

WEDNESDAY MAY 10, 2017



WHAT'S HAPPENING?

Thursday, May 11

HUNTER & THE DIRTY JACKS

Live music @ Smiley's, 8pm, no cover.

Friday, May 12

DREAM GROUP with Mimi Calpestri and Carol Luther.

Bolinas Commons, 10am-noon, free

FELSEN Live indie-rock @ Smiley's, 8pm, \$5.

Saturday, May 13

ANNUAL OPEN STUDIO & GARDEN

at Sally Robertson's, 284 Cherry. Continues Sunday.

CERT TRAINING Nicasio equipment yard, 8:30am

SOUP SATURDAY

Free brunch @ St Aidan's, noon. All welcome.

KILLER WHALE Psychedelic r&b @Smiley's, 9pm

SOUL SKA Rancho Nicasio, 8pm

Sunday, May 14

ANNUAL MOTHERS DAY PANCAKE BREAKFAST

Fundraiser @ Firehouse, 100 Mesa Rd, 8am-11am, \$10/\$5

JAMES PATRICK REGAN

Classic rock @ Smiley's, 8pm, no cover

Thursday, May 18

DANNY VITALI, EMILY RITZ & MEERNA

Folk music @ Gospel Flat Farmstand, 7pm

Wednesday, May 24

PSYCHEDELIC SACRAMENTS: The New

Psychotherapy, Don Lattin, Commonweal, 3-490PM

Saturday, May 27

SPAGHETTI BINGO fundraiser for Children's Center

JOANNE KYGER

MEMORIAL/CELEBRATION

SATURDAY, JULY 22, COMMONWEAL

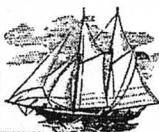
SAVE THE DATE; DETAILS TO COME

RAMBLING THOUGHTS FOR ROSCOE

Peter Orner

My son, Roscoe, was born on October 22, 2016. He's named after Roscoe Conway, the title character of William Kennedy's 2002 novel, *Roscoe*. It's my brother's favorite book. My brother names all my kids. Phoebe's named after Holden's favorite (only?) sister. We've always been a family with an undue faith in literature. Roscoe Conway is a decent, extremely loveable—if fundamentally corrupt—politician in Albany, New York, in the 1920s. The birth of Roscoe Conway's namesake wasn't easy. Our Roscoe's heart rate went way down shortly before his delivery. A very anxious half hour later, he arrived. Except he was silent. Utterly. He's my second kid. I knew the drill, at least I thought I did. He slid into the hands of the waiting midwife, purple, bloody, squished together. And I breathed and awaited the beat. You know? I awaited the beat for him to . . . and there was nothing. Zero. No scream. No cry. No whimper. Instead of handing the baby to Katie, the midwife handed him to the doctor—called in because of his drop in heart rate—who immediately brought him over to a table in the corner of the delivery room and proceeded to give him oxygen with a small handheld respirator. He also began to flick his feet with his index finger. The nurse who was next to the doctor did the same thing. She flicked his feet with her finger. You know how I mean? Like you might in high school when you want to wake up the friend who dozed off in the seat in front of you. And maybe that doesn't wake him up, so you set your index finger against your thumb and really fucking flick this time. That's how they flicked my kid's feet. They flicked those little purple feet, feet that had never walked

continued on p.6

EST. 1851  BOLINAS

SMILEY'S SALOON

& HOTEL

LIVE MUSIC THIS WEEK

Wednesday, May 10
Larry-oke! Come belt out your favorite tunes! (FREE, 8pm)


Thursday, May 11
Hunter and the Dirty Jacks. Blues Rock. (FREE, 8pm)

Friday, May 12
Felsen. Indie Rock Americana. (\$5, 9pm)

Saturday, May 13
Killer Whale. Psychedelic R&B. (\$10, 9pm)

Sunday, May 14
James Patrick Regan. Hits from the Deadlies and new tunes. (FREE, 8pm)

We make advance tickets available online and for popular shows, at the bar, so please join our email newsletter for ticket sale alerts, www.smileysaloon.com/music



MOTHER'S DAY

PANCAKE BREAKFAST

hosted by
 the Bolinas Volunteer Firefighters

Sunday, May 14th ‡ 8am to 11am

Bring your own utensils and plate and help us reduce waste!

