



THE HEARSAY

WEDNESDAY MAY 24, 2017

BOLINAS IS EDGY YET
 MAGICAL WE MUST PURCHASE
 AN ESTATE THERE AT ONCE
 I WILL LEARN TO SURF AND
 FILM MY PERFORMANCE WITH A
 GOPRO CAMERA
 I AM EAGER TO START
 A BLOG ABOUT OUR
 LIFESTYLE IN BOLINAS
 WE CAN MAXIMIZE RETURN
 ON INVESTMENT BY RENTING
 THE PLACE OUT WITH AIRB&B

TRUMPTY DUMPTY

Trumpty Dumpty
Sat on his Mexican wall

Trumpty Dumpty
Had a great fall.

All of his Tweets
And all of his lies
And red phallic ties

Couldn't put Trumpty
Together again.

.....

Ron Garrigues



WHAT'S HAPPENING?

Thursday, May 25

ELLEN SANDER reads from *Hawthorne, A House in Bolinas*, Bolinas Library, 7-8pm: free event

Friday, May 26

45TH ANNUAL ART SHOW

Bolinas-Stinson School, Opening Reception, 6-8pm

GRATEFUL DEAD NIGHT

Open mic 5-8pm, screening of 8-27-72 Veneta @ 8pm
Food by Burrito People, vendors call 847-6629

NO PLACE LIKE HOME

Brunch at the Community Center 12:00 noon

Saturday, May 27

HEART OF COMPASSION Everyday Zen with Jaune Evans. Sitting/discussion based on the *Intelligent Heart* by D. Kongtrul. Everyone welcome. 9-11:30am. St. Aidan's SPAGHETTI BINGO

Fundraiser for Children's Center. Dinner 5-7pm (\$10)
Bingo 7:30pm (cards \$5) Community Center

Sunday May 28

BOLINAS MUSEUM ANNUAL BENEFIT

Lawn Party at Big Mesa Farmstead. Tickets available.

Monday, May 29

MEMORIAL DAY Party in the plaza, with live music from Bobo Tempo & Coastal Scrubbers, bbq & beer.

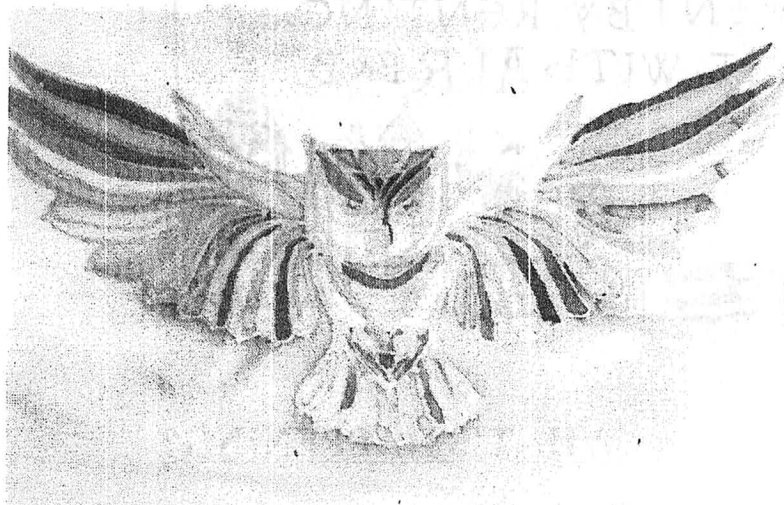
Thursday, June 1st.

BOLINAS BOOK CLUB Discusses "the heart" by Maylis de Kerangal, 7pm Free.



Coastal Scrubbers opening
Monday, May 29
12noon - 5pm

Bolinas-Stinson School
45th Annual Art Show



Opening Reception
Friday, May 26th
6:00 to 8:00 pm

STAR ROUTE FARM STAND

**Cool Coastal Greens
and then some!**

Friday 12 - 5 PM • Roadside In Our Field

...a socially-acknowledged
nature-loving town, because to like
to drink the water out of the lakes to like to
eat the blueberries to like the bears is not hatred
to hotels and motor boats, Dakar. Temporary and way to save life,
spins and faces (airplanes to fly over the ocean) and to make it
2
beautiful.

TODAY'S HEARSAY

Brought to you by Steve Heilig, June McAdams,
and Alex Bleeker, plus some dogs and
Everyone Who Is A Reporter.

