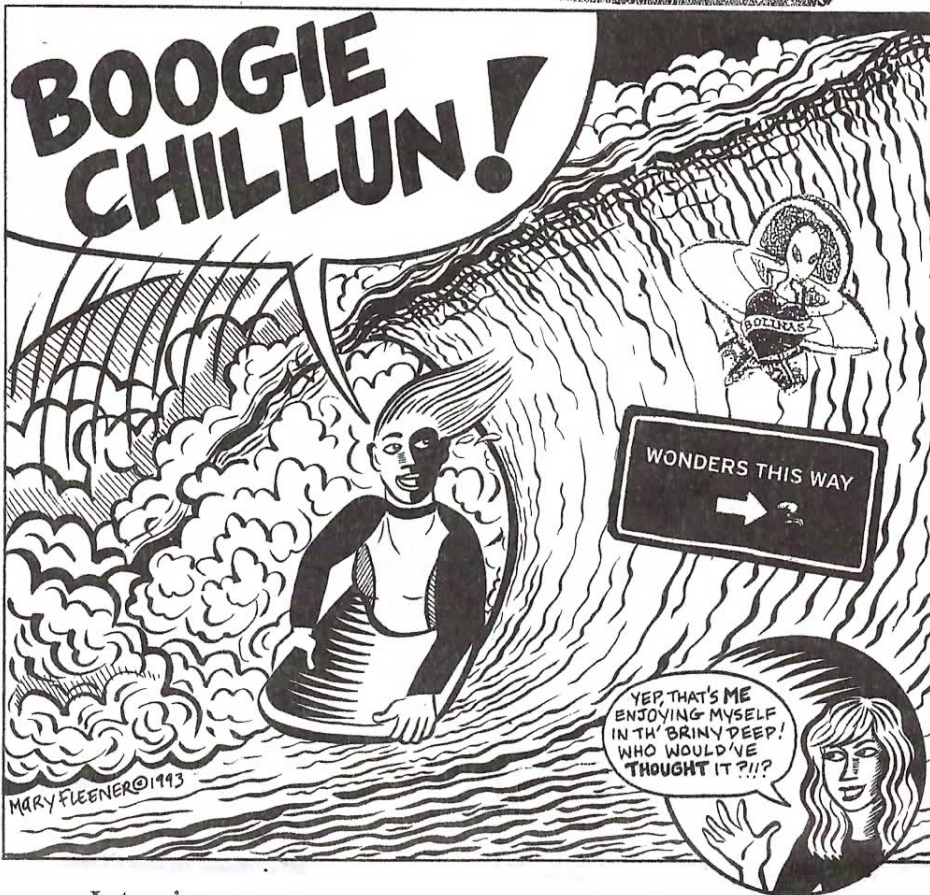


THE WEDNESDAY

# THE HEARSAY

SEPTEMBER 25, 2013

← Bolinas 22 seuiog →



Hearsay Interview:

## SADJA GREENWOOD, MD

Longtime Mesa resident Dr. Sadjia Greenwood has a new book out titled *Changing The Rules: A Young Woman's Journey to Find Her Calling*. It's a novel, "set in the 1950's: romance, bohemian life (before the beatniks), medical school, sex, illegal abortion (safe or deadly), and a young woman's journey to find her calling. It's a cautionary tale for today", as Amazon.com describes it. Sadjia sold 90 (!) copies at a book release party at her house last Saturday, and has ordered more, and besides via Amazon, there might be some copies available soon at the Grand Hotel on weekends.

Besides the biographical description of her from Amazon (included after this interview), she is also known as the *Hearsay's* expert health columnist and a member of the renowned local all-star Celtic musical outfit Midnight on the Water.

- Steve Heilig

*How long did it take you to write your new book?*

It took me 3-4 years to write the book, in the 1990's, as I was working in San Francisco and wrote at night. It took me about a year to revise it recently, again when I had free time. Doris Ober read it at one point and gave me many valuable ideas for revision. I had the book tucked away, but decided to bring it into being because of the radical right.

*continued on p.4*

## WHAT'S HAPPENING

Wednesday, September 25

**MIDNIGHT ON THE WATER** Local traditional/ Irish string band plays for Smiley's celebration of all Sept. birthdays, 7:30-9:30pm. Free. Free cake too.

Thursday, September 26

**LA MANDANGA**

New band showcase @ Smiley's, 8:30pm

Friday, September 27

**NO PLACE LIKE HOME BRUNCH**

Free meal @ Community Center, 11am

**INCUBATORS** Live band @ Smiley's, 9pm

Saturday, September 28

**APPLE PRESSING** Bring your apples and clean containers for the juice; @ Blackberry Farm, 10am. Info: Aggie Murch, -0683

**HIGHWAY 1 CLEAN UP** seeks volunteers to join Lions Club pride to help clean debris along lagoon. Meet @ Hwy 1 turn-out just north of Bolinas/Olema Rd. at 9 am sharp; ends at 11: am. Have gloves, lurid vests, debris bags, grabbers. Questions: Bill, 868 8969