100 Mesa Road

\$10 Adults \$5 Kids

All proceeds benefit the Bolinas Disaster Council and the Bolinas Volunteer Firefighters Association

Memorial for Magda

There will be a Memorial for Magda this Sunday May 14th at the Bolinas CommUnity Center beginning at 4:20PM. She was a dynamic and creative personality in our community for over fifty years. Please bring your memories, stories and reflections. There will NOT be any refreshments served, so please bring whatever you might need. Greg Shindell and members of Kindred Souls will remember Magda in song.

There will be a closed-to-the-public, private memorial being held elsewhere which is ONLY for family and invited guests. Please honor their wishes.

Magi Barror

FREE MOM TATTOS for Mother's Day

These are temporary tattoos, with our fun logo outline, red heart, and gold banner w/ "MOM".

Absolutely FREE ... you can pick them up at Amanda Ross Skincare, La Sirena Bo-tique, or Bolinas Bay Hardware & Mercantile.

(also: Firehouse Pancake Breakfast 8 – 11 AM)

Happy Mother's Day! from The Grand Fraternal Order of Mothers, Inc.

From: **Elnora Mae Phillips** emphillips13579@gmail.com
 Subject: additional info
 Date: May 10, 2017 at 9:39 AM
 To: hearsaynews@668Hearsay@gmail.com

SALLY ROBERTSON

ANNUAL MOTHER'S DAY WEEKEND

OPEN STUDIO & GARDEN

SAT. & SUN. MAY 13 & 14, 10-5

284 CHERRY, BOLINAS

868-0784

WATERCOLORS

PRINTS :: NOTECARDS::

*The garden will be at its peak this weekend!
 Enjoy a stroll and visit the studio
 where art & garden meet.*

www.sallyrobertson.com

...a socially-acknowledged nature-loving town, because to like to drink the water out of the lakes to like to eat the blueberries to like the bears is not hatred hotels and motor boats. Dakar. Temporary and way to save life. girls and boys (airplanes to go over the ocean and in milk.)

2

beautiful.

ORGANIC FERTILIZERS & PEST CONTROLS • PLANTS FOR THE COASTAL CLIMATE

las Baulines nursery

OPEN 7 Days a week.
 10 a.m. - 5 p.m.


A voluptuous spring Mother's Day

- Fresh cut flowers, lilacs, peonies, roses and more.
 - Mixed bouquets, blooming potted orchids and other flowering plants. Local home deliveries.

Sale on Five gallon potted roses. Gorgeous blossoms and masses of buds, over Mother's Day weekend, Friday, Saturday and Sunday, 25% off.

FRESH CUT FLOWERS | FROST TREES • SEEDS

CERTIFIED GREYWATER CONSULTANT ON STAFF • GARDEN SCHOOL



TODAY'S HEARSAY

Brought to you by Steve Heilig, June McAda and **JEFF MANSOR**, plus some dogs and Everyone Who Is A Reporter.

Spring for BSYG

Bolinás Stinson Youth Group has had a fantastic Spring!

We have been enjoying long days on the beach and at the basketball court in addition to our study time at the Stinson Beach Library.

Our talking circle topics have included what we would change if we could change one thing about ourselves, how would we describe Youth Group to someone, what we are most afraid of and as always, sharing what we are grateful for.

In the past few months we have been gifted with rainbows, warm nights, stirring movies and of course every week, delicious Parkside Pizza. Last night there weren't even any crusts remaining!

We did an impromptu trash clean up of all the overflowing cans when area high schools had a Monday off a few weeks ago. Thanks to Kerry for providing bags.

We are working with her to see if we can design signs to encourage visitors to pack out their trash if the cans have reached their limits. "Help keep this place beautiful!"

