

T H E W E D N E S D A Y H E A R S A Y N E W S

The Bolinas Hearsay News

Wednesday, February 8, 2012

(50¢ with tax)

46¢



Whipping Man

by StuArt

Leonardo makes a yearly appearance at the Winter Faire. He usually arrives late in the day, dressed all in black and wearing his trademark black Cossack hat. Leonardo is a colorful character and every year I look forward to seeing him at the Winter Faire.

This year he visited my booth and really liked my art ties. He bought a nice one with Salvador Dali emblazoned on it. He handed me his business card. It said production designer.

"You work in the movies?" I inquired.

"Yes, big productions. The Big Lebowski. Matrix 1 and 2. But never mind that," he continued. "I want to commission a tie. On the tie I want a man with a whip." Leonardo held his hand up in the air like he was holding a whip.

"Yes, a man with a whip," he continued. "like Marcello Mastroianni in Fellini's *8½* — one of my favorite movies. A man with a whip on a silver tie."

Oh great I thought to myself, an S&M dude from the city. But *8½* is also one of my favorite movies. And I could understand how the intense pressure of moviemaking would conjure up whipping scenarios. Still I wasn't too keen on the idea of putting a man with a whip on a necktie. But I considered the commission and searched the web. To my delight I found a great photo of Federico Fellini, the famous movie director himself, demonstrating the scene with the whip to Mastroianni, in preparation for filming the segment for *8½*.

The photo showed Fellini on the set of *8½* with a whip in his hand walking gracefully - almost dancing - in his Italian loafers. Fellini was wearing a white shirt and tie.

The image was graphic enough to be radically simplified, and I converted it into a 2 color stencil - black and white.

I stenciled five neckties with the whipping man image. The ties looked better pretty good with a bit of touch-up, and I was surprised how well the image worked.

I pondered the darker meaning of a man with a whip on a necktie. I thought about the symbolism of the necktie, the whip and the corporate world.

But I laughed when I saw that Fellini was wearing a necktie on a necktie. I had stumbled upon a rare double whammy - a necktie on a necktie. I realized that the image of whipping man showed a way out of the paradigm of the dominator culture.

The boss man with the whip was old hat. That was the old paradigm, The new paradigm was symbolized by Federico Fellini - dancing with his whip and his Italian loafers, his white shirt and his necktie. Lights! Camera! Action!

In the new paradigm we will boss ourselves - whip ourselves if you will. We will whip ourselves to greater things. But the whip will come down not with cruelty but with love.

We will all dance gracefully in our Italian loafers, while goading ourselves lovingly with whip in hand.

WHAT'S HAPPENING?

Wednesday, February 8

PLENTY INTERNATIONAL

Tomas Heikkala and Kathleen Rosemary present information about a nutrition program for children in Guatemala, Fire Station, 7-9pm

Thursday, February 9

COAST CAFÉ CONCERT SERIES

Strummin' wonder Phil Richardson, Coast Café, 6-8pm

NEW BAND SHOWCASE

Live music @ Smiley's, 8:30pm, no cover

DALE POLISSAR TRIO with BART HOPKIN

Servino's, Tiburon, 7-10pm

Friday, February 10

ST VALENTINE'S DAY OPEN MIKE/FUNDRAISER

Benefit for ELAC; food, crafts, performances, 5-8pm

BLIND WILLIES

Live music at Smiley's, 9pm. Cover

Saturday, February 11

ROAR (REACH OUT AND READ)

Poetry reading in Spanish, w/ open mike after, at Blackbird Café, Inverness, 7pm

DEAD CAT HAT

Live music at Smiley's, 9pm. Cover.

Sunday, February 12

OPENING RECEPTION

"Desert Light & Air:" Pinhole photography by Bolinas students, at Toby's Feed Barn, 11 am-2pm

Monday, February 13

TINY HOMES BOOK SIGNING

Lloyd Kahn shows slides from his latest book, "Tiny Homes," Community Center, 7pm

Tuesday, February 14

VALENTINE PARTY

Pizza, beer, wine and your Valentine! Kids Disco with light show and bubbles, 4-6pm, Open Mic, poetry readings, love poems and songs, Surprise Valentine Movie at 8pm, Community Center

Sunday, February 19

OPENING RECEPTION & DISCUSSION

Stephen Parker, PhD: "Jung, Art & Healing," at Commonweal Gallery; lecture, 2pm, reception 3-5pm, rsvp: thenewschool@commonweal.org