Cover Art by Hacsí Horvath

GRATEFUL DEAD NIGHT

"GIMME 5...
I'M STILL ALIVE"

FRIDAY, MAY 26TH

Grateful Dead Open Mic from 5-8pm
**SCREENING OF AUGUST 27, 1972
VENETA, OREGON @ 8PM**

SHAKEDOWN VENDORS WELCOME please call 415-847-6629

THE BURRITO PEOPLE Reunion Kitchen...
serving organic vegetarian Mexican cuisine
by Shari and Charles

All proceeds to help Ruby treat Lyme disease

\$10 **Bolinas Community Center** **KIDS**
MINIMUM 14 Wharf Road Bolinas, CA 94924 **FREE**

The Burrito People reunion kitchen will
prepare and serve organic vegetarian
Mexican cuisine in the spirit and style of
Shakedown Street from yesteryear...on
Friday, May 26th at the BCC starting at
5pm

The menu...

Vegetarian enchiladas

Delicately spiced pinto beans with basmati,
rice and a dollop of butternut squash
In your choice of corn or or whole wheat
tortilla
Smothered in house-made tomato and chili
enchilada sauce
With or without cheese
Garnished with cabbage, carrot and beet
Your choice of pico de gallo or guajillo salsa

Served with tossed mesclun salad

prepared with love by Charles and Shari

-Submitted by Pam Springer

Bolinas Museum Annual Benefit Lawn Party
Sunday, May 28th
Big Mesa Farmstead

This Memorial Day weekend enjoy this annual museum lawn
party featuring delicious, locally-sourced food and music,
relax in the setting sun, and gather with friends old and new.
This benefit helps support the museum present all of its
gallery exhibitions and most events free to all. Tickets
available: 415 868-8809 or bolinasmuseum.org.

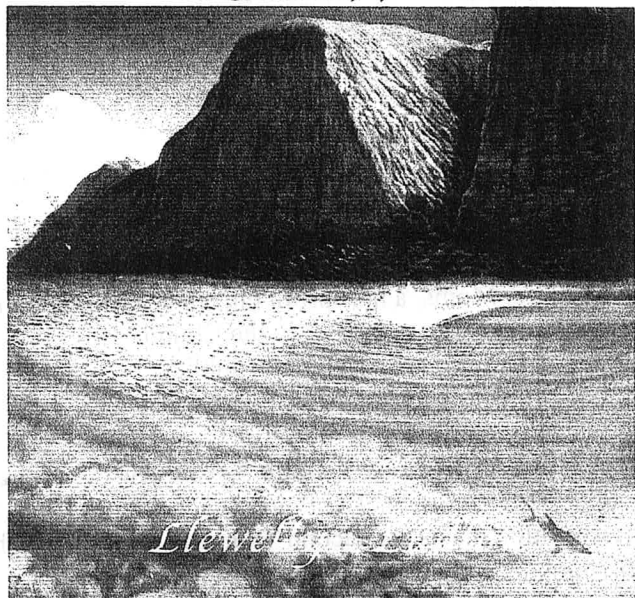
From: Elia Haworth elia@bolinasmuseum.org

JOANNE KYGER

MEMORIAL/CELEBRATION
SATURDAY, JULY 22, COMMONWEAL
SAVE THE DATE; DETAILS TO COME

ART SHOW

Bolinas Gallery presents



"CLIMATE CHANGE - A UNIQUE PERSPECTIVE"
WEEKENDS May 6th - May 30th

RECEPTION
SATURDAY MAY 20th at noon

contact: Llewellyn Ludlow - 415 868 2677 (or) llewellyn@llbro.com

"I can see again!"

**CLEAR LIGHT
WINDOW WASHING**

*Bringing clear vision to
West Marin for thirty years*

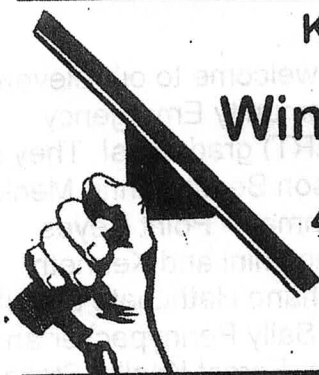
Call Dale
415/868-0782

Ken & Sam Levin

Window Cleaning

415.663.9669

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**MIGUEL
BUSTAMANTE
DENTAL
CORPORATION**

24 WHARF RD. BOLINAS
415 868 0911



The Bolinas Children's Center Fundraising Event

Spaghetti Bingo

May 27th

At the Bolinas Community Center

Come Laugh, Eat, Drink and Play Bingo !

