRoskey Mattress Company 1687 Market Street (at Gough), advance tickets: \$20 admission includes a copy of Nanao Sakaki's *Collected Poems*, general admission \$10/\$5*



Peter Warshall - Tribute

Posted on April 30, 2013 by yoginirose

http://yoginirose.com/peter-warshall-tribute/

"There are two things that can perhaps save the world.
One would be the mastery of ones kindness to oneself and
the big heart. And the other would be understanding your
passion for place—for where you live—and really loving
the place that you live in."

PETER WARSHALL Biologist, Anthropologist, Ecologist



My uncle, Peter Warshall was a great naturalist and a wonderful uncle. He was a beautiful, unassuming man who worked his entire life to make this world a better place. As a small child, I saw him as a silly man with fun magic tricks, great jokes and someone who always had time for little ones at family gatherings. As a teen, I saw him as an interesting adult who 'got' me and remembered what it was like to be a teenager. As an adult, I saw him as brilliant, compassionate

with many wise and fascinating stories. Peter had this wonderful ability to meet you where you were. I never felt "talked down to" and I always felt that he valued my opinion and thoughts. He was always kind, compassionate, honest, clear, and authentic. Whether he was telling a story about an animal or the draft board, I was interested in what he had to say.



Our last conversation came on a day when Peter was at the end of a round of treatment. He was not feeling well,

the chemo was really intense. We talked about death and dying. He shared with me that he felt that the pain was teaching him about disconnecting from his body. That this experience was an opportunity to be glad for death. I feel honored to have been on the receiving end of those thoughts. Peter apologized once for being so morbid and gloomy, but when I told him I was fine with it and it was okay to share it with me, he went deeper.

Like a true yogi, in his last days, he "went in." He became unresponsive. I choose to believe that he went deep into meditation to prepare for his last great work in this body: his passing. Peter was laid to rest in Paradise Cemetery outside of Portal, Arizona. His grave is flanked by two juniper trees. He was lowered into the earth on a beautiful afternoon, Sunday April 28, 2013. His coffin was made of cardboard, decorated by the children that he loved and that loved him back, the children placed pine cones, feathers, juniper branches around him, my father gave him money for the boatman, and of course a bottle of bacanora (tequila from Sonora) was placed inside.

Peter Warshall, PhD. bio:

Peter has worked for more than 40 years on conservation, biodiversity protection, and community development projects in Africa, Latin America, and North America for the United Nations, USAID, various conservation groups and businesses, and Native American governments. Peter's multi-faceted areas of expertise include natural history, natural resource management, environmental impact analysis, and conflict resolution and consensus building among



divergent interest groups. Peter received a B.A. in Biology and a Ph.D. in Biology and Anthropology from Harvard University. He received a Fulbright scholarship for studies in mammalogy (Ecole de Medicín) and Anthropology (Sorbonne). He edited the environmental sections of the Whole Earth Catalog and its magazines from 1973 to 1996. He has also been instrumental as co-director of Bioneers' Dreaming New Mexico initiative.

- not to mention being a former BCPUD member, an architect of the innovative Bolinas sewer ponds. etc etc etc...I met him when he was my editor at *Whole Earth* in the '90s, and he was an inspiration – as he was to many others. See *The Town that Fought to Save Itself* by Ilka Hartmann and Orville Schell (1976, at the library, I think) for more...and here's a bit more on his local history... - *Steve Heilig*

Dreaming As One Poetry, Poets and Community in Bolinas, California 1967 - 1980) by Kevin Opstedal (Excerpts – book is online)

One year later (after the 1971 oil spill) Peter Warshall wrote "We got lucky. There's no doubt. Each time another report spells out the consequences of the oil spill, I hear the song: Bolinas must be blessed". ... The results of the oil spill could have been much worse. The most profound and lasting effect of the spill was in how it changed Bolinas. The energy generated by the community's response to the crisis carried over into local politics. Hewlett, Riviere, Warshall, MacAdams, and others got together and formed the Bolinas Future Studies Center, dedicated to the development of alternative forms of energy, agriculture, waste disposal and housing. The mission was to keep Bolinas from becoming a coastal version of Mill Valley—a threat that was very real at the time. The group went door-to-door, organized neighborhood meetings, and soon delivered some major impacts. They initiated a recall of the directors of the Bolinas Community Public Utility District, which was the closest thing to a government entity in this unincorporated municipality. They then set about drafting a community plan and blocked all future development by imposing a strict moratorium on new water hook-ups....