Monday, February 20

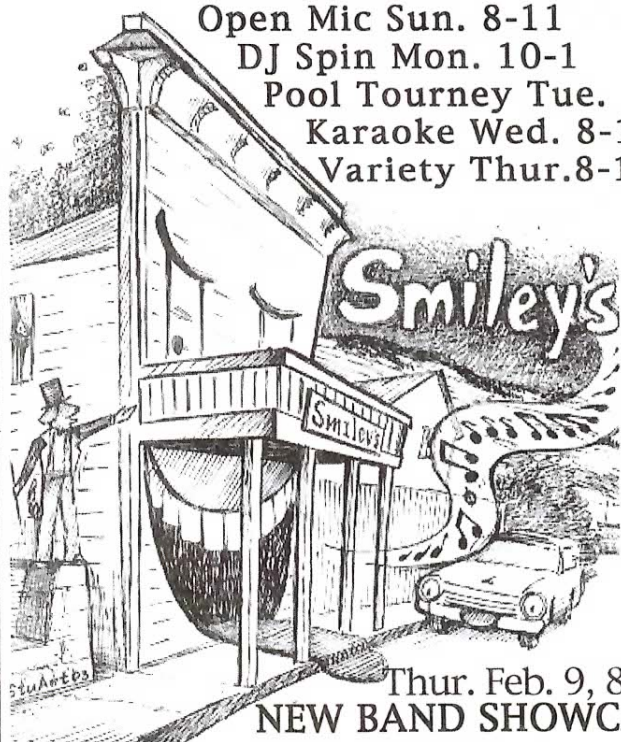
STUDENT SPRING BREAK BEGINS

Kids out of school through Friday.

Today's Hearsay brought to you by:
StuArt Chapman, editor
June McAdams, ads
David Cattell, press

LIVE MUSIC AT THE BEACH

Fri., Sat. & Sun Nites FEBRUARY
 Open Mic Sun. 8-11
 DJ Spin Mon. 10-1
 Pool Tourney Tue. 11
 Karaoke Wed. 8-11
 Variety Thur.8-11



Thur. Feb. 9, 8-12,
NEW BAND SHOWCASE

Fri. Feb. 10, 9-1, blue grass,
BLIND WILLIES
 Sat. Feb. 11, 9-1, recession rock,
DEAD CAT HAT
 Sun. Feb. 12, 8-12, OPEN MIC
 w/Cheyenne
 Mon. Feb. 13, 8-12, reggae, spin,
Monday Night Live
 Wed. Feb. 15, 8-12 **LARRY'S KARAOKE**
 Thurs. Feb. 16, 8-11, eclectic
SOFI ROX PRESENTS

SMILEY'S SCHOONER SALOON & HOTEL
 41 Wharf Road, Bolinas 415-868-1311



"For the Birds"

"For the Birds" that's the theme of this year's Art & Garden at the Community Center. The event is scheduled for the weekend of May 4, 5 & 6, and will feature a talk by Keith Hansen and a screening of his new DVD on local birds.

"For the Birds" It's a great theme. If you have a suggestion or inspiration call the Community Center at 868-2128. Each year local artists are invited to paint a panel with the yearly theme. The paintings are displayed at the event and bid on silently. The money from the sales goes to the Community Center. It's a creative way to contribute to our Community Center. If you want to paint a panel call 868-2128.

The Freebox will be hosting its annual Shoe Art Show in conjunction with For the Birds. This show features shoes planted with succulents. The results are humorous and quite profound. Plant or groom your shoes now in preparation for the event.

I'm planning an All-Species Day parade during Art & Garden. Well, actually it won't be all species, it will be bird species. Everyone will wear bird costumes and march down Wharf Road cawing and tweeting. Start making a costume to represent your favorite bird.

"For the Birds" it's a great theme. I have a feeling that this year's Art & Garden will be the best one yet.

-StuArt

Valentine Party

At the Bolinas Community Center
 Tuesday February 14 2012
 \$3 Kids / \$5 Adults

**Pizza, Beer, Wine
 & Your Valentine!**

4-6pm Kids Disco
 Light show & bubbles



6-8pm Open Mic
 Poetry readings, love poems and songs.
 Let your love light shine!

8pm Surprise Valentine Movie



Pirate Pizza will be offering lasagna, salad, slices and whole pizzas pre-ordering recommended (415) 328-1066.

Beer and Wine, and don't forget - bring Your Valentine!!!



Photo at top: Ed as Ruffed Grouse

MLK and the Bolinas Motorcycle Gang

January 25, 2009 by rkovach

My wife, Barbara Degenhardt Kovach, started making day trips from San Francisco to Bolinas in 1951. Her sister, Paula Gower, had a sister-in-law, Mavis Gower Lundmark, living on the "Little Mesa." Mavis' husband Herb Lundmark was the manager of RCA's Bolinas trans-pacific transmission station which was built by Marconi in 1913 and sold to the new American company in 1916 (today the buildings are owned and used by Commonweal).