Dinner 5pm-7pm
Bingo 7:30pm
Bingo Cards \$5 Each

Menu

Spaghetti with a Vegetarian Marina Sauce or Meat Sauce

Green Salad & Garlic Bread

Adult Plate \$10 Kids Plate \$5

* Dessert Table * * Beer & Wine Bar *

Prizes donated by Local Business, Artists and Community Members

TNS

The New School at
COMMONWEAL

Nature • Culture • Consciousness

Apr 3 - Jun 28

Christina L. Desser

Between Memory and Desire

ART EXHIBIT at Gallery Commonweal

May 24, 3-5pm (at Commonweal)

Don Lattin

*Psychedelic Sacraments and the New
Psychotherapy*

451 Mesa Road • Bolinas

Information & registration: tns.commonweal.org

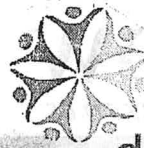
Reverse Global Warming

Drawdown, a new book edited by Paul Hawken, has just be released. You can get the book from our great library! The book has more than 200 suggestions about what we can do to "draw down" carbon. Example are: Reduce Food Waste, Green Roofs, Managed Grazing, etc. It is a complete encyclopedia on reversing global warming. Every household should have a copy.

Pat Dickens

HAPPY HAPPY BIRTHDAY!!!

- May 24: Cici Dawn Wilcoxon
- May 25: Lisa Marin Shawnassy
Bob Boekelheide
Steve Hill
Brent Bonterre
Heidi Hattar
- May 26: Howard Dillon
Josh Lerner
Kale Likover
Sara Schrom
Joni Harding
- May 27: Perry Fly
Pam Duke
- May 28: Tirrell Willis



COMMUNITY & CULTURAL CENTER

dance palace

For more information, to volunteer, or to join
Call 415 663-1075
Save \$ by buying tickets in advance at:
www.dancepalace.org

Main Street Moms Meetings

05/22/2017 - 3:00pm to 5:00pm
Mainstreet Moms, a non-profit citizen action group, meets most Mondays from 3-5PM in the Church space. Meetings are open to the public.
www.mainstreetmoms.org

Point Reyes Station Village Association Meeting

06/08/2017 - 6:30pm The Point Reyes Station Village Association meets the second Thursday of each month at 6:30pm.

C-Smart Public Workshop

06/08/2017 - 6:30pm to 8:30pm

EAC Annual Members Meeting & Potluck

06/09/2017 - 6:30pm to 9:00pm
Join EAC board and staff for our annual member meeting. It's a wonderful way to kick start the summer while enjoying excellent food by West Marin's top chefs, honoring a community member with EAC's Peter Behr award, and enjoying an environmentally focused keynote program.

Music from Marin Summer Festival

2017 06/11/2017 - 7:00pm to 9:00pm
The Music from Marin Summer Festival returns to the Dance Palace for two Sunday performances: June 11 and 25 at 7:00pm. The Music from Marin Summer Festival brings 14 FREE chamber music and chamber operas to communities throughout Marin and returns to the Dance Palace for the fourth year in a row. Paul Smith, Music Director and pianist, continues his ongoing series devoted to chamber arrangements of piano concertos and symphonies by major composers. Program 1 Sunday, June 11 at 7:00

Ludwig van Beethoven / Franz Liszt - Symphony no. 9 for 2 pianos Ronald Cavaye and Paul Smith revive Franz Liszt's stunning transcription of Beethoven's masterpiece. Hear the 9th Symphony as you've never heard it before!. FREE admission.

Congratulations and welcome to our eleven new West Marin Community Emergency Response Team (CERT) graduates! They are John Archibald- Stinson Beach, Anne Menke - Inverness, Judy Teichman - Point Reyes Station, Teupoko Giacomini and Kenneth Stoller - Lagunitas, Shane Hathcoate and JP Morgan - Woodacre, Sally Pennypacker and Norine Smith-Dickson -Forest Knolls, Stella Petrakis-Rinne and Laura Yamaguchi - Nicasio.

Thanks to all of you for committing yourselves to the safety and emergency preparedness of our West Marin communities !