**COMMUNITY CENTER PAINT PARTY** Join us in painting the shed and freshening the place, noon-5pm

**SOL DOC CD** Release party @ Smiley's, 9:30pm.

Tuesday, October 1

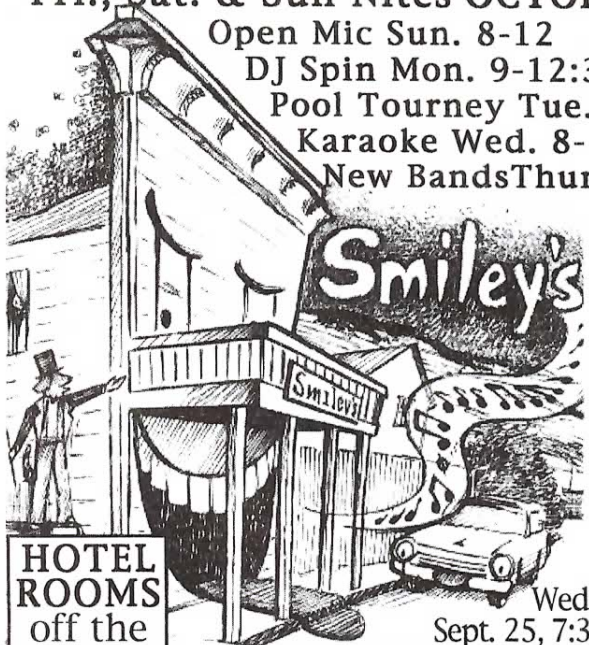
**4 ISLANDS: A NATURALIST'S TALE**

Slide show & talk about Farallon Island birds by Nora Livingston, @ Stinson Library, 7pm

**LIVE MUSIC AT THE BEACH**

**Fri., Sat. & Sun Nites OCTOBER**

Open Mic Sun. 8-12  
 DJ Spin Mon. 9-12:30  
 Pool Tourney Tue. 8-12  
 Karaoke Wed. 8-12:30  
 New Bands Thur. 8-12



**HOTEL ROOMS**  
 off the beach  
 \$89-\$104

Wednesday  
 Sept. 25, 7:30-9:30,  
**MIDNIGHT ON THE WATER**  
 Irish Birthday Party & 9:30 to 12:30  
**LARRY'S KARAOKE**

Thur. Sept. 26, 9-12, LA MANDANGA  
 Fri. Sept. 27, 9-1, INCUBATORS  
 Sat. Sept. 28 SOL DOC release party  
 Sun. Sept. 29, 8-12 OPEN MIC w/Emily  
 Mon. Sept. 30 spin, 8-12, MONDAY NIGHT LIVE!  
 Tues. Oct. 1, 7-11 Jesse's GRAND POOL TOURNEY  
 Wed. Oct. 2, 8:30 - 12:30 LARRY'S KARAOKE  
 Thur. Oct. 3, 9-12:30, rock RESTLESS SONS

Fri. Oct. 4, 9-1, Gypsy rock, groove, JUNK PARLOR  
 Sat. Oct. 5, 9-1, alternative melodic PSDSP  
 Sun. Oct. 6, 8-12, OPEN MIC w/Diana  
 Mon. Oct. 7, reggae, spin, 8-12, MON. NIGHT LIVE  
 Tue. Oct. 8, 7-11 Jesse's GRAND POOL TOURNEY  
 Wed. Oct. 9, 8:30-12:30, LARRY'S KARAOKE  
 Thur. Oct. 10, 8-12:30, contemp. folk, MAX PORTER  
**SMILEY'S SCHOONER SALOON & HOTEL**  
 41 Wharf Road, Bolinas 415-868-1311

OCTOBER 12th  
 2013

11AM-5PM



**BOLINAS FOOD FESTIVAL**

Featuring West Marin Chefs, Farms, Music & Fun  
 At the Bolinas Community Center and New Downtown Park  
 Free Shuttle from Mesa Park ~ Local Organic Farmers Market  
 Chef Demos, Hot & Cold Food & Refreshments ~ Kids Zone  
 Live Music with:  
**THE OLD FARTHOUSERS ~ BLACK WARRIOR SOLD  
 BOMB LIFE ~ HIGH TIME ELIERS ~ LIFE TAKARI  
 THE BORNY THREE-O ~ Stuckit**

All proceeds go to remodel  
 the Community Center kitchen

Dear Neighbors,

Join us for the **2<sup>nd</sup> Bolinas Food Festival**  
**October 12, 2013!** Featuring a West Marin  
 Chefs' Food Court and Farmers' Market  
 with Café in the Community Center and  
 cooking demos, food crafts, beer, wine &  
 live music in the Plaza.

The Downtown Park will offer a fun Kid  
 Zone and acoustic music. Take the free  
 shuttle from Mesa Park and come party!

Proceeds to benefit the kitchen remodel  
 project for the Bolinas Community Center.

To **VOLUNTEER** or more info, call 868-2128  
 or email [lia@bocenter.org](mailto:lia@bocenter.org). To **DONATE**,  
 send checks to: BCC, PO Box 122, Bolinas  
 CA, 94924. Write "Kitchen" in the memo.

Looking forward to seeing you there!

**BOLINAS  
 HARDWARE  
 YARD SALE!**

Gravel, Road Base & Organic Soil  
*by the Yard*

Was \$99 now \$79, Soil \$69  
 Pea Gravel was \$119, now \$89

Solid Redwood Outdoor Furniture  
**25% Off**

**BBQ's 20% Off**

**Hurry - Sale Ends September 30th**

*Limited to stock on hand*

**TODAY'S HEARSAY**

brought to you by Steve Heilig, June McAdams,  
 Jennie and Calvin Pfeiffer, and all who reported.