I started going to Bolinas in 1956 because a cook in the Mount Zion Hospital kitchen, where I worked, told me of the wonderful small seaside town and, in particular, of Tarantino's, a good seafood restaurant there.

I became acquainted with Barbara while working with her staging staff art shows at the hospital. In the spring of 1958 we got together, married in the spring of 1959 and had our son, Alexander Frederick Kovach, in the fall of 1960. By the time Alex was three years old, we were renting a small guest cottage from Glory and Bob Berry above Terrace Avenue, a main road in Bolinas. Later, we time-shared a somewhat larger cottage about a block away from the Berry's with another young couple from San Francisco. That turned out to be more trouble than it was worth because Barbara was so compulsive about leaving the place immaculate after a stay that she spent all her time cleaning and didn't get much pleasure from our weekends there.

In 1967 I left my job at the US Naval Supply Center, Oakland to work at PG&E, which I did for a little more than year and then, in July of 1968, started working for the President's Office at the University of California. I cashed out my federal retirement fund of \$5,000 and with it bought a house, still in the frame, from the builder, Bob Callagy. We continued living on Lyon Street in San Francisco but after a while that didn't seem to make much sense. To ease the financial burden we rented our Bolinas place to a college instructor for about a year which meant we couldn't use it. When we regained possession Barbara would wait for Alex at the Grant School on Friday afternoons to get to Bolinas as soon as she could for the weekend and I would leave University Hall and drive directly to Bolinas. We also spent every holiday and Barbara and Alex would spend the entire summer there. After two years of this, I decided we were paying extra rent and putting Barbara and Alex under unnecessary stress just so I could have a shorter commute to Berkeley. In April of 1970 we moved in full time to our Bolinas house and I started fifteen years of long distance commuting (after Berkeley to Palo Alto, Menlo Park and Sunnyvale). In October of 1980 we moved to our present house, across the street from the cottage we time-shared fifteen years earlier.

Somewhere in the course of the year following our move to Bolinas a young man from Philadelphia, named Dave Duffin, arrived. He took a job with the local school driving one of their buses.

Bolinas was, and is, an artists' town. If you were not a musician or a painter or sculptor you could just say you were a poet because there was no way to deny your claim. We have well known specimens of all of these. Of course, the school was (and is) heavily biased towards the arts and there was little to no provision for the kids not inclined that way. In his youth, Duffin had been a motorcycle racer so he decided to set up a biking program. He got nervous and conditional permission to set up such a program from the school administration.

A shed adjacent to the school property on Ellen Bourne's parcel was generously loaned by her to be the workshop. Dave went "over the hill" to East Marin to cadge parts from all the local motor cycle vendors. Then the kids built a motorcycle. Dave taught them sensible and responsible riding – wouldn't let anyone throw a leg over the saddle without a helmet on, for example. Pretty soon there were a number of little motorcycles (70-75 cc engines) all over Bolinas (because of the hair styles and costumes at

the time it was sometimes difficult to tell a boy from a girl – my rule of thumb was "if it's on a horse it's a girl – if it's on a motorcycle it's a boy")

Then the fighting started. At the school there were fights over the track, its size, location and surface and fights over scheduling of riding because of the noise and dust (and, I suspect, because of fear of the competition for student attention). In the larger community there were complaints about the noise mainly. I tried to get the kids to stop their habit of riding in a limited circuit – "spread the pain as much as possible" but was only partially successful.

A number of meetings were held to try to negotiate some sort of compromise. The most amusing – and productive – was held at the local public utility's building after a couple of the kids accused some of the men on the Mesa of chasing the riders brandishing baseball bats and hammers. When I stated this accusation to one of them he said "that's a lie and if you say that again I'll punch you in the nose!" That absurdity became a watershed moment, defused the situation and a real understanding and compromise was reached.



Dave used his familiarity with the motorcycle racing world to have the kids meet with a couple of then current racing champions notably Kenny Roberts who became national champion three times (and is in the motorcycle hall of fame) and Brad Lackey a cross country racer who lived in Richmond across the bay. The kids also became interested in dirt-biking and Dave arranged cross country rides at Alvin Gambonini's ranch east of Marshall and several camping trips in the Sierra foothills. They got to meet Roger Decoster a living legend in cross-country or motocross racing. There were also trips to Laguna Seca and Sears Point (now Infineon) to watch races.