Our next West Marin 2 day CERT class is October 14 and 21, 2017. Registration at ReadyMarin.org.

Anne Sands

Submitted by June McAdams

Vocations The Hospice Nurse



PRESTON GANNAWAY FOR THE NEW YORK TIMES

The Zen of Dying

Anthony Valentine, 72, is a hospice nurse at the nonprofit Zen Hospice Project in San Francisco.

Q. What is the difference between traditional hospice and Zen hospice?

A. The difference is the level and quality of attention the Zen hospice approach can give. At the Zen Hospice Project, our whole idea is to help dying people live fully right up to the end. Drawing on the principles of Zen Buddhism, we bring a strong sense of simply being 100 percent present, with, and for, them. As well, we focus on offering a healthy dose of compassion and a lot of personal touch.

Do staff members have to have a meditation practice or background?

No, one doesn't have to be a practitioner of any Eastern philosophy to work or volunteer here. Nor, for that matter, do residents or their families.

What was your work experience leading into your current job?

My first career was as a flight attendant for 10 years. Based out of Japan, I worked routes from the Far East to Europe. Then, when I moved to San Francisco in 1980, I received a nursing license and practiced as a nurse for 34 years, after which I retired.

Then you rejoined the work force? Why?

I felt something missing. I'm a very giving person and found I wanted to make that a priority in my life. One day, I visited a friend who works at the Zen Hospice Project, and as soon as I came to the front door — it's in a big Victorian house in the Hayes Valley area of San Francisco — something spoke to me, like I belonged here. I decided that day to dedicate my life to providing comfort, care and compassion to residents and families transitioning to their next stage.

Had you worked in any hospice situation before?

No, but I was there with my mother, my sister-in-law and my closest friend as they died in hospice care. My work now is in essence my living memorial to them.

What are the best and worst parts of sitting with someone who's dying?

Getting to witness the last phase of someone's life cycle is a sacred time, really a gift. Ironically, it has put me more in touch with life; it reminds me to live this life fully. It's heart-opening and heartbreaking at the same moment. Either way I'm not afraid of the process, for them or for myself. The hard part is letting go, even after a short time, of people you get to know.

Vocations asks people about their jobs. Interview conducted and condensed by Perry Garfinkel.

HEALTH POLICY PERSPECTIVE

Reproductive Health: Time for New Commitment

Steve Heilig

Decades back, medical and public health students at the University of California, Los Angeles were sometimes taken on a tour of an old hospital ward, previously dedicated to women suffering the aftereffects of illegal abortions. There had been something like seventy beds then, and the veteran professor who guided us on the visit said that until 1970, when abortion was legalized in California, the ward was always full of suffering and dying women. "We used to have to mop their blood from the floors here—it reminded me of serving in World War II," he said. After the laws changed, the ward quickly emptied out and was no longer needed.

That historical lesson stuck with me as no lecture could—as the professor likely intended. Then, in the late 1980s, articles began appearing in the medical literature and public media about a potential "abortion pill," developed in Europe to allow termination of early pregnancies without need for surgical intervention. This seemed potentially hugely significant, as a way to reduce the need for surgical intervention, expand access, and, not incidentally, defuse the then-rampant anti-choice activity that even included murdering doctors.

I drafted a policy statement for the SFMS, urging that the new medication, RU486, or Mifepristone (brand name Mifeprex), be made as available to American women as in Europe. The SFMS adopted it readily and then convinced the CMA to do likewise. Submitted to the AMA by the CMA, it was also adopted—which made national news. I also conducted and published a survey of almost five hundred obstetricians and gynecologists, showing that over ninety percent favored having this option available to their patients. But no policy change seemed forthcoming where it mattered most—Washington, DC.

Thus, a small group of physicians and advocates began meeting at the SFMS offices. We developed a plan, which some came to call a "stunt": Find a woman with an unwanted early pregnancy who would be willing to fly to Europe, get the medication, and return to the U.S. for a public "bust." After screening a number of women sent to me by the SFMS members, we chose one, and staged a "smuggling" of RU486 into JFK airport in New York. Federal officials had been tipped off—but so had all the major media. It worked like a charm; the woman was detained, her pills confiscated, and soon she was on the front page of the *New York Times* and all the big television networks. Mobbed by the media, she went into hiding and I had to serve as her public filter, always saying that we were just trying to further something the AMA advocated.