Sunday, September 29, 11am-2pm  
 Artist Tu-2 (Tu Ying-ming)

*Gift of Compassion: The Blue Portrait  
 Series (Art Opening and Reception)*

A series of spiritual portraits in silver pencil  
 on blue paper that reveal the true essence  
 and interior qualities of their subjects. These  
 meditative works illustrate the infinite ways in  
 which humanity is connected through space  
 and time.

Tuesday, October 8, 3-5pm

Malcolm Margolin

Publishing *California Culture*

Join TNS Host Michael Lerner in conversa-  
 tion with Malcolm Margolin, celebrating his 30  
 years of publishing books about California's  
 history and culture through his small indy  
 press in Berkeley: Heyday Books.

**The New School at Commonweal**

451 Mesa Road • Bolinas • 868.0970

[www.tns.commonweal.org](http://www.tns.commonweal.org)

At Commonweal. Free: donations accepted gratefully.  
 More information, and registration, on our website

*Dear Bolinas Community*

*Food for Families desperately needs an outdoor shed, 8 feet by 8 feet by 3 feet to store supplies and dry goods. They cost approximately \$1000.00 new.*

*Does anyone out there have a used one or materials/labor? \$1000.00 to donate? Winter rains are coming, hopefully!*

*Please call Robin (415.793.5080) with any suggestions.*

*Thanks for all your support and donations! You are the BEST!*

*Pat Dickens*

**BOLINAS COMMUNITY PUBLIC UTILITY DISTRICT**



BCPUD BOX 390 270 ELM ROAD BOLINAS CALIFORNIA 94924 415 868 1224

A Meeting of the Sewer Pond Lands Committee Of The Board Of Directors  
September 30, 2013 10:00 a.m. 270 Elm Road, Bolinas

**Agenda**

1. Call to Order.
2. Roll.
3. Review Revisions to Gospel Flats Farm Lease.
4. Identify and Discuss Additional Property Management Issues.
5. Community Expression.
6. Adjournment.

**FREE**

Virtually New Canon inkjet Multifunction printer / copier Scanner / fax Pixma MP780 With large amount of refill Inkjet fluids. Just a little too complicated for me to manage the instructions. It's all there and ready for someone more skillful than me.

Ned 1060 leave message



**HAPPY HAPPY BIRTHDAY!!!**

September 25: Suki Fourman  
Hector Mora-Lopez  
Omar Rifkin  
Nathaniel Wood

September 26: Valerie Long  
Dee O'Neal

September 27: Grace London

September 28: Joshua Ford  
Jesse Butler

September 29: Sheri Tiller  
Jon Bruner  
Linda Beigel  
Taran Donohue-Lewis

*Everybody's Horoscope*

Because you have such a curious mind and a courageous spirit that makes you unafraid to follow your curiosity, your day will be made livelier by elements of mystery, glamour and illusion.

*- Bobolicius*



**Balancing Act**  
BOOKKEEPING PLUS

Christine Cunha, Owner  
415.868.2700

- Full-Charge Bookkeeping
- Payroll
- Year-End Prep
- Mail Service
- Plus More...

*Confidentiality Assured*

48 WHARF ROAD, 2ND FLOOR, BOLINAS

bringing order to your financial world



**MIGUEL BUSTAMANTE DENTAL CORPORATION**

24 WHARF RD. BOLINAS  
415 868 0911



-continued. from p.1

The novel's story is presented as fiction, but candidly, what 'percentage' might be factual, or at least closely inspired by real life?

All of it was closely inspired by real life. The male characters are composites, and the female characters are closer to who they were.

The book presents some serious issues in fictional form; any comment on developments/progress on these issues since the time covered in the book?

Women were disempowered by the culture in the 1950's, and that has improved greatly in our times. However, the plight of battered women reminds us that women can still fall under the spell of a dominant man - enjoy his masculine power, and then be trapped by it. The availability of several excellent forms of contraception is a huge advance, and yet many women have trouble finding and affording the needed services.

The Affordable Care Act should help with this, when it comes into being. I understand that the CEO of Eden Foods, a wonderful organic company that has gotten rid of bisphenyl A in its can linings, refuses to allow his female employees to get coverage for contraception because it violates his conscience. He is challenging Obamacare legally.

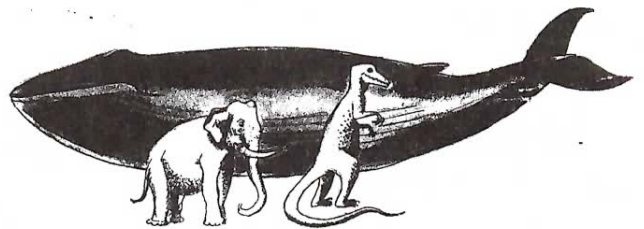
Then of course there is the question of abortion, with so many states writing and passing legislation to cut down on abortion services. The fight against compulsory pregnancy is in full swing. Still, we are in a much better place than in the 1950s, when abortion was illegal and rarely discussed, even though it was being done everywhere.