The Dance Palace, 5th & B Streets
Point Reyes Station
Tickets at www.dancepalace.org

Tickets at www.dancer

May

OUR COMMON WEALTH - Jonathan Rowe Book Release Event

An evening celebrating Jonathan Rowe and the publication of his book Our Common Wealth: The Hidden Economy That Makes Everything Else Work, edited by Peter Barnes. Co-sponsored by Point Reyes Books, West Marin Commons, and Mesa Refuge. Soup, bread, and conversation from 5 - 6 PM. Reflections by Peter Barnes, Our Common Wealth editor, and others at 6 PM. Video clips from Corey Ohama's work-in-progress, A Local Commons. Funds raised will support the completion of the documentary about West Marin Commons the local organization Jonathan Rowe cofounded.

No one turned away for lack of funds. Saturday, May 4, 5 - 8 PM, \$15 includes supper. Tickets at Point Reyes Books www.ptreyesbooks.com or call 663-1542.

MOLÉ TASTING DINNER

Gallery Route One's Latino Photography project will offer a delicious Molé Tasting Dinner to benefit the photo project, featuring sauces from Jalisco, Michoacan, Oaxaca and Puebla prepared by local residents. Advance ticket purchases strongly recommended: 663-1347. Proceeds benefit GRO's Latino Photography Project.

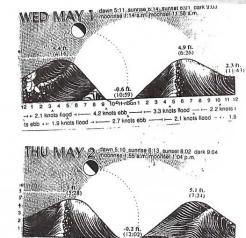
Sunday, May 5 from 5:30 PM, suggested donation, sliding scale, starting at \$20 for adults, \$5 for children 12 and under

>>LETTERS: PACIFICSUN APRIL 26, MAY 2, 2013

This'll get him out of a pickle!

This is to Carlo in Fairfax ["We're Drawing a Blanc on This One," April 19] who asked: Why do stores carry only 4 ounce bottles of red wine vinegar? Try Mill Valley Market for Bruno's Italian Red Wine Vinegar, 16.9 ounces, made in San Rafael. Fresh, natural, local and sustainable!

Dianne Bramwell, Bolinas



restoration

under way

Coastal Currents

submitted by Bruce Bowser

Lagoon Restoration: After years of planning and applying for permits funds have been secured and restoration has started on Kent Island! Hope you noticed the fliers around town as we are trying to get the word out about this great volunteer effort to remove nonnative plants on the island. The project is sponsored by the Marin County Parks & Open Space, the Army Corps of Engineers, Audobon Canyon Ranch (ACR) and the Farallones Marine Sanctuary Association (FMSA). At the first work day in April, two rangers from Parks & Open Space, the County's lagoon project manager, the FMSA project manager, four regular County Parks volunteers, and the chief plant ecologist were all in attendance. We were introduced to the project, and trained on what plants should go and what should remain. This time of year is critical to remove certain invasive's because they are blooming and sending out virulent seeds. Plants we helped remove include sea rocket, iceplant, and the girdling of some non-native trees. Work areas were structured so we did not impact nesting Egrets and Herons. As trees mature, the grove forms nesting habitat and ACR wants to keep those places safe. My work included setting up a pump which draws salt water from the Lagoon's main channel and sends it down 2 1/2 inch pipes to a fire hose that effectively drenches salt intolerant plants.