After a couple of years, with most of the original participants gone, the program was terminated. Dave went on to have an interesting hop-scotching career.

(Post Script sent to me by Dave today, Sept. 22, 2010, on the origin of the motorcycle shop program at Bolinas School: Story within the story:

Dave Callagy crashed his mini bike on Dogwood one Sunday afternoon as I read the Chronicle on my deck at 365. I took him to Pt. Reyes to get his thumb cleaned up. Two weeks later a knock on the door brought David, Sean, Eddie Hansen, Randy Bourne and John Barrow. Their question was "Can you help us start a motorcycle shop at the school?"

I had to think fast because I could see an outcome and reaction from the school being NO followed by laughter. I told them I'd write a proposal.

Two weeks after that another knock at the doors brings the same kids in with the announcement "you have to attend the School Board Meeting tonight".

Later that night when the Board asked "When can you start?" I realized I was on auto-pilot. The idea for the program came from the kids and after a year the school asked me to drive a bus for them too. I believe many of those cowboys decided they did not want tie-dye class.)

continued page 4

continued from page 3

He worked for Carolyn Brown (a local personality) at The Growing Mind, a school for children with learning difficulties in Berkeley, for a couple of years. At the time I was commuting to University Hall so Dave rode with me every day.

With his GI Bill scholarship funding about to expire, Dave decided to use it to get a pilot's license. He went on to get an instructor's rating and then taught nearly all the old motorcycle troupe to fly, gratis. Two of them went on to become commercial jet pilots.

After that he owned and operated AAA Photo on First Street (between Mission and Market) in San Francisco. The principal business was passport photographs for patrons of the US agency just around the corner on Market. His staff was mostly made up of Bolinas kids working part-time.

Then he worked for movie production companies doing on-location shoots in the Bay Area (and further afield in Northern and Central California) finding suitable sites and arranging all the logistics, equipment, food and so on. He may still be doing this work at least part of the time. A consequence of this is he is now Chairman of the Alameda Film Commission whose mission is to encourage film production in the area.

He started Oasis for Kids, a nonprofit concerned with providing learning and travel experiences for young teens. Motorcycle trips are featured prominently in the program – so this is a blending of Dave's previous experiences in Bolinas and Berkeley.

Shortly before Martin Luther King's eightieth birthday (he was born four weeks after me) Dave sent an email to a list of friends containing this extraordinary photograph.



There was no explanation given. In response to my demand that he provide some sort of background he sent this note:

Hi Roger,

I finished boot camp at Parris Island, SC in Dec. 1964 and then returned to PI after Advanced Infantry Training at Camp Lejeune, NC. Because of my previous training and background I was put into the base PR offices. I became our two-star's favorite photographer. I also had a chance to take a photo one day of Dorothy Lamour and her son who was graduating. When I used the well-worn photographer's phrasing "One more Miss Lamour?" she smiled demurely and said "you're real cute General".

As we move along, I was out one Sunday (Spring '65) exploring the moss-lined back roads of some one of the coastal islands in my MG-B and came across a sign indicating PENN COMMUNITY CENTER. I drove into the gravel entrance and was soon met by Courtney Siceloff the director. We found out we were both from Philadelphia. I knew the name Penn well from the history of my city and state and also the connection to the Quaker religion of which