So far, I've been talking about what's happening in the USA. When I think about traditional societies, where women still undergo genital multination, stoning for adultery, honor killings et al. - I realize we have an extremely long way to go to reach justice and equality. Latin America, with the exception of Cuba, Mexico City and Uruguay, is a place where women are turning to self-induced abortion with misoprostal if they know about it. I won't go on, but it's depressing.

OK, but anything else you'd like to add?

Another issue in my novel is women's sexual response. There is much more information now than in the 50's, and the publicity about a TV show on Masters and Johnson is really good. Still, I think the contrast between the heroine's two lovers is important.

WEST MARIN all day - peace reigned.



Most Helpful Customer Reviews

★★★★★ A superb journey

By Bill Robbins on September 17, 2013

This is an important book and a good read too. The story of a young woman maturing in the face of contraception and abortion limitations provides occasional seat of your pants tension and strong emotional experiences that kept me enguiled in the plot. In addition, the torrid sexual descriptions kept me coming back for more. You won't be disappointed. Bill R

Claire, a woman with a passion, is a contemporary heroine even though this novel is set in the 1950's. She is determined to do good in a world in which there are innumerable obstacles preventing a woman from succeeding in her personal quest. Greenwood's writing is clear and fluid, the pace is just right, interspersed with a delightful wit.

In tandem with the struggles Claire faces to find her voice and have it heard, is the ever-present struggle all women face to take charge of their own bodies and determine their right to reproduce or not. The weaving of the personal with the political is what makes this novel outstanding. Joan Hamerman Robbins

Comment Was this review helpful to you? Yes No

★★★★★ Passionate story, exquisitely told

By A critical reader on September 16, 2013

In CHANGING THE RULES Sadja Greenwood captures her guileless heroine long enough to get us immediately on-board and into page-turning fight. Her heroine Claire weathers relationship storms transforming herself from noun to verb, finally acting more than acted upon as she bashes into unbreakable and stifling rules of the 50's. Greenwood's writing voice is rich and resonant, perfect for her passionate story exquisitely told. Were this book food, it would be a soufflé.

amazon logo and navigation links: Your Amazon.com, Today's Deals, Gift Cards, Sell, Help, Shop by Department, Search Books, Go



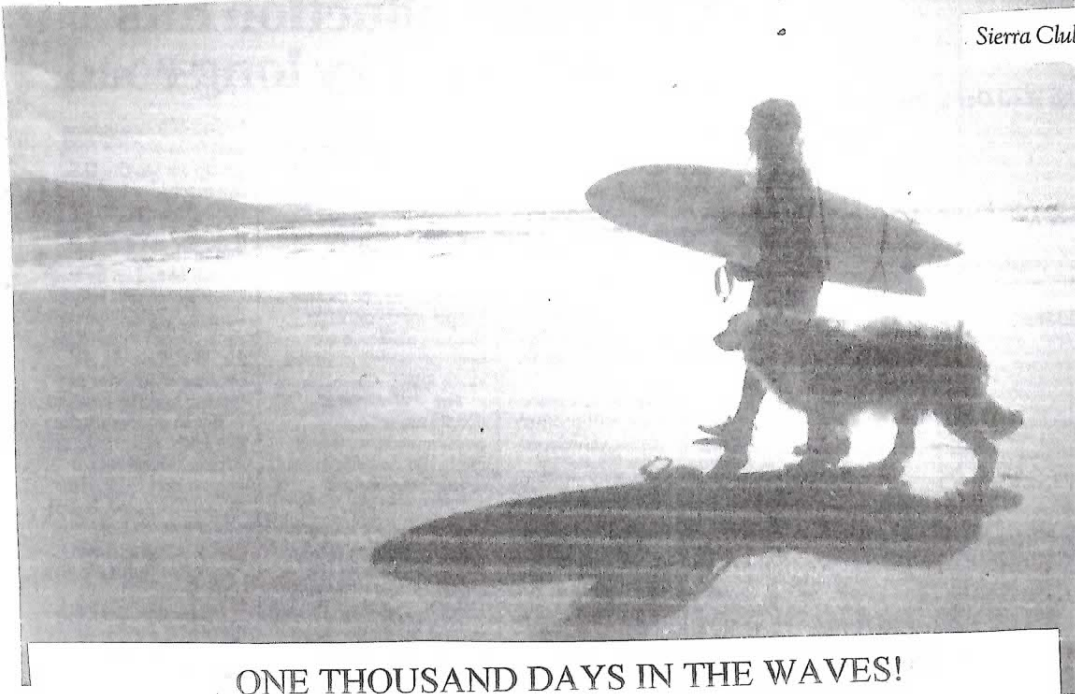
Changing The Rules: A young woman's journey to find her calling Paperback -- August 29, 2013 by Sadja Greenwood MD (Author) ★★★★★ 2 customer reviews Paperback \$9.00 1 New from \$9.00 This novel is set in the 1950's: romance, bohemian life (before the beatniks), medical school, sex, illegal abortion (safe or deadly), and a young woman's journey to find her calling. It's a cautionary tale for today.