Yesterday, Mark showed off his skateboard to a toddler, Johnny and Alex practiced their half court bombs, and Fiona enjoyed a moment on her new phone checking in with her Grandma. Lana and even Taeya joined us on the green, showing off their latest color of slime and talking about the fantastic performance at of A Midsummer

Night's Dream. Hats off to all the students involved for their inspiring, Shakespearean memorization, embodied portrayals, and hilarious dramatic scenes. We are looking forward to the dance for middle schoolers this Friday! Omar is Dj'ing and we will have a photo booth, pizza and baked goods. All 6-8th graders from Bolinás Stinson School and other local middle schools are welcome to attend. It's a fundraiser for Youth Group! If you aren't in middle school but would like to donate to help support Bolinás Stinson Youth Group, please send your donations to: BSYG PO box 786 Bolinás 94924.

We exist because of community members like you!

- Bridget Bartholome

Psychedelic Sacraments and the New Psychotherapy

Wednesday, May 24 3:00 pm - 4:30 pm
The New School at Commonweal

Join TNS Host Steve Heilig for a conversation with **Don Lattin**, award-winning journalist and author of *Changing Our Minds: Psychedelic Sacraments and the New Psychotherapy*.

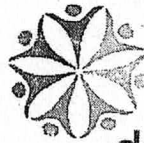
There's a quiet revolution underway in our understanding of how psychedelic drugs work and how they can be used to treat depression, addiction and other disease. In his new book, Don offers an engaging look at the recent history and credible prospects for using MDMA, psilocybin, and ayahuasca to treat mood disorders and promote spiritual well-being.



Don Lattin is an award-winning author and journalist. His five previously published books include *The Harvard Psychedelic Club*, a national bestseller that was awarded the California Book Award. His articles have been published in dozens of leading publications, including the New York Times and San Francisco Chronicle, where Lattin worked as a staff writer for 20 years.

PLEASE RSVP: tns.commonweal.org/events

Dear Friends – this talk should be worth the trip (sorry) - Steve Heilig



COMMUNITY &
CULTURAL CENTER

dance palace

For more information, to volunteer, or to join
Call 415 663-1075

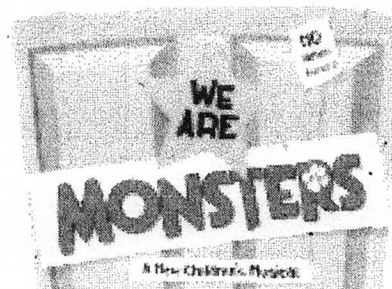
Save \$ by buying tickets in advance at:
www.dancepalace.org

KMT Performance

Tickets \$10, \$7 seniors, \$5 children

KIDS MUSICAL THEATER PRESENTS

"WE ARE MONSTERS" We Are Monsters is a hilarious new musical that follows human kids into a monster cabaret filled with quirky monster characters. The adventurous humans uncover vegetarian vampires and rock n' roll werewolves, gradually realizing there may be more to these monsters than meets the eye! Most importantly, these monsters and kids discover the importance of friendship and celebrating the attributes that make each of us different and unique. **Friday, May 12 / 7:30 PM, Saturday May 13 / 2 PM & 5 PM / Tickets \$10, \$7 seniors, \$5 children**



ART GARDEN & FOOD THANK YOU

What a great Art Garden and Food Festival that was! Thank you once again to everyone who contributed, volunteered, played music, cooked food, donated art, services, gift certificates, who bid on our auction, who came and danced and had fun! We did great this year, currently grossing at over \$11,000!

THANK YOU TO OUR FOOD & BEVERAGE DONORS

- Aaron Lusich
- Mandy & Big Mesa Farms
- Bolinas Bakers
- Bolinas Peoples' Store
- Cow Girl Creamery
- Gospel Flat Farm
- Eleanor Lyman
- Heidi Lundy
- Hog Island Oyster Company
- Jeffrey Coleman The Honey Guy
- Lagunitas Brewing Company
- Point Reyes Cheese Company
- Randi Arnold
- Robert & Karen Buckenmeyer
- Sam Weismiller
- Sean Thackrey
- Smiley's Schooner Saloon
- Sola Winery
- Star Route Farms
- The Coast Café
- The Palace Market
- The Tacherra Ranch
- Tomales Bay Oyster Company

THANK YOU FOR THE MUSIC

- Magi Barror, Jeff Manson & Howard Dillon
- West Marin Choir & The Bubba's
- Ritual Process & Just Friends Trio
- StuArt & Jan Broek
- David Polo, Coastal Scrubbers & PSDSP


THANK YOU TO OUR VENDORS!!