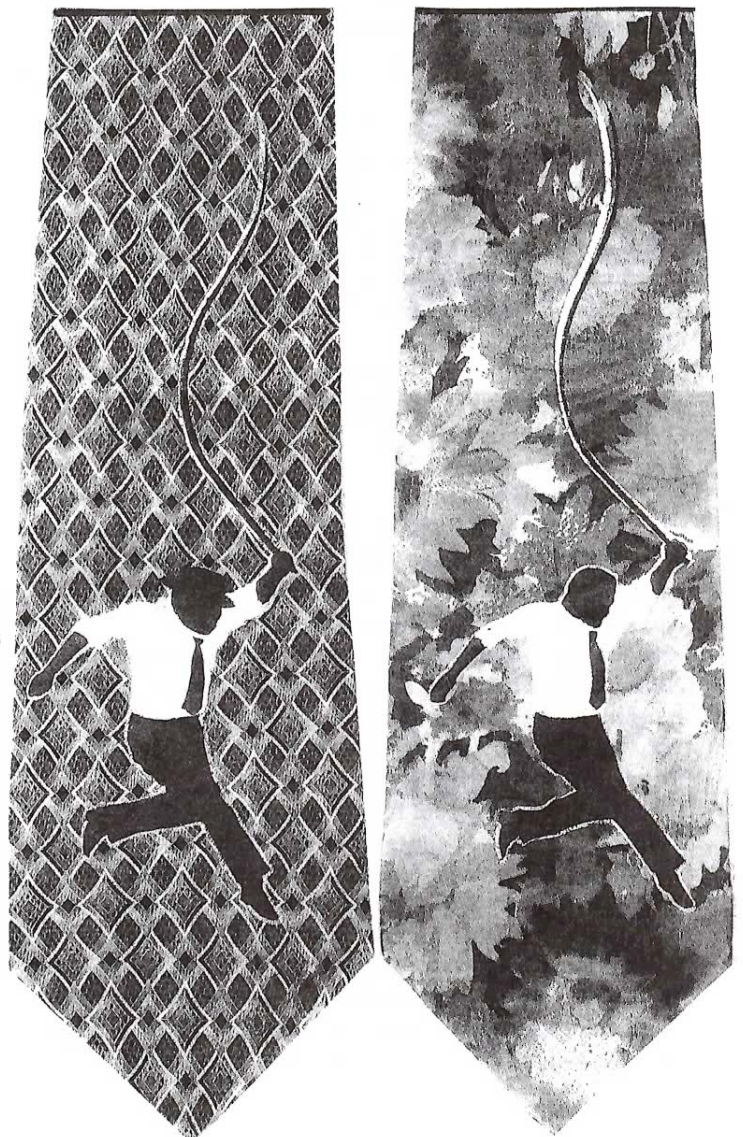
Courtney and his family were members. The center was established by Philadelphia Quakers in the 1860s. I came to be a frequent social guest for dinner and they let me use their guest house on the beach many times. They never mentioned their views about conscientious objection nor did I mention much about my USMC training. I also ended up volunteering my photojournalist skills and helped the center produce two brochures about the center and the social work they did in the (very) poor low-country areas of South Carolina (Google – "Gullah").

One afternoon I got a call from Courtney to see if I could come out that evening. He said a special event was taking place but to "keep it quiet". When I got there at dusk I was ushered into their sitting room and there was MLK. I had a chance to shake hands, talk about the photo project and about my background. I asked him if he would mind if I took a photo. I called in the Siceloff's and made the photo with my Nikon-F with TRI-X and no flash. Later that night King gave a talk to the Southern Christian Leadership Conference staff (including Andy Young, Hosea Williams, Jesse Jackson, Joan Baez, and others). His oratory was spellbinding and he warned the group to stay on the non-violent track. He was an utterly calm soul.

I showed their son John my cameras and gave him some lessons in photography – that's him looking at Dr. King in the photo. I recently contacted the center and learned Courtney was retired in a senior residence in Savannah, Georgia, his wife passed and son John was now a producer for PBS NOW and Bill Moyer's Journal. The center had heard of the photo so I recently sent them a copy and gave them the publication rights. I have now been in the same room as JFK, MLK and RFK, but that's another two stories.

And that's the way it was,
Dave

PS: I also contacted John Siceloff (NYC) and he told me I inspired him to become a photojournalist. I like surprises even if they are not "wrapped".



Tuesday, February 7 – Smart Meters: What’s Next for the Opposition?



PUC Approves Opt-Outs from Smart Meters, But with a Price Tag. Opponents of PG&E’s wireless meters say that more consumer protection is needed, including community-wide opt-outs, and plan to protest. **Mary Beth Brangan** of Ecological Options Network in Bolinas and **Katharina Sandizell-Smith** of Alliance for Human and Environmental Health in Point Reyes Station talk about what’s next; **George Clyde** reports. *(This is a summary of a broadcast on KWMR’s West Marin Report, a five-minute daily local news program. To hear the program on-line or subscribe to a free daily email with the day’s program, go to www.kwmr.org and click “News.”)*