Editorial Reviews

About the Author

Sadja Greenwood received an MD from Western Reserve University (now Case Western Reserve) and an MPH from the University of California, Berkeley. She was an Assistant Clinical Professor in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of California Medical School in San Francisco, where she taught a course on human sexuality to medical students. She worked at Planned Parenthood in San Francisco for many years, where she started one of the first Teen Clinics in the United States in 1988. In response to the "summer of love" she started an abortion clinic at San Francisco Planned Parenthood immediately after the Supreme Court's 1973 decision in Roe v. Wade. She also worked for the International Planned Parenthood Federation in Singapore and in family planning in Latin America, Bangladesh and Africa. She made a teaching film, Aspiration Abortion Without Cervical Dilator, in 1973 with her mentor and colleague, Alan Margolis, MD. The film was widely used to teach medical techniques for safe abortion. She is the author of Menopause, Naturally (Volcano Press, 1999), which became a popular book for women seeking alternatives to hormone therapy. She also wrote The Medical Self-Care Book of Women's Health with coauthor Bobbie Hasselbring (Doubleday, 1987). She writes a blog on health: sadjascolumns.blogspot.com.





ONE THOUSAND DAYS IN THE WAVES!

Local surfer Bridget Bartholomew reaches her 1000th consecutive day of surfing today.

Whether it is flat as a pancake or macking, glassy clean or "Victory at Sea" thrashed, onshore slop, Bridget has been paddling out, every single day, to, in her words, "receive."

Come join Bridget tonight to celebrate with a bit of champagne on the beach at sunset.

- Jeff Manson

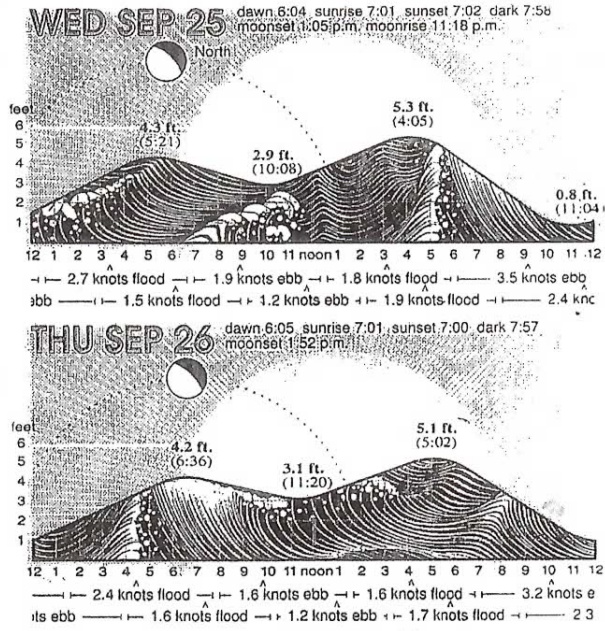
Photo: Llewellyn Ludlow

Moon's a Mandarin

Moon's a mandarin  
Orange segment.  
Stars as clear as you like.  
Smelling of pines  
And eucalyptus.

Quite a night.

- Paul McCartney



Court affirms Point Reyes wilderness

On Sep. 3 the federal Ninth Circuit Court of Appeals affirmed a lower-court ruling that the Drakes Bay Oyster Company does not warrant an injunction to continue operating after its lease expired on its own terms last November. The company has none of the state or federal permits to operate its commercial oyster-raising business in Drakes Estero, the ecological heart of the Point Reyes National Seashore and the only marine wilderness area on the West Coast (see February-March Yodeler, page 3).

"The court rightly decided that former Interior Secretary Ken Salazar had full discretion to let the oyster operation permit expire and to honor the 1976 wilderness designation for Drakes Estero," said Amy Trainer, executive director of the Environmental Action Committee of West Marin.

The panel held that it has jurisdiction to review whether the secretary violated any legal mandate contained in Section 124 or elsewhere, but that it lacks jurisdiction to review the secretary's ultimate discretionary decision whether to issue a new permit. The panel held that Drakes Bay was not likely to succeed in proving that the secretary violated constitutional, statutory, regulatory, or other legal mandates or restrictions, and that it has not shown that the balance of equities weighs in its favor (decision, pages 2-3).

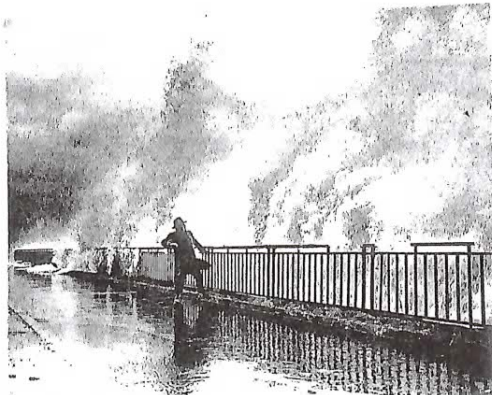
Gordon Bennett, president of Save Our Seashore, said that, "the Court has now confirmed that the expiration of the oyster-operation permit was a well-established matter of contract and [National Park Service] policy that Mr. Lunny was fully aware of before he bought the last few years of operating rights. This decision facilitates the long-planned wind-down of company operations, and we hope that the company provides strong financial support for the transition of its workers."

The court further noted, "In letting the permit lapse, the secretary emphasized the importance of the long-term environmental impact of the decision on Drakes Estero, which is located in an area designated as potential wilderness. He also underscored that, when Drakes Bay purchased the property in 2005, it did so with eyes wide open to the fact that the permit acquired from its predecessor owner was set to expire just seven years later, in 2012. Drakes Bay's disagreement with the value judgments made by the secretary is not a legitimate basis on which to set aside the decision [page 6]."