- Schehera Van Dyk
- Molly Brown & Lauri Knowles
- Lynn MacLaird & Heidi Sandoval
- Amalia & Robin AND Doug & Nuria
- Mann Family Girls
- Bay Area Bee Company
- Carmen's Tamales & John Sabbatini
- Love Sip Soup with Maitreya & Lee Tafari

MORE THANKS GOES TO:

- Penny Livingston-Stark* for her presentation
 - Heidi Lundy* for making the most delicious appetizers for our Friday night event
 - Zack & Blair* for the fabulous cocktails
 - Steve Wrenn* for shuttling ALL DAY guests to and from our event & other important tasks
 - June McAdams* for the dessert coordination
 - Eleanor Lyman* for running around many towns to get goods for the event
 - Jan Broek* for being the OTH Man whenever we need him
 - StuArt* for his beautiful signs around town
 - Sooze, Stu & K.O.* helping set-up all the art & helping with auction
 - Owen Paasch* for picking up beer – twice(!)
 - Las Baulinas Nursery* for lending plants
 - Mesa Park* for offering their parking lot
 - Bo Childrens' Center* for Kid Zone goods
- HUGE THANK YOU TO ALL THE VOLUNTEERS**
- Sincerely, Randi, Katie & Lia

MIGUEL BUSTAMANTE DENTAL CORPORATION



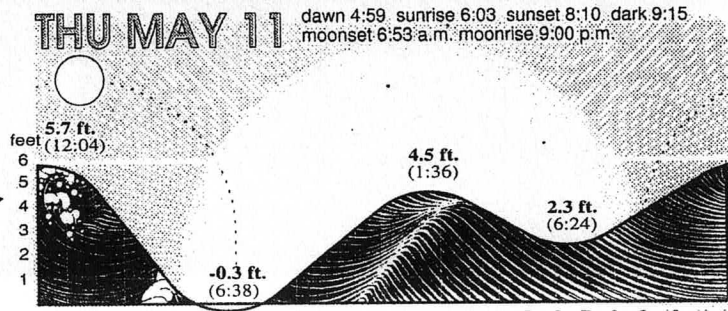
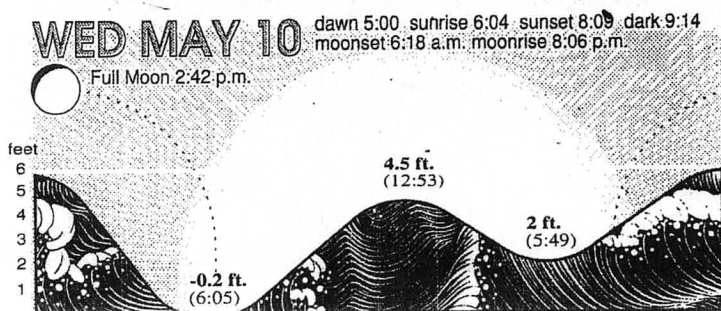
24 WHARF RD. BOLINAS
415 868 0911