Joining the Team is a great way to enjoy the beautiful landscape, and work towards the preservation of the striking lagoon we all love. So if you haven't given your all to your own garden, come over this Friday the 3rd or Saturday the 18th for an introduction, snacks, caps & t-shirts and some community interaction. We will meet at the dock on Wharf Rd across from the College of Marin lab at 10am. Future workdays will be the 1st Friday and the 3rd Saturday of each month, from now through September. Contact Kate Bimrose at kbimrose@farallones.org to sign up!

Kent Island plays a critical role in the dynamics of the lagoon. Located inside the Seadrift spit off the main channel, it helps direct tides as they ebb & flow, which alters how sediment is transported, or in most cases, deposited at the margins of the island. The first thing that struck me is how incredibly lush and well vegetated the island was, coupled by large amounts of plastic and driftwood. The grove of trees seen from Wharf Rd. is much larger and denser than it appears. One area at the center of the island holds a 30ft.

diameter patch of iceplant, a mat 8 to 12 inches thick. Below the mat is densely compacted fine grain sediment that forms the crown of the island and undoubtedly growing daily. In years past King Tides or seasonal high tides would top over the island and keep invading plants in check, but today these plants push out native vegetation and increase sediment accumulation around the island. That's why this plant removal work is so important, and a great way to get this vociferous community involved.

Marine Debris: The National Oceanic & Atmospheric Administration Marine Debris Program is continuing with new funding to support efforts tracking tsunami marine debris. In Crescent City a 20ft Japanese research vessel came ashore April 7, marking the first confirmed piece of tsunami debris found in California. Ron Brown has requested dibs on the first red pagoda that washes up. In Washington State and Oregon, beachcombers have noticed increasing amounts of debris washing up, including Japanese docks and boats from the tsunami. If more is on the way the California Current is bound to deliver it to our shores. A lesson to be learned it is the large amounts of our own debris washing up daily.

The greatest single items found on beaches are hard and foamed plastic fragments. Everything from floats to packing material eventually breaks down to tiny bits, called micro-debris. A fellow Advisory Council member and teacher at Bodega Marine Laboratory feels that, while ocean acidification and algal blooms rank high on the list, micro-debris will be one of the biggest threats to ocean health. These tiny bits get swept into the water and devoured by fish and mollusks like goldfish feasting on fish flakes. When I analyze my own use of these materials I realize that they're everywhere, and my shredding inexpensive synthetic tarps are likely part of the problem. After trash pickup days I often find the same types of debris in the street in front of my house. From there it is a short trip to the beach. It is common in marine education circles to speak of the turtle or the fish found dead on the shore from ingesting marine debris. The micro particles are so prevalent that large amounts are consumed before causing the death of the innocent marine consumer, thanks in part from the ultimate consumer, humans.

NOTE: To receive updates on restoration and information on upcoming meetings through the Bolinas Lagoon Bulletin, contact Kate Bimrose at kbimrose@farallones.org

Bolinas Lagoon

Posted Monday, April 22, 2013 11:42 am | Updated 3 18 pm Mon Apr 22, 2013

exactly what's in the works, as Marin County Parks sail this week on a mission to restore 23-acre Kent Who ever heard of rescuing an island? exactly what's in the works, as Marin Co Stephanie Powell

supports beach, salt marsh and other dune habitat.
According to county parks officials, the native vegetatic on Kent Island has been largely displaced by invasive plants—European beachgrass, iceplant and Monterey in place and shifting the natural hydrology and sedime movement within the lagoon. And that's not the only cause for alarm, say parks officials—the native plants the island are now a global rarity due to human velopment and the growth of nonnative plants along Pacific Coast, Kent Island and Pickleweed Island in and cypress trees are

project is funded through the U.S. Army Corps of

Norro Bay are now the only two such islands left in

The county is calling for volunteers for the project (folks are needed every first Friday and third Saturday of the month through September Formare







Hi CERT Prospects! This is a 2-day class: SAT, 5/4 and SAT, 5/18. This weekend's class will start at 8:30am on the 4th and the 18th & end at 4:30pm. We added on one hour for additional information about Disaster Psychology and Wildland Fire, which is why the class is starting a little earlier.