KWMR - Monday, February 6 – Terrace Avenue in Bolinas Officially Reopened

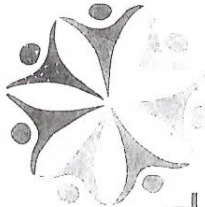
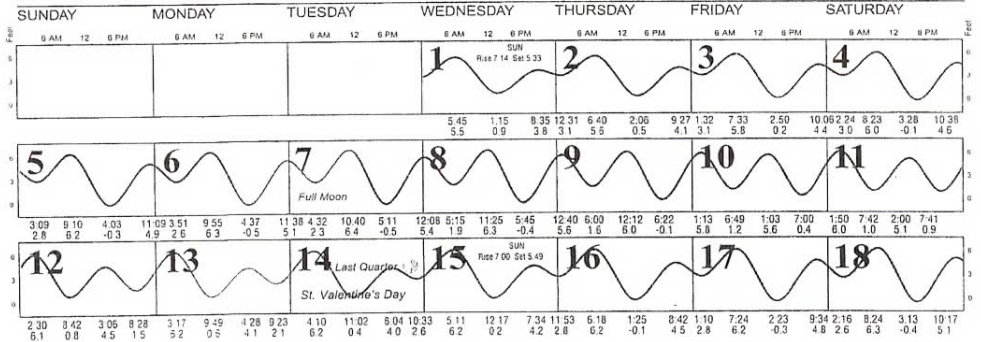
Bolinas Celebrates the Reopening of Terrace Avenue After the Critical Access Route Had Been Closed Two Years by a Landslide. Bolinas Fire Chief **Anita Brown** tells **George Clyde** about the importance of the road in emergencies, and engineer **Bill McCormack** of Kleinfelder says the repair should last at least 20 years. Supervisor **Steve Kinsey** praises the \$1.5 million County project and discusses repair of Sir Francis Drake Blvd. near Olema. *(This is a summary of a broadcast on KWMR’s West Marin Report, a five-minute daily local news program. To hear the program on-line or subscribe to a free daily email with the day’s program, go to www.kwmr.org and click “News.”)*



Dear ?
Thank You
so very
much
Love, Dani
& family

FEBRUARY

2012



COMMUNITY & CULTURAL CENTER

dance palace

The Dance Palace, 5th & B Streets
Point Reyes Station

Tickets at www.dancepalace.org

WEST MARIN DANCE PARTY

Friday, February 10, 7:30 – 10 PM / \$6

Come one come all to the best teen dance in West Marin in grades 6-8. Featuring a professional disc jockey from Portable Party Crew-West. Song requests can be made at www.portablepartydj.com

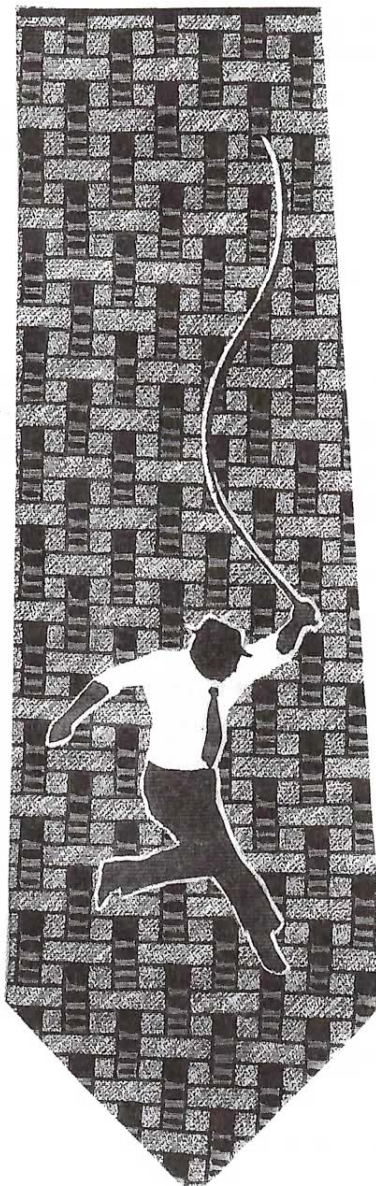
SWEETHEARTS OF THE RADIO

Saturday, February 11, 7 PM

Tickets: Visit online at www.kwmr.org or call 663-8068

This benefit concert for KWMR Community Radio is a long-standing tradition in Point Reyes Station, and this year is no exception. From roots to bluegrass to folk and beyond, the line-up never ceases to amaze those who attend. Save the date and come and show your love for

www.dancepalace.org



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- Open Mic
- Karaoke
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- Luncheon Spot
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- Internet
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- Port in the storm
- Surfers Refuge
- 3 minutes to the beach and kayaking, surfing, swimming
- 5 minutes to hiking
- 15 minutes to horseback riding
- 30 minutes to golf
- 40 minutes to HW 101
- 50 minutes to SF
- 60 minutes to the East Bay
- 4 hours and 40 minutes to NYC

Before Lincoln was President...
Before baseball was a game...
Before Jingle Bells was a song...
There was *

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Cannabis and California's Physicians