Ken & Sam Levin

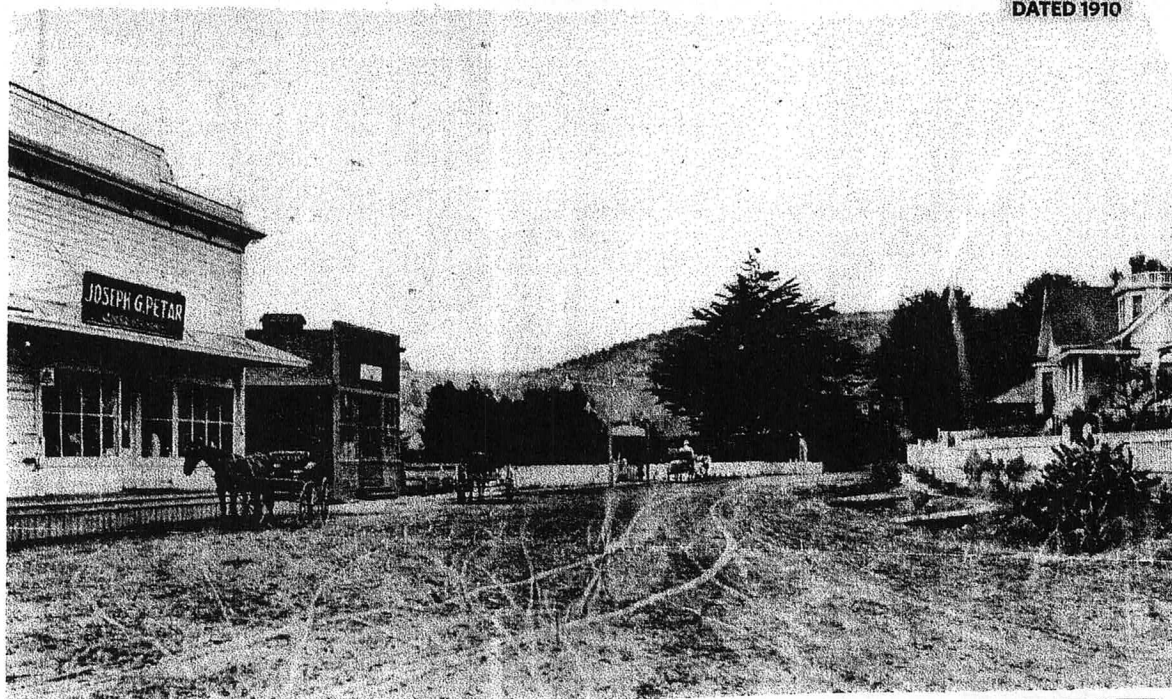
Window Cleaning

415.663.9669

West Marin's Best

DATED 1910



Fine Food

Coastal Marin has a long history of feeding Bay Area residents.

BY JIM WOOD

POSTMARKED 1910, THIS postcard shows Bolinas' main street looking much as it does today, except now the road is paved and crowded with cars. The Joseph G. Petar General Mercantile at left is now Bolinas Market, and little has changed in the past 107 years. Joseph's brother Louis Petar, who built the handsome homes on the right, constructed this building in 1909. While Joseph Petar ran the store, Louis captained *The Owl*, a motorized boat that commuted between Bolinas and San Francisco transporting the area's food and dairy products to city markets and restaurants. Food production has been central to coastal Marin since agriculture was introduced to the region in the mid-1800s. Today, area food producers are internationally recognized for innovation, high-quality products and commitment to stewardship of the land.

SEPTEMBER 2016 MARIN

“Louis captained *The Owl*, a motorized boat that commuted between Bolinas and San Francisco transporting the area's food and dairy products to city markets and restaurants.”

Oh, dear, oh, dear
me
What can the
matter be?
I need a nest,
a place to rest..
Small is good,
wish I could
Have one...
Kipersis@yahoo.com
Persis Norton

YOU WISH
MAGIC

HAPPY HAPPY BIRTHDAY!!!

- May 10: Brianna Buchanan
Hermione Horvath
Mirta Guzman
- May 11: Carrie Thomas
Sarah Hammond
Diana Long
- May 12: Arn Angelius
Betty Buffington
- May 13: Zoe Carolyn Scott
Harmony Maia
Jack Siedman
Ned Hoke
- May 14: Isabel Fine
Paul Fradelizio
Taeya Glavis
- May 15: Weston Robinson
Judy Dugan

STAR ROUTE FARMSTAND

**Cool Coastal Greens
and then some!**

Friday 12 - 5 PM • Roadside In Our Field

continued from p.1

anywhere, feet that didn't even know they were feet, with purpose. They flicked in near anger. I stood there dumbfounded, mute. This? This is modern medicine in 2016? You flick the feet? I looked over at Katie on the other side of the room. The nurses were attending to her. She was, of course, exhausted, relieved, broken, happy, dazed. I waved to get her attention and mouthed, *Something's wrong. I mean seriously something's really wrong. They're flicking his feet like he's—*

And you know what she said? Exhausted, dazed, broken, she said from across the room, in the calmest possible voice, "Talk to him. He knows your voice. Talk to him."