Responding to the news, newly-elected President Bill Clinton vowed to legalize the medication. Numerous studies, especially in the *New England Journal of Medicine (NEJM)*, confirmed the medication's effectiveness and safety. Approval for American women took years but was accomplished in 2000.

End of story, with a medically-sound ending? Not entirely. Anti-choice politics have intruded every step of the way, and while "medical abortion" is now widely practiced, burdensome restrictions remain. Mifepristone is subject to some of the strictest regulations, under the Food and Drug Administration's (FDA) Risk Evaluation and Mitigation Strategies (REMS). Less-restrictive labeling came from the FDA last year, but the American Association of Obstetricians and Gynecologists stated that even those requirements are unwarranted, due to the safety of Mifepristone and need for the medication. This year, a large group of experts agreed and published in the *NEJM* an editorial titled "Sixteen Years of Overregulation: Time to Unburden Mifeprex."

Why recount all this here, other than as a kind of case study? First, it was an example of a mix of organized medical and grass-roots advocacy that worked in making a medical advance accessible. But also, as I survey the current reproductive health arena, I find myself becoming depressed. Does the hard work of reproductive health advocates have lasting impact, when elections and other non-scientific events threaten to derail everything? I am no longer sure—which is very disheartening. Prospects now can seem grim. Many leading politicians, from the White House outward, are vowing to restrict access to abortion any way they can, and even to "punish" patients and physicians. An unprecedented number of anti-choice laws are being proposed and enacted nationwide.

What must be stressed is that any "success" of these laws is purely political in both cause and effect—there is little to no evidence that they actually decrease abortions, but will only make them harder and more expensive to attain, and also more dangerous to the pregnant women who desire and need them. Banning funds for Planned Parenthood and other reproductive health groups overseas and domestically is political theater with lethal results for women. Requiring "waiting periods" and all the other nuisances only results in later, more dangerous, and more expensive abortions. Even the horrible murder of doctors has not "saved" anyone or anything. Making a safe abortion more difficult and costly to find is simply cruel and counterproductive. Forcing women to give birth to children is not good for anyone, and adoption has never come close to providing enough loving homes and families for every unwanted child.

The numbers of abortions have been declining for some time in many places. There are multiple reasons for that, but researchers do know how to minimize the need. The equation

includes fact-based sex education, accessible contraception, and resources for adoption if that's what an informed pregnant woman chooses—based on facts, not on biased misinformation from deceptive "clinics" such as have sprung up nationwide. And not only is real family planning effective in health terms, but it's also cost-effective, saving at least triple the amount of funding spent on it, public dollars or otherwise, by preventing the need for more expensive services later. These are all factual lessons, unlearned. I would wager that Planned Parenthood has prevented more abortions than any amount of "pro-life" advocacy, but they are still the focus of so many attacks.

Still, the majority of Americans believe that a pregnant woman and her physicians should be the ones to decide what is best for them. Most of our relevant laws still reflect that. Many of us have fallen into some degree of complacency that the fundamental battles had been won for good. But now, when I read of all the ill-advised restrictions noted above, about politicians seeking to "reform" healthcare by gutting services for poorer women, denying medical consensus, saying physicians should be punished for practicing in accord with their expertise and conscience, I can't help but recall the bloody image of that closed women's ward, and vow not to let such a tragic place again become necessary.

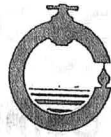
Resources

Physicians for Reproductive Choice and Health: www.prch.org
 Medical Students for Choice: www.ms4c.org
 Planned Parenthood: www.plannedparenthood.org