"We urge the company to fulfill its longstanding responsibility to its workers by assisting them during this time of transition," Trainer said. "The local community will work with Rep. Jared Huffman and other leaders to ensure that the workers are taken care of," she said.

Rising Seas

Sea level didn't change much for nearly 2,000 years, judging from sediment cores. It began to rise in the late 19th century, as Earth started to warm. If sea level continues to track temperature, it could rise three feet or more by 2100. The great unknown: the future of the ice sheets. NOAA's four scenarios, shown here, span the range of possibilities for 2100. The sea will keep rising after that.



Local measurements of sea level with tide gauges became common after 1880; satellites began global measurements in 1992. They've shown a clear acceleration: At an eighth of an inch a year, sea level is rising twice as fast as it was a few decades ago.



KWMR-FM  
(90.5 PRS & 89.9 Bolinas)

(For week of Thu September 26 through Wed Oct 2, 2013)

**Thu Sep 26**

5 pm Open House. Possible rodenticide use on Farallones.

6:30 pm Swimming Upstream. Amanda's Nashville trip!

8:30 pm L.A. Theatre Works: "The Graduate."

**Fri Set 27**

11 pm Return Reggae Radio with DJ Zoro.

**Sat Sep 28**

11 am Place We Live. Latino Photography Project artists.

**Sun Sep 29**

12 pm Jazz with Kendrick Rand.

**Wed Oct 2**

5 pm Open House. Anabella DeMattei, "LunaFina."

5:30 pm Pt Reyes Dialogues: Jay Harmon, nature's spiral & industrial design.

Schedules & More Info at [www.kwmr.org](http://www.kwmr.org)

# VW van production hits the end of a very long road

ASSOCIATED PRESS

SAO PAULO — It carried hippies through the 1960s, hauled surfers in search of killer waves and serves as a work-horse across the developing world, but the long, strange trip of the Volkswagen van is ending.

Brazil is the last place in the world still producing the iconic vehicle, or "bus" as it's known by aficionados, but VW says production will end Dec. 31. Safety regulations mandate that every vehicle in Brazil must have air bags and antilock braking systems starting in 2014, and the company says it cannot change production to meet the law.

Although output will halt in Brazil, there should be plenty of VW vans rolling along for decades if only because

there are so many, and they are so durable. VW produced more than 10 million Volkswagen Transporter vans globally since the model was introduced 63 years ago in Germany, though not all resemble the classic hippie machine. More than 1.5 million have been produced in Brazil since 1957.

The VW van is so deeply embedded in popular culture, it will likely live on even longer in the imagination.

"The van represents freedom," said Damon Ristau, the Missoula, Mont., director of the documentary "The Bus," which follows van fanatics and their affection for the machine. The van made an appearance on Bob Dylan and Beach Boys record album covers, among many, though in music circles it's most closely linked to the Grateful Dead and the

legion of touring fans that followed the rock group across the U.S., the machines serving as rolling homes. Steve Jobs is said to have sold his van in the 1970s to buy a circuit board as he built a computer that helped launch Apple. The vehicle is linked to the California surf scene, its cavernous interior perfect for hauling boards.

But in poorer regions like Latin American, and Africa, the vehicle doesn't carry the same romantic appeal. It definitely doesn't hold the cool mystique in Sao Paulo that it does in San Francisco.

It's used in Brazil by the postal service to haul mail, by the army to transport soldiers and by morticians to carry corpses. It serves as a school bus for kids, operates as a group taxi and delivers construction materials to work sites.



Barneys New York  
Bolinas Beach Candle  
\$45.00



COMMUNITY & CULTURAL CENTER

dance palace

For more information, to volunteer, or to join call 415-663-1075  
Save \$ by buying in advance  
Tickets at [www.dancepalace.org](http://www.dancepalace.org)

## October

### THE OKEE DOKEE BROTHERS

The Grammy award-winning Okee Dokee Brothers, have put their passion for the outdoors at the heart of their Americana folk music. Joe and Justin record and perform family music with a goal to inspire children and their parents to get outside and experience nature. They believe this can motivate kids to gain a greater respect for the natural world, their communities, and themselves. The two-time Parents' Choice Award winners have garnered praise from the likes of NPR's All Things Considered and USA Today, and have been called "two of family music's best songwriters." By appealing to the musical needs of the entire family and recognizing that kids deserve quality music, the Okee Dokee Brothers are working full-time to advance the family music genre. Pizza for sale at 6 PM.  
**Friday, October 4, 6:30 PM / \$12 general, \$10 Seniors, \$8 kids**

In a Beach Town, the Road Less Paved



Easy Rider Today

USUALLY, A COUPLE OF THE GUYS WOULD HANG AROUND UNTIL LATE, DRINKING MORE BEER AND TALKING ABOUT, WHAT ELSE?... SURFIN'!