I swear, and I'm not proud of this, I mouthed back, *About what?*

There was this little guy on the table getting his feet flicked and he still wasn't reacting and he still wasn't screaming and he was my son, my own son, seconds, minutes old, and I had no idea what on earth to say to him. Is this even believable? I don't believe it myself. But here's as close as I can come to the truth about what had to have been the worst moment of my life so far. He was my son, and I was already ashamed of him for not acting like the right kind of kid. For not screaming, for hardly breathing. For needing help breathing.

"Roscooooooee," Katie cooed from across the room. "Roscooooooee."

And the kid, he shifted his head a little toward the voice. It was the first sentient thing he did. The first alive thing. He did know her voice. I'm not a very sentimental person. This might be pretty obvious now. But I'll just say it. It was the most beautiful thing I've ever seen. He acknowledged his mother's voice. Ended up spending the next three days in the NICU. Little tubes in both nostrils. He looked like a little scuba diver. Now he screams all the time. Never bothers me at all. That's a lie. But I do hear those screams a little differently because they are evidence of how far he's already come and—who knows?—of how far he'll go.

There's a lot of despairing lately. A lot of shouting from the rooftops, too. Lot of hysteria on social media. Lot of gloom and doom in conversation. God knows I indulge myself in both. No hyperbole seems to go far enough. I want to say, *This, too, shall pass*, even though I know it won't. That this truly is different, truly unprecedented. All the obvious things. I'm so tired of saying obvious things, and yet here I am, saying obvious things. I want to say that it must act as some kind of wakeup call, even though I already wonder about the sense of complacency that is already setting in. Just the other day, a writer friend of mine, who swore up and down, backward and forward, that he's not a racist, told me, Hey, just give the president-elect a chance. At least he's going to shake things up, my friend said. This is what we are up against. Not the overt racists. It's the ones who claim they aren't. Who genuinely believe that using racism to get elected is only a means to an end. I encouraged my friend to reread, since I gave him the benefit of the doubt that maybe he'd read it, King's "Letter from Birmingham Jail." He said, I love that story!

And maybe it comes down to this. That King's impassioned plea to so-called white moderates to summon some moral gumption in the name of Jesus, in the name of humanity—is only a story.

Only a story?

Hell, call it a story. Stories are what I live by. And stories—like King's—are what I cling to now more than ever. And you might think this is cheesy, but the other night, in honor of the story!—"Letter from Birmingham Jail"—I read the letter, as I'd seen Anna Deavere Smith read it onstage a couple of years ago, to my drowsy six-year-old daughter, who, at first, protested—she wanted to hear *The Princess in Black and the Hungry Bunny Horde* again—but eventually I lulled her with the cadence of King's words and, finally, she fell asleep.

I have traveled the length and breadth of Alabama, Mississippi and all the other southern states. On sweltering summer days and crisp autumn mornings I have looked at the South's beautiful churches with their lofty spires pointing heavenward. I have beheld the impressive outlines of her massive religious education buildings. Over

and over I have found myself asking: "What kind of people worship here? Who is their God? Where were their voices when the lips of Governor Barnett dripped with words of interposition and nullification? Where were they when Governor Wallace gave a clarion call for defiance and hatred?"

I'm starting her on King's love early. Will it do any good in the long run? Will she ever look up at the lofty spires of churches and wonder if the beauty on the outside corresponds to what sort of people worship inside?

God, I hope so.

I'm writing these thoughts in a coffee shop in Black Mountain, North Carolina. I just heard one guy ask another guy how the painting's going. The other guy answered with a question:

"You know what the problem with painting is?"

"What?"

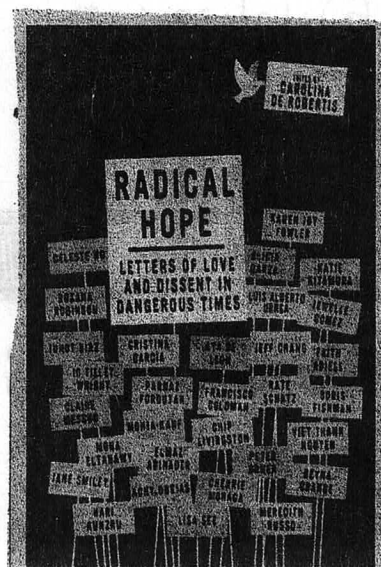
"It makes everything else look like crap."