Steve Heilig, MPH, George Fouras, MD,
Donald Abrams, MD and David Pating, MD

There has long been a "drug war" surrounding marijuana, not only in terms of the plant's legal status but also in words. As the California Society of Addiction Medicine observes, "Reasonable dialogue regarding marijuana use has historically proven extraordinarily difficult." The result is a longstanding stalemate and various symptoms of "reefer madness," but with a growing consensus that our nation's marijuana policy has not served us much better than the failed experiment with alcohol prohibition many decades ago. The four authors of this article served as San Francisco's representatives on the CMA's "Technical Advisory Committee" (TAC) tasked with drafting "a comprehensive white paper recommending policy on marijuana legalization and appropriate regulation and taxation." The TAC was "selected to represent CMA in the areas of science, ethical affairs, public health, addiction medicine, and expertise in the use of cannabis." We met five times; the deliberations were sometimes contentious but each member agreed sufficiently to endorse a final report to the CMA board of trustees.

Our 14-page report, titled "Cannabis and the Regulatory Void", was submitted to the CMA's Board of Trustees and approved, unanimously, in October. Reactions from all sides were immediate. The CMA was called "irresponsible" and at least one opponent utilized the cliché "What are they smoking?" But there has also been much positive response as well, with editorials saying we took "a bold step" towards "a prescription for the medical pot mess" and that that the CMA's "traditionally conservative doctors" are "simply acknowledging the obvious: Our current laws and the resulting war on drugs aren't working."

1. Impact on Cannabis use: The primary concern regarding "legalization" or any lessening of legal penalties regarding cannabis is that it might increase use, particularly among teens. We share such concerns, especially in light of growing evidence regarding negative effects on neurodevelopment. But there is no good evidence that laws have much effect on use; in fact, long evidence is that our punitive approaches have little deterrent effect. Thus we should seek approaches which maximize knowledge about the impacts of cannabis use, and which do not worsen the problem by criminalizing otherwise law-abiding people, kicking kids out of schools to no productive end, wasting resources, and hampering research. Evidence-based drug education is difficult but likely to be at least as effective as legal approaches -- and likely more so.

2. Resources and costs: Enforcing largely futile laws is expensive, especially when prison is involved. Appropriate treatment and education is far more cost-effective. While our report recommends an approach closer to that taken towards alcohol, at least for adults, we have no illusion that such an approach is easy or

ideal, or that the taxation we endorse will be a simple matter or yield massive funding. But we are confident that it will be more cost-effective than longtime, failed "drug war" or prohibition-type policies. And very importantly, the funds saved and generated should be directed towards treatment of addiction.

3. Medical Marijuana: We join the many experts and organizations holding that cannabis be placed in a less restrictive category that would facilitate more research. And while we support some legal medical use of cannabis such as allowed since 1996 in California, we note that a decriminalization approach would have the salubrious effect of lessening or even eliminating the need for physicians to serve in the oft-uncomfortable "middle man" role of "gatekeeper" for medical use of cannabis - and also allow for more rigorous regulation of questionable practices at "cannabis dispensaries."

An ever-growing roster of medical, legal, political, and other authorities of all political stripes feel that the time has come for a serious change in our drug laws, especially with respect to cannabis. We have joined them, as has the CMA.

Interestingly enough, another new CMA policy was independently adopted this year, which could have served as a preamble to our own report:

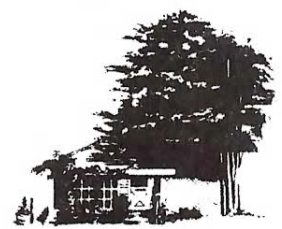
MEDICAL VS. LEGAL SOLUTIONS TO DRUG ABUSE: CMA encourages the federal government to re-examine the enforcement-based approach to illicit drug issues ("war on drugs") and to prioritize and implement policies that treat drug abuse as a public health threat and drug addiction as a preventable and treatable disease.

We agree, and know that many others do as well. We hope our elected leaders will listen.

Steve Heilig is with the San Francisco Medical Society and editor of the Cambridge Quarterly of Healthcare Ethics. George Fouras is a child and adolescent psychiatrist and President of the San Francisco Medical Society; Donald Abrams is chief of Hematology-Oncology at San Francisco General Hospital and a leading medical cannabis researcher at the University of California, San Francisco; David Pating is an addiction psychiatrist and past-president of the California Society of Addiction Medicine. Their opinions here are their own and not necessarily representative of their affiliated organizations.

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24 WHARF RD. BOLINAS
415 868 0911





HEARSAY NEWS CLASSIFIEDS

To place an ad: come to the office, 270 Elm at Maple, on the left side of BPUD building. Ad forms are in a small mailbox next to door. Fill out form and drop in door slot. If you have included payment please note. Office hours: Monday, Wednesday and Friday between 9:00 & 11:00 am. Call 868-0138 for more info.