**BOLINAS:** At 12:05 a.m. a man, talking on his cell phone, punched a window in anger.

## FOR SALE

**SINGLE MATTRESS, BOX SPRING & FRAME(FREE), IKEA BLACK WOOD FRAME CHAIR WITH ORANGE SEAT CUSHION-OLD BUT NICE, BROWN WICKER INDOOR/OUTDOOR CHAIR & SMALL SOFA-LIKE NEW - BEST OFFER-CALL 868-2488 DIANA**

DL 10/7

### KING SIZED BED FOR SALE

Very good condition. Mattress, box springs and frame.  
\$150 Call Aggie 868-0683

A 9/27

### FIREPLACE WOOD BURNING HEATER INSERT

\$350 or best offer cost over \$2,800 new. Used only 2 weeks, needs reconditioning. Regency 2400 w/blower.

Linda (415) 302-1747

L 9/27

### UPPA BABY CABANA CAR SEAT IN GREY: \$29.95,

Chicco Keyfit 30 Car seat in Midori Green: \$ \$189.99, Chicco Keyfit 30 Caddy Frame: \$99.99, Bob Infant Car seat Adapter for Chicco: \$36.75. Total Retail Value: \$356.68 approx.! All items in Excellent Condition! Asking \$150.00 or OBO. Car seat was only used in second car, (rarely) and is spotless! Still have child restraint registration card you can fill out and send. Thanks; call 868-2125, local in Bolinas

LH 9/30

### DRY DRY DRY SEASONED FIREWOOD

Oak, Bay, Eucalyptus – Cut locally  
Gospel Flat Farm 868-0921

DMx

## FOR SALE

**SMALL BLACK COUCH THAT FOLDS OUT TO SMALL BED-TOO BIG FOR LAST WEEK'S BUYER-AVAILABLE AGAIN, \$25 FROM IKEA. ILKA-0419**

9/27 IH

## ANNOUNCEMENTS



### BOLINAS COMMUNITY CENTER'S WISH LIST

- PRINTERS
- Tools
- 2 nice living room chairs
- Ipod and station
- Theater lighting
- Back stage theater curtain
- Cordless Microphone(s)
- Light weight folding risers
- Small commercial freezer
- Heavy Outdoor Benches/Chairs
- Lumber for:
  - Outside Storage Unit
  - Sound System Cabinet
- Builder/Contractor to Volunteer to Build Above Projects
- Steam Cleaner
- Iron
- Bathroom sinks

## CLASSES



### Weekly Schedule

#### Monday

Chi Gung w/ Susie Stewart 10:00 - 11:30 a.m.  
Pilates w/Lisa Townsend (pre-register 868-0473) 5:30 - 6:30 p.m.  
Theater with Patrice Daley 7:00 - 8:30 p.m.

#### Tuesday

Yoga w/Lisa Brendel 8:30 - 10:00 a.m.  
Bo Babies & Toddlers (Free Hangout) 1:00 - 3:00 p.m.  
Pirate Pizza in BCC kitchen (pre-order 328-1066) 4:30 - 7:30p.m.

#### Wednesday

Pilates w/Lisa Townsend 8:30 -10:00 a.m.  
Theater with Patrice Daley 5:30 - 7:30 p.m.  
Biblia en Español 8:00 - 9:30 p.m.

#### Thursday

Yoga w/Lisa Brendel (Class Starts 9/5/13) 8:30 - 9:30 a.m.  
USDA food bank 12 noon  
After School Ballet w/Erika Townsend (Starts 9/5) 3:30-5:45 p.m.  
Congolese Dance w/ Sandor 6:00 - 8:30 p.m.

#### Friday

Pilates Mat Class w/Lisa Townsend 9:00 - 10:00 a.m.  
No Place Like Home (Free Brunch 4<sup>th</sup> Fri of Month) 10:30 - 11:30 p.m.

#### Saturday

Yoga w/ Lisa Brendel 9:00 - 10:30 a.m.  
Kids Movement Class (2-4 yrs) w/ Lisa Townsend 10:45 - 11:15 a.m.  
Kids Movement Class (4-6 yrs) w/ Lisa Townsend 11:15 - 12:00 p.m.  
Ballet w/ Erika Townsend 12:15 - 1:45 p.m.

#### Sunday

Yoga w/ Trishna (Classes start 9/8/13) 9:00 - 11:00 a.m.  
Brazilian Dance with Anna (Classes start 9/8/13) 11:15 - 12:15 p.m.  
Ninjutsu Martial Arts for adults w/ Martin 5:00 - 6:30 p.m.

Check the Library marquee or Calendar in BCC Foyer for special events. For More Info call 868-2128 or visit [www.bocenter.org](http://www.bocenter.org)



## LOST & FOUND

**LOST SUNGLASSES, WOMEN'S FRAME,**  
brown with brown lenses, Dior. They are much missed!  
REWARD! 415-868-0681 917-209-4639

O 9/18

**LOST: LABOR DAY-AMPLIFIER STAND-**  
a pair of cowboy boots with wooden top. StuArt-2769

SC 9/19

**LOST: A PAIR OF VERY COOL RAYBAN SUNGLASSES**  
at farm stand art show opening last weekend, 9/7.  
(559) 288-3401

VW 9/13

**MISSING BIKE: GREY SCOTT W/2-MILE STICKER**  
& mountain bike wheels. Missing Sat. from Altura.  
Call Finn 868-9689 with any information

F 7/29

**FOUND: TOYOTA KEY**  
under my sofa cushions. Call Tina - 2523

TA 8/28/13

**STOLEN BICYCLE: BLACK SCHWIN 3 SPEED**  
with basket, white wall tires, lg. seat. Last seen on Gospel Flats  
may be downtown. Allan @ PO Box 254

AL 8/28

**FOUND: AT BCC 8/24 - CAMERA, CANON DIGITAL**  
and on 8/25-a pair of prescription turquoise sunglasses from  
Kaiser Permanente. Call 868-2128 to claim.