Lot of wisdom in that. I'm not exactly sure how it applies to our current situation, but something tells me it does. That rectifying the damage that has been done is going to take more than painting it over? That we got to rebuild the house in another spirit?

We'll see.

I'm going to put my faith in stories. All kinds of stories.

And the story of fall 2016 will always be, for me, a minutes-old child recognizing his mother's voice as he struggles for breath.



From this brand-new collection. Reprinted with permission, even!
- Steve Heilig

Radical Hope
Letters of Love and Dissent in Dangerous Times
Edited by Carolina De Robertis
(Vintage, 259 pages, \$15.95 paperback)

HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door to submit

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SG X

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SRX

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a Subaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

WINDOWMAN: Repairs single and double pane windows,
sliding glass-door rollers, screens. Reasonable. No extra charge
for West Marin. Sean 415-669-6204

SB 5/19

HELP WANTED

SEEKING EXPERIENCED BOOKKEEPER
for small Bolinas Business. 5-6 hours per week.
Call 415-868-5718

LS / X

STAR ROUTE FARMS IS LOOKING FOR A SUNDAY
FARMERS MARKET PERSON, to drive the truck from Bolinas
5:15 am to the San Rafael Market, set up and sell, break down
and return home to Bolinas. Need a clean and valid driver's
license, people's skills and good math. About a 10 hour day.
Please call 415-868-1658 and ask for Annabelle or e-mail
staroutefarms@gmail.com

AL X

WANTED

PAIR OF SOLID DOORS (NOT HOLLOW CORE)
For the free box, approx. 30 X 80 inches. Please call-2769

SC X

868hearsay@gmail.com

Submit articles, ads and drawings by midnight
Sunday, Tuesday or Thursday for publication
the next day.

Or get info on how to read online or subscribe online
or request a link to the password-protected website.

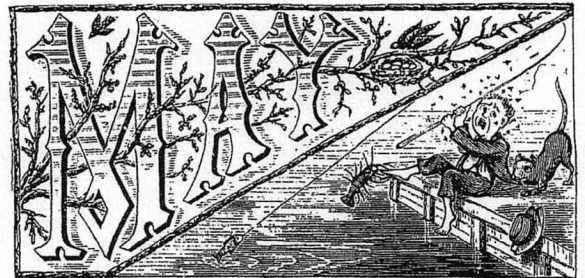
HEALTH & HEALING

June McAdams, RN
Compassionate and Skilled
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Newborn to Elders
Coastal Marin Only
More than 39 years nursing experience
(415) 868-9052

FOR RENT

ROOM FOR RENT: ONE PERSON PLEASE,
Horseshoe Hill Road, Bolinas.
1-415-868-1782.

CH X



West Marin Branch Library Hours

Stinson Beach:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Fridays • 10 a.m. to 6 p.m.
Saturdays • 10 a.m. to 5 p.m.

Bolinas:

Mondays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Thursdays • 1 to 9 p.m.
Saturdays • 10 a.m. to 5 p.m.

Point Reyes Station:

Mondays • 10 a.m. to 6 p.m.
Tuesdays • 2 to 9 p.m.
Thursdays • 2 to 9 p.m.
Fridays • 10 a.m. to 2 p.m.
Saturdays • 10 a.m. to 2 p.m.

Inverness:

Mondays • 3 to 9 p.m.
Tuesdays • 10 a.m. to 6 p.m.
Wednesdays • 10 a.m. to 6 p.m.
Fridays • 3 to 6 p.m.
Saturdays • 10 a.m. to 1 p.m.

ANNOUNCEMENTS

ALANON MEETING – FRIDAYS 8AM AT ST AIDENS
 All welcome

FRIDAY ADVERTISERS

You have probably noticed that the Hearsay is now able to print in

RED!

You'll see examples of that today on the cover, and on the back page Local Zone. You could have red spot color on your advertisement! For an extra \$25

868hearsay@gmail.com

Submit articles, ads and drawings by midnight Sunday, Tuesday or Thursday for publication the next day.