We have 12 wonderful folks signed up and we really need another 6-8 to make it a really productive group, so please join us, talk it up and bring along family members, neighbors, friends and work colleagues. Folks can sign up online or even bring their check & information the day of the class I just need to know if you're coming. We're working hard to get the word out.

We do have scholarships if the cost is an issue for anyone. Also if you know high school students, friends or neighbors who like drama & would like to the "victims" that you rescue on the afternoon of May 18th, please let me know. That always makes it more fun & realistic. Thank you. Let me know if you have any questions & look forward to seeing you THIS SATURDAY in the class.

Maggie Lang Marin County CERT Coordinator www.marincountycert.org (415) 485-3409 ofc

> ...a socially acknowledged

beautiful.



Free Toxic Away Day - Point Reyes Station

40 Cars Maximum - By Appointment Only*

Dispose of your Residential Household hazardous waste. Safe & Free Also, bring all your old computer monitors, all AAA - D size and cell phone batteries



Saturday, May 4, 2013 - 9 am to 1 pm Pt. Reyes Fire Station, 4th and B Streets, Point Reyes Station

DISPOSAL OF MATERIALS SUCH AS

Paints, stain, shellac, solvents, thinners, roof patch
 Garden sprays, fertilizers, ant traps, pesticides, herbicides, rat poison
 Adhesives, caulk, motor oil, batteries, antifreeze, pool chemicals, bleach, cleaners

Maximum deliverable amounts: 15 gallons liquid or 125 pounds dry. For combined loads, liquids weigh 81/2 pounds per gallon. Please keep these quantities in mind and help your neighbors with their waste

Sponsored by: Marin County Hazardous and Solid Waste Management, Joint Powers Authority,
City of San Pafael Fire Department, Marin County Fire Department.

* If you do not have an appointment, your waste will not be accepted.

Surfing California

A Complete Guide to the Best Breaks on the California Coast

Raul Guisado and Jeff Klaas

Bolinas Jetty

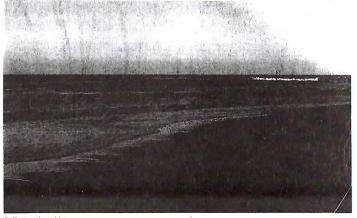
This is a beach break near the mouth of Bolinas Lagoon.

Best Tides: Low Best Swell Direction: South Best Wave Size: Waist high to chest high **Bottom: Sand** Type of Break: Beach break, left and right Skill Level: Novice to intermediate Best Boards: Funshape, longboard

Best Seasons: Summer and spring Crowds: Can get crowded on weekends Water Quality: Average Hozords: Sharks, localism Fees and Permits: No fees or permits required

Finding the Break

From Petaluma: Head southwest to Highway 1 and Point Reyes Station. Go south on Highway 1 toward the town of Bolinas. Around mile marker 17, turn right onto Olema-Bolinas Road; the locals make sure there's no road sign. However, if you find Bolinas Lagoon on your right, you've just passed the turnoff. At the small town of Bolinas, head



toward the beach. There's very limited parking, and the roads are narrow. Once you find a place to park, walk to the beach and you'll see the break.

Surf Description

The break near the mouth of Bolinas Lagoon is south facing and very protected from the wind. The surf is best when the waves are small, making it a good spring and summer spot. The east side of the lagoon mouth has good rights; the west side has some good lefts. Wave shape is best when the tide is relatively low.

Bolinas is a unique town with a peculiar vibe. Some of the locals make an effort to remove any road signs directing you to their town. In their effort to keep people away, however, they've managed to attract a great deal of attention. As a result there are undoubtedly more curious visitors to Bolinas than there would be if the signs were left alone. The town is an interesting mix of million-dollar homes, sleeping bags on the beach, San Francisco yuppies, and isolation-loving locals. Lieutenant McQueeny of the Major Crimes Task Force, Marin County Sheriff's Department, has described Bolinas as a town "where drugs are interwoven into the culture."