Submitted by June McAdams

BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT

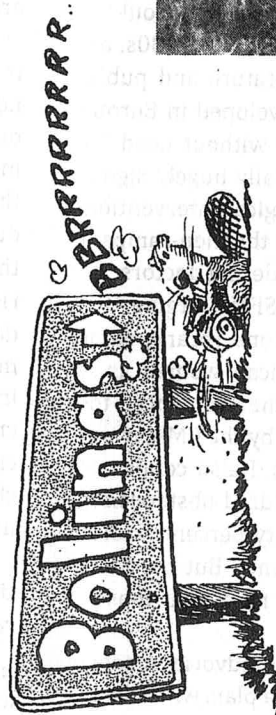
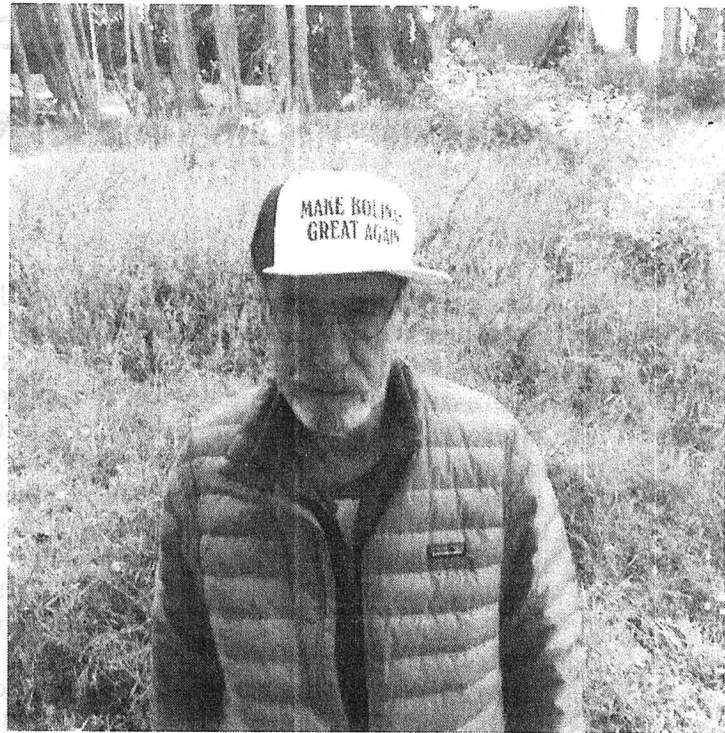
BCPUD BOX 390 .270 ELM ROAD BOLINAS CALIFORNIA 94924 415 868 1224



A Meeting of the Land Stewardship Committee Of The Board Of Directors
May 26, 2017 at 3:00 p.m.
270 Elm Road, Bolinas

Agenda

1. Call to Order.
2. Roll.
3. Path Update – Short and Long-Term Plan; Expenditure of Maintenance Funds by 6/30.
4. Knoll Project – Bill for Hearsay Ad; Next Pull, Communication Plan, Next Phase.
5. Finances: Update; Ideas for Grants or Donation Requests
6. Committee Membership: Any Takers on the BCPUD Board? Other Ideas?
7. Soil Testing: Update?
8. Other



Mad Hatter shots by Steve Heilig

E6 | Monday, May 22, 2017 | SFCHRONICLE.COM

DATEBOOK

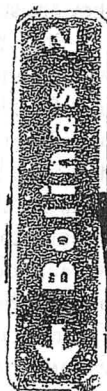
LEAH GARCHIK

Determined to keep joy in the resistance

Susie Buell was one of San Francisco's most avid supporters of Hillary Clinton, whom she admired for her political stands and loved as a personal friend. Buell was stunned when Clinton lost, but she was determined to avoid becoming mired in despair.

For months, she's been emailing newsletters brimming with resolve and suggestions for action. On June 1, Buell will host "Joyous Persistence," a serious day-long pep rally with talks, and also music, comedy, art and picnic lunch at the Palace of Fine Arts Theatre. "Joyous" refers to Buell's mind-set (and, she says, that of participant Joy-Ann Reid of MSNBC). "Persistence," of course, refers to Mitch McConnell's criticism, "Nevertheless, she persisted," of Elizabeth Warren's takedown of Jeff Sessions at his confirmation hearing.

The headline event is a conversation between Reid and Warren, whose presidential possibilities have been much discussed, and who has a new book, "This Fight Is Our Fight." Also on the program: Anna Deavere Smith, whose expressed goal it is to tell young artists that they and their work can make a difference; Shannon Coulter of Grab Your Wallet, which advocates spending money on products and services in keep-



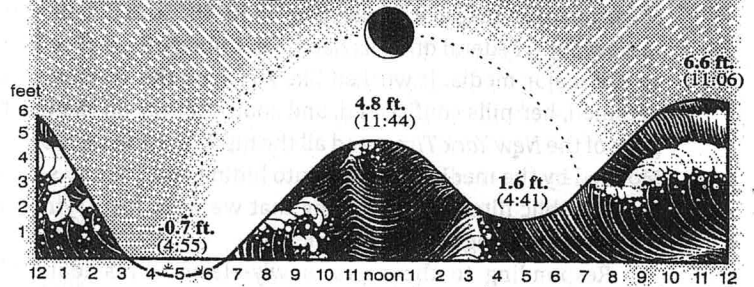
ing with spenders' political views; Cheryl Haines of the Haines Gallery and its For-Site Foundation, which brought Ai Weiwei's work to Alcatraz; lieutenant governor candidate Eleni Kounalakis and more.