BCC 8/26



# HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

## SERVICES

### BRUSH TO MEADOW TRANSFORMATION

Heavy-duty tractor. Mowing / backhoe / roto-tiller / disking / plowing / post-hole drilling. Don Murch -0921

DMX

**HANDYMAN: HOME REPAIR, CARPENTRY,**  
painting,. Hauling too! 27 years experience. Local refs.  
Steve Hill -2310'

SHX

**FIREWOOD • HYDRAULIC LOG-SPLITTING • HAULING**  
Dump Runs, Cow Manure, Recycling, Humane animal removal  
- Skunks, Raccoons & Yellow Jackets. Carl Henry 868-1782

CHX

### TREE SERVICE

Fine Trimming • Hedges • Removals • Brush Chipping  
Insured #676377 Steve Ryan 868-1584

SRX

**AIRPORT?** Howard Dillon's fast, comfortable, car for all  
Bay Area pick-ups, early or late. Many satisfied local refs.  
Phone 868-2144

HDX

## SMILEY'S

SCHOONER SALOON & HOTEL

- INTERNET ACCESS • CHECK CASHING
- WESTERN UNION • ATM & CREDIT CARDS
- COLOR COPIER (B&W too)

41 Wharf Rd., Bolinas 415-868-1311

[hearsaynews@yahoo.com](mailto:hearsaynews@yahoo.com)

Submit articles, ads and drawings by midnight  
Sunday, Tuesday or Thursday for publication the next  
day. Or request a link to the password-protected web-  
site to read online and info on how to subscribe.

## LOST & FOUND • FREE • RIDE SHARE •

ARE PUBLIC SERVICE ADS, AND RUN FOR FREE.

Please keeps ads to around 20 words.

We will run them for at least a week  
or until you ask for removal.

Hearsay Staff

## FREE

**OAK TABLE: 4 FOOT WIDE & 29 INCHES TALL**  
with extra leaf 1 foot 7 inches. RCA T.V. with 20-inch screen.  
Pro-Form Crosswalk treadmill, folds up to take up less room. All  
free, you must pick up. Call Kate at 415-868-0316

KR 9/13

### FREE - COMPOST - FREE

Load yourself • Bring containers  
Bolinas Resource Recovery 25 Olema Bolinas Rd. 9-5  
Closed Sunday

BRR7/28

## HELP WANTED

**ANY ANGELS AROUND? SOMETIMES MICHAEL**  
can't read. He loves being read to. Anyone willing to come  
once a week for an hour? Vivienne- 2241

VVR 10/7

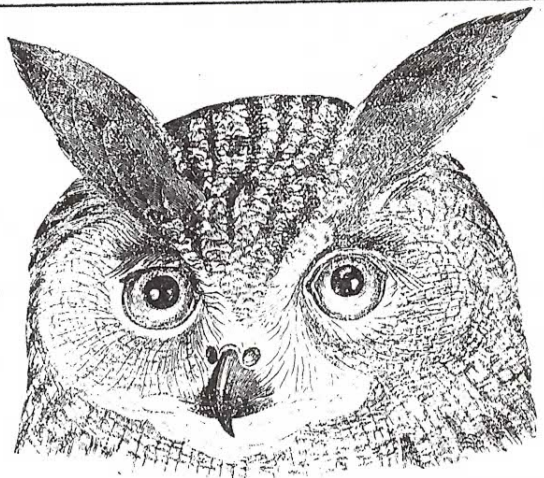
**STAR ROUTE FARMS IS LOOKING FOR A DRIVER/**  
market person 2 day/week, Thursday and 1 weekend day. Early  
start. Clean drivers license required. Please call 868-1658 and  
speak with Annabelle or Warren.

A/10/2

**SOMEONE TO SHOW ME A FEW SIMPLE MAC**  
computer functions. Could be a high school student.

Lizzy-1882

LG 9/23



## WANTED

**LOCAL LOOKING FOR A SMALL LITTLE STUDIO**  
space for the winter months for art/musical recording.  
Any creative thoughts on this? Please contact  
Vanessa @ (559)-288-3401 Thanks!

VW <sup>10/7</sup> 9/27

**HOME FOR OUR SEVEN-YEAR-OLD LOVING KITTY**  
for one year. We will cover food and vet expenses.  
lauri@trka.net

LP 9/28

## HOUSING WANTED

**CALLING ON THE BOLINAS TRIBE, PLEASE HELP**  
for finding affordable, clean living space for mature longtime  
local lauded woman activist. Creative, responsible with  
references. Call Camila 868-0426 or e mail: dakini@svn.net

CMx

## HEALTH AND HEALING

June McAdams, RN  
Compassionate and Skilled  
Hospice Care Home Care  
Newborn to Elders  
Coastal Marin Only  
More than 39 years nursing experience  
(415) 868-9052

**CAREGIVER AVAILABLE**  
Excellent homecare, cleaner.  
Call 868-1782 Anita & William

CH X