When you first enter town, one of the first businesses you'll notice is Smiley's Schooner Saloon—one of the only bars in the state to be in continuous existence for more than one hundred years. The building is thought to have been erected during the California gold rush by Captain Isaac Morgan in 1851. In the 1870s Morgan went back east to find a wife, and Niles Ogden ran the bar for a few decades. In the 1920s, when Prohibition forced most U.S. drinking establishments to close, this saloon managed to

Bolinas is one of the the California coast.

stay open. The front of the building was made to look like a barbershop, while the bar was located behind a second door in the back. Since then the saloon has changed ownership several times and is now a happening place with live music on Friday and Saturday nights

The Bolinas Lagoon is apparently in danger of shrinking as channels get smaller, which could result in the lagoon being closed off. It's home to a large population of harbor seals whose numbers continue to grow each year and have become a source of controversy for some of the locals. Many folks favor letting the population keep on expanding by protecting the seals and preventing them from being disturbed. There are other residents, however, who are working to repopulate the streams that feed the lagoon with steelhead and salmon. They argue that the seal colony has become overpopulated, disrupting the ecosystem's natural balance. In either case, it seems that unless something is done to protect the lagoon itself, both the fish and seals will suffer. (2005; From FACE BOX)



FOR SALE

DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus - Cut locally Gospel Flat Farm 868-0921

DMx

FOR RENT

TWO ROOM OCEAN VIEW COTTAGE

in garden. Full kitchen and bath. No smoking, no pets. \$1095/ month. Available soon. Contact bolinasrentals@earthlink.net

HW5/19

WANTED

Wanted: Hauling of leather sofa (dark sage in color) to dump, unless someone wants it for free. 868-0116

SM 5/3

ANNOUNCEMENTS

THE MUSHROOMS ARE LOOKING FOR A SINGER

Hi Falsetto a necessity. Please call 415-233-3240

TL 5/3





LOST & FOUND

LOST: SILVER BRACELET MADE BY A FRIEND.

Swirly with a hook catch. Could be anywhere but I was walking around the graveyard looking for Charles Fox. Would love to have it back but have cut it loose. Vickisa-868-0931

VF 4/22

LOST: CORAL & TURQUOISE NECKLACE

on Mesa. Please return if found - great sentimental value. I live on Pine Rd. Ciao, Paola, molta grazie. Paola 9271, Dolores 0935

PG4/22

FOUND: 3 KEYS WITH A VOLVO REMOTE

Found on Elm on Wednesday April 10. Call 868-1418

AM 3/18

MISSING: FROM THE ROD AND BOAT CLUB

ST. Patrick's Day dinner: a brown leather handbag in a backpack shape and bright pink wallet. Please return, no questions asked-868-8862.

LOST: BICYCLE—FROM 455 OVERLOOK DRIVE,

Bolinas. Women's "Huffy Comfortex", Silvery gold color, big seat, no baskets. Please return or call Diana-1-207-841-8139 NO QUESTIONS ASKED

3/28 DL

BRACELET LOST SATURDAY, 2/2 AT CRAB FEAST

or somewhere downtown-woven beaded green, gold, white & black bracelet. Please call 0321 if found

SV 2/4

CLASSES



Weekly Schedule

Sunday

Yoga w/ Trishna 9:00 - 11:00 a.m. 11:00 a.m. - noon Brazilian Dance w/Anna Ninjutsu Martial Arts for adults w/ Martin 5:00 - 6:30 p.m.

Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m.