The program includes only two men — Gavin Newsom and Marc Bamuthi Joseph of Yerba Buena Center for the Arts — but the sessions are open to all. The theater seats 900, tickets start at \$100, and Buell said on Friday, May 19,

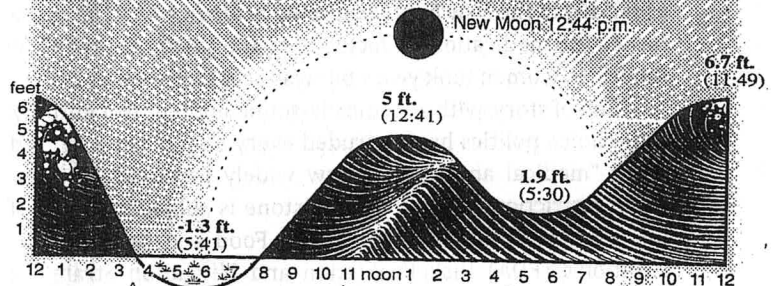
"We want to make it poetic, we want to make it artful, we want to make it joyous," Buell said. "It'll entertain our hearts and our minds at the same time." What with all this year's Summer of Love festivities, she's hoping this gathering will begin the "Summer of Something."

"It's a boost," said Buell. "I feel very confident about it."

WED MAY 24 dawn 4:46 sunrise 5:53 sunset 8:21 dark 9:28 moonrise 5:21 a.m. moonset 7:12 p.m.



THU MAY 25 dawn 4:45 sunrise 5:53 sunset 8:21 dark 9:29 moonrise 6:06 a.m. moonset 8:24 p.m.



HEARSAY NEWS CLASSIFIEDS

Office Hours M.W. F. 9ish to 11ish. Call 868-0138
270 Elm at Maple, Left side of BPUD Building
Ad forms in smaller mail box, slot in door to submit

SERVICES

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SG X

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SRX

AIRPORT? HOWARD DILLON HAS
a Súbaru SW for all Bay Area (& beyond?) destinations.
Many local refs 868-2144

HD x

WINDOWMAN: Repairs single and double pane windows,
sliding glass-door rollers, screens. Reasonable. No extra charge
for West Marin. Sean 415-669-6204

SB X



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SEEKING EXPERIENCED BOOKKEEPER
for small Bolinas Business. 5-6 hours per week.
Call 415-858-5718

LS / X

STAR ROUTE FARMS IS LOOKING FOR A SUNDAY
FARMERS MARKET PERSON, to drive the truck from Bolinas
5:15 am to the San Rafael Market, set up and sell, break down
and return home to Bolinas. Need a clean and valid driver's
license, people skills and good math. About a 10 hour day.
Please call 415-868-1658 and ask for Annabelle or e-mail
starroutefarms@gmail.com

AL X

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More than 39 years nursing experience
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1-415-868-1782.

CH X

WANTED

PAIR OF SOLID DOORS (NOT HOLLOW CORE)
For the free box, approx. 30 X 80 inches. Please call-2769

SC X



HOUSING WANTED

SEEKING HOUSE/PET SITTING. PLEASE CALL jacquie
at 505-692-3474 or email j.mallegni@gmail.com

JM 6/28

HOUSING AVAILABLE

A SPECIAL RUSTIC BOLINAS HOME NEEDS A CAT
loving sub letter from July 6th to August 31. 8 weeks. \$1000.
Call or text 973-900-7787.