FOR SALE

LARGE, HANDWOVEN ORIENTAL RUG

10'x14', good condition, dominant red design. \$850. 868-1757

VA2/63

BARE ROOT 'SEASCAPE' STRAWBERRIES'

for sale at Gillyflower Nursery 440 Overlook - Discounts on 50 or more. Call -2531 to order. Veggie starts coming soon.

AP2/8

ORDER BEES NOW!

Italian, Carniolan or Survivor Stock • Packaged Bees or Local Nucs • Beekeeping Supplies, Classes & Support. www.beekind.com

Bee Symposium March 10th! Details on website

KV2/30

GOOD THINGS

Charlie Docherty's new album is available at...

Bolinas People's Store, Don's Liquors, Kaleidoscope, Uniquities, Bolinas Bay Hardware, and Point Reyes Books.

Or call 415-868-2758

CD 2/13

Valentines for your Sweetheart at **UNIQUITIES Variety, Thrift, & Really Good Pet Food Emporium.** 868-8886. We also have Mardi Gras beads and more. Every day noon to 5:00 behind the Book exchange, it's all there and Marc can do your hair - for appointment, call Marc Greco @ 464-1736.

jp2/14



FOR RENT

SMALL CABIN ON THE MESA WITH LARGE GARDEN

\$800 plus \$200 utilities. Available 2/15. -0419

IH2/15

HELP: GELUS, EVAN AND ISAAC NEED HOUSING

starting in the Summer. Shared, creative, suggestions? Thank you. (916) 752-1243

RA2/24

CLASSES

QI GONG

Coming - To the lounge downstairs at the Stinson Church. Starting Feb. 14, Tue. & Thur. 9:30 - 10:30 AM. \$15 suggested donation. - Call Debra 868-1638

2/10DZ

DON'T MISS WHAT'S GOING ON AT THE NEW SCHOOL AT COMMONWEAL!

sign-up free at the newschool@commonweal.org. Download past podcasts at www.commonweal.org/new-school/events.html

NSx



Class Schedule

Sunday

Yoga w/Trishna (starts 1/15/12) 9:00 - 11:00 a.m.
Brazilian Dance w/Anna (once a month call 868-0697) 11:00am-noon

Monday

Pilates w/Lisa (pre-register 868-0473) 5:30 - 6:30 p.m.

Tuesday

Yoga w/Trishna (starts 1/3/12) 9:30 - 11:00 a.m.
Aerial Arts for Youth w/ Joanna 3:30 - 5:30 p.m.
(For registration 868-8821)
Zumba - Latin Dance Fitness w/Diane 6:30 - 3:30 p.m.

Wednesday

Pilates w/Lisa 8:30 - 10:00 a.m.
Yoga Basics w/Trishna 5:00 - 6:15 p.m.
Biblia en Español 8:00 - 9:30 p.m.

Thursday

USDA food bank 12 noon
Congoese Dance & song w/Sandor 6:00 - 8:30 p.m.

Friday

Pilates Mat Class w/Lisa 9:00-10:00 a.m.

Saturday

Yoga w/ Lisa Brendel 9:00- 10:30 a.m.
Creative dance for kids 3 thru 4 w/ Lisa 11:00 - 11:45 a.m.
(info 868-0473)

Check the marqué by the Library for special events at the Community Center. For Info. 868-2128 or Bocenter.org

LOST & FOUND

LOST ON MONDAY (1/16) KIDS WALLET WITH robots on the front. ID and \$ inside, on a route from the post office to the top of Terrace to Poplar.

Please call Lucian -0473

LT 1/20

FOUND: SMALL CUTE DOG

By lagoon, a brownish white female with black nose and ears. Sofi - 8844

SA 1/11

LOST AT NEW YEAR'S EVE PARTY - Ron's prescription glasses with with dark blue frame. Did something pick them up thinking they were theirs??. Actually - he lost another pair somewhere too. Check around please and call - 1898

MG1/5

MISSING: 2 FOLDING TABLES WERE TAKEN from where they were stored at Mesa Park. The tables are used for the Sunday Food Program. Please be kind and return in kind.

SA 1/11/12

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-- Michael Rafferty, Online Editor



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KS2/24

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SJ 3/31

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SG 3/21

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ANNOUNCEMENTS

The Earth, the Earth
is home to us all.
Let's take care of the Earth!



Attention singers, dancers, and all performers from 2-92: E.L.A.C. Valentine's Open Mic Fundraiser Dinner, Quesada Building, Bolinas Campus. Fri. February 10th. 5-8!

FROM: Sarah MacDonald