Tuesday

9:30 - 11:00 a.m Yoga w/Lisa Brendel 12:00 - 2:00 p.m. Bo Babies 3:30 - 5:30 p.m. Aerial Arts for Youth w/ Joanna 4:30 - 7:30p.m. Pirate Pizza in BCC kitchen (pre-order 328-1066) 6:00/7:00 p.m. CommUnity Nights W/ free movies, games or music. Call -2128 for details

Wednesday

8:30 -10:00 a.m. Pilates w/Lisa 3:30 - 5:00 p.m. After-School Theater w/ Lisa Townsend 5:30 - 7:30 p.m. Theater with Patrice Daley 8:00 - 9:30 p.m. Biblia en Español

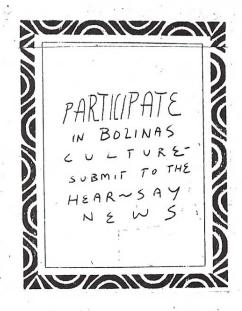
Thursday

8:00-9:30am Yoga W/Joody Marks (new class started 3/14) USDA food bank 12 noon 2:00 - 3:00 p.m Ballet w/ Erika Townsend (new class starts 3/28) 3:30 - 5:15 p.m. After-School Ballet w/ Erika Townsend Barbary Coast Bistro Food-To-Go in kitchen (328-1066)5:00 - 7:00 p.m. 6:00 - 8:30 p.m. Congolese Dance & song w/ Sandor

9:00 - 10:00 a.m. Pilates Mat Class w/Lisa Saturday

9:00 - 10:30 a.m. Yoga w/ Lisa Brendel Ballet w/ Erika Townsend 12:00 - 1:30 a.m.

Check the Library marquee or Calendar in BCC Foyer for special events. For More Info call 868-2128 or visit www.bocenter.org



hearsaynews@yahoo.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or to request a link to the password-protected website to read online and info on how to subscribe online.



SERVICES

BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping Insured #676377 Steve Ryan 868-1584

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painting, Hauling too! 27 years experience. Local refs. Steve Hill -2310

SHX

FIREWOOD • HYDRAULIC LOG-SPLITING • HAULING Dump Runs, Cow Manure, Recycling, Humane animal removal

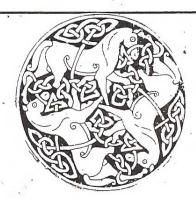
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

AIRPORT? Howard Dillon's fast, comfortable, car for all Bay Area pick-ups, early or late. Many satisfied local refs. Phone 868-2144

SCHOONER SALOON & HOTEL • INTERNET ACCESS • CHECK CASHING

WESTERN UNION • ATM & CREDIT CARDS COLOR COPIER (B&W too)

41 Wharf Rd., Bolinas 415-868-1311



MOTHER'S DAY

PANCAKE BREAKFAST

hosted by

the Bolinas Volunteer Firefighter's

Sunday, May 12th ‡ 8am to 11am

100 Mesa Road

\$10 Adults \$5 Kids

All proceeds benefit the

Bolinas Disaster Council

and

The Bolinas Volunteer Firefighter's Association

Info: 415-868-1566

HEALTH AND HEALING

CAREGIVER AVAILABLE

Excellent homecare, cleaner. Call 868-1782 Anita & William

CH x



HEALTH AND HEALING

GOT PAIN? GET RELIEF! And ease, increased flexibility and function too. Through gentle, effective path of Ortho-Bionomy. Fridays in San Rafael. Sara Sunstein, 30 years experience. 510-526-5414. www.sarasunstein.com

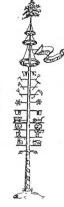
SS 5/31

1 May

Cross-quarter day: Beltane, May Day, Sixth Station of the Year/Kalends of May

This is one of the major Pagan festivals of the year. It signifies mystical union, the time when the plant is in full growth and in harmony with the environment





2 May

Floralia/Elena/St. Helen

A day sacred to the goddess Elena. As Helen, she is the goddess of the

holy road, more particularly, the four royal roads of Britain. In Wales the causeways and roads called Sarn Helen are her holy, old straight tracks. She is the Elaine of Arthurian romance.

READ THE HEARSAY ONLINE

Tell your friends and families that they can stay connected to Bolinas even if they have to live elsewhere.

IT'S EASY: email hearsaynews@yahoo.com and request the password and link to the site. Michael will put you on the list and will send you reminders as new issues come out.

Keep reading The Hearsay News!