Or get info on how to read online or subscribe online or request a link to the password-protected website.

LOST & FOUND

LOST: SMALL SILVER BROOCH / PIN
 Design Looks Arabic. 1.5 x 1.5 inches. Micah -0938

M 4/28

LOST: OUR BELOVED CAT "MCGYVER", LIVES ON
 Wharf Rd. (behind the Market) Dark gray/black markings on his back and over one eye. Last seen Thursday April 6 on Ocean Parkway. We MISS HIM!! Please call if seen or with any info!!! 415-264-3137, 415-264-3215, 415-577-4560 or 415-847-4016 Thanks for your help!!

B S 4/24

LOST: THREE KEYS SOMEWHERE IN BOLINAS OR
 Stinson, on simple wire key ring. Two of these are ordinary looking, but the third key is much larger, oddly shaped, and a kind of grayish steel color.. They are very important to me.
 Richard Pfeffer 868-2103

RP 4/3

FOUND: FREINDLY CREAMY COLORERED CAT
 (part Siamese?). Found on vacant lot sunning itself: Eyes weeping and needs care. Disappeared when we returned with food and water. Call 868-1321

3/31

LOST: GOLD EARRING ABOUT 1 INCH LONG.
 It is flat & sort of oblong with scalloped edges. It separated from the holder in my ear and fell out somewhere last Saturday possible when I was at the Mardi Gras Dance. This is the only memento I have from my Algonquin grandmother who is wearing them in the one photograph I have of her.
 Hope to find it. Martine 868 9036

MA 3/17

LOST: 4 RINGS, 1 PAIR GOLD EARRINGS. IF YOU found these items in a pair of socks wrapped in Jewelers cloth , please contact Connie-415-847-7103. Reward if returned- I donated a bag of clothing to the Free Box in January or February.

CPL 3/15

CLASSES



Weekly Classes and Events Schedule

MONDAY

Somatic Exercise	9:30-10:45am
Baby Yoga with Angela & Levi	11:00-12:00 pm
Bo Babies & Toddlers Open Play Group (free)	12:00-2:00 pm
After School Cooking (Every other Monday)	3:00 – 5:30 pm
Pilates Mat w/Lisa Townsend	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15 pm

TUESDAY

Diaspora Dance for Elder Women w/Amber Hines	9:00-10:15am
Soul Soup w/Amber Hines (0-3yr)	10:30-11:15am
Senior Stretch w/Brenda Stein	11:30-12:30 pm
Aerial Arts for Youth w/ Joanna	3:30-6:00pm
Contemporary Dance w/ Lisa (teens & adults)	6:30-7:45pm
Singing Circle with Anna Swisher (Starts 3/21)	8:00pm – 9:30 pm
(Singing Circle is every 1 st and 3 rd Tuesday of the month!)	

WEDNESDAY

Pilates Mat w/Lisa Townsend	8:30–9:45am
After School Theater w/Lisa T	3:30-6:00pm
Diaspora Dance w/Amber Hines	6:30–8:00 pm

THURSDAY

Yoga Flow with Brenda Stein	7:30 – 9:00 am
USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00-7:30 pm

FRIDAY

Pilates Mat w/Lisa Townsend	9:00-10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00pm
Journey Dance with Anna Swisher (Starts 3/31/17)	12:30pm - 2pm
No Place Like Home (Free Brunch 4 th Fri of Month)	12 noon

SATURDAY

Diaspora Dance w/ Amber Hines	9:00–10:30 am
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SUNDAY

CommUnity Night (see website for details)	Noon–6:00 pm
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Call 868-2128, check the Library Marquee, Calendar in BCC Foyer or visit www.bocenter.org for more info & special events!

KWMR Radio Highlights

FRI What It Takes To Win 12.PM

SAT Clearly Classical 7 AM

SUN Awake And Sing! 10 PM

MON Delicious Revolution 10 AM

TUE New Coastal Villages Association 5 PM

WED National Native News 5:55 PM

- More information at KWMR.org -

FM 90.5 Point Reyes Station
89.9 Bolinas
92.3 San Geronimo Valley