TK 5/26

HOUSING

HOUSE OAXACA MEXICO FOR SALE/LONG-TERM
RENTAL. Contact lynn.ohareberkson6@gmail.com or call
1-8178-6405363

LB 9/25

FREE

FREE: CALIFORNIA KING MATTRESS AND BOX
SPRINGS- used but in very good condition-in Pt. Richmond
Storage. You pick up. Call 415-246-1446. WM

WM 5/24

KWMR Radio Highlights

FRI Spotlight on Melanoma 9 AM
SAT Morning Classical 9 AM
SUN Evening Theatre 10 PM
MON Food and the Generational Gap 1 PM
TUE Parachute Days 8 AM
WED Western Weekend Update 5 PM

-- More information at KWMR.org --

FM 90.5 Point Reyes Station
89.9 Bolinas
92.3 San Geronimo Valley



LOST AND FOUND

LOST: BLACK MOTOROLA SMART PHONE LOST ON
 Elm between Dogwood and overlook noon Sunday the 21st.
 please call 415-997 8369 if found.

SM 5/22

LOST: SMALL SILVER BROOCH / PIN
 Design Looks Arabic. 1.5 x 1.5 inches. Micah -0938

M 4/28

LOST: OUR BELOVED CAT "MCGYVER", LIVES ON
 Wharf Rd. (behind the Market) Dark gray/black markings on
 his back and over one eye. Last seen Thursday April 6 on Ocean
 Parkway. We MISS HIM!!! Please call if seen or with any
 info!!! 415-264-3137, 415-264-3215, 415-577-4560 or 415-847-
 4016 Thanks for your help!!

B S 4/24

LOST: THREE KEYS SOMEWHERE IN BOLINAS OR
 Stinson, on simple wire key ring. Two of these are ordinary
 looking, but the third key is much larger, oddly shaped, and a
 kind of grayish steel color.. They are very important to me.
 Richard Pfeffer 868-2103

RP 4/3

FOUND: FREINDLY CREAMY COLORERED CAT
 (part Siamese?). Found on vacant lot sunning itself. Eyes
 weeping and needs care. Disappeared when we returned with
 food and water. Call 868-1321

3/31

LOST: 4 RINGS, 1 PAIR GOLD EARRINGS. IF YOU found
 these items in a pair of socks wrapped in Jewelers cloth , please
 contact Connie-415-847-7103. Reward if returned- I donated a
 bag of clothing to the Free Box in January or February.

CPL 3/15

CLASSES



Weekly Classes and Events Schedule

MONDAY	
Somatic Exercise	9:30-10:45am
Bo Babies & Toddlers Open Play Group (free)	12:00-2:00 pm
After School Cooking (Every other Monday)	3:00 – 5:30 pm
Pilates Mat w/Lisa Townsend	5:30-6:30 pm
Yoga w/ Angela Sterpka	7:00-8:15 pm
TUESDAY	
Diaspora Dance for Elder Women w/Amber Hines	9:00-10:15am
Soul Soup w/Amber Hines (0-3yr)	10:30-11:15am
Senior Stretch w/Brenda Stein	11:30-12:30 pm
Contemporary Dance w/ Lisa (teens & adults)	6:30-7:45pm
WEDNESDAY	
Pilates Mat w/Lisa Townsend	8:30-9:45am
After School Theater w/Lisa T	3:30-6:00pm
THURSDAY	
Yoga Flow with Brenda Stein	7:30 – 9:00 am
USDA food bank	12 noon
Congolese Dance w/ Sandor	6:00-7:30 pm
FRIDAY	
Pilates Mat w/Lisa Townsend	9:00-10:00 am
Ballet w/Erika Townsend (no class 4 th Fridays)	10:30-12:00pm
No Place Like Home (Free Brunch 4 th Fri of Month)	12 noon
SATURDAY	
Diaspora Dance w/ Amber Hines	9:00-10:30 am
SUNDAY	
CommUnity Night (see website for details)	Noon-6:00 pm

Call 868-2128, check the Library Marquee, Calendar in BCC
 Foyer or visit www.bocenter.org for more info & special events!

Classified ads that are free

As a public service, the Bolinas Hearsay News will print
 ads in the categories **LOST & FOUND, FREE** and
RIDE SHARE at no charge. Maximum approx. 20 words,
 it will run at least one week, often longer.

Drop your ad through the slot in the door at our office on
 the left side of the PBUD building at 370 Elm Street.

Or email to 868hearsay@gmail.com

868hearsay@gmail.com

Submit articles, ads and drawings by midnight
 Sunday, Tuesday or Thursday for publication
 the next day.

Or get info on how to read online or subscribe online
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ANNOUNCEMENTS

ALANON MEETING – FRIDAYS 8AM AT ST AIDENS
 All welcome